

Harmony

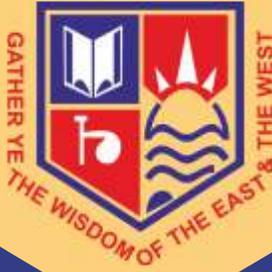
2021-22



DYAL SINGH COLLEGE, KARNAL

Established in 1949

NAAC Re-accreditation Grade 'A'



Our Motto

Gather Ye The Wisdom of The East & The West

Our Vision

Excellence is a journey, not an end...

Our Mission ...

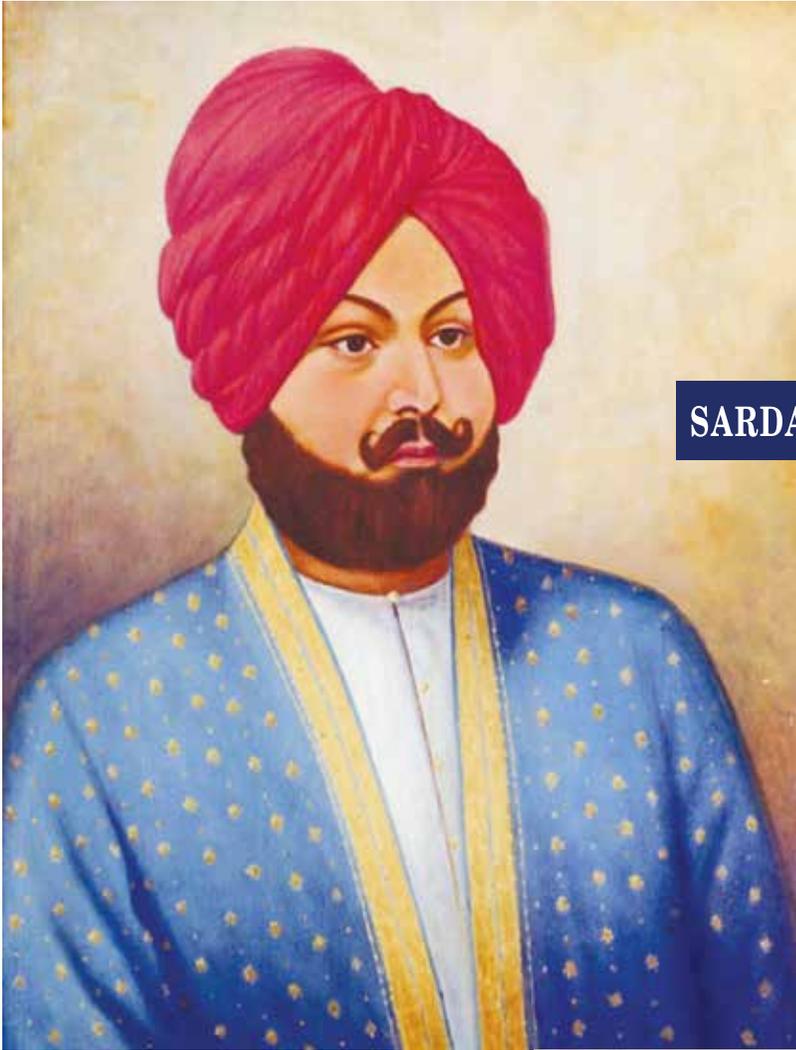
- To create quality human resource by developing the innate talents of our students.
- To provide conducive environment for holistic development of personality and improve the overall academic performance.
- To inculcate the spirit of Secularism, Nationalism, Communal Harmony & Rationalism.
- To inculcate discipline as a value system, and motivate youth to render service to the society at large.

OUR GENESIS ...

Our genesis lies in the last Will and Testament of our illustrious founder Sardar Dyal Singh Majithia, a great patriot and one of the pioneers of the Indian Renaissance. In accordance with his Will, Dyal Singh College was established on May 3, 1910 at Lahore, with avowed aim that the college "shall in all respects be a thoroughly efficient non-denominational college... teaching up to the highest standards... and looking after the mental well-being of the pupils on its rolls"

Late Dewan Anand Kumar, a great visionary, the Founder Member of the University Grants Commission of India and the Founder Vice Chancellor of Punjab University, Chandigarh, worked tirelessly to re-establish Dyal Singh College at Karnal on September 16, 1949. Ever since, the college has been guided by a galaxy of extremely learned and experienced members of Trust who have taken keen interest in its overall growth and development. Today, the college is recognised as a premier co-educational institution of higher learning duly re-accredited with Grade 'A' by NAAC (September 2017). The college holds strength of more than 3100 students from both rural and urban areas. It offers diverse programmes and courses in Humanities, Science, Commerce, and Computer Science with Post Graduate courses in English, Hindi, Political Science, Commerce, Chemistry and 5 Year integrated M.Sc. in Forensic Science, with Honours Programmes in the Subjects of English, Economics, Political Science and B.Com. We also run employment generating Add-on courses in the subjects of Bio-informatics, Computational Physics and Web Designing. The college takes pride in organising various co-curricular activities through NCC (Army & Air Wings), NSS (Three Units), Sports, Youth Red Cross, Red Ribbon Club, Youth Welfare and Cultural Affairs, Women Development Centre, Institution's Innovation Council and Subject Associations for the holistic development of the students. The Placement Cell helps outgoing students to explore and achieve job-internships, research, and entrepreneurship skills.

The college has honed the skills of many young men & women, who have excelled in diverse fields such as Judiciary, Armed Forces, Para Military, Civil Services, Medicines, Sports, Politics, Business Management, Education Sector, and Social Service and more. To name a few, Late Dr. Kalpana Chawla – Astronaut (NASA), Sh. Ankur Gupta – IAS, Ms. Ruby Adhikari – IAS, Sh. Navdeep Virk - IPS, Justice R.K. Chauhan – Addl. Session Judge, Delhi, Former Justice Virender Singh, Major General Mohabbat Singh Virk (Retd.), Sh. Harvinder Kalyan MLA, Sh. H.S. Chatha – Former Finance Minister, Haryana and Sh. Navdeep Saini– Cricketer, Dr. Dinesh Kumar, Geophysicist, KUK, and the list goes on.



THE FOUNDER

SARDAR DYAL SINGH MAJITHIA

(1848-1898)

*The great philanthropist,
social reformer and one
among the Pioneers of
Indian Renaissance*

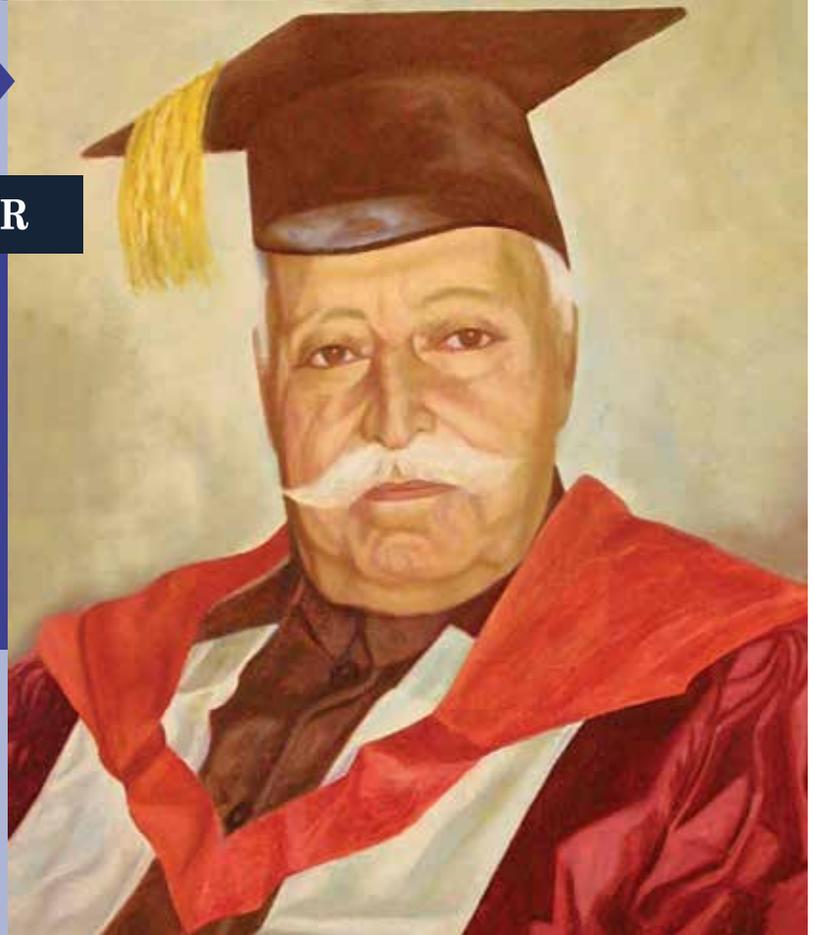


DEWAN ANAND KUMAR

(1894-1981)

The Light that Guided us

*The visionary who
re-established
Dyal Singh College
at Karnal on Sept. 16, 1949*



Our Inspirational Leaders

The Hon'ble Board of Trustees



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Sh. D.K. Raina
Formerly Corporate Manager
BOC (India) Ltd., New Delhi
Honorary Secretary, Dyal Singh College Trust Society



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Formerly Director CBI



Vice Admiral Satish Soni (Retd.)
PVSM, AVSM, NM
Treasurer, Dyal Singh College Trust Society



Mrs. Anita Raina
Educationist



Sh. Rahul Sharma
Entrepreneur



GOVERNING BODY DYAL SINGH COLLEGE, KARNAL

(NAAC Accredited Grade 'A')

Ph.: 0184-2252030, 2251087, website : dsekarnal.ac.in, e-mail: dsekarnal@gmail.com

SH. D.K. RAINA
PRESIDENT

Date: 06.09.2022



MESSAGE

I am immensely pleased that the new issue of the College magazine HARMONY is coming out. I extend my best wishes and felicitation to the entire Editorial board and the students who have contributed. The last two years have been very challenging for all of us as the pandemic wreaked havoc all around.

It is encouraging that we countered the pandemic boldly. Regular classes and activities in the college have started once again. The pandemic has left a profound impact on all of us. We realised that we must make most of the time that is available to us.

I want the students to work enthusiastically to achieve their goals. They must channelize their energy towards the upliftment of their personalities. They should attempt to raise the academic bar of the College and let their talent bloom in the conducive environment of the College.

With regards,

(D.K. Raina)
President
Governing Body
Dyal Singh College, Karnal



GOVERNING BODY DYAL SINGH COLLEGE, KARNAL

(NAAC Accredited Grade 'A')

Ph.: 0184-2252030, 2251087, website : dsckarnal.ac.in, e-mail: dsckarnal@gmail.com

Vice Admiral Satish Soni (Retd.)
PVSM, AVSM, NM, ADC
General Secretary

No: _____
Date: 27 AUG 2022



MESSAGE

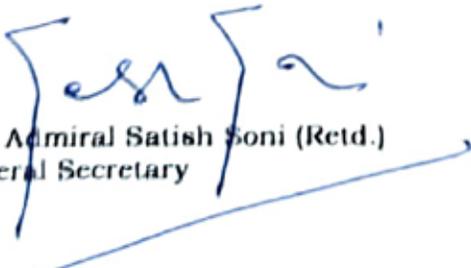
The College brings out yet another issue of its annual magazine "Harmony". The quality of the articles published in the magazine has witnessed a constant improvement over the years. This has been on account of the interest taken by successive editorial teams and students who have worked diligently over the years.

Our College is a premier institution of higher learning in Haryana and "Harmony" serves as a bridge to Alumni, aspiring students as well as peer institutes. I am happy to note that the articles carried in this issue serve this purpose and make a reader aware of the activities undertaken by our College.

I urge all students and the faculty to write meaningful articles which focus on not only on education but also improving awareness amongst the youth on critical aspects of nation building.

My compliments to the Principal, editorial team and those who have contributed to this publication.

Keep up the good work.


Vice Admiral Satish Soni (Retd.)
General Secretary

Prof. SOM NATH
VICE-CHANCELLOR

Ph.D. (Civil Engineering), ME (Highways)
MIRC, MIUT, MISTE, MISRMTT

प्रो० सोमनाथ
कुलपति



Kurukshetra University,
Kurukshetra - 136 119 (INDIA)
(Established by the State Legislature Act XII of 1956)
(A* Grade, NAAC Accredited)

कुरुक्षेत्र विश्वविद्यालय,
कुरुक्षेत्र - 136 119 (भारत)
(राज्य विधान सभा के एक्ट XII द्वारा 1956 से स्थापित)
(A* ग्रेड, नैक प्रत्यापित)



MESSAGE

I am glad to know that **Dyal Singh College, Karnal**, is going to bring out its annual magazine '**Harmony**' very shortly.

It is a known fact that the young minds have immense pent-up energy, which can be effectively harnessed by involving them in creative and constructive enterprises. The young students need to be motivated in the right direction. The College magazine is certainly a positive forum, which the students can use for giving expression to their creative efforts. I am sure that the 'Harmony' would provide the stimulus to the young students to do seminal write-ups for their fellow beings.

I hope that the college magazine 'Harmony' will serve as a viable repository of the achievements and future development programmes of the college.

I send my good wishes to the students, teachers and the principal for bright future of the college.

(Som Nath)

Dr. SANJEEV SHARMA
REGISTRAR

Ph.D. (Library Science)

डॉ० संजीव शर्मा
कुलसचिव



Kurukshetra University,
Kurukshetra - 136 119 (INDIA)
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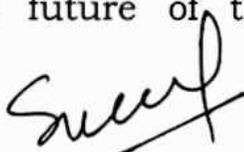


MESSAGE

I am glad to know that the Dayal Singh College, Karnal, is bringing out its Magazine **'Harmony'** in the near future.

I am sure that the College magazine would provide an impetus to the young minds to draw upon their creative potential and do seminal write-ups for their fellow beings to enjoy. Besides, it would highlight the achievements of the college, which, in turn, will further deepen repute of the college in public estimation.

On this occasion, I send my good wishes to the students, teachers and managing committee for a bright future of the institution.


(Sanjeev Sharma)

From the Desk of the Principal



Dear Readers

I feel privileged and pleased to address you from the platform of the new issue of *Harmony*, our college magazine. At the outset, I believe that we all are fortunate being associated with Dyal Singh College, Karnal, a premier co-educational centre of learning in Northern India. The College was established on May 3, 1910 in Lahore by the illustrious founder, Sardar Dyal Singh Majithia, a great patriot and one of the pioneers of Indian Renaissance. After the partition, the College was re-established in Karnal in 1949 with the untiring efforts of the great visionary, Late Dewan Anand Kumar. For the past 112 years, this glorious institute has worked with an avowed mission of nourishing young minds with knowledge and skills and making their lives harmonious with the world around.

The dynamism and selfless efforts on part of the esteemed members of its managing committee has been a great source of inspiration and motivation throughout. Several awards and accolades as well as our well-established alumni stand testimony to our successful academic journey.

The words of Johann Wolfgang von Goethe always fascinate me:

There are only two bequests we can hope to give our children. One of these is roots, the other, wings.

And we, at DSC continuously strive to provide both the roots and the wings by imparting a perfect amalgamation of traditional ethical values and modern thinking and entrepreneurship for educational excellence. Our teaching-learning process is constantly evolving and with the changing times, we aspire to successfully create global leaders. Presently, we are steering our way towards implementation of NEP-2020. We are encouraging employability-enhancement skills, internships, research projects, learning-beyond-the-classroom etc, there by mentoring our budding brains to think out of the box and become valuable contributors to the society.

The publication of *Harmony* this year is particularly pleasing as it gives a feeling of our having returned to normalcy after a turbulent period of the deadly pandemic. We all, the fortunate ones who have been able to survive, must realize again that even in the civilized, cultured, developed world, there is the survival of the fittest. The lesson is obvious – let us all put our holistic health, physical as well as mental, on the top priority. Staying safe, supporting each other and striving for perfection are the steps to success.

I proceed to heartily extend my felicitations to the young scholars who have penned down their reflective and emotive expressions in creative compositions. I further congratulate all the members of the Editorial Board who have put in their dedicated and focused endeavours to give a shape to the present edition of *Harmony*.

Looking forward to seeing our students setting new benchmarks in their respective fields and making the College a proud institution, I extend my blessings and best wishes.


(Ashima Gakhar)

From the Editor-in-Chief's Pen...

"Opportunities are like sunrises. If you wait too long, you miss them."

I feel highly pleased and enthused as I put before you the new edition of our annual college magazine, "HARMONY". Putting together the reflections of our students in the form of articles, poems, stories, and critical observations has been a delightful experience. And I hope that reading these write-ups will be a great delight for all the readers as well.

Dear young scholars, the world has ever been in a flux and our lives are always in a flow. From childhood to the old age, we move from one stage to the next and we assume new roles and responsibilities with every new stage. Your stage of life is the prime stage of your life – a stage characterised by enthusiasm, hopes, expectations, dreams, and destinations. But you must be clear in your minds that achievement of dreams and destinations demands patience, clarity of vision, proper planning and mental courage. A number of obstructions are there to make you falter on your path and go astray. However, these obstructions will yield before you if you brave them unflinchingly. This is the stage of life when you may build up your courage to overcome all the hardship and progress constantly. So, get up, start and never stop till you reach your desired destination. I want you to be led by a determination like that of Ulysses –

"To strive, to seek, to find and not to yield."

I offer my gratitude to our enthusiastic and encouraging principal Dr. Ashima Gakhar for her valuable guidance and support at every stage of this issue of "Harmony". I extend my sincerest thanks to the editorial team for their co-operation and support in bringing out the present issue of the magazine.

I wish all of you a very brilliant future.



From the Editor-in-Chief's Pen...



S.L. Arora

(S.L. Arora)
Editor-in-Chief

Harmony

2021-22

EDITORIAL BOARD

Dr. Ashima Gakhar, Principal
Patron

Sh. S. L. Arora
Editor-in-Chief

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Tezal Sharma (Science Section)
Binny (English Section)
Shivani Goyal (Commerce Section)
Arvind Kumar (Punjabi Section)
Ritu (Sanskrit Section)

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Harmony

ENGLISH SECTION

Faculty Editor : Dr. Jyotsna Grewal

Student Editor : Ms. Binny

*“Only those who will risk going too far
can possibly find out how far one can go.”*

- T. S. Eliot

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EDITORIAL

Welcome to the new edition of the annual magazine of Dyal Singh College, Karnal.

I feel really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out the new edition, which is surely going to unfold and unravel a world of the most unforgettable and precious moments spent in the college which has been adorned with "A" Grade by National Assessment and Accreditation Council (NAAC). The Institute marks an educational edifice of excellence with its most talented and experienced staff and state of the art infrastructure, offering a variety of courses in Arts, Science and Commerce both at Undergraduate and Post-Graduate levels.

I am sure that the positive attitude, consistent hardwork, sustained efforts and innovative ideas exhibited by our young buddies will surely stir the minds of the readers and take them to the surreal world of sheer joy and pleasure.

Helen Keller has rightly said that the world is moved along not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest worker. The Herculean task of editing this college magazine would not have been possible without the sincere support of the members of the Editorial Board who sorted out the articles from the flood of articles we had got from our enthusiastic and inquisitive young minds, and edited them. I am thankful to all those who dipped their oars into the turbulent waters of the magazine and have sailed it to the shore of publication. It is a fine thing to have ability but the ability to discover ability in others is the true test.

It gives me immense pleasure to acknowledge that this magazine has been successful in accomplishing its objective. The reflection of the students' creativity and achievements forms the essence of the magazine. I am really thankful to Dr. Jyotsna Grewal for entrusting me with the responsibility of editing the articles. I heartily wish all the readers a great reading experience!

Binny

M.A. (English) IV Sem.
Roll No. : 220204152006

BATCH 2020-21

Being a student, we all know how this COVID-19 has created a long lasting effect on our lives. We will certainly remember this pandemic period for the rest of our lives. Indian Govt. left no stone unturned in battling against corona virus. Govt has taken many steps to improve every person's life during pandemic. But nobody observed closely a student's life during that hard time. No one cared about. How we dealt with various mental and health issues. Graduates who passed without exams but today they have very few chances or negligible job opportunities. Everyone will discuss about the lockdown in the country but nobody discussed about the lockdown on

the students' whole career. As per a survey by Indian Psychiatry Society, a high prevalence of self reported anxiety, depression and fear of COVID-19 has been recorded among students in India and instead of getting better, scenario is getting worse. Some students are not even able to recognize the symptoms of mental health issues. The impact of COVID-19 pandemic on student life and mental health can't be ignored. It impacted a student's life and his mental health as well just like any other person in the world.

Aashna

B.Sc. (Computer Science) II Sem.

Roll No. : 1212042015143

INCULCATING SOFT SKILLS IN YOUTH FOR FUTURE

National Education Policy (NEP) 2020 has been formulated and approved by the government of India after thorough studies and consultations at all levels. The NEP 2020 has been formulated keeping in view the needs and requirements of 21st century. Education system of any country or society lays down the very foundation to ensure the smooth and progressive functioning of all facets of human activities while taking into consideration the existing and emerging social, economic and cultural scenarios.

Now the question arises of the implementation of New Education Policy which requires holistic approach with active participation of teachers and students and higher education institutions have significant role to play in implementation of various aspects of new education policy which gives special importance to inculcation of soft skills. As a matter of fact, higher education institutions (colleges/universities) are the right place where this prime objective of new NEP 2020 can be achieved, as far as the inculcation of soft skills in youths is concerned.

Soft skills are the hallmarks of 21st century. Soft skills nowadays are considered core skills, without which, a person cannot put professional knowledge to an effective use. A youth may be well versed with subject knowledge or may

be expert of a specific field but soft skills are required for its application and productive use. One may ask about the soft skills. The current and emerging scenario as well as the NEP 2020 suggest that soft skills includes problem solving skills, critical thinking, perseverance, empathy, communication, cultural awareness, emotional skills, social skills, public speaking, work ethics, proper, attitude, physical and mental stamina, leadership and so on. Soft skills can be inculcated and sharpened in a conducive environment as no specific syllabus or text can be prescribed. Situations, environment, opportunities, tools may vary from student to student. However, the role of the head of the institutions and teachers will have major and leading role to play as they are responsible for bringing out suitable environment and opportunities by way of conducting various activities in and outside the classroom.

Further, inculcation and sharpening of soft skills can be done in groups or teams, hence consistency on parts of students and head of the institutions as well as teachers is essential. Interest and learning ability also play important role. There may arise a need of recruiting soft skills instructors to impart trainings to students because subject teachers may not be able to impart such trainings. Therefore, to implement

the NEP as far as the soft skills are concerned, higher education institutions should be ready to mobilize resources for recruiting such specialists who can impart training of soft skills to students in colleges and Universities. The bottom line is that soft skills acquired during schooling and higher education are going to determine the

suitability for employment in various sectors of economy and the overall development of personality.

Aditi Sharma

M.Sc. (Chemistry) IV Sem.

Roll No. : 220204178040

AN END TO TOXICITY

The inequality that the men and boys are facing in the society is vicious, especially in the last decade. It's inhuman to instruct them to restrain their grief and their anger for which women have relatively or seemingly more access to express even in a public setting. If women are allowed to cry when grieving, throw tantrums even if they're being snobby then why not men? Women have the right to CRY in a public setting and everyone will pity them or be sympathetic towards them while if a man cries it would be termed as weird or pathetic. "You don't want to get laughed on, do you?", "What will everyone say if they got to know?", these are the things normally heard.

That is the irony. While women are always talking about being feminists and having equal rights as men, and I do agree over the fact that women are still subjugated in many parts of the world. Why anyone doesn't talk about men's rights?

The conservative society of ours is not only sidelining women, but also demands that men conform to the conventional ideas of masculinity having not expressing their emotions out in open, take blows on the 'chin' and live by the mentality of "**boys don't cry**". Why don't boys cry? Are they not humans or do they not have any capability to feel anything? This repeated repression of men's anger and sadness is what connected to the harrowing statistics of male suicide.

Toxic Masculinity

The dangers of what we call "**TOXIC MASCULINITY**" is in popular talks now. Toxic Masculinity refers to the notion that some people's idea of "manliness" domination, homophobia and aggression. The ones who are dominating and short tempered are men but the ones who are soft and show their emotions are equally men, if they identify themselves.

The idea of men needing to act tough and avoid showing any of their emotions can be harmful to their mental health and can result in serious consequences in the long run.

Glorification of Unhealthy Habits

Toxic masculinity glorifies unhealthy habits. It's the notion that "self-care is for women" and men should treat their bodies like machines by skimping on sleep, working out even when they're injured, and pushing themselves to their physical limits.

Toxic masculinity also discourages men from getting mental health treatment. Depression, anxiety, and mental health problems may be viewed as a kind of weakness.

Toxic masculinity may also stress that it's inappropriate for men to talk about their feelings. Avoiding conversations about problems or emotions may increase feelings of isolation and loneliness.

This may increase feelings of loneliness. It may also reduce men's willingness to reach out and get help when they're experiencing a mental health issue.

Toxic Femininity

If toxic masculinity encourages violence and domination in order to uphold an unequal power dynamic, then toxic femininity supports silent acceptance of violence and domination in order to survive.

While toxic masculinity states that men should act tough, show no emotions, and reject anything considered feminine, toxic femininity forces women to be quiet, nurturing, submissive, and attractive. "Womanhood" in this instance is

defined in a very shallow manner that objectifies and harms women.

Some uses of the term toxic femininity spread harmful stereotypes of feminine behavior while suggesting men as the primary victims of this—for example, the claim that women are naturally very emotional, manipulative, or gossipy.

Because of this, scholars have suggested people to consider what is toxic about some approaches to femininity versus using this term in an inaccurate or manipulative way. Most behaviors given as examples of toxic femininity are actually examples of misogyny or internalized misogyny.

For example, the pressure to be quiet, nurturing, and submissive can lead to women falling victim to abuse or remaining in unsafe conditions due to the feeling of duty-bound to say. Furthermore, these issues can be seen at work place also.

Like toxic masculinity, toxic femininity limits the ways that people feel comfortable expressing themselves. The important thing is becoming aware of how gendered labels and stereotypes inhibit us, so moving forward, we can be more conscious of acting with authenticity and giving others the space and the respect to be their authentic selves, too.

Inequality in Parenting

Parenting is a task that requires both men and women being present and having same accessibility of both father and mother to the child. But I personally have observed that, in recent times, women have been painted as the only significant parent. Can we really be surprised

over the fact that if a father asks for a paternity leave, there's no provision?

Childrearing is generally considered a women's issue while the fathers are portrayed as just working machines. But are they not deserving of having a leave to even be with their newborn for some time without any disturbances?

The LGBTQ+

The 2015 National School Climate Survey found that 85 percent of LGBTQ+ students reported being verbally harassed at school over their gender expression or sexual orientation.

Gender non-conforming students reported worse treatment than the kids who conform to traditional gender norms while also identifying as LGBTQ+.

A General Approach

Saying that it's "OK to cry" and that talking about feelings helps is what is needed. It is the need of the hour to make people more comfortable in who they are and what they want to be. Let them decide what they want from themselves. Whichever community do they belong to, whoever they are, everyone should have the basic right to live freely and on their own terms without the toxic societal norms.

The more people learn about toxic masculinity and toxic femininity and the more people get help for it, the more likely we are to see changes on a bigger level as society may put less pressure on people to act a certain way.

Anubhuti Wadhawan

B.A. English (Hon.) II Sem.

Roll No. : 1212042062001

A FRIEND IN NEED IS A FRIEND INDEED

Once upon a time two very close friends lived in a village. As time passed their friendship grew stronger and stronger. Now they were grown up men. One day they decided to go and find work for themselves. They set off. Before leaving their village, they promised



to stand by each other through thick and thin. They took oath of sincerity and assured each other of help in the hour of need. They had to pass through a jungle. They had not gone far into the thick forest when they found themselves face to face with a big bear. The bear began to move

towards them. They felt helpless and terrified. One of them knew how to climb a tree. He at once caught hold of a strong branch and swung up the tree. The other could not climb. He had heard that the bear does not eat the dead. Mean while, the bear came to him and shifted him. The bear left him. When the bear had gone out of sight, the friend on the tree came down. He

asked his friend, "Dear friend, what did the bear whisper in your ear?" The other replied quickly, "The bear advised me to not to trust a selfish friend." Saying this he left him and went away.

PRIYA KAMBOJ

B.Com. (Hons.) VI Sem.

Roll No. : 3149620011

AN ERA OF SPORTS

Do you play video games? I have been playing video games since I was a child and still do and I enjoy every bit of it. But have you ever thought about making a career in this field? I did but I am not that good of player, so let's keep it aside. Moving on I know it sounds absurd but trust me you absolutely can. E-sports, short for "electronic sports," transforms online gaming into a spectator sport. The experience is similar to watching a professional sporting event, except that instead of watching a physical event, spectators watch video gamers compete against each other in a virtual environment. If it's hard to imagine why anyone would watch somebody else playing a video game, just think about how enjoyable it is to Virat Kohli play Cricket. Just as traditional sports fans enjoy watching top athletes perform at the top of their craft, the same is true of those who watch top video gamers compete.

The difference between E-sports and traditional games is that it is independent of how tall, strong or fast you are. So if you are good at games you can definitely reach at the top of the graph. What kind of games should you play to become a professional gamer? The games that are at the top of the list include League of Legends, DOTA2, CSGO, PUBG, Fortnite and more. They all fall into the genre of multiplayer online battle arenas (where a player controlling a single character in a team that must destroy the opposing team's main building), real-time strategy (where a player builds an army to gain dominance over a map), or first-person shooter games (where players take part in a firefight across a map).

Becoming a professional E sports player is no easy task. To get to the top of the chart you have to specialize in specific games, refine your skills, E-sports player train up to 12-14 hours a day. Talented players primarily have two options in pursuing their E-sports careers:

1. Streaming: Gamers who live stream themselves as they play video games are referred to as "streamers." Streaming is a great option for gamers as they get recognized and earn alongside. Many player go for streaming as you have the comfort of your house and you are getting paid for it and making a name of yourself. Eg. PewDiePie, Dream, etc.
2. Professionally: those who are killing it in the game completely win the tournaments all around the world against the best teams. Successful players earn millions of dollars.

Today, E-sports' largest tournaments are nearly as large as traditional sporting events. The prize pool is about 90 million dollar in recent tournaments. The viewership is very large. Enormous fan base from all over the world supporting their favorite teams in the tournament. Esports has taken all the world in the recent years. Since E-sports is digitally driven industry people all over the world can enjoy it from the comforts of their homes and can look up to from everywhere. There's a strong possibility it will overshadow traditional sports within the next 5-10 years. The only remaining question is: **do you think you have what it takes to be a gamer?**

Bhawna

B.Sc. (Computer Science) II Sem.

1212042015020

MY FATHER : THE WINNER OF MY HEART

A wonderful person and a winner of hearts that is what I think of him.

I'm short of words but flooded with emotions.

Whenever I think of him

Mind blowing he is, with his noble ideas .

He knows me very well to the core of my heart.

He understand me very well and helps me if I'm puzzled with life and guides me on the right path.

Talking to him is very consoling and make me comfortable.

His voice acts as a refreshing breeze.

Whenever I shut my eyes in despair and anger,



he appears in my mind's eyes and calms me with his gentle smile and shining eyes.

He teaches me to praise one's inner beauty.

He is the source of positive energy and boosts my morals as calm as a breeze .

He is the very reason of my smile.

I cannot express my feelings with anymore words.

My love for him is endless.

And for sure the most attractive.

He is the soul of our family.

"The heart of a father is the masterpiece of nature."

Binny

M.A. (English) IV Sem.
Roll No. : 220204152006

CONTRIBUTION OF EDUCATION IN PERSONALITY DEVELOPMENT

Education is the only asset which one has till the end of his life Education assists individual to stand on his own feet and take right decision. It helps person to gain confidence. Confidence is must for anyone to have good personality. So Education is the only booster which can help a person to gain confidence in himself. Some people are very shy. They can gain confidence by taking proper education only.

Proper education helps them to build confidence. This helps them to sit with other person and have a healthy communication with them can get more knowledge and clear doubts. Just like a plant needs to be nourished to get fruits. Similarly, we need to nourish physically or mentally to have good personality.

As we know that confidence is must for the development of anyone's personality which can be only gained by having education. Education gives us knowledge experience and opportunity which helps to achieve confidence and so automatically to have good personality. We should have a proper education and must take it

Seriously, if we take education lightly then our personality will be a joke. Similarly literate and illiterate people have personality but we can find difference between both of them instantly by their own behavior.

Literate people speak properly with elders, give them respect, they have good communication tone whereas, illiterate people are vice versa of it. They don't have good communication tone, or give respect to people whether elder or younger. They don't understand importance of good communication and giving respect to others.

Education is equities in life. Personality is absorbed by surroundings too. So we should have a good surroundings to have good personality which determines our character. In this way, only education contributes for development of the personality. "Absorb what is good, discard what is wrong and have a unique personality on."

Abhishek

B. Com (Gen.) IV Sem.
Roll No. : 120204003028

WHY NOT TRY SOME COOL HOBBIES THIS SUMMER?

Well, if you are too much entangled with the load of this life and need some kind of Refreshment, then starting a new hobby would be of great fun. So, here I am bringing.

You up with some of the most fascinating Hobbies which you all would love to try.

- ◆ Writing-If you are really good in Writing, then you can publish your creative ideas by means of non-fiction and fiction stories with the help of Internet. You can create your own Blog, provided your content should be able to influence your readers.
- ◆ Origami-It's basically free but the number and variety of models you can make, ranges from the cranes to more complicated models that takes hours to build and assemble. There are various types of origami art including Modular Origami, Action Origami, Kirigami, Wet Folding etc.
- ◆ Affiliate Marketing-I would rather call it a 'Skill'. It is one of the most profitable hobbies today. All you need to do is to

promote someone else products and get paid for it. It's completely Work from Home and requires almost no experience. Anyone from any age-group can start with it.

- ◆ Learn Computer Languages-Programming is a rewarding career as well as an engaging hobby for developers. You can start with any language such as Python, Java, JavaScript, Ruby etc and can sharpen up your skills. It can give a really good kick to your Career.
- ◆ Graphic Designing-If you are a person with artistic interests, then this is the best suitable option for you. By mastering Graphic Designing, one can create images and layouts for Company's Logos, Users Interfaces on Apps, Product Packaging etc.

These are only some of the Hobbies. There are plenty of others to explore. So, go ahead!!!

Tejaswani

B.Sc. (Computer Science) II Sem.

Roll No. : 1212042015150

"FAKE FEMINISM IT IS" IT'S IN YOUR MENTALITY NOT IN THE GENDER

My body does not define my capabilities to work, my brain can offer much more diversified thoughts that you can't even imagine - is what feminism is . It is the belief that man and woman should be treated equally, not that women are better.

- **Feminism is the Voice Against Dowry**
- **Feminism is the Voice Against Domestic Violence**
- **Feminism is the Voice Against Not Having Job Opportunities**

But by putting temporary patches on social topics and the patriarchy of hating men and to just make your voice dominant - is not how it works. It has taken an ugly turn .The rise of fake feminism has completely destroyed the ideology and the intentions behind feminism. Men are vulnerable too. And it is not something so that you can put everything or every man under the same umbrella.

Break the traditions, if you really want change in the present situation.

Come on Ladies,

- Let's pay for our things
- Let's not just blame anyone for our benefit
- and let's not disgrace other ladies present out there because maybe they are fighting much bigger battles.

And, what we will not stop doing is -

- Raising the voice,
- Making the next generation aware that eve-teasing, rapes and birth controls when it is a girl child need to be condemned and stopped. Believe in the fact , "THE FUTURE BELONGS TO YOU"

Sanchita

B.Com. VI Sem.

Roll No. : 3149720023

THE PLEASURE OF COLLEGE LIFE

College life has a joy, romance, beauty attraction of its own. It is an enjoyable period. There is a world of difference between school life and college life. In a school, students are just like birds in a cage. They are afraid of their teachers and have no freedom of movement or liberty of speech. But in a college the students are relatively free. They have the liberty to think, feel and state their opinion. They meet professors on equal footing. The atmosphere of freedom has a healthy influence on the tough minds. Students dress themselves in the best of clothes and wander about like peacocks. A college is a nursery of fashion as there is no particular dress code. College life provides an opportunity to the students to develop their personality. They take part in various academic and cultural activities.

They develop the capacity to organize functions and participate in them. College life develops them mentally and morally. It is one of the most important periods where students can reveal their hidden talent. Someone has rightly said that there is no knowledge without college. It is the seed time in the life of the student. It paves the way for a prosperous and healthy life in the years to come. Those who make the best of their time at college find success waiting for them. An idler or time killer repents in his future life. So, the pleasure of college life can at best be translated into a better future.

Geetanjali Jain

B.Sc. (Medical) IV Sem.
Roll No. : 120204030034

A FRIEND

*I have a cute face, with a puffy nose
Two long ears and lovely toes
You give me love, I will bow
Asking for a small piece of your dough
Tell me who taunts you, he gets a bite
I'll protect you while you sleep tight
Streets became my friends and mud is my bed
They say an accident made my mom dead
The boy down the street gets a bad day*

*He came to me and said a hey
I wagged my tail and my eyes rose
He took my hand and rubbed my nose
I'm his bestie is what he says
The love and trust are what I can pay*

Ketan

B.Sc. (Biotechnology) II Sem.
Roll No. : 1212042030054

MOBILE PHONES

*I am a Mobile Phone; Cute and small
Don't you like me, when I call?
Call your friends; play new games,
wish your dear ones, store their
names
But now adayslam explaced
iPhone, Android take my place
I am hurt; I want to blurt
that I am the best, who connects the people from
East to West we are now in total addiction, Now
we all live in fiction*



*The family and friend we leave apart
And though the separation,
it piered me to the heart
I finally realized it; people are prisoners of
their phones, that's why they are called cell
phones*

I want to ask; - tell me honestly

*Don't you think that phones are deadly! But, But,
But, Phones still are the best but prople take some rest.
what do you think Insta, snap are everything? just
woke up & look ahead; the nature is the best.*

*look out to your family & friends;
Phones are not the end.*

*use this device to connect the people,
not for the iPhone's features.*

*Be social in the real life
Because everything in life is a strife*

*Be little concern about your parents;
don't be an errant*

*At last/need to say
give some time to your parents everyday*

*Mobile Phone is not the only option;
your family is proption*

PRIYA

B.A. English (Hon.) II Sem.
Roll No. : 1212042062003

MONEY IS NOT EVERYTHING

One day, a rich dad took his son on a trip to a village. He wanted to show his son how poor someone can be they spent time on the farm of a poor family. On the return from the trip, the Father asks his son, "how was the trip." Son replied. "It was great dad" did you see how poor people live, the father asked "oh yes", said by son. "So, tell me, what did you learn from the trip?" Asked by the father the son answer "we have one dog, they have four, we have a pool, they have rivers, we have tube light at night,

they have star ,we have to buy foods, they grow their own, we wants to protect us they have friends. We have TV and they spent time with their family. Thanks for showing me how. Poor we are."

Moral; "it is not about money that make us rich, its simplicity, love ,compassion, friendship, values, families, that make our life rich."

Abhishek

B.Com. (Gen.) IV Sem.
Roll No. : 120204003028

SCIENCE

*Everything works,
because of science
Even your old
Kitchen appliances
What about your
Dads car?
Without science,
it wouldn't go far,
With science we could make,
a computer or phone,
If you want a twin,*

*Just ask for a done
Science will explain,
nature and trees
It's also used,
to find cures for disease.
Science is everywhere
Biology, Chemistry, Physics to name but a few
Job's of future to discuss over a brew*

NETRA SHARMA

B.Sc. (Biotech) II Sem.
Roll No. : 1212042030086

FRIENDSHIP

*Friendship is a kind of ship, In which true friends
can travel.
There are secrets preserved in a chip, which they
can only level.
We at the high tip,
With friends feel so well.
We all together take sip,
And enjoy which we can't tell.*

*People need this true relationship, but all of them
are not able.
Inside this imaginary world we can only
Dip Listening to ringing tower bell.*

Ojasvi

B.Sc. (Medical) IV Sem.
Roll No. : 120204030006



MOTIVATION – DO WE REALLY NEED IT ?

We often think that to achieve our goal we need that someone should motivate us.

But is this really important that someone motivate us .if I say, definitely no !

Because by doing this, we are being dependent on that person which is literally not good for us.

We depend on someone for our self motivation, seriously ???

Always remember one thing ,to achieve my goals, my targets ,only I can motivate myself ,,

Only I can give that inspiration to myself, no one can do this for me therefore, whenever you

lose your confidence , just ask yourself, "WHY I HAVE STARTED ?" And if your "WHY" is big...

You can achieve anything in your life.

Khushi

B.A. IV Sem.

Roll No. : 120204002289

MY NATION

*Ours is the land of sages,
Known for bravery from ages.*

*With it, no other country can compete, its tradition
and culture none can beat.*

*Whatsoever caste or religion,
All abide here in unison.*

*Blessed with much rivers and mountains, this
nation is enveloped by nature's fountains.*

*Greenery filled here is symbol of prosperity, let's
save it from business's cruelty.*

*To make it prosperous labor hard,
Come on be its guard.*

*As its citizens, become responsible, let's do what
seems impossible.*

Ojasvi

B.Sc. (Medical) IV Sem.

Roll No. : 120204030006

POLLUTION

Pollution is increasing day by day. Our main worry remains what are the causes and solutions of this problem. It is irrefutable fact that Pollution is emerging as a serious and challenging issue, which people are facing nowadays. There are manifold causes, which contribute to the adverse effects raised by this threat. Hence, in my opinion, some preventive steps should be taken to curtail this problem. Both government and people have to contribute to solve these problems or at least make it less dangerous.

To begin with, there are numerous factors responsible for this problem. The most obvious cause is now more people use their own vehicle to commute there by increasing the traffic and pollution. For example, pedestrians, old aged people and children when exposed to this contaminated environment will not be able to inhale the pure natural air thereby

becoming victims of lung cancer. Furthermore, deforestation is gaining ground day by day. Therefore, oxygen is reduced and carbon dioxide is inclined. As a result, pollution is spreading its roots fast. Moreover, masses throw garbage of their houses on the roads. Hence, due to this, some harmful diseases are occurred, for example, malaria and so on. However, these issues can be defeated by taking some potential measures. The government should educate people about the important of maintaining cleanness and the impact of there actions have own natural world. For example, the government of India has been trying to create awareness among its nationals by introducing the concept of Swach Bharat which discourages people from spitting and dumping waste on the road. Moreover, individuals should take it upon themselves to preserve natural resources by reducing their consumption and buying environment friendly

products. To illustrate, people can opt for public transport to reduce the pollution and use paper bags instead of plastic which do not cause to environment.

To recapitulate, all the aforementioned standpoints lead me to the concerned inference that the problems are diverse and some are

only being recognized but it is important to keep a close control over pollutants so that we can maintain the environment in an acceptable condition for future generations.

Ritika

B.Sc. (Computer Science) II Sem.
Roll No. : 1212042015128

THE BREAD EARNER

*A grown up woman, Less than no man.
Found a part -time job besides, home wash and mop. The society cursed,
For a woman's worth,
Is only to cook and bake,
Earning is not a woman's fate! The father succumbed to cancer, There comes the financial danger. The only child,
With old mother beside,
Had to earn money,
To be alive.*

*The society de motivated her,
Yet, she had an aim clear.
She looked after home,
She came out of gloom,
She made her career,
Jumped over every barrier. Victorious ,
she was now,
Each condescend had to bow !*

Sneha Jain

B.A. English (Hons.) VI Sem.
Roll No. : 3149420022

YOUR FUTURE DEPENDS ON YOUR ASPIRATIONS

Goals and aspirations are a part of everyone's life. Without them we wouldn't know what to work for, to strive for or to try and make a mark on this world. Success is much more than riches, power or fame. Success in any field or aspect of life can only be achieved through serious hard work and a little bit of opportunity. Success is simply the feeling of satisfaction and happiness in life. The more you aspire about something, the more you work hard, the more you get success. Aspirations keep on focused not allowing them to waste their time, resources, and energies on other things. All great achievers in the history of mankind have been people who always kept their focus on their aspirations. People like Einstein, Dr Abdul Kalam, Bill Gates, Helen Keller and many more like them had grand aspirations that gave them success.

One's future can be predicted by one's aspirations. A successful man has aspirations; but

an ordinary man has no aspirations. One of the main goal for everyone should be: " to be happy and satisfied regardless of what happens in life". We should be able to accept and forgive. We cannot have others set our goals and dreams for us, we need to achieve things for ourselves. The happiness and satisfaction can be found in very different things in different people. We should have the eyes to look for the kind of satisfaction a soul needs; and happiness a heart needs!

The universal law of attractions get activated when we keep our focus on our goals and aspirations. We attract new opportunities and people who further push us forward in the direction of realizing our goals and aspirations.

So it's always wise to leave one's life in the direction of one's aspirations.

Priya

B.A. English (Hons.) II Sem.
Roll No. : 1212042062003

YOUTH AND MIRROR

*Human eyes are too sensitive. We humans get easily attract to every third object by just its outer appearance.

***Consistency makes a man perfect should also be taught in schools.** To try everything is good but close your initial project for those few things is not fair.

*Harmony means to **"togetherness in between musical sounds"**. How beautiful they seem when all the instruments sound perfectly. So, we have to learn one beautiful thing from this that

"We should bring togetherness in between our thoughts"

*As we dress-up in front of mirror, we should be dress-up our mindset and thoughts and I believed after then we do not need to look in the mirror for dress-up.

*Main motive is too express **"the consistency, togetherness and sharp up your decision powers and mindset"** by this topic.

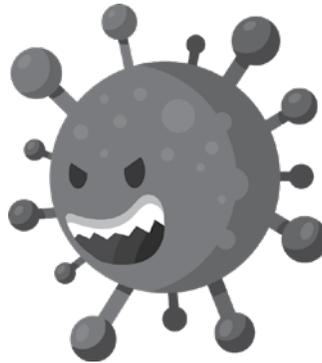
Khushi

B.A. IV Sem.

Roll No. : 120204002289

THE LOUSY DAYS

*The lousy days
The life of no taste,
The sleepless nights,
And the fever bites,
The oxygen uncertain,
Seeing the parents, from behind
the curtains
Sore throat, sore body
They still say "cheer up buddy!"
The anxiety taking over*



*The water level needs to be higher.
The hallucinations haunt,
"Corona!" Not an illness rather a social taunt.
They tell you how people have been dying.
Some empathize while others are still envying!
Sing, dance, chant or meditate!
For your health to ameliorate!*

Sneha Jain

B.A. English (Hons.) VI Sem.

Roll No. : 3149420022

MY COLLEGE DAYS

*Those were the best days of my life,
when fun and frolic was rife.
A refreshing realm of knowledge,
That was my college
Funny friends and loving lectures,
Freaky fundas and flexible study hours.
Riddles and rumors, gossips and giggles umpteen,
Added spice to the junk I hogged at the college
canteen.
I majored in English literature,
And the subject suited my sensitive nature
I was initiated into the world of stories, poems and plays,
Each lecture set my imagination ablaze.
My college was a literary paradise,
Where I learnt to critically analyze,
Every text that came my way,
Be it poetry prose or play.*

*Free from the fetters of school,
I willingly jumped into the knowledge of pool.
Where education was mixed with entertainment,
At college learning was never a punishment.*



Netra Sharma

B.Sc. (Biotechnology) II Sem.

Roll No. : 1212042030086

SOME USEFUL MEANINGS

A. F.E.A.R: has two meanings

- 1) Forget Everything And Run.
- 2) Face Everything And Rise.

The choice is yours.

B. F.A.I.L: First Attempt In Learning

So, if you fail in first attempt, never give up.

C. E.N.D: Effort Never Dies, so it's always the beginning.

D. "What is an anger?" - It is a punishment, we give to ourselves for somebody else's mistake."

Abhishek

B.Com. (Gen.) IV Sem.
Roll No. : 120204003028

DON'T QUIT

When things go wrong, as they sometimes will,
when the road you' are trudging seems all uphill,
when the funds are low and the debts are high,
and you wants to smile. But you have to sigh,

When care is pressing you down a bit

Rest if you must, but don't, you quit.

Life is queer with its twist and turns

As every one of us sometimes leans,

And many a failure turns about,

When he might have won had he struck it out;

Dont give up through the pace seem slow-

You may succeed with another blow

Often the goal is nearer than,

It seems to a faint and faltering man,

Often the struggle has given up,

When he might have captured the victor's cup.



*And he learned too late when the night slipped down
how close he war to the golden gown.*

Success is failure turned inside out-

The silver tint of clouds of doubt

And you never can tell how close you are,

It may be near when it seems so far,

So stick to the flight when you're hardest hit-

It's when things seems worst that youth must

No Quit

Swati

M.Sc. (Chemistry) II Sem.
Roll No. : 221204178036

POWER OF THOUGHTFULNESS

Whatever you think that Happens.

Thought can make you,

And

'Only thought can destroy you

It's up to you

How can we benefit ourselves

And Others.

It depends on Thinking.

Ritik Kumar

B.Sc. (Medical) VI Sem.
Roll No. : 3150110006

OPEN A BOOK

Open a Book
And you will find,
People and places of every
kind;
Open a Book
And you can be,
Anything you want to be,
Open a Book
And you can share,



Wondrous words you find in
there
Open a Book
And I will too
You read to me
And I'll read to you!

Swati

M.Sc. (Chemistry) II Sem.
Roll No. : 221204178036

THE TREASURED LOVE!

As I hold the hand mirror,
My hands feel her touch,
My eyes see her reflection,
Imagining, Her beautiful face,
Her kind smile,
Makes me feel her presence
"Keep this with you" she had told me,
For i always adored her,
Decorating her seeing this beautiful mirror
Since she left for heavenly abode,
This vintage hand mirror is symbolic of her love.
Her image
Wearing the burgundy lipstick ,
The colour eddo,
And the hair braided,
Is immortally inhabited in it
My maternal grandmother,
Left her love for me,
Treasured in the hand mirror



This symbol of her love,
Shall always be my solace!

Sneha Jain

B.A. English (Hons.) VI Sem.
Roll No. : 3149420022



**Happiness is when what you think,
what you say, and what you do are
in harmony.**

– Mahatma Gandhi

INDEPENDENCE DAY CELEBRATIONS



COMMEMORATING THE FOUNDER



REPUBLIC DAY CELEBRATIONS



RED CROSS SOCIETY



DEWAN ANAND KUMAR MEMORIAL STATE LEVEL QUIZ CONTEST ON ENVIRONMENT





Harmony

हिंदी प्रखण्ड

प्राध्यापक सम्पादक : डॉ. रणधीर सिंह
छात्रा सम्पादिका : रिद्धि वधवा



“जो भरा नहीं है भावों से जिसमें बहती
रसधार नहीं। वह हृदय नहीं है पत्थर है,
जिसमें स्वदेश का प्यार नहीं।”

– राष्ट्रकवि मैथिलीशरण गुप्त

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सम्पादकीय

भावनाओं की अभिव्यक्ति अगर भाषा है तो भाषा ही अभिव्यक्ति का सशक्त साधन है। हमारी राजभाषा हिन्दी विभिन्न भाषा भाषियों तथा संस्कृतियों के बीच एक सेतु का कार्य करती है। विचारों और भावों की अभिव्यक्ति में हिन्दी भाषा पूर्ण सक्षम है। एक भाषा के रूप में हिन्दी न सिर्फ भारत की पहचान है बल्कि यह हमारे जीवन मूल्यों, संस्कृति एवं संस्कारों की सच्ची संवाहक, संप्रेषक और परिचायक भी है। बहुत सरल, सहज, और सुगम भाषा होने के साथ हिन्दी विश्व की संभवतः सबसे वैज्ञानिक भाषा है जिसे दुनिया भर में समझने, बोलने और चाहने वाले लोग बहुत बड़ी संख्या में मौजूद हैं। हिन्दी भाषा का जन्म लगभग एक हजार वर्ष पहले हुआ था। ऐसा माना जाता है कि हिन्दी का जन्म देवभाषा संस्कृत की कोख से हुआ है। संस्कृत, पालि, प्राकृत, अपभ्रंश, अवहट्ट, हिन्दी - यह हिन्दी भाषा का विकास क्रम है। हिन्दी एक भावात्मक भाषा है, जो लोगों के दिल को आसानी से छू लेती है। हिन्दी भाषा देश की एकता का सूत्र है। पूरे विश्व में भारतीय संस्कृति का प्रचार करने का श्रेय एक मात्र हिन्दी भाषा को जाता है। भाषा की जननी और साहित्य की गरिमा हिन्दी भाषा जन-आंदोलनों की भी भाषा रही है। आज भारत में पश्चिम संस्कृति को अपनाया जा रहा है, जिसके चलते अंग्रेजी भाषा का सभी क्षेत्रों में चलन बढ़ गया है। एक स्वतंत्र देश की खुद की एक भाषा होती है, जो उस देश का मान-सम्मान और गौरव होती है। भाषा और संस्कृति ही उस देश की असली पहचान होती है। भाषा ही एक जरिया है, जिसकी मदद से हम अपने विचारों का आदान प्रदान कर सकते हैं। हिन्दी को संस्कृत की बड़ी बेटी का दर्जा प्राप्त है। हिन्दी बहुत ही सरल भाषा है, जिससे हर कोई सीखकर इसका प्रयोग कर सकता है। हिन्दी भाषा के प्रति हमारा सभी का यह कर्तव्य है कि हमें हिन्दी के विस्तार के लिए हर संभव प्रयास करना चाहिए। हमें इसका भरपूर सम्मान करना चाहिए। यह भाषा सभी धर्मों को जोड़े रखने का काम करती है। सभी को यह समझना चाहिए कि हिन्दी का प्रयोग करना हीनता का प्रतीक नहीं बल्कि यह हमारा गौरव है। व्यक्ति की सही विचारधारा ही भारत के साथ ही विश्व को भी एक नया स्वरूप प्रदान कर सकती है। अतः मैं 'हारमनी' के नव अंक के माध्यम से आप सभी से एक सही और आदर्शपूर्ण विचारधारा की अपेक्षा करती हूँ। आप सभी को एक बार फिर 'हारमनी' के नव अंक की हार्दिक शुभकामनाएं।

रिद्धि वधवा
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बचपन

आओ चलो सैर करे उस समय की ओर,
जहाँ मासूमियत की छलक थी,
होठों पर हँसी थी,
आंगन में रौनक थी,
और दोस्तों की हस्ती थी,

शरारतों का साया था,
मस्ती में झूम जाना था,
थके-हारे खेलकर आकर,
माँ के हाथों का खाना था,

रंग- बिरंगे खिलौनों से मन बहलाया करते थे,
लुका-छिपी पकड़म- पकड़ाई न जाने कितने खेल खेला
करते थे,
सबके चहेते हम हुआ करते थे,
बच्चे समझकर गलतियों पर माफ सब किया करते थे।

छल- कपट से अनजान थे हम,
बेरोजगारी की दौड़ से बहुत दूर थे हम
न कल की चिंता थी न पैसों का घमंड था,
बस मौज करते गलियों में खेला करते थे हम।

न जाने कहाँ खो गया वो सूकुन से भरा लम्हा,
अभी तो आया था और अभी चला भी गया,
वो हसीन पल एक बार फिर से जीने की तमन्ना है,
लेकिन अब वही बचपन यादों में सिमट कर रह गया,
यादों में सिमट कर रह गया।।

गीतांजलि जैन

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रिश्तों की गुहार

रिश्तों की गुहार सुनो
अपनी माँ का प्यार सुनो
जिसके दूध का कर्ज न उतार सकोगे
उस माँ की ममता की पुकार सुनो

मम्मी खाना लाना
मम्मी पानी लाना
मम्मी सर में दर्द है
जरा दो पल प्यार से बैठकर दबाना

सारे काम बिना शिकायत करे
ढूँढे तुम में अपने संस्कार को
अरे! कौन-सा शब्द बयां कर पाएगा
उनकी ममता को
जो तरसती है सिर्फ तुम्हारे प्यार को

रिश्तों की गुहार सुनो
अपने पिता का प्यार सुनो
तपता रहता है जो दिन-रात
ताकि तुम्हें मिले सुकुन की बरसात
उनके जीवन की हर घड़ी माँगे
बस अपने बच्चों का साथ
जुबां से निकलने से पहले, सामान घर आ जाता है

उस पिता को क्या कहोगे, जो तुम्हारा हर ख्वाब सजाता है।

रिश्तों की गुहार सुनो
अपनी माँ बाप की पुकार सुनो
उनके सिवा कोई सच्चा रिश्ता नहीं
और बिना सच्चे रिश्तों के हिंदुस्तान नहीं
रिश्तों से ही हिंदुस्तान की पहचान है
जिस देश की नींव रिश्ते हो, वो देश ही बहुत महान है।

सदियों से चली रही, ये रिश्तों की गाथा है
सौभाग्याशाली हैं श्री कृष्ण, जिनकी दो दो माता हैं

माता-पिता की सेवा करो
वो ईश्वर का दूसरा रूप हैं
उनकी मुस्कुराहट में समस्त संसार बसता है
वो शिव पार्वती के स्वरूप हैं।

रिश्तों की गुहार सुनो
सबसे पहले परिवार चुनो।

तनु वत्स

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इन्सान

सीख लिया है, खुद को सुरक्षित रखना
सीख लिया है हर जगह पर चौकन्ना रहना
सीख लिया है अपने साथ हथियार रख कर चलना
और दुआ करना इसे निकालने की जरूरत ही ना पड़े

सीख लिया है खुद की मर्जी से नहीं मगर माहौल
देखकर कपड़े पहनना

सीख लिया है निकलना तो किसी के साथ ही
निकलना वरना ना ही निकलना, सीख लिया है
सीखती ही आ रही हूँ ना

इस बात से कि बेटा तुम गलत नहीं हो,
पर लोग नहीं सुधरेगे
खुद को ही समझाती आ रही हूँ ना

अच्छी सड़कें और अच्छे मंदिर तो बना ही लिए
तुमने पर उन सड़कों और यहां तक कि
मंदिरों में डर कर चलना सब सीख लिया है
काश

काश! एक दिन तुम बोलो कि
मैंने अब इंसान बनना सीख लिया है
फिर शायद भारत की एक और नन्ही जान
को यह सब सीखना ही ना पड़े
खुलकर जीने के लिए उसे खुद से लड़ना ही ना पड़े।

ओजस्वी

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माँ

राम लिखा, रहमान लिखा, गीता और कुरान लिखा
जब बात हुई पूरी दुनिया को एक लफ्ज में लिखने की
तब मैंने मां का नाम लिखा
वह इस तरह मेरे गुनाहों को धो देती है
मां बहुत गुस्से में हो तो रो देती है लबों पर उसके बहुआ
नहीं होती

बस एक मां है जो मुझसे खफा नहीं होती
जब भी कशती मेरी एक रुक जाती है मां दुआ करते ख्वाब
में आ जाती है

मां से रिश्ता ऐसा बनाया जाए जिसको निगाहों में बिठाया जाए
रहे उनका मेरा रिश्ता कुछ ऐसा कि वह अगर उदास हो तो
हमसे भी मुस्कुराया ना जाए

यह दास्तान बहुत बार आजमा कर देखें मैं जब भी रोई

सपनों में मां देखी
एक पेड़ जिसने मुझे कभी धूप लगने ना दी,
अपने आंचल में छुपा कर नजर किसी की लगने ना दी
नींद अपनी भुलाकर सुलाया हमको
आंसू अपने गिराकर हंसाया हमको
एक हस्ती है जो जान है मेरी
जो आन से बढ़कर मान है मेरी
खुदा हुक्म दे तो कर दूँ सजदा उसे
क्योंकि वह और कोई नहीं मां है मेरी

प्रिया

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संघर्ष का सौंदर्य

मिट्टी ने मटके से पूछा - मैं भी मिट्टी तू भी मिट्टी परंतु पानी
मुझे बहा ले जाता है और तुम पानी को अपने में समा लेते
हो। वह तुम्हें गला भी नहीं पाता ऐसा क्यों मटका हंसकर
बोला यह सच है कि तू भी मिट्टी और मैं भी मिट्टी हूँ पर
मेरा संघर्ष अलग है पहले मैं पानी में भीगा पैरों से गूथा
गया फिर चाक पर चला कुम्हार के थापी की चोट, आग
की तपन को झेला, संघर्ष झेल कर पानी को अपने में रखने
की ताकत मैंने पाई।

मंदिर की सीढ़ियों पर चढ़े पत्थर ने मूर्ति के पत्थर से पूछा
भाई तू भी पत्थर मैं भी पत्थर पर लोग तुम्हारी पूजा करते

हैं और मुझे पैरों से रौंदकर बिना ध्यान दिए चले चलते
हैं ऐसा क्यों मूर्ति के पत्थर ने उत्तर दिया तू मेरे संघर्ष को
जानता है मैंने इस शरीर पर कितनी छैनियों के प्रहार सहे हैं
मुझे कई बार घिसा गया है और संघर्ष की पीड़ा को सहकर
ही मैं इस रूप में आया हूँ। संघर्षों की भट्टी में तप कर ही
जीवन स्वर्ण बनता है।

रूबी

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आज़ादी

मुझे आजादी है. . . .
आजाद हूँ मैं
दुनिया के इसी झूठ से परेशान हूँ मैं.
खुलकर जी सकती हूँ अपनी जिंदगानी.
आखिर ! इंसान हूँ मैं
पर मनमर्जी के सिर्फ कपड़े पहनू
तो अशिष्ट और बेहया हूँ मैं
मनमानी कर जिऊँ जिंदगी
तो बेकिरदार हूँ मैं
किसकी नजर मुझे कैसे देखती है
इसके लिए भी जिम्मेदार हूँ मैं
सबकी सोच में ढल जाऊँ
क्योंकि घर की इज्जत और सम्मान हूँ मैं
और ऐसी हजारों आजादियों के साथ
आजादी है मुझे

आजाद हूँ मैं. . . .
कहते हैं कदम कदम चल सोच कर
रख जेहन में दुनिया की सोच
दुनिया की सोच सोच कर ही
तो हैरान हूँ मैं
और हां, अंधेरी गलियों के खौफ से
परेशान हूँ मैं
जाने फिर भी क्यों
आजादी है मुझे ?
आजाद हूँ मैं.

आंचल

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कॉलेज लड़कियों का संघर्ष

मैं जो आज कहानी बताने जा रही हूँ - वह कहानी हम लड़कियों की जिंदगी का एक छोटा सा हिस्सा है। यह कहानी उन लड़कियों के ऊपर है जो स्कूल व कॉलेज बस की सहायता से जाती हैं। हरियाणा में इन लड़कियों को बस पास की सुविधा प्रदान की जाती है यह इन पास के द्वारा अपने तय किये गए रास्ते या स्थान पर जा सकती है - जो पास में लिखा गया है। इस पास के द्वारा वह सरकारी व प्राइवेट बसों में सफर करके अपने घर से कॉलेज और कॉलेज से घर जा सकते हैं परन्तु यहाँ हम केवल प्राइवेट बसों की बात करेंगे।

प्राइवेट बसों में लड़कियों को केवल पीछे की सीट पर बैठने और खड़े रहने के लिए कहते हैं। कई प्राइवेट बसों के कंडक्टर लड़कीओ को केवल पीछे के दरवाजे से चढ़ने देते हैं। और वह सिर्फ अपनी बसों में 10 -15 लड़कियों को ले जाने की कोशिश करते हैं। अब मैं आपको अपनी आप बीती बताती हूँ यह दरवाजे वाला किस्सा मेरे साथ भी हो चुका है जब मैं आगे दरवाजे से चढ़ी तो मुझे बस कंडक्टर ने कहा तू अपने आप को ज्यादा स्थानि समझती है जो आगे के दरवाजे से चढ़ी है इसके बाद मैं आपको अब ऐसी घटना बताने जा रही हूँ जो मेरी आँखों देखी है और कानों सुनी है। जब एक प्राइवेट बस में पास वाली लड़कियाँ पीछे की सीट पर बैठ और खड़ी हो गयी थी उनमे से कुछ लड़किया और बस में चढ़ने जा रही थी तब

बस कंडक्टर ने उन लड़कियों को रोकते हुए कहा इसी बस में जाना है सभी को। वहाँ खड़े अन्य कंडक्टर भी उस कंडक्टर को कहने लगे की इनको भी चढ़ा ले इसके पीछे बहुत बहस हुई। बाद में उनमे में से नीचे खड़ी लड़की ने उस बस का नंबर थाने में दे दिया और जब वह बस करनाल बस स्टेण्ड से चली तो आगे आधे ही रास्ते में उस बस को पुलिस वालो ने रोक दिया और बस पुलिस थाने गयी तब वहाँ पुलिस थाने में लड़कियों ने बोला कि कई प्राइवेट बसे उनके गांव में नहीं रूकती। वे लड़कियों को चढ़ने से मना करते हैं और पीछे का दरवाजा भी बंद देते हैं। इन बातों पर उन लड़कियों और कंडक्टर में बहस चल रही थी तो आगे से पुलिस वाले ने कंडक्टर को फटकारते हुए कहा कि तुम लड़कियों को यह भी कह सकते हो कि कृपया अगली बस में चढ़ना। यहाँ पर पुलिस ने कंडक्टर को लड़कियों से इज्जत से बात करने के लिए कहा और उसे यह भी कहा की तूने अपनी बस यूनिफार्म क्यों नहीं पहनी। इसके पीछे पुलिस ने बस कंडक्टर के चालान की कार्यवाही करते हुए बस को रवाना किया। यहाँ मैंने इस कहानी के माध्यम से हम लड़कियों का संघर्ष बताया है।

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कॉलेज जीवन

कॉलेज जीवन हमें हर दिन नए अनुभव देता है। जिसमें हम विभिन्न चीजों के बारे में जानते हैं जो पहले हमें नहीं पता थी। कई छात्र कड़ी मेहनत करते हैं और अपने कॉलेज के दिनों में जितना संभव हो उतना आनंद लेते हैं। वे कॉलेज जीवन के दौरान एक अलग शैली और दृष्टिकोण रखते हैं, हालांकि उनमें से कई अपनी पढ़ाई और भावी जीवन के बारे में अधिक गंभीर होते हैं।

कॉलेज जीवन हमें बहुत ही मजेदार यादें देता है जिन्हें हम आमतौर पर कठिन समय से पीड़ित होने पर याद करते हैं। यह सच है कि कॉलेज का जीवन कभी वापस नहीं आएगा लेकिन लोग कॉलेज में बिताए उन सभी पलों को संजोते हैं। हालांकि हर कोई यह अनुभव करने के लिए भाग्यशाली नहीं होता है। क्योंकि जीवन के रूप में कई लोगों के पास महंगे कॉलेज की फीस वहन करने के लिए अच्छी वित्तीय पृष्ठभूमि नहीं है और इसलिए अपने जीवन का आनंद लेने का अवसर याद करते हैं। कॉलेज जीवन न केवल दोस्तों के साथ आनंद के बारे में है बल्कि कई छात्र कॉलेज में अपने जीवन को पढ़ाई के प्यार के साथ पूरा करते हैं। शिक्षा के साथ हमारी एक अलग ही प्रेम कहानी है।

यह प्रेम कहानियां कुछ असाधारण मामलों को छोड़ते हुए हर कॉलेज के छात्र का हिस्सा हैं दूसरी ओर कॉलेज जीवन

हमें हर दिन नई चुनौतियों के लिए उजागर करता है क्योंकि हमें उन लोगों के साथ मेलजोल करना होगा जो हमारे लिए अनजान हैं। कॉलेज के छात्र होने के बाद भी छात्रों में अधिक आत्मविश्वास और वे स्वतंत्र होते हैं।

प्रोफेसर अब हमें कॉलेज में सब कुछ सिखाते हैं - जिस कारण इसलिए हम अपनी लड़ाई और फैसले खुद लड़ना सीखते हैं। जिससे हम एक आत्मनिर्भर व्यक्ति बनते हैं। इस तरह कॉलेज का जीवन भी हमारे भविष्य को संवारने में महत्वपूर्ण भूमिका निभाता है और हमें रुचि के क्षेत्र को चुनने में मदद करता है। निष्कर्षतः कहा जा सकता है कि दोस्तों के एक समूह के साथ घूमना और फिल्मों और मस्ती के लिए कक्षाएं बंद करना हर कॉलेज के छात्रों के लिए सामान्य लक्षण है। कैटीन में बैठना और दोस्तों के समूह के साथ चाय और नाश्ता करना जीवन की कुछ बेहतरीन यादें हैं। जिन लोगों ने इन क्षणों का अनुभव किया है वह फिर से इस जीवन का आनंद लेना चाहते हैं।

खुशबू

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श्रीमद्भगवद्गीता का महत्व

श्रीमद्भगवद्गीता भारतीय संस्कृति की आधारशिला है। हिन्दू शास्त्रों में गीता का सर्वप्रथम स्थान है। इसमें 18 अध्याय तथा 700 श्लोक हैं। इसके रचयिता वेदव्यास जी हैं। अर्जुन को गीता का उपदेश देते हुए श्री कृष्ण ने कहा है की व्यक्ति को निष्काम भाव से कर्म करते हुए फल की इच्छा नहीं करनी चाहिए।

“कर्मण्येवाधिकारस्ते मां फलेषु कदाचन।
मां कर्मफलहेतुर्भुरः मां ते सङ्गोस्त्वकर्मणि॥”

आत्मा की नित्यता बताते हुए श्री कृष्ण ने अर्जुन से कहा की ये आत्मा अजर अमर है शरीर के नष्ट होने पर भी ये आत्मा नहीं मरती।

भगवत गीता हमें सिखाती है की व्यक्ति को सिर्फ और सिर्फ अपने कर्म करते समय हमें ध्यान रखना चाहिए की जो कर्म हम कर रहे हैं वह हम सब लौटकर जरूर आएंगे। श्रीमद्भगवद्गीता गीता एक ऐसा ग्रंथ है जो मनुष्य का

जीवन ही बदलकर रख देता है। गीता के उपदेश किसी क्षेत्र, भाषा, जाति मत मजहब विशेष के लिए न होकर सार्वभौमिक रूप से सभी के लिए हैं। जिस तरह ईसाइयों के लिए बाइबल, इस्लाम को मानने वालों के लिए कुरान महत्व है उसी तरह हिन्दुओं के लिए गीता को धार्मिक पुस्तक माना जाता है। इस प्रकार जब अर्जुन अपने प्रियजनों को युद्ध मैदान में सामने देखकर क्षत्रिय धर्म को भूल जाता है, अर्थात् युद्ध नहीं करना चाहता तब भगवान श्री कृष्ण गीता के उपदेश अर्जुन को सुनाते हैं। गीता में कहा गया है - आत्मा को न तो कोई शास्त्र काट सकता है। न ही उसे आग जला सकती है न ही हवा सूखा सकती है- आत्मा अमर है, आत्मा अजर है।

श्री कृष्ण ने अर्जुन को उपदेश देते हुए बताया है कि तुम्हारा अधिकार केवल कर्म करने पर है उसके परिणाम पर नहीं इसलिए परिणाम से प्रेरित होकर कर्म नहीं करना चाहिए।

गीता में कहा गया है कि कर्मों का फल अवश्य ही मिलेगा परन्तु उनके प्रति आसक्ति की भावना नहीं होनी चाहिए। प्रत्येक व्यक्ति जो गीता का अध्ययन करेगा या गीता का भाव सुनेगा वह अपने जीवन में मोक्ष प्राप्त करेगा। गीता का प्रमुख उद्देश्य लोगों का उद्धार करना ही है।

गीता का अध्ययन करने के लिए धर्म या किसी देश में रोकटोक नहीं है। गीता का अध्ययन प्रत्येक धर्म के लोग, किसी भी वर्ण तथा किसी भी देश में रहकर गीता का अध्ययन कर सकते हैं।

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बचपन

जब हम रो नहीं पाते
सुख से सो नहीं पाते
जब हम खो नहीं पाते
तब बचपन याद आता है

जब चिंता सताती है
हमारे तन को खाती है
जब भी मन नहीं मिलता
तब बचपन याद आता है

जब हम टूट जाते हैं
जब अपने रूठ जाते हैं
जब सपने सताते हैं
तब बचपन याद आता है

किसी को कह नहीं पाते
अकेले रह नहीं पाते
किसी से कह नहीं पाते
तब बचपन याद आता है

जब भी फल नहीं मिलता
जब कोई हल नहीं मिलता
मन से मन नहीं मिलता
तब बचपन याद आता है

अभिषेक

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राणा तेरा नाम अमर है

गाथा फैली घर-घर है
आजादी की रह चले तुम
सुख से मुख को मोड़ चले तुम
नहीं रहूँ परतंत्र किसी का
तेरा घोष अति प्रखर है
राणा तेरा नाम अमर है
भूखा - प्यासा वन-वन भटका
खूब सहा विपदा का झटका
एक लिंग का भक्त प्रखर है
भारत राजा, शासक, सेवक
अकबर ने छीना सबका हक,
रही कलेजे सबके धक धक्
पर तू सच्चा शेर निडर है,
राणा तेरा नाम अमर है।

मानसिंह चढ़कर के आया,
हल्दी घाटी जंग मचाया
तेरा चेतक पार ले गया
पीछे छूट गया लश्कर है
राणा तेरा नाम अमर है।
वीरों का उत्साह बढ़ाये
कवि जन मन के गीत सुनाये
नित स्वतंत्रता दीप जलाये
शौर्य सूर्य की उज्वलकर है
राणा तेरा नाम अमर है।

मुस्कान अरोड़ा

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रोजगार की चाहत

खाली कंधो पर थोड़ा सा भार चाहिए
बेरोजगार हूँ साहब रोजगार चाहिए।
जेब में पैसे नहीं हैं डिग्री लिए फिरता हूँ
दिनोंदिन अपनी नजरो में गिरता हूँ
कामयाबी के घर में खुले किवाड़ चाहिए
बेरोजगार हूँ साहब रोजगार चाहिए।
टेलेंट की कमी नहीं है भारत की सड़कों पर
दुनिया बदल देंगे भरोसा कर इन लड़कों पर

लिखते - लिखते मेरी कलम तक घिस गयी
नौकरी कैसे मिले जब नौकरी ही बिक गयी

नौकरी की प्रक्रिया में अब सुधार चाहिए
बेरोजगार हूँ साहब रोजगार चाहिए।

दिन-रात काम करके मेहनत बहुत करता हूँ
सूखी रोटी खाकर ही चैन से पेट भरता हूँ
भ्रष्टाचार से लोग खूब नौकरी पा रहे हैं
नौकरी पाने के लिए यहां जुगाड़ चाहिए
बेरोजगार हूँ साहब रोजगार चाहिए।

अमित कुमार

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कुछ तो करना होगा

आगे तुझको हर हाल में बढ़ना होगा,
कुछ न कुछ तो, तुझे करना होगा,
कब तक ऐसे बैठे रहोगे,
हार से, कब तक डरोगे,
जिंदगी यूं ही, निकल रही,
वक्त की रेत भी, फिसल रही,
कुछ क्षण बचे हैं, अब तो कर लो,
कुछ साहस तो मन में गढ़ लो,
बुजुर्ग और विधवाओं से सीखो,
बेबस, बेचारे, विकलांग से सीखो,
कदम आगे, बढ़ाना होगा,
तुझको साहस दिखाना होगा,
जीत की प्यास, नई जगानी होगी,

हार की पीड़ा, अब भुलानी होगी,
विखरे साहस को फिर जुटाना होगा,
रक्त में उबाल, फिर लाना होगा,
सोये जमीर को जगाना होगा,
जीवन को, खुद सजाना होगा,
“टूटी हिम्मत “की मरम्मत, फिर करनी होगी,
“फूटी किस्मत”से ही, पर लड़ाई ये लड़नी होगी।
आगे तुझको हर हाल में, अब बढ़ना होगा।
कुछ न कुछ तो, तुझको अब करना होगा।

स्वाति

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सच

अपने अगर दुनिया में होते,
अकेला कोई मरता ही नहीं,
तुम तुम हो, मैं मैं हूँ,
बराबरी की कोई जगह ही नहीं,
हर मर्ज कि दवा है, दुनिया में
पर दवा से कोई बचता ही नहीं,
चाहे कितने भी अशक बहा लो,
गया वक्त, वापस आता ही नहीं,
चाहे तो सड़क पे या महल में देख लो,
आइना झूठ बोलता ही नहीं,
अदालत में बिकता है हर कानून,

कोई जुर्म की सजा ही नहीं,
बड़ा, छोटा सच नहीं होता,
और झूठ की कोई इंतहा ही नहीं,
छोटी, बड़ी बातों से अगर “स्वाति” टूट जाये,
समझ लेना वह उसके लायक ही नहीं,
हर जिंदगी की मंजिल है मौत,
इसके अलग कोई रास्ता ही नहीं।

चेष्टा

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शिक्षक

शिक्षक अथवा अध्यापक वह व्यक्ति होता है जो दूसरों को पढ़ा - लिखा कर शिक्षा देने का काम करता है। भारत देश सदैव से गुरुओ व शिक्षको का देश रहा है। इस देश में शिक्षको - अध्यापको व गुरुओ का मान -सम्मान हमेशा से बहुत अधिक रहा है आजकल संसार के अन्य देशो के समान शिक्षा का लेना देना एक प्रकार का व्यवसाय बन कर रह गया है। यह स्थिति कोई सराहनीय तो नहीं है। शिक्षक के महत्व को समझा जाये - शिक्षक भी शिक्षा देने को व्यवसाय न मानकर उसे एक पवित्र कार्य या कर्तव्य समझे। शिक्षक का खोया सम्मान उसे फिर से प्राप्त हो जाये या उसे यह सम्मान दिलाया जा सके - यही भावना रही है शिक्षक दिवस को मनाने के पीछे। शिक्षक दिवस मनाने का संबंध जोड़ा गया देश के राष्ट्रपति रहे महामहिम सर्वपल्ली डॉ० राधाकृष्ण के जन्म के साथ अर्थात् तभी से यह दिवस प्रति वर्ष 5 सितम्बर को मनाया जाने लगा। इसके पीछे कारण था उनका आदर्श अध्यापकत्व। वे अपने जीवन में एक कुशल शिक्षक भी रहे थे। शिक्षक -दिवस के

दिन भी विद्यालयों में सभायें व गोष्ठियाँ होती हैं। बच्चों को अध्यापक के मान - सम्मान से सम्बंधित प्रेरणा दी जाती है। कई विद्यालयों में तो इस दिन विद्यार्थी को ही अध्यापन का कार्य सौंपा जाता है ताकि उन्हें अध्यापक के कार्य के महत्व का अहसास हो सके। अध्यापकों के संघठन भी इस दिन को शिक्षको के गौरव के अनुरूप, गौरव को स्थायी बनाये रखने के लिए विभिन्न विचारों को स्थाई बनाये रखने के लिए विभिन्न विचारों का आदान प्रदान किया करते हैं। कई बार प्रांतीय व राष्ट्रीय स्तर के सम्मेलन भी आयोजित किये जाते हैं। अंत में सिर्फ यही कहना चाहता हूँ कि शिक्षक एक दिए के समान होता है जो हमे अज्ञानता के अँधेरे से ज्ञान की रोशनी देता है।

मनप्रीत

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मुस्कान

मासूमियत से भरी होती है मुस्कान,
दिल की खुशी की पहचान होती है मुस्कान,
लगता है जब कोई बेगाना अपना सा,
तो इस छुपे हुए राज को खोलती है मुस्कान।
होठों को घरोदें में छुपी रहती है मुस्कान
जीवन को सुलझाती पहली है मुस्कान
रूठे जाये जब कोई अपना किसी बात पर।
तो उसको मनाने की जीत में शामिल होती है मुस्कान।
अपनी मंजिल को पाने पर छलकती है मुस्कान
निराशा भरे जीवन में आशा का संचार है मुस्कान
जीत की नई परिभाषा है मुस्कान

बेरंग दुनिया में रंगीन हौसला है मुस्कान
न जाने कितने रूपों में होती है ये मुस्कान
पर आखिर में होती है ये दिल की खुशी का ही परिणाम।
मुस्कराते रहो हर पल सुबह और शाम
न जाने आपकी मुस्कान ही हो
किसी की जिंदगी में जीने की चाहत का जाम ।

कमल राणा

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मुक्त मानव

क्यों व्यथित सा पड़ा हुआ है।
पाषाण सा क्यों जड़ा हुआ है।।
जागता है, सो गया क्या ?
कुछ था अमूल्य, खो गया क्या
ये अधर, रूखे से क्यों है ?
नयन तल, सूखे से क्यों है।
आत्मघृणा सा, मंजर यू क्यों है।

विचार स्रोत, बंजर यू क्यों है।
बोल ये खंजर, से क्यों है।
धाय तू यू, अंदर से क्यों है।
देख सूरज, चढ़ गया है।
समय ये आगे, बढ़ गया है।
राह किसकी तक रहा है।
बेवजह क्यों थक रहा है।

उठ जरा हिम्मत दिखा तू।
खुद की नजरो में उठा तू।।
राहें, राह देख रही है।
चलना है बस, विकल्प यही है।
धैर्य में ही 'शान' होगी।
मंजिल तेरी आसान होगी।।
नाहक ही क्यों तू रो रहा है।
अपने मोती, खो रहा है।
तू हो विजय संसार में यूं।
चित्रकार के प्रतिकार में यूं

बढ़े चल बस याद रख '
विश्वास पूरा मन में अगर है।
ना कोई फिर कठिन डगर है।
सोच 'गुलामी' की त्याग कर।
'मुक्त मानव' होकर जिया कर
'मुक्त मानव' होकर जिया कर।

सतीश कुमार

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मित्रता

एक बहुत ही घना जंगल था। उस जंगल में बहुत सारे जंगली जानवर रहा करते थे। उसी जंगल में हिरण कौवा कछुआ और चूहे के मध्य बहुत ही अच्छी और पक्की मित्रता थी। वह सभी एक साथ बहुत प्रेम से रहते थे और कोई भी कार्य हो वह उसे मिलकर किया करते थे। एक बार जंगल में शिकारी आ गया - उस शिकारी ने जंगल में जानवरों को पकड़ने के जाल बिछा दिया। शिकारी को हिरण चाहिए था और उन दोस्तों के समूह में जो हिरण था शिकारी की नजर उस पर पड़ी और उसने इस प्रकार जाल बिछा दिया कि केवल हिरण ही उस जाल में फंसे। जीवित हिरण की कीमत बाजार में बहुत अधिक थी अतः वह हिरण को जीवित पकड़ना चाहता था। जब हिरण अपने दोस्तों से मिलने जाता है तो उसका पैर जाल में फस गया और हिरण जाल में फस गया। अब बेचारा हिरण असहाय सा जाल में फंसा था उसे लगा कि आज मेरी मृत्यु निश्चित है। इस डर से वह घबराने लगा तभी उसके मित्र ने यह सब देख लिया। वह फटाफट कछुए और चूहे के पास गया और उसने कछुए और चूहे को भी हिरण की सहायता के लिए

बुला लिया तीनों ने एक योजना बनाई। योजना अनुसार कौए ने जाल में फंसे हिरण पर इस तरह चोंच मारना शुरू कर दिया जैसे पक्षी मृत जानवर की लाश को नोच कर खाते हैं। अब शिकारी को लगा कि कहीं यह हिरण मर तो नहीं गया वह निराश हो गया उसने सोचा अब यह हिरण मेरे किसी काम का नहीं है तभी कछुआ उसके आगे से गुजरा। शिकारी ने सोचा हिरण तो मर गया इस कछुवे को ही पकड़ लेता हूं। यही सोचकर वह कछुवे के पीछे चल दिया। इधर मौका पाते ही चूहे ने सारा जाल काट डाला और उसे आजाद कर दिया। शिकारी कछुए को पकड़ने जा रहा था। तभी कोया उड़ता हुआ आया और कछुए को अपनी चोंच में दबाकर उड़ा कर ले गया। इस तरह सभी मित्रों ने एक साथ मिलकर एक जान बचाई।

मनप्रीत

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बीजमंत्र

जितना सताओगे
उतना उठूंगी
जितना दबाओगे
उतना उगूंगी
जितना बंद करोगे
उतना गाऊंगी
जितना जलाओगे
उतना फैलूंगी
जितना बांधोगे

उतना बहूंगी
जितना अपमान करोगे
उतना निडर हो जाऊंगी
जितना प्रेम करोगे
उतना निखर जाऊंगी।

कोमल

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लघु कृतियाँ

चिड़िया

वह चिड़िया अक्सर
बहुत दूर से उड़कर
मुझ तक आती थी
चहकती थी, गाती थी

थोड़ा सा बतियाती थी
और फिर फुर्र से उड़कर वापिस चली जाती थी
वह वापिस अब नहीं आती है
उसकी याद आती है।

माँ

सब कुछ याद है मुझे, याद है मुझे माँ के बगैर बिताया
हुआ हर एक पल, याद है वह हर एक आंसू जो उसकी याद
में बहे थे, याद है वो सिसकियाँ जो अंधेरे कमरे के किसी
कोने में बैठकर निकली थी

हाँ, याद है मुझे अपने पिता की आखों में छुपी वो बेबसी,
वो दर्द जो वो कभी बया न कर सके, बस, नहीं याद मुझे मां
के साथ बिताया हर एक पल, नहीं याद मुझे उसकी गोद में
मिलने वाला सुकून, हाँ कुछ नहीं याद मुझे नहीं याद मुझे,
मां का दुलार, माँ की फटकार, नहीं याद उसे बेवजह तंग
करना, नहीं याद- कब अंतिम बार उसने मुझे अपने सीने
से लगाया था?

हाँ, कुछ नहीं याद!

मन

मन को समझना आसान नहीं है किसी के लिए

न ही किसी की इच्छाओं को जान पाना, सबसे आसान
होता है कह देना किसी से, कि तुमने तो मुझे समझा ही
नहीं, संबंध में होना ही नहीं, समझा जाना भी भाग्य है
मानव का, त्रासदियाँ महानायकों के जीवन में ही नहीं,
हमारे और आपके जीवन में भी हैं बस उन पर लिखे नहीं
जाते महाकाव्य।

स्त्री और नदी

‘नदी’ – स्त्रीलिंग है, बताया था हिंदी की अध्यापिका ने
नदी, जो बस बहती रहती है मौन में, अनवरत शून्य-सी
छिपाये रहती है वक्ष में हजारों छोटे-बड़े कंकड़-पत्थर, हर
उतार-चढ़ाव झेलती हुई, उतरती है, जमीन पर ताकि सींच
सके हर एक सूखा हिस्सा, खिला सके हरीतिमा, ला सके
जीवन, वो उतार देती है अपनी बून्द-बून्द मिट्टी के कतरो में,
और न जाने कितनी सूखी आत्माओं को देती है तृप्ति, फिर
एक दिन नदी पर बना दिया जाता है बांध, ताकि काबू में
रखा जा सके उसका वेग, किया जा सके मनमाना उपयोग,
सचमुच नदी स्त्रीलिंग ही तो है, नदी हो या स्त्री, जब तोड़
देती है बांध, तो हो जाता है खत्म, सबकुछ, नदी स्त्री है
और स्त्री नदी।

कोमल

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कभी किसी को बिना जाने जज न करे

तत्काल सर्जरी के लिए बुलाए जाने के बाद एक डॉक्टर
आनन-फानन में अस्पताल में दाखिल हुआ। उन्होंने जल्द
से कॉल का जवाब दिया, अपने कपड़े बदले और सीधे
सर्जरी ब्लॉक में चले गए। उसने पाया की लड़के के पिता
डाक्टर की प्रतीक्षा कर रहे हैं। उसे देखकर, पिताजी
चिल्लाये : “ तुमने इतना समय आने में क्यों लगाया ?
क्या तुम नहीं जानते की मेरे बेटे की जान खतरे में है ? क्या

आपको जिम्मदारी का बोध नहीं है ? “डॉक्टर मुस्कराया
और कहा- मुझे खेद है, मैं अस्पताल में नहीं था और मैं
कॉल प्राप्त करने के बाद जितनी जल्दी हो सकता है उतनी
जल्दी से आया हूँ, अब मैं चाहता हूँ कि आप शांत हो जाए
ताकि मैं अपना काम कर सकूँ “क्या होगा अगर आपका
बेटा अभी इस कमरे होता तो क्या आप शांत हो जाते?
अब तेरा ही बेटा मर गया तो तू क्या करेगा? पिता ने गुस्से

में कहा। डाक्टर ने फिर मुस्कराया और उत्तर दिया- “मैं वही कहूंगा जो अख्युब ने पवित्र पुस्तक में कहा है “धूल से हम आये और धूल में हम लौट आये, भगवान का शुक्रिया करो - डॉक्टर जीवन को लम्बा नहीं कर सकता। जाओ और अपने बेटे के लिए प्रार्थना करो, हम भगवान की कृपा से अपनी पूरी कोशिश करेंगे। सर्जरी में कुछ घंटे लगे जिसके बाद डॉक्टर खुश होकर बाहर चला गया और पिता के उत्तर की प्रतीक्षा किए बिना वह दौड़ता चला गया। यदि आपका कोई प्रश्न है तो नर्स से पूछें। वह इतना अभिमानी क्यों है ? वह कुछ मिनट इंतज़ार नहीं कर सका ताकि मैं अपने बेटे की स्थिति के बारे में पूछ सकूँ। डॉक्टर के जाने के बाद नर्स ने जवाब दिया, उसके चेहरे से आंसू गिर

रहे थे- “उसका बेटा कल सड़क दुर्घटना में मर गया वह दफनाया गया था- जब हमने उसे आपके बेटे की सर्जरी के लिए बुलाया था और अब जब उस ने आपके पुत्र की जान बचाई तो वह अपने पुत्र को दफनाने की प्रक्रिया को पूरा करने के लिए भागा चला गया।”

कभी किसी को जज न करे... बल्कि समझने की कोशिश करें क्योंकि आप नहीं जानते की उसका जीवन कैसा है और वे किस दौर से गुजर रहे हैं।

ज्योति शर्मा

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शिक्षा - सम्मान की जननी

माता देती है नवजीवन,
पिता सुरक्षा देते हैं।
लेकिन सच्ची मानवता ही
शिक्षक जीवन में भरते हैं।

सत्य-न्याय के पथ पर चलना,
शिक्षा हमें सिखाती हैं।
जीवन है संघर्षों से लड़ना,
शिक्षा हमें बतलाती है।

ज्ञान में दीप की ज्योति जलाकर,
मन को उज्ज्वल करती है।

कबीर, सूर, तुलसी का कहना,
शिक्षा है ईश्वरीय गहना।

शिक्षा ही है जो बच्चों को,
मंजिल तक पहुँचाती है।
शिक्षक को प्रणाम करो तुम,
देश का सम्मान करो तुम।

यास्मीन

एम. ए. हिंदी
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अंतिम यात्रा

थी मैं नींद में मुझे सजाया जा रहा था
बड़े प्यार से मुझे नहलाया जा रहा था
ना जाने था वो कौन सा अजब खेल मेरे घर में
बच्चों की तरह मुझे कंधे पर उठाया जा रहा था
था पास मेरा हर अपना.... उस वक्त मन से भुलाया
जा रहा था

जो कभी कभी देखते भी न थे
मोहब्बत की निगाहों से
उनके दिल से भी प्यार मुझ पर लुटाया जा रहा था
मालूम नहीं क्यों हैरान था ...हर कोई
मुझे सोते हुए देख कर

जोर-जोर से रोक कर.... मुझे जगाया
जा रहा था

काँप उठी मेरी रूह वो मंजर देखकर
जहाँ मुझे हमेशा के लिए सुलाया जा रहा था
मोहब्बत की इंतहा थीजिन दिलों में मेरे लिए
उन्ही दिलों के हाथों से
आज मैं जलाया जा रहा था ।

रितु

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WOMEN DEVELOPMENT CENTRE





NSS





NCC



LEGAL LITERACY AND CONSUMER AWARENESS CELL



YOUTH AND CULTURAL ACTIVITIES



YOUTH AND CULTURAL ACTIVITIES





SCHOLARSHIPS DISTRIBUTION FUNCTION





TIDINGS

Harmony

A Glimpse of College Activities

Compiled and Edited by
Dr. Rajni Seth

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NCC (Air Wing)

Flight Lieutenant: Pawan Kumar

1. Flying Officer Pawan Kumar completed his Refresher Course held at 6(PB) NCC Air sqn. Malout (Punjab) From 18-04-2022 to 15-05-2022.
2. 32 Students were enrolled in the beginning of the new academic session.
3. NCC Air Wing Cadets actively participated in the college function on 15th August, Independence day.
4. NCC Air Wing Cadets actively participated in the College function on 26th January, Republic day.
5. "CEE" Certificate exam was conducted on 27-02-2022 at S.D. College Ambala Cantt.
6. "BEE" Certificate exam was conducted on 06-03-2022 at Govt. P.G. College Sec-14.
7. Airforce Attachment Camp was organised at Gwalior from 13-06-2022 to 24-06-2022. Cadet Gaurav of our college participated in the Camp.
8. ATC was held at Sainik School Kunjpura from 27th Dec,2021 to 2nd Jan 2022.
Total 29 Cadets(23 SD and 06 SW) actively participated in this camp.
 - i. 10 cadets actively participated in tent pitching and got First position.
 - ii. On 30th Dec, 6 cadets participated in Basket ball and got First position.
 - iii. On 30th Dec, 6 cadets participated in Volley ball and got First position.
 - iv. On 31th Dec, our cadets won the First, Second, Third positions in Shooting.
 - v. On 1st Jan, our cadets won the Second and Third positions in Obstacle.
 - vi. On 1st Jan, our cadets won the First and Second positions in story telling.
 - vii. On 1st Jan, our cadets won the First and third positions in Singing.
 - viii. On 1st Jan, our cadets won the Second position in group dance and also Second Position in Solo Dance
9. EBSB online camp was held from 12-04-2021 to 17-04-2021. Cadets Agrim and Vanshika participated in this camp.
10. EBSB online camp was held from 18-10-2021 to 23-10-2021. Cadets Parneet kaur, Harshit Nagpal and Kajal participated in this camp.
11. EBSB online camp was held from 22-11-2021 to 27-11-2021. Cadets Anjali and Dhroov participated in this camp.

NCC (Army Wing)

Mr. Kiran Kumar, CTO

1. On 15th August 2021, 75th Independence Day was celebrated in the college. 16 cadets (10 SW+06 SD) took part in the parade at NDRI Karnal on the occasion of 75th Independence Day.
2. On 3rd September 2021, Fit India Freedom Run activity was performed by NCC Army Wing at Guru Nanak Khalsa College, Karnal. 60 cadets (18 SW+42 SD) participated in this activity.
3. On 3rd September 2021, 60 cadets (18 SW+42 SD) participated in Swachta drive at Talwar Chowk, Karnal.
4. On 13th October 2021, Enrollment process of 1st year cadets was done for 43 seats. 150 students participated, took written examination and physical test for selection.
5. On 28th November 2021, NCC army wing celebrated NCC DAY in college. 75 cadets (35 SW+40 SD) participated in this event.
6. On 9th Dec 2021, 70 NCC Cadets (30 SW+40 SD) along with Principal Dr. Ashima Gakhar, college staff members and NSS volunteers paid humble and heartfelt floral tributes to Chief of Defence Staff (CDS) General Bipin Rawat and his wife Mrs. Madhulika Rawat along with the 11 Army Personnel who lost their lives in a helicopter crash in Coonoor, Tamilnadu.
7. On 12th Dec 2021, 85 cadets (31 SW+54 SD) of the College NCC (Army Wing) registered their presence in International Gita Mahotsav 2021, which was celebrated from 12th Dec to 14th Dec 2021 in Panchayat Bhawan Karnal. Shri Yogesh Kumar - ADC Karnal was the overall incharge and Sh Gagandeep Singh - Joint Commissioner, Nagar Nigam Karnal was the Nodal Officer. Dr. Virendra Chauhan - Vice President, Haryana Granth Academy, presided over as the Chief Guest of this function.

8. On 16th Dec 2021, Sh Rajesh Sharma- District Traffic In charge delivered a talk on a very burning issue "Traffic Rules". 82 cadets (32 SW + 50 SD) attended the event along with NSS volunteers, students and our college staff.
9. On 24th Dec 2021, the college organized an awareness drive for career opportunities in the Indian Air Force in collaboration with Disha Cell of IAF and 2 (HAR) AIR SQN NCC, Karnal. This event was conducted under the banner of Azadi Ka Amrit Mahotsava. The college Principal, Dr. Ashima Gakhar welcomed all the officers and cadets of various schools and colleges. Around 900 students of various institutions of the city got benefitted from the programme. All our cadets attended this event.
10. On 29th Dec 2021, A Blood Donation Camp was organized by NCC (Army Wing) with the coordination of Red Cross Society in the college. 80 cadets (35 SW+45 SD) participated in this camp and 15 cadets contributed to this noble course by donating their blood.

Examinations

- 29 cadets (10 SW+ 19 SD) appeared for 'CEE' Certificate Examination at SD College, Ambala Cantt. on Feb 27, 2022.
- 33 cadets (15 SW, 18 SD) appeared in 'BEE' Certificate Examination at Guru Nanak Khalsa College, Karnal on April 06, 2022.

Camps

- 30 cadets (10 SW, 20 SD) of NCC Army Wing attended CATC-145 held at Govt. P.G. College, Sector 14, Karnal from 22nd October 2021 to 28th October 2021.
- 35 cadets (16 SW, 19 SD) of NCC Army Wing attended CATC-146 held at Govt. P.G. College, Sector 14, Karnal from 8th November 2021 to 12th November 2021.

Awards and Achievements

1. On 3rd August 2021, UO Smriti was honoured by ADG at NCC GR HQ Ambala Cantt with a cash prize of 4500/- on being selected as the best cadet in Best Cadet Competition.
2. On 27th Oct 2021, Cadet Santosh Kumar was honored by the college Principal as he secured 1st position (gold medal) in shooting (3P) at the directorate level held at Mhow, Indore, Madhya Pradesh. He also succeeded in securing a place among top 5 shooters at the national level. Before that, Santosh Kumar secured the top position among 200 cadets on the battalion level at Sainik School, Kunjpura, Karnal and at the group level in Ropar (Punjab).
3. Our cadet Rishav of B.A. 4th Sem got selected in Haryana Commando Police in March 2022.
4. On 25th-26th April 2022, LC Santosh, Cdt Kamal and Cdt Prabhjot succeeded in securing 2nd position in Firing Competition organised by Govt. College, Sidhrawali (Gurugram) under the banner "Inter College Competition" Innovation-2022-23.

National Service Scheme

Programme Officers:

Dr. Dimple Khosla

Dr. Tejpal

Dr. Rubi

NSS units of the college performed the following activities during the session:

1. **Enrollment:** New N.S.S volunteers were enrolled from 9th October 2021 to 15th November 2021.
2. **Independence Day Celebrations:** Independence Day was celebrated in the college campus on August 15, 2021. The National flag was hoisted by Principal Sh. Sanjay Sharma. About 132 NSS volunteers actively participated during the function. Afterwards NSS volunteers cleaned the college and tree plantation was also done on the same day.

3. **Orientation Programme** N.S.S programme officers Dr. Dimple Khosla, Dr. Tejpal, and Dr. Rubi attended an Orientation Programme organized by Kurukshetra University, Kurukshetra on 2nd September 2021.
4. **Orientation Programme:** On 22nd September 2021, a four-hour Orientation Programme was conducted for the old NSS volunteers to remind them of the real meaning of a volunteer. A pledge for "Catch the Rain: When it falls and Where it falls" was also taken on the same day.
5. **NSS DAY Celebration:** On 24th September 2021, under the "Aazadi ka Amrit Mahotsav Program"

- National Service Scheme Foundation Day was celebrated in Kurukshetra University Kurukshetra. 12 volunteers of our college participated in the same along with Dr. Tejpal and Dr. Rubi.
6. **Help Desk:** NSS units established a Help Desk during the admission days.
 7. **Covid Vaccination Camp:** A Covid Vaccination Camp was organised in the college campus on 6th October, 2021.
 8. Around 120 NSS volunteers participated in the prestigious IIT Bombay Online Techfest "Nidan: Breast Cancer Awareness Sessions" from October 8-10, 2021. A MOU was also signed with Techfest, IIT Bombay for future awareness programmes.
 9. NSS team of around 110 volunteers visited Mangal Sen Auditorium for the programme 'Sajda'-- a musical programme organised by District Administration, Karnal on 9th November, 2021 under post-Covid stress management scheme.
 10. **Awareness Rally:** About 130 NSS volunteers along with Legal Literacy Cell and NCC cadets conducted an awareness rally on 12th November, 2021 under the theme "Azaadi ka Amrit Mahotsav".
 11. **Awareness Programme on Nasha Mukht Bharat:** On 25th November 2021, as per the directions of Haryana Government, under the aegis of Narcotics Control Bureau and under the Nasha Mukht Bharat Abhiyaan (NMBA), an awareness programme was organized. Dr. Ashok Kumar, Deputy Inspector of Haryana State Narcotics Control Bureau was the speaker of the day.
 12. **Constitution Day Celebrations:** NSS programme officers and around 170 volunteers, along with college teaching staff, non-teaching staff and students took a pledge to observe Constitution Day on 26th November, 2021.
 13. Around 135 NSS volunteers participated in the prestigious IIT Bombay Online Techfest "Drishti: Eye Donation Awareness Session" on November 28, 2021. A separate MOU was also signed with Techfest, IIT Bombay for future awareness programmes.
 14. **Three-day International Gita Mahotsav 2021:** Around 210 NSS Volunteers from all units registered their presence in the 'Three-day International Gita Mahotsav 2021' from December 12-14, 2021 in Panchayat Bhawan, Karnal. Three of our volunteers were honoured in this function for their participation in Dance & Poetic Recitation.
 15. On December 14, 2021, Nehru Yuva Kendra Sangathan organised Block Level and then District Level Declamation Competition on "Patriotism and Nation Building". Our Students Renu and Garima stood second and third respectively at block level and Garima got second position at District Level. She received a certificate of appreciation and a cash prize of Rs. 2000.
 16. An awareness session was conducted on December 16, 2021 by the Vigilance Department to inform the students about the traffic rules. Sh. Rajesh Sharma, District Traffic Incharge guided the students.
 17. **Blood Donation and Covid Vaccination Camp:** On December 29, 2021, NSS units in association with Youth Red Cross and Red Ribbon Club organised Blood Donation Camp and COVID Vaccination Camp in the College Auditorium. Chief Medical Officer, Karnal Dr. Yogesh Sharma was the Chief Guest on this occasion. A total of 77 units were donated and 217 students were vaccinated during the camp.
 18. Volunteers participated in the virtual 25th National Youth Festival organised on January 12-13, 2022 at Puducherry to mark the birth anniversary of Swami Vivekanand ji.
 19. NSS Volunteers participated in the mega event of performing Surya Namaskaar on the eve of Makar Sankranti on January 15, 2022. This activity was performed regularly for a period of next 21 days under #75 crore Surya Namaskar Campaign.
 20. **Parakram Diwas:** On January 23, 2022, Parakram Diwas was celebrated by paying tribute to Netaji Subhash Chandra Bose. Around 76 volunteers attended the programme online. Dr. Basant Kumar, former Head, Department of Sanskrit of the college was the keynote speaker.
 21. **National Girl Child Day:** On January 24, 2022, a lecture on "Nutrition of Girl Child" was organized. Keynote speaker CA Manisha Saluja, renowned dietitian, gave various tips on the health of girls and women. On the same day a # "Selfie with Daughter" campaign was run in which a large number of NSS volunteers participated by sending their pictures. Around 106 volunteers attended the programme online.
 22. **National Voters Day:** An online lecture on the topic: 'Indian Electoral System: Issues and Challenges' was organized. Ms. Anu, Assistant Professor of Political Science delivered the talk. 127 volunteers actively participated and also took pledge on the day.

23. **Republic Day:** 73rd Republic Day was celebrated on January 26, 2022 in which 153 volunteers actively participated. Thereafter, they also distributed winter clothes in the slum areas of Karnal.
24. **Vaccination Drive:** A Vaccination Drive was organised for the students, their parents and the college staff on February 1, 2022.
25. Two-Day Camp was organized on February 14-15, 2022 during the Annual Athletic Meet of the College. Around 164 volunteers did all the cleaning and preparation of the sports ground a day before the Athletic Meet and also painted all the flag poles. During these two days, NSS volunteers arranged a Help-Desk for the First Aid of the players who got hurt while participating in the events.
26. Around 106 volunteers participated in AasPados Youth Parliament organised by Nehru Yuva Kendra on March 15, 2022 at Kalidas Rangshala on the topic "Beti Bachao Beti Padhao", "NEP" and "Atamnirbhar Bharat". They received medals and certificates there.
27. NSS units organized a mock drill on April 16, 2022 under Fire Service Safety Week. 132 volunteers participated in this programme which included information and demonstration of Fire Safety Precautions.
28. Seven-Day Special Camp at Village Dabri (From April 27 to May 3, 2022):
A Seven-Day Special Camp at Village Dabri was organised from April 27, 2022 with the theme "**Atamnirbhar Bharat**". The activities of the camp started with Havan by Shri Dev Raj Arya and Dr. Basant Kumar. Dr. Ashima Gakhar, the College Principal, made an offering in the havan and flagged off the Farmers Awareness Rally on stubble management and non-burning of crop residue. Former NSS volunteers Rahul Bansa, Pradeep Mehla, Pankaj Sharma, Akshay Kumar and Sahil Sharma shared their experiences. Dr. Anita Agarwal, former NSS Program Officer, delivered a lecture on Youth Environment. Former Program Officer Dr. Jai Kumar said that the Youth plays a huge role in nation building. Cultural presentations were made in the evening by the male volunteers. A social and economic survey of around 200 houses was conducted by volunteers in the village. Dr. Kapil Gulati delivered a lecture on Plastic Waste Management. College alumnus Wajid Sijohan (Karate Trainer Black Belt) explained various protective measures to the girl students in detail and made them practice the

tricks of safety. Dr. Bhan Singh, former Head of the Department of English from DAV College, Pundri, told the volunteers that for social harmony we have to understand the various institutions working in the society and the social relations existing among them. A free health checkup camp was organized by NSS units in association with Park Hospital, Karnal. A yoga session was conducted by Ms. Aakshi Arora Bhardwaj (Certified Yoga Trainer). Sub Inspector Shri Vikas Solanki and Pooja Rana from Haryana Police told the volunteers regarding road safety and traffic rules and then they flagged off a rally for road safety. Dr. Neena Arora gave an inspiring lecture to the volunteers and told that time and circumstances are helpful in manifesting our hidden talents. While administering the oath to all the volunteers on water conservation, Professor Sanjay Sharma said that we can start from our home to stop the wastage of water. Volunteers were given training of first aid and home nursing by Shri M C Dhiman. Mr. Arvind Khera (Toyota Zonal Head), Chirag and Sahil (Isha Volunteer) made their appearances at the 'Save Soil' rescue run by Isha Foundation. Mr. Vikas Garg told how we can give a new direction to our career by studying in the country and abroad. To mark the celebration of Labour Day, the volunteers cleaned the village with the help of villagers. A session on career counselling was conducted by the Founder President of Dyal Singh Alumni Association CA Pankaj Aneja. A lecture on Drug Awareness was delivered by NSS Program Officer Dr. Tejpal. He emphasized the role of youth in making drug free India. Dr. Tejpal also gave a demonstration on Fire Fighting. Dr. Kushal Pal conducted a group discussion on "Challenges to Indian Democracy". An Animated short movie on "Tech Aids" was shown to the volunteers. Bank Manager Ms. Stuti told the various steps to be taken by students to become financially literate and explained the role of banks in Atamnirbhar Bharat. A lecture on Entrepreneurship Development through Private Equity was given by NSS Program Officer Dr. Dimple Khosla. Dr. Rubi, NSS program officer told the various new points added in the New Education Policy and how this policy will create new avenues for skilled based occupations. The seven day camp was concluded on May 3, 2022. Dr. Dinesh Singh Rana, NSS Coordinator, KUK was the Chief Guest of the function. Principal Dr. Ashima Gakhar congratulated the whole NSS unit for successfully organising the seven day and night special camp at village Dabri and said that the enthusiasm of volunteers towards

social service is commendable. The volunteers presented a wonderful series of different cultural items, and they stunned the audience with their beautiful performances. Dr. Dinesh Singh Rana said that National Integration is a psychological process and a feeling which manifests brotherhood and the feeling of love and belongingness towards the nation. Program officer Dr. Tejpal presented the

seven-day camp report and showed the different activities taken up during the camp for the wellbeing of the village and the volunteers. The prize distribution ceremony was conducted to encourage the volunteers who actively participated in the camp. In the end, Program Officer Dr. Dimple Khosla proposed a formal vote of thanks.

29. Participation in State Level, University Level and National Integration Camps:

Camp	Duration	Venue	Volunteers Participated
State Level Seven Day Special Camp	16-11-2021 to 22-11-2021	Chaudhary Bansi Lal University, Bhiwani	1. Tejbir (B.A. 4th semester) 2. Parineeta Sharma (B.Com 4th Sem)
National Integration Camp	18-11-2021 to 24-11-2021	Kurukshetra University, Kurukshetra	1. Preeti Kumari (B.A. Hons. 4th Sem) 2. Tanu (B.Com 6th Sem)
National Integration Camp	19-11-2021 to 25-11-2021	Maharishi Dayananad University, Rohtak	1. Rohit (B.A 5th Semester) 2. Simran (B.A. 3rd Semester)
National Integration Camp	16-12-2021 to 22-12-2021	Ch. Charan Singh Agricultural University	1. Jatin (B.Com 3rd Sem) 2. Renu Rani (B.Com. 5th Sem) 3. Usha Singh (B.A. 3rd Sem)
National Integration Camp	22-03-2022 to 28-03-2022	Maharishi Markandeshwar University, Mullana	1. Usha Singh (B.A.4th Sem) 2. Ojasvi (B.Sc. 4th Sem) 3. Priyanshu (B.Sc. 4th Sem) 4. Mohit Kumar (B.Sc. 6th Sem)
University Level Seven Day Special Camp	23-03-2022 to 29-03-2022	S.D. (P.G.) College, Panipat	1. Preeti Kumari (B.A. Hons. 4th Sem) 2. Simran (B.A. 4th Sem) 3. Tanu (B.Com. 6th Sem) 4. Deepanshu (B.Com. Hons. 6th Sem) 5. Yogesh (B.A. 6th Sem) 6. Sourabh (B.Com 6th Sem)
University Level Seven Day Special Camp	24-03-2022 to 30-03-2022	S.A. Jain (P.G.) College, Ambala	1. Vineet Bhardwaj (B.Com 6th Sem) 2. Gagan Nain (B.Com 6th Sem) 3. Geetanjali Jain (B.Sc 4th Sem) 4. Aarzo (B.Sc 6th Sem)

Achievements of volunteers in the above-mentioned Camps

- Vineet got 1st position in Advertisement making competition and 3rd position in quiz.
 - Gagan Nain got 3rd position in Skit under the theme of "Ek Bharat Shreshth Bharat"
 - Geetanjali got 2nd position in Group Dance competition under the theme of "Ek Shaam Shaheedon Ke Naam" and got 3rd position in quiz competition.
 - Aarzo got 2nd position in Group Dance competition under the theme of "Culture of Haryana".
 - Preeti Kumari got 2nd position in Mehandi competition.
 - Tanu got selected as "Best Volunteer" for rendering best services in the camp.
 - Tejbir got 1st position in skit competition.
 - Patineeta got 2nd position in skit competition.
30. NSS Volunteers took pledge for "गोसास" on May 22, 2022.
31. On May 31, 2022, "World Anti-Tobacco Day" was celebrated. The Chief Guest, Dr. Aman Kamboj, Deputy Civil Surgeon, Nodal Officer, National Tobacco Control Program (Karnal) delivered an informative speech to the students. After this Dr. Abhay Aggarwal (Nodal Officer, Home Isolation for COVID cases and Urban Nodal Officer Child Health and Immunization) talked about various ill-effects of nicotine through

- a PowerPoint presentation. After this, around 154 students took an oath against Tobacco and an awareness rally was flagged off. On this occasion, Poster making and Slogan writing competitions were also organised and three winners were awarded by the district administration in both the categories.
32. 74 volunteers made various yoga postures on June 01, 2022 to mark the beginning of the month of International Yoga Day under #100Days Count down.
33. On June 02, 2022, around 54 volunteers took oath on "Beti-Bachao Beti-Padha" as a part of the "Beti-Bachao Beti-Padha Awareness Campaign" as per the instructions of Ministry of Youth Affairs and Sports, Government of India.
34. On June 03, 2022, as per the instructions received from Ministry of Youth Affairs and Sports, Government of India, NSS volunteers conducted a cycle awareness

campaign for the staff and students of the college on the occasion of International Cycle Day.

35. On the occasion of Environment Day on June 05, 2022, volunteers planted trees in the college premises under #Only One Earth to save Mother Earth.
36. An Aadhar Updation Camp was organized in the college campus for the Teaching Staff, Non-teaching staff, students and family members of students and staff.
37. International Yoga Day was celebrated on 21st June 2022 in the college Auditorium. Dr. Rajshree, Associate Professor and Head, Department of Sanskrit (retd.) from DAV (PG) College, Karnal demonstrated all sequences of Asanas as per the guidelines and protocols issued by the Ministry of Ayush.

Women Development Centre

Incharge: Dr. Rajni Seth

The Women Development Centre of the College organised various activities in order to spread awareness among the girl students about their general wellbeing.

1. National Level Essay Writing Competition

Convener: Dr. Rajni Seth
Coordinator: Dr. Anita Aggarwal
Organising Secretary: Ms. Aishwarya Puri

The Women Development Centre organized a National-level Essay Writing Competition on the topic "Social Media and Women: Opportunities and Challenges" in November, 2021. The contest registered a total of 62 entries from across the country. The judges were Dr. Ritu Sharma (Asst. Professor, Dept. of Economics) and Mrs. Aastha Bhatia (Asst. Professor, Dept. of English). The list of the winners is given below-

Position	Name	College
First	Anshu Dahiya	Kanya Mahavidyalaya, Kharkhoda, Sonipat
Second	Pavalpreet Kaur	Government P.G College for Women, Karnal
Third	Vanshika Batra	D.A.V. College, Ambala City
Consolation 1	Geetanjali Jain	Dyal Singh College, Karnal
Consolation 2	Drishti Yadav	J. C. Bose University of Science and Technology, YMCA, Faridabad

2. Online Poster Making & Slogan Writing Competition (Intra-College)

Convener Dr. Rajni Seth
Coordinator Dr. Yashwanti Devi

Organising Secretaries
 Dr. Aditi Shreeya Bali and Mr. Kiran Kumar

Women Development Centre organized an online poster making and slogan writing competition. The last date for submitting the entries for both the competitions was Jan 07, 2022. A total of 17 entries were submitted by the students for the competition. The topics of slogan writing were 'Dowry System' and 'Digital Gender Divide'. The judges for both the competitions were Mrs. Poonam Singla (Asso. Professor, Dept. of English) and Ms. Arpita Sawhney (Asst. Professor, Dept. of English). The winners of both the competitions were awarded cash prizes and certificates.

The winners of Slogan Writing Competition were:

Position	Name	Class
First	Simran	B.Com. (Hons.) 5th Sem.
Second	Sarita Rani	B.Sc. (CS) 3rd Sem.
Third	Mansi	B.Sc. (Med) 3rd Sem.

The topics of poster making competition were 'Mission Shakti' and 'Women of the Next Decade'.

The winners of Poster Making Competition were:

Prize	Name	Class
First	Anmol Sharma	B.Sc. (Med) 5th Sem
Second	Tarishi	B. Com (Hons.) 5th Sem
Third	Priyanshu Chopra	B.Com 5th Sem

3. Online Poetic Recitation Competition (Intra-College)

Convener

Dr. Rajni Seth

Coordinator

Dr. Ambika Rani

Organising Secretary

Dr. Rubi

Women Development Centre of the college organized an online Poetic Recitation Intra College Competition on the topic "Role of Women towards Upliftment of Society" in Hindi/English/Punjabi medium in January 2022. In this competition, 13 students participated. The judges for this competition were Prof. Rajesh Arora and Ms. Nidhi Jast. The winners were honoured with cash prizes.

The winners of Poetic Recitation were as follows:

Prize	Name	Class
First	Mahak	B.Sc. (NM) 3rd Sem
Second	Anubhuti Rana	B.Sc. (NM) 1st Sem
Third	Geetanjali Jain	B.Sc. (Med) 3rd Sem
Consolation	Nitika Devi	B.A. (Pol.Sci.)Hons.1st Sem

4. Dr. Ambika and Dr. Rubi along with around 30 volunteers attended a program on Women's Day organised by Haryana State Women Commission in Mangal Sen Auditorium, Karnal on March 4, 2022. The program was focused on Women Empowerment and about their various rights and laws.

5. National Webinar on "Empowering Women through Financial Independence"

Convener

Dr. Rajni Seth

Coordinator

Dr. Ambika Rani

Co-ordinator

Dr. Vandana Sabharwal

Organising Secretaries

*Dr. Rubi and
Dr. Yashwanti Devi*

To commemorate International Women's Day, Women Development Centre (WDC) in association with Board of Industry-Academia Partnerships (BIAP) organized a one-day National Webinar by Dr. Atul Sathe, H.R. College of Commerce and Economics, Mumbai on "Empowering Women through Financial Independence". Principal Dr. Ashima Gakhar welcomed the resource person and delegates. She emphasized the need of financial

independence for women so as to take important decisions in life. Around 152 delegates participated in the webinar. Dr. Sathe talked about providing equal opportunities to women in every field for their better future. He discussed various investment plans and their implementation that play a major role in women empowerment. The event was hosted by Dr. Ambika Rani. Dr. Rajni Seth, Incharge, WDC proposed a formal vote of thanks.

6. Intra-College Slogan Writing and Poster Making Competition

Coordinator

Dr. Pooja Malhotra

Co-Coordinator

Ms. Nikita Arya

The Women Development Centre in collaboration with Bharat Vikas Parishad, Suraj Shakha, Karnal organized an Intra-college Slogan Writing and Poster Making Competition in the college campus on May 18, 2022.

Topics for Slogan Writing:

1. Gender Equality: Responsibility of Men
2. If there were no War

Topics for Poster Making:

1. Role of Women in Environmental Conservation
2. Ensuring no Wastage of Food

More than 70 participants registered for the two competitions. The programme witnessed the gracious presence of many renowned personalities associated with Suraj Shakha of Bharat Vikas Parishad along with Dr. Neena Arora, Associate Prof.(Retd.), Department of English, Dyal Singh College, Karnal. Mrs. Anju Sharma and Architect Supriya Kukreja performed the difficult task of judgement for Poster Making Competition and Shri Chander Mehta and Dr. Swaran Kathpal performed the judgement for Slogan Writing Competition. The winners were awarded with cash prizes.

The winners of Slogan Writing were as follows:

Position	Name	Class
First	Anubhuti Rana	B.Sc.(NM) 2nd Sem
Second	Yukta	B.Sc. (Med.) 4th Sem
Third	Tamanna	B.Sc. (NM) 4th Sem

The winners of Poster Making were as follows:

Position	Name	Class
First	Tushita	B.Com.2nd Sem
Second	Riya	B.Sc. (NM)2nd Sem
Third	Khushi Narang Diksha	B.Com(Hons.) 4th Sem B.Com.4th Sem

Sports Activities

Sports Incharge: Dr. S. P. Bhatti

The sports personnel of the college participated and got positions in various games and sports tournaments of Kurukshetra University, Kurukshetra during the session 2021-22. A brief detail is as follows:

1. **Boxing (M/W):** The college Boxing (M/W) team participated in Intercollege Championship at KUK and Ms. Karuna of B.Com. 5th Sem won the **Gold** medal.
2. **Fencing (M):** The Fencing (M) team of the college participated in Intercollege Championship at KUK and won **Bronze** medal in Sabre Fencing team event and **Bronze** medal in Epee Fencing team event.
3. **Weight-Lifting(W):** The college Weight-Lifting(W) team participated in Intercollege Championship of KUK at MDSD College Ambala city and Ms. Vaishali of B.A. 3rd Sem won the **Bronze** medal.
4. **Football (M):** The college Football (M) team participated in Intercollege Zonal Level Tournament

Dr. Amit, Assistant Professor, Physical Education

of KUK at R.K.S.D college, Kaithal and secured **First** position.

5. **Athletic (M/W):** The college Athletic (M/W) team participated in Intercollege Championship at KUK.
6. **Basketball (W):** The college Basketball (W) team participated in Intercollege championship at KUK.
7. **Annual Athletic Meet:** 71st Annual Athletic Meet of the college was organized on February 14-15, 2022. More than hundred athletes participated in various sports events. Ms. Vijeta of B.Com.5th Semester and Mr. Robin of B.Sc.5th Semester were adjudged best female and male athletes respectively. The meet was inaugurated on Feb.14, 2022 by Sh. Jatinder Kumar Mehta, Income Tax Officer, Karnal and an old student of the college. Sh. Ranbir Arora, Managing Director, Indian Disc Corporation, Karnal, an industrialist and an old student of the college was the Chief Guest on Feb.15, 2022 during the closing ceremony and prize distribution function of the athletic meet.

Career Guidance and Placement Cell

Incharge: Dr. Randhir Singh

1. A Placement drive by Bajaj Capital Insurance Broking Limited was organised on November 03, 2021 in collaboration with Career Guidance and Placement Cell of the College. Prof. Sanjay Sharma, Principal of the college welcomed all the guests. He emphasized on the overall development of the students in order to have a successful career. Further, Dr. Randhir Singh, Incharge, Placement Cell told that around 55 students successfully cleared the written exam conducted by the company. He said that honesty, hardwork, discipline and determination helps an individual to achieve success in life. Dr. Renu Tanwar, member, Placement Cell motivated the students and registered them for the drive. After the interview round, Mr. Sachin Sinha and Varun Mehra, Zonal Manager, Bajaj Capital Insurance and Broking Limited announced the selection of 20 students during the placement drive. Dr. S.P. Bhatti proposed a formal vote of thanks.
2. Career Guidance and Placement Cell organised a Motivational talk on November 09, 2021.

Commander Shiv Singh and Dr. Dinesh Sharma were the resource persons for the event. Prof. Sanjay Sharma, Principal of the college welcomed all the guests. Cdr. Shiv Singh motivated the students to be disciplined in life in order to reach great heights in their career. Further, Dr. Dinesh Sharma, motivational speaker, told students to work hard and learn soft skills besides the academic skills. The programme was attended by approximately 65 students. Dr. Randhir Singh, Incharge, Placement Cell thanked all the participants and guests.

3. A one day Counseling cum Interaction programme was organised on May 07, 2022. Dr. Randhir Singh, convener of the event welcomed Dr. Ashima Gakhar, Principal of the college and Mr. Dipankar Dutt, Co-ordinator, Code Quotient. The resource person for the day, Mr. Dipankar Dutt interacted with students of the college. He equipped the students with soft skills and resources required to enhance their employability. The event was attended by 99 students of both graduate and post-graduate

classes. Dr. S.P. Bhatti, Coordinator of the event proposed a formal vote of thanks. The company offered the students free offline software training classes so that students can acquire new soft skills that will help them in achieving their goals. The offline coding classes were conducted during the period May17-31,2022. A test was conducted on 1.6.2022 to check the knowledge of the students. 33 students of our college successfully completed the training programme.

4. The Career Guidance and Placement Cell in collaboration with Libcoach Shiksha Foundation, Kurukshetra organised a Placement drive by Bharti AXA Life Insurance and Country Delight. Principal Dr. Ashima Gakhar emphasized on the role of overall development in students in order to achieve success in life. Dr. Randhir Singh, Incharge, Placement Cell informed the participants about the Libcoach Shiksha Foundation, Kurukshetra and its role in providing placement opportunities to the students. The main speaker for the event, Mr. Kapil Madan, President, Libcoach Shiksha Foundation motivated the students to work hard and be determined in life. The stage was conducted by Dr. Pooja Malhotra, Organising Secretary of the event. Shri Sunil Kumar, HR Manager, Country Delight gave a brief introduction of their company's work culture and environment. He stressed on the need of good communication skills along with academic excellence to progress in life. Later, Mr. Rampal Sharma, Branch Manager, Bharti AXA Life Insurance told the students about the importance of soft skills in career advancement. The delegates from both the companies counselled 126 students and opined them to work with complete dedication for good career growth. There were two rounds of interview for both the companies. Students were very enthusiastic and learned a lot during the interview process. 30 students got shortlisted in the first round and 9 students got selected in the final round of interview. The selected candidates were offered a salary package of Rs. 1,80,000 p.a. by Country Delight. Dr. S.P. Bhatti, Co-Coordinator of this event thanked the guests and participants in making the placement drive a great success. The event was attended by Prof. Sushil Kumar, Dr. Renu Tanwar, Dr. Ambika Rani, Dr. Aditi Shreeya Bali, Dr. Kapil Gulati and Dr. Subhash.

List of selected students:

Name	Class
Garima	B. Com 6th Sem
Shruti Chopra	B. Com 6th Sem
Ashu Kalsi	M. Com 4th Sem
Khushi Gupta	M. Com 4th Sem
Anjali Verma	B. Com 6th Sem
Prince	B. Com 6th Sem
Payal Bansal	B. Com 6th Sem
Ishita Thakral	B. Com 6th Sem
Priyanka Gupta	M. Com 4th Sem

5. The Career Guidance and Placement Cell organised a Placement drive by Kotak Life Insurance Company on May 13,2022. Principal Dr. Ashima Gakhar welcomed the speakers and gave a brief introduction of the college to the guests and emphasized on the role of career guidance in shaping the future of the students. Dr. Randhir Singh, Incharge, Placement cell thanked the distinguished speakers for conducting the placement drive in the college for graduation students during COVID times, when there were very few opportunities for students in every sector. The stage was conducted by Dr. Aditi Shreeya Bali, Organizing Secretary of the event. Mrs. Trishla, Regional Manager, Kotak Life Insurance Company focussed on the importance of good communication skills and confidence in cracking any interview. Mr. Sunil Kumar, Branch Manager, Kotak Life Insurance told the students to move towards their goal step by step and achieve success in life. 188 students participated in the placement drive. There were two rounds of interview. After the final round of interview, 8 students were offered appointment letters. They got selected as Graduate Trainees for internship with the company and will get Rs. 14,000 p.m. as stipend for 3 months during internship period.

List of selected students:

Name	Class
Krishan Bajaj	B. Com 6th Sem
Deepanshu	B. Com 6th Sem
Gaurav Babbar	B. Com 6th Sem
Jyoti Sachdeva	B. Com 6th Sem
Kashish Kakkar	B. Com 6th Sem
Navika Goyal	B. Com 6th Sem
Shukar	B. Com 6th Sem
Vaishali Chuttani	B. Com 6th Sem

Internal Quality Assurance Cell (IQAC)

Incharge: Sh. Sushil Kumar

1. IQAC organised one day workshop on Intellectual Property Rights on 01-12-21. The Resource Person on this occasion was Dr. Rahul Taneja, Scientist, Patent Information Centre, Department of Science & Technology, Panchkula (Haryana). Sh. Sushil Kumar, Convener of the workshop, extended a warm welcome to the Chief guest, colleagues and students. Principal, Dr. Ashima Gakhar introduced the theme of the workshop. Dr. Rahul Taneja, enlightened the students about Intellectual Property Rights. Dr. Kushal pal, Coordinator of the workshop proposed a formal vote of thanks. More than 300 students attended the workshop.
2. IQAC and Institution's Innovation Council of the college organized one day Entrepreneurship Awareness Program on 17-02-2022. Principal, Dr. Ashima Gakhar, extended a warm welcome to the Chief guest and students. Sh. Mukesh Verma, Assistant Director, Ministry of MSME, Karnal enlightened the students about self employment opportunities in Haryana and the role of MSME. Smt. Meenu Dhiman, Assistant Director, MSME-DI, Karnal explained the various schemes of MSME. Sh. Mohan Kumar, Industrial Extension officer, MSME, Karnal delivered a talk on PMEG Scheme. Sh. Kapil Madan, an entrepreneur, motivated the students to setup their own organization. Sh. N.K. Sikka, FLCC, PNB, Karnal, explained various loan schemes. Finally, Sushil Kumar, Convener IQAC, proposed a formal vote of thanks. More than 300 students were present on this occasion.
3. The Computer Science department of the college organised a five-day faculty development program for non-teaching staff from June 20-25, 2022. The program was scheduled in two shifts: morning from 10 am to 11 am and evening from 2 pm to 3 pm. The programme was started by Sh. Sushil Kumar, HOD Computer Science Dept. on June 20, 2022. The main objective of program was to provide training of basics of MS-Word, MS-Excel, and Internet to the non-teaching staff. Principal Dr. Ashima Gakhar visited Computer Science Department on June 23, 2022 and motivated the non-teaching staff members. Dr. Kiran Pal, Assist. Prof., Khalsa College, Yamuna Nagar, delivered a guest lecture on MS-Excel on June 24, 2022. All the lecturers of the Computer Science department actively participated in training the non-teaching staff. Ms. Gurmeet Kaur, Mr. Jitender Kaushik, Mr. Sandeep, Ms. Mandeep, Ms. Priyanka were appointed for the morning shift and Ms. Renu, Ms. Monika, Ms. Shilpa, Ms. Pinki, and Ms. Richa were appointed for the evening shift. All the non-teaching staff members attended program actively.

युवा एवं सांस्कृतिक कार्यक्रम

संयोजक: डॉ. बलबीर सिंह

शैक्षणिक सत्र 2021-22 में दयाल सिंह कॉलेज में विद्यार्थियों ने सांस्कृतिक गतिविधियों में बहुत ही उत्साह और सक्रियता के साथ भाग लिया। सत्र के प्रारम्भ में कुरुक्षेत्र विश्वविद्यालय के सौजन्य से 03-04 दिसम्बर, 2021 को दो दिवसीय 'प्रतिभा प्रदर्शन प्रतियोगिता' (Talent Show competition) आयोजित करवाया गया, जिसमें नौ अलग-अलग विधाओं (गायन, भाषण, एकल अभिनय, नृत्य, चित्रकारी, प्रश्नोत्तरी, काव्य-पाठ, वाद्य यंत्र बजाना और नकल कौशल (मिमिक्री) आदि में लगभग 350

विद्यार्थियों ने भाग लिया। इस प्रतियोगिता को सफल बनाने में कॉलेज के लगभग 40 प्रोफेसरस ने अलग-अलग भूमिका में सहयोग किया। इस प्रतियोगिता के परिणाम इस प्रकार रहे।

Event	Position	Name of the student	Class
Singing	First	Lavanya	B.A Eng. Hons 3rd Sem
	Second	Aman Kumar	BA 5th Sem
	Third	Niharika	BCA 5th Sem

Event	Position	Name of the student	Class
Speech	First	Jyoti Rana	M.Sc Forensic Sc. 5th Sem
	Second	Deevanshi	B.A Eco Hons 3rd Sem
	Third	Saksham Dhaiya	M.A English 3rd Sem
Mono Acting	First	Rishab	B.A 1st Sem
	Second	Abhishek	B.Com 3rd Sem
	Third	Vishal	B.Com 1st Sem
Dance	First	Vinayak Kaushik	B.Com 1st Sem
	Second	Niharika	BCA 5th Sem
	Third	Muskan	B.Sc Medical 3rd sem
Painting	First	Diksha	B.Com 3rd Sem
	Second	Parul	B.Sc 1st Sem
	Third	Bodhita	B.Com 1st Sem
Quiz	First	Vishal Kumar	B.A 5th Sem
	Second	Harshwardhan	B.A 5th Sem
	Third	Anubhuti	B.A Eng. Hons 1st Sem
Poetical Symposium	First	Ram	B.Com 1st Sem
	Second	Smriti	B.Com 5th Sem
	Third	Himanshu	B.A 3rd Sem
Playing Instruments	First	Piyush	B.Com Tax 1st Sem
	Second	Harjoot	B.Com Hons 3rd Sem
	Third	Aastha	B.Com Hons 5th Sem
Mimicry	First	Shagun	B.Sc 3rd Sem
	Second	Ayush Sharma	B.Sc Non. Medical 1st Sem
	Third	Himansh	B.Sc Medical 3rd Sem

दिनांक 2, 3, 4 जनवरी को कुरुक्षेत्र विश्वविद्यालय कुरुक्षेत्र के तत्वावधान में राजकीय कॉलेज, इसराना (पानीपत) में करनाल जोन का 44वां क्षेत्रीय युवा महोत्सव (Zonal Youth Festival) आयोजित करवाया गया। इस क्षेत्रीय युवा महोत्सव में कॉलेज के

लगभग 90 विद्यार्थियों ने 23 विधाओं में उत्साहपूर्वक भाग लिया। इस प्रतियोगिता के परिणाम निम्नलिखित हैं:

Event	Position	Name of the student	Class
संस्कृत ड्रामा	प्रथम पुरस्कार	गौरव कुमार	बी.ए. तृतीय वर्ष
		प्रियांशु शुक्ला	बी.एससी. (कंप्यूटर साईंस) द्वितीय वर्ष
		ओजस्वी	बी.एससी. (मेडिकल) द्वितीय वर्ष
		आरजू पुंडीर	एम.एससी. (फॉरेंसिक साईंस) द्वितीय वर्ष
		प्रीति कुमारी	बी.ए. (इकोनॉमिक्स ऑनर्स) द्वितीय वर्ष
		ऋषभ	बी.ए. प्रथम वर्ष
		विशाल कुमार	बी.ए. प्रथम वर्ष
		अजय कुमार	बी.ए. प्रथम वर्ष
		ईशिका	बी.एससी. (बायोटेक) द्वितीय वर्ष

इस प्रतियोगिता में 'प्रियांशु शुक्ला' ने सर्वश्रेष्ठ अभिनेता का पुरस्कार भी जीता।

Event	Position	Name of the student	Class
मिमिक्री	तृतीय पुरस्कार	केशव गर्ग	बी.कॉम. द्वितीय वर्ष
संस्कृत सम्भाषण	तृतीय पुरस्कार	ज्योती राणा	एम. एससी. (फॉरेंसिक साईंस) तृतीय वर्ष
वैस्टर्न इंस्ट्रुमेंटल	तृतीय पुरस्कार	हरजोत	बी. कॉम, द्वितीय वर्ष

दिनांक 8 दिसम्बर 2021 को राजकीय महिला महाविद्यालय, बसताड़ा (करनाल) द्वारा आयोजित सांस्कृतिक कार्यक्रम 'चिड़ियाँ दा चंबा' में भी कॉलेज की 14 विद्यार्थियों ने अलग-अलग विधाओं में भाग लिया।

जिला प्रशासन, पंचकूला द्वारा आयोजित 'गीता जयंती महोत्सव-2021' (12 दिसम्बर - 14 दिसम्बर) में कॉलेज की छात्रा 'पूजा' ने 'श्लोक उच्चारण' प्रतियोगिता में 'द्वितीय स्थान' प्राप्त किया।

27 मई, 2022 को PIET, पानीपत द्वारा आयोजित युवा महोत्सव में कॉलेज के 6 विद्यार्थियों ने अलग-अलग विधाओं में उत्साहपूर्वक भाग लिया।

Institution's Innovation Council (IIC)

President: Sh. Sushil Kumar

Convener: Dr. Rajni Seth

1. The Institution's Innovation Council of the college organized a motivational lecture for the students and faculty members on "My Story – Motivational Session by Successful Innovators" on February 04, 2022. The event was presided over by the Principal

Dr. Ashima Gakhar. She emphasized on the role of innovative thinking in solving the problem of unemployment. She encouraged the audience by quoting real life examples and congratulated the IIC team for taking the first step towards realising

this vision by providing a platform for much needed help and guidance in this direction. The President of the IIC team, Sh. Sushil Kumar, enlightened the students on the purpose and vision of this council and how it will help them in turning their ideas into reality. After this, the MHRD video on "Top Student Innovators and Entrepreneurs from NIC 2021" was played for the students. The lecture was highly informative and engaging. More than 150 students, IIC team and a number of faculty members attended the lecture.

- IIC organized a Power-point Presentation Competition on Innovative Start-Up Ideas in order to find entrepreneurial minds inside the campus, on February 12, 2022. Miss Vanshika, Student Coordinator, Start-Up Activity and Miss Devanshi, Student Coordinator, Innovation Activity welcomed the guests. Principal Dr. Ashima Gakhar motivated the IIC team and students for organizing more such events. The participants put up their innovative ideas before the members of jury, Sh. Sushil Kumar, Sh. S.L. Arora and Dr. Renu Tanwar. There were a total 14 start-up ideas by 22 students as per the following list.

Name	Class	Topic
Prayag	B. Com (Hons.) 4th Sem.	Innovation in tyres
Arpit	BCA 6th Sem.	The one application
Dhananjay		
Himanshu	B.A. 3rd Sem.	Let them achieve (related to rural education)
Bodhita	B.com (Gen) 2nd Sem.	Maid for housekeeping
Rupal		
Shourya		
Ajay Kumar	B.A.(Gen) 2nd Sem.	Shortage of cold storage
Vanshika	BCA 6th Sem.	RFID DOOR LOCK system
Yudhvir Singh	B.Sc. (NM) 6th Sem.	
Priyanshu Shukla	B.Sc. (CS) 6th Sem.	Education
Pratima Yadav	B.com (Hons) 6th Sem.	
Devashish Binjola	B.Sc (NM) 6th Sem.	Safe and Self
Shikha		
Himanshu	B.Sc.(Biotech) 2nd Sem.	Vigyan Grah
Ketan	B.Sc.(Biotech) 2nd Sem.	Kitabe teri meri
Siddharth Chatley	B.Sc.(Biotech) 2nd Sem.	Apna Dibba

Name	Class	Topic
Bhavya	BCA 2nd Sem.	DSC Directory
Nandini		
Netra	B.Sc.(Biotech) 2nd Sem.	Smart kisan
Geetanjali	B.Sc. (Med) 4th Sem.	Online rickshaw booking
Mandeep		

Sh. Sushil Kumar, President, IIC congratulated the students for coming up with new and unique business ideas which reflect the creative spark among the students. More than 70 students attended the event. Members of the Organizing Committee and all the faculty members of the college were also present during the event. The event ended with the National Anthem.

- IIC and Internal Quality Assurance Cell (IQAC) organized One Day Entrepreneurship Awareness Program on February 17, 2022. The detailed report of this activity is included in the report of activities of IQAC.
- Dr. Mukta Jain and Dr. Anita Aggarwal attended a two-day Mega International Summit sponsored by Ministry of Micro, Small & Medium Enterprises on "MSMEs' Competitiveness & Growth" on March 29-30, 2022 organised by Entrepreneurship Development Institute of India, Ahmedabad in Delhi.
- IIC, Commerce Association and Economics Association organised a workshop on Share and Stock Exchange for students on April 20, 2022 in collaboration with Start Up Incubator COE Karnal. The Resource person for the day was Mr. Deepak Kumar, an NSE Certified trainer. Principal Dr. Ashima Gakhar introduced the resource person and threw light on the relevance of the workshop for the students. Mr. Deepak Kumar explained about the type of securities and how to trade in shares effectively. He explained in detail various tips and tricks that are beneficial in selecting the stock. Dr. Dimple Khosla, President, Commerce Association proposed a formal vote of thanks. Dr. Vandana Sabharwal conducted the stage.
- IIC in collaboration with Geography Association celebrated Earth Day on April 22, 2022 by organising the State Level Poster Making Competition, State Level Quiz Competition and an Extension Lecture on "Climate Change- A Challenge to Environment

Sustainability". The detailed report of these activities is included in the report of activities of Geogrophy Association.

7. On the occasion of National Technology Day, Institution's Innovation Council of the College organized a Written Quiz on May 11, 2022 in order to commemorate the scientific and technological achievements of Indian scientists and engineers. Dr. Vishakha Gupta, Innovation Activity Coordinator, shared with students the significance of this day. In all, fifty three students took part in the quiz.

The Prize Winners were:

Prize	Name	Class
First	Kajal	M.Sc. (Chemistry) 4th Sem.
Second	Shivaji Turke	B.Sc. (NM) 2nd Sem
Third	Anubhuti Rana	B.Sc.(NM) 2nd Sem

8. The Institution's Innovation Council organised a Workshop on the topic "Invention to Innovation" on May 13, 2022. The keynote speakers of the event were Dr. Anurekha Sharma, Co-ordinator, KUTIC and Professor, Dept. of Electronic Science; and Mr. Manoj Sharma, Incubation Consultant, KUTIC. Principal Dr. Ashima Gakhar welcomed and introduced Dr. Anurekha Sharma as a multitalented personality. Dr. Anurekha Sharma familiarised the students with the basics of invention and innovation. The focus of her lecture was to teach the students to successfully float a start up. She also iterated the prerequisites of innovation and how innovation incubation centres provide for necessary resources to researchers and innovators. The workshop was attended by over 70 students. This was followed by a session by Mr. Manoj Kumar who laid down the framework of incubation center and how they operate. Dr. Rajni Seth, convener IIC thanked to Dr. Anurekha Sharma for her informative and motivating lecture and Mr. Manoj Kumar for throwing light on the procedure and prerequisite information for setting up of incubation centre in the college. Dr. Anita Aggarwal hosted the event.
9. The following students of our college participated in Tech-Biz-Wiz, Innovative Business Plan Competition held on May 13, 2022 organized by Faculty of Management, Galaxy Global Group of Institutions, Dinarpur, Ambala. Ms. Bodhita won the consolation Prize. Ms. Gurmeet Kaur, Assistant Professor, Department of Computer Science accompanied the students.

Name	Class	Roll No.	Topic
Vanshika	B.C.A. 6th Sem.	3150320009	RFID Door Lock System Using Arduino UNO
Bodhita	B.Com. 2nd Sem.	1212042003020	Maid for House Keeping
Prayag Chopra	B.Com Hons. 4th Sem.	120204076050	An Organic Fermentation of Vegetable peels
Khushi Narang	B.Com. Hons. 4th Sem.	120204076045	An Organic Fermentation of Vegetable peels

10. It is indeed a matter of pride for the college that Ministry of Education's Innovation cell has assigned it the responsibility to conduct the Impact lecture series.

- (I) The IPR Activity cell under Institution's Innovation Council of the college organized Impact Lectures-Session-1 under Ministry of Education's Innovation Cell on "Intellectual Property Rights" through online mode on June 8, 2022. Dr. Ashima Gakhar, Principal welcomed the resource persons, delegates and students. Dr. Sarika Choudhary, IPR Activity Coordinator introduced the resource persons for the occasion - Ms. Harinder Narvan (Registered Patent Agent) and Dr. Aparna Jain (Advocate), founder members of Knowledgetia Consultants. She also introduced the topics of the impact lectures. Dr. Harinder delivered an insightful lecture on the topic 'Management of Copyrights and Patent Rights'. She enlightened the participants on the rights, laws, benefits and the complex process of filing a patent. Dr. Aparna delivered her lecture on the topic 'Protection of Trade Marks and Trade Secrets'. She familiarized the participants with the major features and the process of filing a copyright. The focus of her lecture was the function and process of registering for a trademark. A total of 101 students and teacher delegates participated in the event. The event was hosted by Ms. Aastha Bhatia. Sh. Sushil Kumar, President IIC and Dr. Rajni Seth, Convener IIC, proposed a formal vote of thanks.
- (II) The Innovation Activity Cell under the Institution's Innovation Council of the College organised the second session of Impact Lecture Series on "Design Thinking and Critical Thinking" through online mode on June 28, 2022. These lectures were sponsored by Ministry of Education's Innovation Council (MIC). Dr. Ashima Gakhar, Principal, extended a warm welcome to the resource persons and the

participants. Dr. Vishakha Gupta, Innovation Activity Coordinator, introduced the esteemed resource persons for the event: Dr. Bala Ramadurai, Professor, Consultant and Author; and Dr. Amarjeet Prajapati, Assistant Professor, Jaypee Institute of Information Technology, Noida. Dr. Ramadurai delivered an informative lecture on the topic 'Karmic Design Thinking: A Buddhist-Inspired Method to Help Create Human Centered Products and Services'. He elaborated the idea and stages of design thinking

with the help of certain tenets of Buddhism and shared a number of practical inputs to apply it in professional life. Dr. Amarjeet gave a highly insightful lecture on Innovation Management wherein he explained in detail the meaning, need and varied application and types of innovation. The event was hosted by Dr. Rubi. Sh. Sushil kumar, President, IIC and Dr. Rajni Seth, Convener, IIC, proposed a formal vote of thanks. The program was attended by more than hundred participants from across the country.

यूथ रेड क्रॉस

इंचार्ज: डॉ. सुभाष सैनी

1. रक्तदान शिविर का आयोजन

दिनांक 29 दिसम्बर 2021 को कॉलेज की यूथ रेड क्रॉस यूनिट ने कॉलेज ऑडिटोरियम में रक्तदान शिविर और कोविड वेक्सिनेशन कैंप का सफलतापूर्वक आयोजन किया। इस अवसर पर मुख्य चिकित्सा अधिकारी (करनाल) डॉक्टर योगेश शर्मा मुख्य अतिथि रहे। उन्होंने रक्तदान शिविर का उद्घाटन रिबन काटकर और रक्तदाताओं को बैज लगाकर किया। कॉलेज प्राचार्या डॉ. आशिमा गक्खड़ ने बताया कि रक्तदान करना बहुत महत्वपूर्ण है क्योंकि इसका कोई विकल्प नहीं है। स्वस्थ इंसान को रक्तदान के लिए आगे आना चाहिए। रक्तदान करने से शरीर में आयरन की मात्रा भी सही बनी रहती है। कार्यक्रम में मुख्य अतिथि रहे डॉ. योगेश शर्मा ने बताया कि 45 किलो या इससे अधिक वजन वाला कोई भी स्वस्थ इच्छुक रक्तदाता 3 महीने बाद रक्त प्रदान कर सकता है। पुरुष 1 वर्ष में अधिकतम 4 बार रक्तदान कर सकते हैं जबकि महिलाओं के लिए यह सीमा वर्ष में तीन बार है। रक्तदान करने के लिए न्यूनतम आवश्यकता एचबी 12 है। कल्पना चावला मेडिकल कॉलेज के ब्लड बैंक प्रभारी डॉ. सचिन गर्ग ने अपनी टीम का नेतृत्व किया। कार्यक्रम में 77 रक्तदाताओं ने रक्तदान किया। यूथ रेड क्रॉस प्रभारी डॉक्टर सुभाष सैनी ने मंच संचालन करते हुए कहा कि रक्तदान जरूरतमंद लोगों को स्वास्थ्य प्रदान करने का और जीवन बचाने का कार्य है। रक्तदान एकता का प्रतीक है जो विभिन्न धर्म, जाति और पद के लोगों को एकजुट करने में मदद करता है। रक्तदान करने से हमारे शरीर में नई जान आती है क्योंकि रक्तदान करने के बाद ताजा रक्त बनता है, जो हमारे शरीर के सिस्टम को तरोताजा कर देता है। जिला वैक्सीनेशन नोडल ऑफिसर डॉ. अभय ने कार्यक्रम में पहुंचकर

सभी को वैक्सीनेशन के लिए प्रोत्साहित किया। 271 विद्यार्थियों ने इस कैंप के दौरान कोविड वैक्सीन लगवाई। डॉ. जयकुमार ने सभी का धन्यवाद करते हुए कहा कि रेड क्रॉस संस्था रक्तदान शिविर लगाने में हमेशा सक्रिय रही है। डॉक्टर और नर्सों के सहयोग से रक्त एकत्र किया जाता है। सर्वेक्षण में यह भी पाया गया है कि युवा रक्तदान करने में विशेष रुचि रखते हैं। इस अवसर पर NSS कार्यक्रम अधिकारी डॉ. तेजपाल, डॉ. रूबी, एनसीसी सी.टी.ओ. श्री किरण कुमार, डॉ. सारिका चौधरी, डॉ. रणधीर सिंह, डॉ. देवेन्द्र, श्री सुभाष लारा, श्री भूपेंद्र, डॉ. अदिति, सुश्री अर्पिता साहनी, सुश्री स्वाति, श्रीमती पूनम, श्रीमती सरिता, डॉ. अक्षय, डॉ. बलजिंदर, डॉ. सुभाष आर्य व अन्य कॉलेज स्टाफ उपस्थित रहा। रक्तदाताओं को जलपान वितरण के साथ कार्यक्रम का समापन हुआ।

2. विस्तार संभाषण का आयोजन

दिनांक 23 दिसंबर 2021 को कॉलेज प्रांगण में प्राथमिक चिकित्सा कैसे करें तथा रक्तदान महादान विषय पर व्याख्यान का आयोजन किया गया। श्री एम सी धीमान ने प्राथमिक चिकित्सा की जानकारी देते हुए बताया कि हम सभी को प्राथमिक चिकित्सा की जानकारी अति आवश्यक है। विद्यार्थियों को व्यवहारिक रूप से समझाते हुए श्री धीमान ने बताया कि अचानक दिल का दौरा पड़ने पर हम स्वयं की या किसी और की सहायता कैसे कर सकते हैं। रक्तदान महादान विषय पर बोलते हुए उन्होंने बताया कि 45 किलो से अधिक कोई भी स्वस्थ व्यक्ति 3 महीने में पुनः रक्तदान कर सकता है। रक्त घायल पड़े किसी व्यक्ति को जीवन दान देने में सहायक साबित होता है। उन्होंने आग्रह किया कि समाज के अधिकतर लोगों को रक्तदान करना चाहिए।

स्लोगन प्रतियोगिता	प्रथम	सोनिया गुप्ता
	द्वितीय	प्रियंका
	तृतीय	भावना
पोस्टर प्रतियोगिता	प्रथम	दीक्षा
	द्वितीय	प्रीति कुमारी
	तृतीय	सोनिया
निबंध लेखन	प्रथम	मनीष कुमार
	द्वितीय	मोनू कुमार
	तृतीय	तुषार

कॉलेज की प्राचार्या डॉ. आशिमा गक्खड़ ने विजयी सभी प्रतिभागियों को पुरस्कार दिए तथा एक सफल आयोजन के लिए यूथ रेड क्रॉस को बधाई दी। यूथ रेड क्रॉस के इंचार्ज डॉ. सुभाष सैनी ने मंच संचालन किया एवं सभी का आभार व्यक्त किया। इस अवसर पर डॉ. रजनी सेठ, डॉ. रूबी वधवा आदि मौजूद रहे।

3. यूथ रेड क्रॉस के स्वयंसेवकों को एचआईवी /एड्स व टीबी के बारे में किया जागरूक

दिनांक 21.04.2022 को यूथ रेड क्रॉस सोसाइटी द्वारा एचआईवी एड्स और टीबी पर विस्तार व्याख्यान का आयोजन किया गया इस अवसर पर मुख्य वक्ता चिकित्सा अधिकारी सरकारी अस्पताल, करनाल से सौभाग्य सिंधु ने विद्यार्थियों को एचआईवी एड्स और टीबी के संक्रमण, लक्षण और बचाव संबंधी महत्वपूर्ण जानकारियां दी। इस अवसर पर कॉलेज प्राचार्या डॉ. आशिमा गक्खड़ ने मुख्य वक्ता को पुष्प गुच्छ देकर स्वागत करते हुए कहा कि सरकार युवाओं को एचआईवी एड्स की बीमारी के बारे में जागरूक करने के लिए इस प्रकार की गतिविधियों का आयोजन करती रहती है। उन्होंने बताया कि जिन लोगों को एचआईवी एड्स जैसे रोग होते हैं उन्हें बड़ी जल्दी दूसरे छूत के रोग होने का खतरा बढ़ जाता है। उन छूत के रोगों में टीबी भी एक ऐसी ही बीमारी है जिसका समय पर इलाज न मिल पाने के कारण भयंकर परिणाम सामने आते हैं। जागरूकता से ही हम इन बीमारियों से स्वयं व दूसरों को बचा सकते हैं। इसलिए हमें लोगों को इन बीमारियों के बारे में जागरूक कर जिम्मेदार नागरिक बनना होगा। चिकित्सा अधिकारी डॉ. सौभाग्य सिंधु ने यूथ रेड क्रॉस के स्वयंसेवकों को संबोधित करते हुए बताया कि एचआईवी उस वायरस या विषाणु को कहते हैं जो मनुष्य

के शरीर की रोग प्रतिरोधक क्षमता कम कर देता है। जब हमारा शरीर बीमारियों से लड़ने की क्षमता नष्ट कर देता है तब अनेक बीमारियां हमारे शरीर को घेर लेती हैं, इस अवस्था को एचआईवी कहा जाता है। एचआईवी वायरस से ग्रसित व्यक्ति दूसरे स्वस्थ व्यक्तियों को संक्रमित कर सकता है। मस्तिष्क गुर्दे या रीढ़ की हड्डी की टीबी एक लाइलाज बीमारी है। सही समय पर इसका इलाज ना हो तो व्यक्ति मर भी सकता है। कई बार जानकारी के अभाव में हम लापरवाही करके इसे एक गंभीर रूप दे देते हैं। उन्होंने विद्यार्थियों को बताया कि सरकार का लक्ष्य 2025 तक देश को टीबी मुक्त बनाना है। इस लक्ष्य को पाने के लिए सभी नागरिकों का जागरूक होना बहुत जरूरी है। उन्होंने बताया कि हरियाणा में 70000 नए मरीज प्रत्येक वर्ष मिलते हैं और हर रोज टीबी के 50 मरीज लापरवाही व इलाज के अभाव में मर जाते हैं। उन्होंने बताया कि यदि किसी भी व्यक्ति को 2 सप्ताह से ज्यादा खांसी, शाम को बुखार आना, भूख न लगना, वजन में कमी इत्यादि लक्षण दिखाई दें तो तुरंत नजदीकी सरकारी स्वास्थ्य केंद्र पर बलगम की जांच करवाएं। साथ ही उन्होंने स्वयं सेवकों को बताया कि एचआईवी एड्स से बचाव का जागरूकता ही एकमात्र उपाय है। रोग को लेकर जितने लोग जागरूक होंगे, बीमारी को खत्म करना उतना ही आसान होगा। सरकार द्वारा एचआईवी एड्स और टीबी के इलाज का निशुल्क इंतजाम किया गया है तथा जनता को लेकर समय-समय पर विभिन्न तरह के कार्यक्रम आयोजित किए जा रहे हैं। एचआईवी से बचाव के लिए लोगों को जिम्मेदार रवैया अपनाना होगा। अपने साथी के प्रति ईमानदार रवैया अपनाना होगा। इंजेक्शन लगाने के क्रम में विशेष सावधानी बरतनी होगी जो एचआईवी के मामलों पर प्रभावी नियंत्रण के लिए जरूरी है। यूथ रेड क्रॉस के संयोजक डॉ. सुभाष जी ने धन्यवाद ज्ञापित करते हुए कहा कि एचआईवी एड्स तथा टीबी के प्रति आम लोगों में जागरूकता आयी है। डॉ. जय कुमार ने मंच संचालन करते हुए कहा कि हमें अपने आसपास के लोगों को टीबी और एड्स के प्रति जागरूक करना होगा व यदि उनके आसपास टीबी संबंधी लक्षण वाला कोई व्यक्ति हो तो सूचना नजदीकी स्वास्थ्य केंद्र पर दे, ताकि उसका इलाज शुरू किया जा सके। इस अवसर पर एचआईवी कॉउंसलर मैडम ममता व कॉलेज से श्री संजय कुमार, डॉ. कुशलपाल, डॉ. रणधीर सिंह, डॉ. देवेन्द्र, डॉ. बलबीर सिंह, श्री सुभाष लारा, श्री भूपेंद्र, श्री महावीर सिंह व अन्य प्राध्यापक उपस्थित रहे।

Legal Literacy and Consumer Awareness Cell

Incharge: Sh. S.L. Arora

Legal Literacy & Consumer Awareness Cell of the College organised the following events during this session:

1. Celebrated Indian Government's initiative Azadi Ka Amrit Mahotsav program through PowerPoint Presentation on Nov. 8, 2021 and lecture on Nov.9, 2021.
2. Organized Poster Making Competition to celebrate Azadi Ka Amrit Mahotsav program on Nov.11, 2021.
3. Organized "Awareness Rally" in collaboration with NCC and NSS wings of the college to celebrate Azadi Ka Amrit Mahotsav on Nov.12, 2021.
4. Organized a District Level Inter-College Essay Writing Competition on Dec. 07, 2021 The following students won prizes:

Prize	Name	Class	College Name
First	Komal Devi	BCA 5th Sem	J.C.M.M. Assandh
Second	Sarika	M.A. (Eng.) 1st Sem.	K.V.A.D.A.V. College for Women Karnal
Third	Jyoti Rana	M.Sc. (F.Sc.) 5th Sem.	Dyal Singh College, Karnal

5. Organized a college level Slogan Writing Competition on "CONSUMER AWARENESS" on Dec 10, 2021. The following students won prizes:

Prize	Name	Class
First	Preeti Kumari	B.A. (Eco.) Hons. 3rd Sem.
Second	Parth	B.Sc. (NM) 1st Sem.
Third	Kalash	B.A. (Eco.) Hons. 1st Sem.
Consolation	Bhawna	B.Sc. (CS) 1st Sem.

6. Organized Poster Making Competition on "LEGAL AWARENESS" on 13th Dec, 2021. The following students won prizes:

Prize	Name	Class
First	Janish Chauhan	B.Sc.(CS) 1st Sem
Second	Priyanka	M.A. (Eng.) 3rd Sem
Third	Parul	B.Sc. (NM) 1st Sem
Consolation	Riya	B.Sc. (NM) 1st Sem

The College Library

Library Incharge: Prof. Sanjay Kumar

The college has a rich and well-maintained library, situated in the centre of the college with more than 10,000sq ft. area. It has ample sitting capacity for the readers. Reading rooms are well lit and have good ventilation. It has a vast collection of more than 55,000 books. 627 volumes worth Rs.3,19,294/- were purchased in the session 2021-22 till June 30,2022. All leading English and Hindi newspapers are available in the Periodical Section. The library has also subscribed to N-List (E-Resource Programme) which provides 32 lakh e-books and 6500 e-journals. The library provides WebOPAC facility to the faculty and students of the institute through KOHA Library software. Smart ID cards,

Librarian: Mr. Anil Sharma

with barcode are issued to the students which enable them to get the books issued and return the same online. The library also provides issue/return/renew alert through SMS. It is equipped with surveillance of 16 CCTV cameras. To provide better library services to the students of Post Graduate classes, an exclusive Library section with open access system is functioning successfully. The library also has a separate staff reading section and rare books section. Internet and reprography services (Photostat) are provided to the students and staff.

The library organized an Online Workshop on INFLIBNET: Sources & Services and Open Education Resources on Jan 28, 2022.

Fee Concession and Scholarship Committee

Incharge: Ms. Poonam Singla

The Fee Concession and Scholarship Committee organised an annual Scholarship Presentation Function on May 11, 2022. Seventy five students from different streams (Humanities, Commerce, Science) were

awarded Need- cum- Merit based scholarships for the session 2021-22. Vice Admiral (Retd.) Sh. Satish Soni, General Secretary, Dyal Singh College Governing Body presided over the function and presented the cheques to the students.

SUBJECT ASSOCIATIONS

English Literary Society

President: Sh. Bhupender Kumar

Co-President: Dr. Usha Rani

1. English Literary Society of the college organized a National Level Online Slogan Writing Competition on 14 May 2022 on the topic "World Peace". An overwhelming response was recorded. More than 100 students from all over India participated in the quiz. First three winners were given cash prizes. Following is the list of the winners:

Prize	Name	Class	College
First	Rashmita	PGDC Diploma in Communication	CCSHAU, Hissar
Second	Simran	B.A. 1st Sem.	DAV College, Pundri
Third	Shraddha Anil Sutar	B.Com. Part-III	Sadashiv Mandlik Mahavidyalaya, Murgud (Maharashtra)

2. English Literary Society of the college organized National Level Online Vocab Quiz on May 23, 2022. An overwhelming response was recorded. More than 100 students from all over India participated in the quiz. First three winners were given cash prizes. Following is the list of the winners:

Prize	Name	Class	College
First	Tananshi	B.A. (English Honors) 6th Sem.	S.D.(PG) College, Panipat
Second	Payal Jaglan	B.A. 6th Sem.	S.D.(PG) College, Panipat
Third	Nidhi Singh	B.Sc. Non-medical 6th Sem.	Dyal Singh College, Karnal

3. Two students of M.A. II Year, Saksham Dahiya and Kartik Virat Mohan, participated in State Level Essay Writing Competition held on 11.12.2021 on the topic

"New Education Policy: A Progressive Policy with Diverse Challenges and Social Media and English Language Learning" organized by Mata Sundri Khalsa College, Karnal. Saksham Dahiya got third position in the competition.

4. Department of English organised an online extension lecture on the topic "Engaging with Literature: A Critical Perspective" by Prof. Umed Singh, Chairperson, Department of English and Foreign Languages, CDLU, Sirsa on February 4, 2022 for the students of English (Hons.) and M.A. English. Ms. Poonam Singla acted as Chief Co-ordinator, while Sh. Dinesh Kumar, Ms. Aastha Bhatia and Ms. Arpita Sawhney were Convener, Co-ordinator and Organising Secretary respectively.
5. Department of English organised a State Level Online On the Spot Story Writing Competition on February 12, 2022 in which various students from across the colleges of Haryana participated enthusiastically. Ms. Poonam Singla acted as Chief Co-ordinator, while Sh. Dinesh Kumar, Ms. Aastha Bhatia and Ms. Arpita Sawhney were Convener, Co-ordinator and Organising Secretary respectively. The result was as follows:

Prize	Name	Class	College
First	Sarika	M.A. Eng 1st Sem.	KVA DAV College for Women, Karnal
Second	Hargun Hora	B.A. English (Hons.) 5th Sem.	DAV Girls' College, Yamunanagar
Third Prize	Umang	B.A. Eng (Honours) 1st Sem.	Government College for Women, Rohtak

Biology Association

President: Dr. Shweta Yadav

Co-President: Dr. Aditi Shreeya Bali

1. Gaurav Tanwar and Yashasvi Chauhan of B.Sc. 5th Sem (Med) participated in Science Exhibition held at Government College, Matlauda on Nov.30, 2021 and presented their model on the topic "Mushroom Cultivation".
2. Drishti and Itika of B.Sc.5th Sem(Med) participated in Science Exhibition held at Government College, Matlauda on Nov.30, 2021 and presented their model on the topic "How we Sense our Physical World".

- Jyoti Rana of M.Sc. 5th Sem (Forensic Science) participated in State Level Speech Competition held at Pt. Chiranjilal Sharma Govt. College, Sector-14, Karnal, on Dec. 08, 2021 and got Consolation Prize.
- Five students of B.Sc 3rd and 5th Sem visited ICAR-Sugarcane Breeding Institute, Regional Centre, Karnal with Mr. Anil Kumar (Teacher Incharge) as a part of student exposure visit on Dec. 24, 2021.

Prakriti- The Eco Club

Incharge: Dr. Shweta Yadav

- A one day college level Group Discussion was organised on Jan 08, 2022 by the Eco-Club to select students for University Level National Youth Parliament to be conducted by Krukshehra University, Kurukshetra. A total of 10 students participated in the discussion. Dr. Shweta Yadav, Convener of the programme welcomed the participants and the judges. The judges for the programme were

Co-Incharge: Dr. Aditi Shreecya Bali

- Dr. Kapil Gulati, Ms. Arpita Sawhney and Dr. Mridu Drishti (B.Sc Med. 5th Sem) and Sneha Jain (B.A. 5th Sem) were adjudged first and second respectively.
- Approximately 45 students of B.Sc Med. 6th Semester joined the online seminar cum book launch programme of "State of India's Environment 2022: In Figures" organised by Centre for Science and Environment, New Delhi on May 02, 2022.

Chemistry Association

President: Mr. Sandeep Kumar

Co-President: Dr. Suman

- Chemistry Association of the college organized an "Online National Level Essay Writing Competition" on the topic "Menace of use of Plastic on the Environment" in December 2021. 76 participants across the country participated in the competition. The results were:

Prize	Name	College	Class
First	Garima Chaudhary	Dyal Singh College, Karnal	B.Sc. 5th Sem.
Second	Muskan	Govt. College for Women, Karnal	B.A. 3rd Sem.
Third	Suman Preet Kaur	G.H.G. Khalsa College, Ludhiana	M.Sc. Chem. 1st Sem.

- Chemistry Association of the College organized a "National Level Online Quiz on Chemistry" on Jan 24, 2022. 236 participants from nine different states across the country actively participated in the quiz within the stipulated time period.

The results were:

Prize	Name	College	Class
First	Sakshi Singhal	Central University of Haryana, Mahendergarh	M.Sc. (Chem.) 1st Sem.
Second	Gunjal	Dyal Singh College, Karnal	B.Sc. 3rd Sem.
Third	Aarju	Dyal Singh College, Karnal	M.Sc. (Chem.) 3rd Sem.

- Chemistry Association of the college organized a "National Level Online Certificate Designing Competition" in the month of May, 2022. 72 participants from different states across the country actively participated in the competition.

The results were:

Prize	Student	College	Class
First	Khushi Gupta	G.M.N. College, Ambala Cantt.	B.Sc. 2nd Sem.
Second	Ritik Kumar	Dyal Singh College, Karnal	B.Sc. 6th Sem.
Third	Nidhi	Dyal Singh College, Karnal	B.Sc. 6th Sem.
Consolation	Shashi	RBS Degree College, Thanwas, Mahendergarh	B.Sc. 6th Sem.

- Chemistry Association of the college organized a one-day educational tour on May 14, 2022 to Patanjali Research Institute, Haridwar and Rishikesh. A group of 42 students was escorted by the teachers of Chemistry Department to this educational tour.
- Chemistry Association of the College organized a "National Level Online Poster Making Competition" on June 05, 2022. 92 participants from seven different states across the country actively participated in the competition.

The results were:

Prize	Name of Student	College Name	Class
First	Rupal Malik	Hindu Girls College, Sonipat	B.Sc. 2nd Sem.
Second	Sheetal Devi	Pt. CLS Govt. College, Karnal	B.Sc. 4th Sem.
Third	Narender Singh	Aggarwal College, Ballabgarh	B.Voc SD 4th Sem.
Consolation	Nandani Ruhela	Hindu Girls College, Sonipat	B.Sc. 6th Sem.

6. Ms. Kalpana of M.Sc. Chemistry participated in National Level Digital Collage making competition organized by Aggarwal College, Ballabgarh on July 04, 2021 and secured First position.
7. Ms. Gunjan of B.Sc. 4th Sem (Med) participated in National level digital collage making competition organized by Aggarwal college, Ballabgarh on July 04, 2021 and secured third position.
8. Mr. Abhinav Garg of B.Sc. 4th Sem (Med) participated in Youth Parliament organized by Nehru Yuva Kendra (NSS) on March 15, 2022 and secured First position.
9. Ms. Kajal of M.Sc. Chemistry 4th sem. participated in National online poster making competition on Lab Safety organized by I. B. (P. G) College, Panipat in collaboration with R. K. S. D (P. G) College, Kaithal, on Feb 08, 2022 and secured third position.
10. Mr. Shubham Madhad of B.Sc. 2nd Sem. Medical participated in
 - National Level Digital Art Competition organized by Government College For Women, Karnal on Feb 13, 2022 and secured second position.
 - Poster Making Competition organized by Government Degree College, Avanigadda, Andhra Pradesh on Feb 28, 2022 and secured second position.
11. Ms. Mahak of B.Sc. 4th Sem. (NM) participated in
 - National Level online Speech Competition organized by I.B (PG) College, Panipat on Dec 22, 2021 and secured second position.
 - National Level Vlog Making Competition organized by I.B (PG) College, Panipat on Dec 23, 2021 and secured first position.
 - National Level Poem Competition organized by Vaish College, Rohtak on Jan 25, 2022 and got consolation prize.
12. Ms. Geetanjali Jain of B.Sc. 4th Sem. (Med) participated in
 - State Level Online Poster Making Competition organized by BLJS College, Tosham on Aug 14, 2021 and secured third position.
 - National Level Online Drawing Competition organized by National Independent Service Force (NISF) on Aug 10, 2021 and secured third position.
13. Ms. Anubhuti Rana of B.Sc. 2nd Sem. (NM) participated in National Level Chemistry Quiz organized by RKSD (PG) College, Kaithal, on May 23, 2022 and secured third position.

Commerce Association

President: Dr. Dimple Khosla

1. A Declamation Competition was organized on November 16, 2021. 41 students from all the streams participated in this competition. Topics of the Declamation were "New Education Policy", "Impact of Covid-19 on E-commerce", and "Future of Crypto Currency in India". The results were:

Position	Name	Class
First	Bodhita	B. Com.1st Sem
Second	Shorya	B. Com.1st Sem
Third	Harmandeep Kaur	M.A. 3rd Sem

2. An Online Quiz Contest was organised by Commerce Association in collaboration with Jaipuria Institute of Management in which 130 students from all the streams participated. The quiz contest was conducted by Mr. Rishi Chadha, Deputy Manager of Jaipuria Institute of Management, Noida. Jatin of B.Sc.(Med) 3rd semester bagged the first position and got amazon gift voucher worth Rs 1500 and Vijay Kumar of B.Sc.(Med) 3rd semester secured the

Co-President: Dr. Vandana Sabharwal

- second position and got amazon voucher worth Rs 1000 while Tarishi of B.Com. (Hons) 5th semester stood third and Nitika sharma of B.Com. 3rd semester stood fourth.
3. On 19th January 2022, Commerce Association organised an Online Extension Lecture for UG and PG students on the topic "Manthan" by Byju's exam preparation. It was a career counselling program regarding available Government jobs. The lecture was delivered by Ex-Sub inspector BSF Mr. Sandeep Sharma.
4. A lecture on "GST Returns" was organized for the students of B.Com on January 29, 2022. The lecture was delivered by Ms. Aayushi Bansal from Unacademy and an alumnus of the college.
5. A National Level online Quiz Competition was organized on February 07, 2022. 247 students participated from five different states across the country.

The results were:

Position	Name	College
First	Gourav	Geeta Engineering College, Naulatha
Second	Jiya	Arya PG College, Panipat
Third	Rahul Pahwa	Dyal Singh College, Karnal

6. Commerce Association, Economics Association, and Institution's Innovation Council of the college in association with Startup Incubator, COE Karnal organised an offline Workshop on Share and Stock Exchange for students on April 20, 2022. Mr. Deepak Ranjan Sahoo (NSE Certified Trainer) from New Delhi was the resource-person of the workshop.
7. A National Level Online Essay Writing Competition on the topic "Digital and E-Marketing", "Online Education vs Offline Education", "Cloud Computing and Accounting", "Startups: Issues and Challenges", "Future of Crypto Currency in India" and "Post Covid Opportunities and Challenges" was organized in the month of May, 2022. 35 entries were received from different states. The results were:

Position	Name	College
First	Divya Goel	Arya PG College, Panipat
Second	Tanisha Saini	Swaraj Govt. College for Girls, Ballabgarh
Third	Vanshit Chawla	Dyal Singh College, Karnal
Consolation	Rahul Dhiman	Dyal Singh College, Karnal
Consolation	Aanchal Gupta	Govt. College, Barwala, Hisar

8. Our students showed their talent in various competitions organised by different colleges throughout the year and brought laurels to the college:

Name	Class	Organised by	Name of the Competition and Date	Prize/ Position
Renu Rani	B.Com. 5th Sem.	Nehru Yuva Kendra	Declamation Competition on 8th December, 2021	2nd Position and was selected for state level competition
Nitika Sharma	B.Com. 4th Sem.	DAV Girls College, Yamunanagar	National level Caption Contest	Consolation Prize
Garima	B.Com. (Hons) 3rd Sem.	Nehru Yuva Kendra	Declamation Competition on 10th December, 2021	2nd Position and a cash prize of Rs 2000/-
Abhishek	B. Com. 4th Sem.	KVA DAV College for Women, Karnal	Essay Writing Competition on 12th January, 2022	Consolation Prize
Khushi Narang	B.Com. (Hons) 4th Sem.	Galaxy Global Educational Trust Group of Institutions	Painting Competition on 13th May, 2022	2nd Position
Bodhita	B.Com. 2nd Sem.	Institution Innovation council, Glaxay Global, Ambala	Business Entrepreneurship on 13th May, 2022	Consolation Prize
Tarishi and Saloni	B.Com. (Hons) 6th Sem.	Maharishi Mark-endeswar University	Commerce Quiz on 21st May 2022	2nd Position with cash prize of Rs 2100.
Prayag and Pratima	B.Com. (Hons) 4th Sem.	Maharishi Mark-endeswar University	Commerce Quiz on 21st May 2022	3rd Position with cash prize of Rs 1100.
Tanisha, Lavisha and Mandeep Kaur	B.Com. (Hons) 4th Sem.	Geeta University, Panipat	Case Study Competition on 31st May 2022	1st Position

Computer Science Association

President: Sh. S.L. Arora

1. Computer Science Association organized National Level Online Poster Making Competition on the topic "E-Learning: Future of Education". 81 students from various colleges participated in this competition. The following students won prizes:

Prize	Name	Class	College
First	Vidushi	BCA 3rd Sem.	Govt. PG College For Women, Rohtak
Second	Sumit	M.Sc. (Maths) 3rd Sem.	Vaish College, Rohtak
Third	Aadya Shakti	B.Sc. (Comp. Sci.) 3rd Sem.	Dyal Singh College, Karnal

2. Computer Science Association organized National Level Online PPT Competition on the topic "Impact of Covid on Education". 115 students from various colleges participated in this competition. The following students won prizes:

Prize	Name	Class	College
First	Shallu	MBA I Year	Panipat Institute of Engg. & Technology, Samalkha
Second	Ashish Jain	BCA I Year	Guru Nanak Khalsa College, Karnal
Third	Riya Sharma	B.Sc. III Year	M.L.N. College, Yamuna Nagar

3. Computer Science Association organized College Level E-Certificate Preparation Competition. 54 students from our college participated in this competition. The following students won prizes:

Prize	Name	Class
First	Pankaj	M.Sc. (F.S.) 9th Sem.
Second	Ishita Malhotra	M.A. (Eng.) 3rd Sem.
Third	Aaditya	M.Sc. (Chem.) 3rd Sem.
Consolation	Ojasvi	B.Sc. (Med.) 3rd Sem.

Geography Association

President: Sh. Rajpal

Co-President: Dr. Tejpal

1. Geography Association in collaboration with Institution's Innovation Council organised various activities to celebrate Earth Day on April 22, 2022 .

Events Organized on the Earth Day:

- 1) State Level Poster Making Competition
- 2) State Level Quiz Competition
- 3) Extension Lecture on "Climate Change: A Challenge to Environment Sustainability"

Total out-station registrations: 59 Participants

Total registrations from the college: Around 100 Participants

Event 1- State Level Poster Making Competition

A State Level Poster Making Competition was organized on the theme 'Save Mother Earth'. 38 students from the college and outside institutions participated with full zeal and zest. The results were:

Position	Name of the Student	Name of the Institute
First	Diksha	Dyal Singh College, Karnal
Second	Yukta	IB (PG) College, Panipat
Third	Shabnam	IGMMV, Kaithal
Consolation	Neha	JMIEIT, Radaur
	Ritika	KVADAV College for Women, Karnal

Event 2- State Level Earth Day Quiz Competition

A State Level Earth Day Quiz Competition was organized on the occasion of Earth Day. 12 teams from various institutes registered for the same. For the final quiz, a screening test was conducted to select the teams on the basis of their score. The results were:

Position	Name	Institute
First	Kajal	IB (PG) College, Panipat
	Swati	
	Aakash	
Second	Komal	R.K.S.D. (PG) College, Kaithal
	Lalit Kumar	
	Sunny	
Third	Anjly	Govt. College for Women, Karnal
	Priya	
	Swati	

Event 3- Extension Lecture on the theme "Climate Change: A Challenge to Environment Sustainability"

Resource Person: Dr. M.S. Jaglan, Professor, Department of Geography, Kurukshetra University, Kurukshetra

A very thought provoking lecture on "Climate Change: A Challenge to Environment Sustainability" was delivered by Prof. M.S. Jaglan. He emphasized that despite widespread agreement among scientists, climate change has become one of the most hotly debated and perplexing issues of our time. Further, he said that the Earth is warming at an unprecedented rate, and it is unknown how various climate processes such as monsoon rainfall will change in response to this warming. In the past, Earth has witnessed warmer and colder periods than the present. The past history of Earth's climate can help us better understand the future changes in climate processes in projected warming. He warned the audience about the impact of climate change on agricultural sector and water resources. Further, he elaborated how the rise in the sea level can become a challenge to coastal cities. The Boreal forest facing challenges due to the climate change was also explained thoroughly. Prof. Jaglan, who also addressed questions like Rainfall and elemental isotopes: How are they related? Would you believe that the Thar desert in Northwest India was once a densely populated region? How can the ocean bed be used as an archive of past climatic changes? How are the 'natural climate experiments' recorded in lakes and oceans? Could climate change have caused ancient civilizations to collapse? How close are we to a climate catastrophe on this warming Earth? and so on.

2. Inter District Science Exhibition

On the occasion of Inter District Science Exhibition on November 30, 2021 Harshwardhan of BA 5th Sem. and Priya of BA 1st Sem of Department of Geography participated in Model Making competition held at Govt. College for Women, Matludha, Panipat. The team was escorted by Dr. Tejpal, Assistant Professor, Department of Geography. Our students bagged 2nd position in the Geographical Model Making competition.

History Association

President: Dr. Parveen Kumar

1. The History Association organised an Educational Trip to Rakhi Gari, Hisar (Historical Site)
2. The History Association of the college Organised a National Level Essay Writing Competition on Dec. 30, 2021. Results were:

Position	Name	Institute/College
First	Drishiti	K.V.D.A.V College for Women Karnal
Second	Sartaj Singh	Dept. of Political Science, Punjab University, Chandigarh.
Third	Tamanna Devi	D.A.V College, Cheeka, Kaithal

Mathematics Association

President: Dr. Vishakha Gupta

Vice-President: Dr. Vivek Parkash

Mathematics Association of the college organised the following events during this session:

1. Quantitative Aptitude Cum Reasoning Test was conducted on Nov. 24, 2021.

The results were as under:

Prize	Name of Student	Class
First	Aniket Pal	B.Sc. (CS) 5th Sem.
Second	Rohit kumar	B.Sc. (CS) 5th Sem.
Third	Monika, Shubham Madaan	B.Sc. (CS) 5th Sem.

2. Sudoku Activity was conducted on Dec. 08, 2021.

The results were as under:

Prize	Name of Student	Class
First	Taniya	B.Sc. (NM) 3rd Sem.
Second	Harsh Kumar	B.A. 3rd Sem.
Third	Arshdeep	B.Sc. (CS) 5th Sem.

3. Chart display Activity was organised to celebrate Mathematics Day on Dec 22, 2021.

The results were as follows:

Prize	Name of Student	Class
First	Janish Chauhan	B.Sc. (CS) 1st Sem.
Second	Riya	B.sc. (NM) 1st Sem.
Third	Bodhita Sethi Samirithi	B.Com 1st Sem. B.A. 1st Sem.

4. Organised an online Extension Lecture on December 11, 2021. Dr. Ram Jiware, Associate Prof., Department of Applied Mathematics, IIT, Roorkee was invited to deliver the lecture. A large number of students participated in the activity and gained knowledge from his valuable speech.

Sanskrit Association

Incharge: Ms. Seema Rani

13-12-2021 को श्री माता मनसा देवी राजकीय संस्कृत महाविद्यालय, पंचकूला में जिला स्तरीय गीता जयन्ती महोत्सव-2021 के उपलक्ष में श्लोकोच्चारण तथा प्रश्नोत्तरी प्रतियोगिताओं का आयोजन हुआ था जिसमें हमारे कॉलेज के तीन विद्यार्थियों (पूजा, अजय कुमार, गौरव कुमार) ने भाग लिया और बहुत

उत्कृष्ट प्रदर्शन किया तथा हमारे महाविद्यालय की छात्रा कुमारी पूजा (फॉरेंसिक साइंस, तृतीय वर्ष) ने श्लोकोच्चारण में द्वितीय स्थान व 700 ₹ नकद ईनाम के रूप में प्राप्त किए।

हरियाणा के विभिन्न महाविद्यालयों द्वारा आयोजित प्रतियोगिताओं में भाग लेने वाले संस्कृत विषय के विद्यार्थी :-

दिनांक	प्रतियोगिता का नाम	स्थान	प्रतिभागी	अनुक्रमांक	पुरस्कार
13-12-2021	संस्कृत श्लोक उच्चारण प्रतियोगिता	श्री माता मनसा देवी राजकीय संस्कृत महाविद्यालय, पंचकूला	पूजा (एम.एस.सी) तृतीय वर्ष	3283120003	द्वितीय स्थान एवं ₹700 ईनाम राशि
	संस्कृत प्रश्नोत्तरी प्रतियोगिता		गौरव कुमार (बी.ए.) तृतीय वर्ष	3149210188	सहभागिता प्रमाण पत्र
			अजय कुमार (बी.ए.) प्रथम वर्ष	1212042002186	सहभागिता प्रमाण पत्र

Physics Association

President: Dr. Devinder Singh

Co-President: Ms. Nidhi Jast

Physics Association of the college organized the following activities during the academic session 2021-22:

1. An online National Level Poster Making Competition was organised on January 10, 2022, on the following topics:

- Solution of Pollution
- Aatm-Nirbhar Bharat
- Portrait of a Physicist

One twenty-nine students from six states participated in the competition. The result of the competition was:

Position	Name	Institute/College	Topic
First	Ravi Kumar	Department of Physics, KU, Kurukshetra (Haryana)	Portrait of a Physicist
Second	Himanshu	PIET, Panipat (Haryana)	Portrait of a Physicist
Third	Sapana Sanjay Rathod	MSP Arts, Science & KPT Commerce College Manora, Washim (Maharashtra)	Portrait of a Physicist
Consolation	Mohit Kumar	Dyal Singh College, Karnal (Haryana)	Aatm-Nirbhar Bharat

2. An online National Level Slogan Writing Competition was organised on January 10, 2022, on the following topics:

- Azadi Ka Amrit Mahotsav
- Atam-Nirbhar Bharat
- Go Green

One twenty-five students from five states participated in the competition. The result of the competition was

Position	Name	Institute/College	Topic
First	Payal Devi	SUS Govt. College, Matak Majri, Indri, Karnal (Haryana)	Go Green
Second	Komal	Dayanand Mahila Mahavidyalaya, Kurukshetra (Haryana)	Azadi Ka Amrit Mahotsav
Third	Janani. S	Sarah Tucker College, Perumalpuram, Tirunelveli (Tamilnadu)	Go Green

3. An online National Level Essay Writing Competition was organised on January 10, 2022, on the following topics:

- Contribution of Scientists in the Independence Movement
- New Education Policy

Eighty-seven students from five states participated in the competition. The result of the competition was as follows:

Position	Name	Institute/College	Topic
First	Sartaj Singh	Dept. of Pol. Science, PU, Chandigarh	New Education Policy
Second	Sachin	Vaish College, Rohtak (Haryana)	Contribution of Scientists in Independence Movement
Third	Priyanshi	Hindu Girls College, Sonipat (Haryana)	New Education Policy

4. An online Invited Talk was conducted on Feb.08, 2022. The resource person was Dr. Vinay Khatri, Professor of Physics and Head, Department of Applied Sciences and Humanities, PIET, Panipat. The topic of the talk was **LASER: Entertainment to Devastation.**

5. A team of the following two students:

Devashish Binjola	B.Sc. – IIIrd yr (NM)	3149810070
Shikha	B. Sc. – IIIrd yr (NM)	3149820016

participated in a State Level Science Exhibition organized by DGHE, Haryana on Feb.08, 2022 at Pt. NRS Govt. College, Rohtak and presented a Physics Model titled "SAFE AND SELF SUSTAINABLE E-SMART TOILET" and got **First position.**

6. A team of the following two students:

Devashish Binjola	B.Sc. – IIIrd yr (NM)	3149810070
Shikha	B. Sc. – IIIrd yr (NM)	3149820016

participated in a State Level Science Exhibition organized by Indian Science Congress Rohtak Chapter on Feb. 19,2022 at Arya College, Panipat and presented a Physics Model titled "SAFE AND SELF SUSTAINABLE E-SMART TOILET" and got **Third position.**

7. A team of the following two students:

Devashish Binjola	B.Sc. – IIIrd yr (NM)	3149810070
Shikha	B. Sc. – IIIrd yr (NM)	3149820016

participated in the Inter-District Science Exhibition organized by DGHE, Haryana on Nov.30,2021 at GC, Matlaudha, Panipat and presented a Physics Model

titled "SAFE AND SELF SUSTAINABLE E-SMART TOILET" and got **First position**.

8. An online National Level Quiz Contest was organised on May 28, 2022. Sixty two students from three states participated in the competition. The result of the competition was as follows:

Position	Name	Institute/College
First	Gulzar Pannu	Pt. CLS Govt. College, Karnal, Haryana
Second	Amit Kumar	RKSD PG College, Kaithal, Haryana
Third	Gaurav Kumar Mishra	Dyal Singh College, Karnal, Haryana

हिन्दी साहित्य परिषद्

अध्यक्ष: डॉ. बलबीर सिंह

उपाध्यक्ष: डॉ. यशवन्ती देवी

- सत्र 2021-2022 में कॉलेज की हिन्दी साहित्य परिषद् द्वारा अनेक साहित्यिक गतिविधियों का आयोजन किया गया। सर्वप्रथम परिषद् द्वारा दिनांक 17 फरवरी 2022 को 'राष्ट्रीय साहित्यिक प्रश्नोत्तरी प्रतियोगिता' का आयोजन किया गया। इस प्रतियोगिता में भारतवर्ष के 12 राज्यों के 450 विद्यार्थियों ने भाग लिया। प्रतियोगिता के प्रथम चरण में विद्यार्थियों के एक समान अंकों के बाद दूसरे चरण की प्रतियोगिता करवाई गई जिसमें निम्नलिखित प्रतिभागियों ने पुरस्कार प्राप्त किये।

पुरस्कार	नाम	कॉलेज
प्रथम	खुशी गुप्ता	गाँधी मैमोरियल नेशनल कॉलेज, अ.छावनी
द्वितीय	तारिसा मारिया -	सी.आई. एस. टी. कोचिन, केरल
तृतीय पुरस्कार	ममता शत्रुघ्न माली	इंदिरा गांधी नेशनल ओपन विश्वविद्यालय, दिल्ली
सांत्वना पुरस्कार - I	रिद्धि	दयाल सिंह कॉलेज, करनाल
सांत्वना पुरस्कार - II	पूजा भाटिया	के. एल. मेहता दयानंद वूमैन कॉलेज, फरीदाबाद

- दिनांक 18 फरवरी 2022 को डॉ. रत्न चन्द्र शर्मा स्मृति राज्यस्तरीय काव्य पाठ प्रतियोगिता का आयोजन किया गया। इस प्रतियोगिता में प्रदेश भर से लगभग 50 प्रतिभागियों ने भाग लिया और अपनी कविताओं के माध्यम से दहेज प्रथा, पर्यावरण प्रदूषण, बेटी पढ़ाओ-बेटी बचाओ, जातिवाद, छुआ-छूत, देशभक्ति, राष्ट्रवाद, कन्या भ्रूण हत्या, जल संकट, आतंकवाद एवं भ्रष्टाचार आदि ज्वलंत विषयों पर अपनी संवेदनाएं प्रकट की। इस प्रतियोगिता का परिणाम निम्नलिखित है:-

पुरस्कार	नाम	कॉलेज
प्रथम	सारिका राणा	केवीए डी.ए.वी. कॉलेज फॉर वूमैन, करनाल
द्वितीय	रेणु	दयाल सिंह कॉलेज, करनाल
तृतीय	दीपांजली शर्मा	तुलसी शिक्षा कॉलेज, अम्बाला शहर
सांत्वना - I	सिमरन	आई. बी. कॉलेज, पानीपत
सांत्वना - II	आरुशी	वैश्य कॉलेज, रोहतक

इन प्रतियोगिताओं के सफल आयोजन में कंप्यूटर विभाग (दयाल सिंह कॉलेज, करनाल) की सहायक प्रोफेसर 'गुरप्रीत कौर' की विशेष भूमिका रही, जिन्होंने इन प्रतियोगिताओं के ऑनलाइन आयोजन को तकनीकी सहयोग के माध्यम से सफल बनाया।

हिन्दी साहित्य परिषद् ने प्रत्येक वर्ष की भांति इस वर्ष भी कॉलेज स्तरीय विभिन्न साहित्यिक विधाओं की लेखन प्रतियोगिता का आयोजन किया। इन प्रतियोगिताओं में कॉलेज के लगभग 100 विद्यार्थियों ने सक्रिय भाग लिया और अपनी प्रतिभा का प्रदर्शन किया। इन विभिन्न प्रतियोगिताओं के परिणाम निम्नलिखित हैं।

कविता लेखन प्रतियोगिता	प्रथम	गीतांजली जैन	बी.एससी. (मेडिकल) द्वितीय वर्ष
	द्वितीय	तनु वत्स	बी.एससी. तृतीय वर्ष
	तृतीय	विकास	बी.एससी. तृतीय वर्ष
कहानी लेखन पुरस्कार	प्रथम	ज्योति शर्मा	बी.ए. तृतीय वर्ष
	द्वितीय	कोमल	एम.एससी. (रसायन विज्ञान) अंतिम वर्ष
	तृतीय	मनप्रीत	बी.ए. तृतीय वर्ष
निबन्ध लेखन पुरस्कार	प्रथम	राकेश कुमार	बी.ए. तृतीय वर्ष
	द्वितीय	खुशबू	बी.ए. तृतीय वर्ष
	तृतीय	परविंदर	बी.ए. तृतीय वर्ष
नारा लेखन पुरस्कार	प्रथम	ओजस्वी	बी.एससी. द्वितीय वर्ष
	द्वितीय	शिवानी	बी.ए. द्वितीय वर्ष
	तृतीय	दिव्या	एम.एससी. (केमिस्ट्री) अंतिम वर्ष

One Day National Workshop on “INFLIBNET: Sources, Services and Open Educational Resources”

Convener: *Sh. Sanjay Kumar* **Coordinator:** *Dr. Akshay Kumar* **Organizing Secretary:** *Mr. Anil Sharma*

The Library organized a one day National workshop on topic “INFLIBNET: Sources, Services and Open Educational Resources” on Jan 28, 2022. Due to Covid-19 restrictions on public gathering, the workshop was conducted virtually on Microsoft Teams. In this workshop the experts demonstrated live how to use various Online educational resources and portals made available by the Government and other institutions. Dr. Aditi Shreeya Bali (Assist. Prof., Botany Dept.) mediated the first technical session of the workshop. Principal Dr. Ashima Gakhar welcomed the resource person of the first technical session, Prof. Manoj K Joshi, Professor, Department of Library and information Science and Librarian, Kurukshetra University, Kurukshetra. Dr. Gakhar threw light on the theme of the workshop and explained the importance of online educational resources in today’s scenario. She also informed about the available e-resources in the college and the efforts being made in the college to strengthen e-education. Prof. Joshi in his talk explained the importance and features of INFLIBNET

and its role in the Covid time for pursuing education and learning. He also discussed various e- resources like Shodhganga, JCC, Shodhsindhu, Shodhshudhi, NLIST, Vidwan Database etc. and explained how to use them. He spoke how to search archived books, and books available in various libraries of India on IndCat and how to remove plagiarism from research papers. The second technical session was mediated by Ms. Aishwarya Puri (Assist. Professor, Dept. of English). Sh. Rajesh Arora (Head, Physics Dept.) welcomed and introduced Dr. Jeevesh Bansal (Librarian, Punjab University Chandigarh). In his talk Dr. Bansal talked about the online E-Education Sources like NPTEL, Sawyamprabha, OSCAR, E-PG Pathshala. He explained about such E-Resources and also demonstrated live to participants, how to access the portals and how to search desired materials on websites. In the end Sh. Anil Kumar (College Librarian) conveyed the vote of thanks. More than 400 participants participated in the event from all over India.

Eight-Day State Workshop on Forensic Medicine with Live Demonstration of Autopsy

Convener: *Dr. S.P. Bhatti*

Coordinator: *Mr. Vikas Bhargava*

An Eight-Day State Level Workshop on Forensic Medicine and Toxicology with Live Demonstration of autopsy was organized from May 23 -31, 2022 by the Forensic Science Department of the college in collaboration with Kalpana Chawla Government Medical College (KCGMC), Karnal. The experts of the KCGMC taught about the forensic medicine and its utilisation in forensic science as well as in criminal investigation to the participants. The workshop was conducted at both Dyal Singh College and KCGMC Campus. At KCGMC the participants of the workshop studied the theoretical as well as practical aspects of forensic medicine with demonstration of autopsy and taking viscera samples in various types of suspected death cases. In the valedictory session, Dr. Jagdish Chander Dureja, Director, Kalpana

Chawla Medical College Karnal was the Chief Guest and Dr. Rajbir Singh Gulia, General Manager of Dyal Singh College Trust society Karnal was the Special Guest. Dr. Dureja emphasized the importance of application of medical knowledge in Forensic Science as the crime rate is increasing day by day. Dr. Rajbir Singh Gulia said that such workshops should be organized in future also as these may prove to be a boon for forensic science. The session began with a talk by Dr. Vijay Pal Khangwal (Head, Forensic Medicine Department, KCGMC) who advocated about the Forensic Toxicology and its importance in Forensic field. The event finally ended with a formal vote of thanks by Dr. S P Bhatti, the convener of the workshop.

National Seminar on Guru Nanak Dev Ji Da Bani Sansar

Convener: Dr. Randhir Singh

Punjabi Department of the College in association with Haryana Punjabi Sahitya Academy, Panchkula organised one Day Multi- disciplinary National Seminar on "Guru Nanak Dev Ji Da Baani Sansar" on 16th April, 2022. Principal, Dr Aashima Gakhar, accorded a warm welcome to the dignitaries and participants stating that Guru Nanak's teachings hold great significance in contemporary times when people have lost tolerance and humanity is under threat. Dr. G.S. Dhamija, Deputy chairman, Haryana Punjabi Sahitya Academy, Panchkula shared many interesting tales from the life of Guru Nanak, raising important questions on the true meaning of life, and the actual role of a Guru. Dr Randhir Singh, Convener of the seminar, shared his views on the teachings of Guru Nanak. Subsequently, the keynote speaker for the inaugural session, Prof. J.S. Sabar, Khalsa College, Amritsar, shed light on the scope and significance of Guru Nanak Studies, highlighting the place of Nanak among world thinkers. He said Gurbaani has an answer to every challenge that life throws at us. The Chairperson for technical session Prof. Rajindar Singh Bhatti, Former Head, Punjabi Department and Ex-Dean Arts and Languages, KUK, underlined the role of tenets offered

Organising Secretary: Dr. Baljinder Singh

by Gurbaani, in modern times. A number of honourable speakers enlightened the participants on Guru Nanak's teachings and ideas during technical session one and two. Dr. Daljit Kaur, Head of the Department of Punjabi, S.M.S. Khalsa Labana Girls College, Barara, shared her views about the relevance of Guru Nanak's philosophy across time and space. Dr Balbir Singh from Hindi Department of the College brought to light the social consciousness found in the works of Guru Nanak. Contributing in this row, Dr Rattan Singh Dhillon, Head, Dept of Punjabi, S.D. College, Ambala Cantt expressed the concept of physical and metaphysical in the ideology of Guru Nanak Dev Ji. Afterwards, Prof Harsimran Singh Randhawa, Former Head, Dept of Punjabi, KUK shared his views on Guru Nanak Dev Ji quoting "Nanak shah fakeer, Hindu ka Guru, Musalmanon ka Peer". Technical session II was chaired by Prof. Harsimran Singh Randhawa, Punjabi Department, KUK. Dr Kuldeep Singh, Head, Dept of Punjabi, KUK chaired the Valedictory Session and shared his views on inclusive and exclusive approach of the people in the current scenario. Forty participants presented their paper during this seminar.

राष्ट्रीय संगोष्ठी - वर्तमान में संस्कृत भाषा की स्थिति और राष्ट्रीय शिक्षा नीति 2020

संयोजक: डॉ. रणधीर सिंह

हरियाणा संस्कृत अकादमी पंचकूला और कॉलेज के संस्कृत विभाग के तत्वावधान में वर्तमान में संस्कृत भाषा की स्थिति और राष्ट्रीय शिक्षा नीति 2020 में उसका प्रतिबिंब विषय पर एक राष्ट्रीय संगोष्ठी का आयोजन किया गया। प्राचार्या डॉ. आशिमा गक्खड़ ने सभागार में उपस्थित सभी अतिथियों और प्रतिभागियों का स्वागत करते हुए कहा कि राष्ट्रीय शिक्षा नीति 2020 के दृष्टिकोण की मूल भावना अनुरूप हमें संपूर्ण देश में उच्च शिक्षा में गुणवत्ता और संस्कारित वातावरण तैयार करने, राष्ट्रीय विकास और वैश्विक कल्याण के लिए प्रतिबद्ध होना होगा। डॉ. रणधीर सिंह ने कहा कि संस्कृत भारत की आत्मा है। देश के सांस्कृतिक, आध्यात्मिक, धार्मिक, दार्शनिक और सामाजिक जीवन का विकास संस्कृत भाषा में ही समाहित है। मुख्य अतिथि चौधरी देवी लाल विश्वविद्यालय सिरसा के पूर्व कुलपति डॉ. राधेश्याम शर्मा ने कहा कि नई शिक्षा नीति से संस्कृत भाषा को मजबूती मिलेगी। संस्कृत आधुनिक विज्ञान की भाषा है। हरियाणा संस्कृत अकादमी के निदेशक डॉ दिनेश शास्त्री ने उद्घाटन सत्र की अध्यक्षता करते हुए कहा कि आज पूरा विश्व संस्कृत भाषा की वैज्ञानिकता और प्रामाणिकता को समझ रहा है। देश-विदेश के मनीषियों ने संस्कृत की महत्ता को हृदय से स्वीकारा है। बीज वक्ता डॉ. कामदेव झा ने अपने उद्घोषण में कहा कि संस्कृत केवल स्व विकसित भाषा नहीं बल्कि एक

आयोजन सचिव: सीमा रानी

संस्कारित भाषा है इसीलिए इसका नाम संस्कृत है। डॉ. सुभाष गुप्ता ने कहा कि नई शिक्षा नीति का लक्ष्य प्रत्येक विद्यार्थी को ज्ञान केंद्रित भारतीय मूल्यों से विकसित गुणवत्तापूर्ण उच्चतर शिक्षा उपलब्ध कराना है। डॉ. मीनाक्षी पांडे ने कहा कि आधुनिक युग में भी संस्कृत भाषा इतनी सक्षम है कि इसमें तकनीकी विचारों को पूरी विशुद्धता, तार्किकता और सुस्पष्टता के साथ व्यक्त किया जा सकता है। विशिष्ट वक्ता डॉ. सुप्रिया संजु ने कहा कि संस्कृत भाषा की एक प्रमुख विशेषता यह है कि वह व्यक्ति को समष्टि के साथ जोड़ती है और उसकी प्रत्येक प्रार्थना में विश्व बंधुत्व की भावना व्याप्त होती है। डॉ. सत्यपाल शर्मा ने कहा कि जो विपुल ज्ञान भंडार संस्कृत में है उसे देश की प्रगति और मानवता के कल्याण के लिए उपयोग में लाया जाना चाहिए। मुख्य वक्ता डॉ. मिथिलेश शर्मा ने कहा कि संस्कृत एक ऐसी वैज्ञानिक भाषा है जिसके अध्ययन से व्यक्ति के मस्तिष्क का विकास होता है। समापन सत्र की अध्यक्षता करते हुए विशिष्ट अतिथि डॉ राजवीर सिंह गुलिया जनरल मैनेजर दयाल सिंह कॉलेज ट्रस्ट सोसायटी ने सभी प्रतिभागियों को बधाई देते हुए कहा कि वर्तमान संदर्भ में भारतीय जीवन मूल्यों की दृष्टि से संस्कृत भाषा और उसके साहित्य की प्रासंगिकता पहले से भी अधिक दिखाई देने लगी है। आयोजन सचिव सीमा रानी ने सभी अतिथियों और प्रतिभागियों का धन्यवाद ज्ञापन किया।

FACULTY NEWS

Ms. Sarita Ganotra (Dept. of Mathematics)

1. Attended one day National workshop on "Inflibnet: sources, services and open educational resources" organised by the College Library on January 28, 2022.
2. Participated in one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
3. Attended one day National Webinar on "Intellectual property rights: An overview of patent commercialization" organised by Markanda National College Shahabad Markanda on October 1, 2021.
4. Attended 27th International Conference of International Academy of Physical Sciences on the topic "Recent Advances in Solid mechanics and Seismology" organised by Department of Mathematics, Kurukshetra University Kurukshetra during October 26-28, 2021.

Dr. Mukta Jain (Dept. of Commerce)

1. Books Published:
 - i. Jagdish Gupta, Mukta Jain, Rakesh Jain, Income Tax (KU/CDLU/MDU), 978-93-88893-75-6 Revised Edition. English Medium
 - ii. Jagdish Gupta, Mukta Jain, Rakesh Jain, आयकर (KU/CDLU/MDU), 978-93-88893-76-3 Revised Edition. Hindi Medium
 - iii. Mukta Jain, Rakesh Jain,, Income Tax (HPU), 978-93-87958-08-1 Revised Edition. English Medium
 - iv. Mukta Jain, Rakesh Jain,, Income Tax (HPU), 978-93-87958-09-8 Revised Edition. Hindi Medium
 - v. Mukta Jain, Rakesh Jain,, Income Tax (Utkal), 978-93-89975-59-8 Revised Edition
2. Delivered an extension lecture on "Know your Career Options" on January 28, 2022 for the students of Babu Anant Ram Janta College, Kaul, Kaithal.
3. Participated as a Resource Person in the DGHE sponsored National Seminar on "Emerging Issues in Commerce and Management" on March 25, 2022 organised by DAV (P.G.) College, Karnal.

4. Attended a two days Mega International Summit sponsored by Ministry of Micro, Small & Medium Enterprises on "MSMEs' Competitiveness & Growth" on March 29-30, 2022 organised by Entrepreneurship Development Institute of India, Ahmedabad at Delhi.
5. Successfully completed 8 weeks NPTEL online certificate course in "Retail Management".
6. Participated in International Seven Days online FDP on "Data Analysis using R for Beginners" organized by Arya P.G. College, Panipat in collaboration with Haryana Commerce and Management Association, Veda Vignana Academic Research Center, Hyderabad & Ochre (India), Mumbai from 26 July, 2021 to 31 July, 2021.

डॉ. सुभाष सैनी (हिन्दी विभाग)

1. 4 जुलाई 2022 को अन्तर्राष्ट्रीय रक्तदान दिवस के उपलब्ध में, कल्पना चावला मेडिकल कॉलेज करनाल द्वारा आयोजित समारोह में सम्मानित।
2. 30 अप्रैल 2022 को दयाल सिंह कॉलेज में आयोजित राष्ट्रीय सेमिनार में शोध-पत्र प्रस्तुत किया।
विषय- भारतीय भाषाओं में समरसता और नई शिक्षा नीति।
3. इण्डियन जर्नल ऑफ सोशल साइंसिज के जुलाई-सितम्बर 2021 के अंक में सम्पादकीय विशेषज्ञ समिति (हिन्दी-विभाग) में कार्यभार का निर्वहन।
4. त्रैमासिक पत्रिका 'पुष्पगंधा' (ISSN 2320-7728) के नवम्बर 2021 - जनवरी 2022 के अंक में सम्पादकीय मंडल में सम्मिलित।
5. 27 दिसम्बर 2021 को कुरुक्षेत्र विश्वविद्यालय के यूथ रेड क्रॉस द्वारा आयोजित ओरिएंटेशन प्रोग्राम में भाग लिया।
6. 14 दिसम्बर 2021 को कुरुक्षेत्र विश्वविद्यालय के हिन्दी-विभाग द्वारा आयोजित राष्ट्रीय सेमिनार में शोध-पत्र प्रस्तुत किया।
7. 28 सितम्बर 2021 को सी.एस.एस.आर.आई. करनाल द्वारा आयोजित 'भाषण प्रतियोगिता' में निर्णायक के रूप में आमंत्रित एवं सम्मानित।

Dr. Devinder Singh (Dept. of Physics)

1. Attended and presented a paper in International Conference on "Recent Advances in Chemical Sciences - 2021" from 14-16. 07. 2021 organized by YMCA, Faridabad.

2. Attended and presented a paper in International Conference on "Recent Advances in Basic and Applied Sciences - 2021" from 27-28. 08. 2021 organized by BMU, Asthal Bohr, Rohtak.
 3. Attended and presented a paper in 27th International Conference of International Academy of Science on "Recent Advances in Solid Mechanics and Seismology - 2021" from 26-28. 10. 2021 organized by Department of Mathematics, KU, Kurukshetra.
 4. Attended and presented a paper in 1st International Conference on "Advancements in Chemistry and Allied Sciences - 2021" from 16-17. 12. 2021 organized by Department of Chemistry, DCRUST, Murthal.
 5. Attended and presented a paper in International Conference on "The Ancient Indian Knowledge System for Holistic Development" from 28-29. 01. 2022 organized by Dr. CV Raman University, Kota, Bilaspur, Chhatisgarh.
 6. Attended and presented a paper in 7th National Conference on "Innovations in Science, Engineering & Technology -2022" on 19. 02. 2022 organized at Arya PG College, Panipat.
 7. Attended and presented a paper in International Conference on "Advances in Science and Technology in 21st Century - 2022" from 26-27. 02. 2022 organized by MN College, Shahabad.
 8. Attended and presented a paper in International Conference on "Integrated Approaches in Science and Technology for Sustainable Future - 2022" from 28. 02. 2022 to 01. 03.2022 organized by YMCA, Faridabad.
 9. Attended and presented a paper in National Seminar on "Science, Technology and Innovation Efforts to address COVID-19" on 30. 03. 2022 organized by SD College, Ambala Cantt.
 10. Attended and presented a paper in International Conference on "Contemporary Trends and Challenges in Global Business Environment" from 08. 04. 2022 to 09. 04.2022 organized by MN College, Shahabad.
 11. Attended and presented a paper in International Conference on "New Trends in Chemical Research" from 29. 04. 2022 to 30. 04. 2022 organized by SUS Govt. College, MatakMajri, Karnal.
 12. Attended the Impact lecture on Intellectual Property Rights on 08. 06. 2022 organized by IIC, Dyal Singh College, Karnal.
 13. Attended a five days' workshop on Implementation of National Education Policy (NEP) – 2020 from 13. 06. 2022 to 17. 06. 2022 organized by KU, Kurukshetra.
- Dr. Renu Tanwar (Dept. of Economics)**
1. Attended one-week online workshop on "Econometrics using Eviews" held from August 23-28, 2021 organized by Centre for Sustainable Development and Policy Research Analysis, New Delhi.
 2. Participated in one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
 3. Attended a workshop on "Stock & Share Trading" on 20th April, 2022 organized by Commerce Association, Economics Association and Institution's Innovation Council of the college in association with Startup Incubator COE Karnal.
 4. Attended Impact Lectures (online mode) on Intellectual Property Rights held on 8th June, 2022 organized by Institution's Innovation Council of the college.
- Dr. Vishakha Gupta (Dept. of Mathematics)**
1. Presented a paper in 27th International Conference of International Academy of Physical Sciences on the topic "Recent Advances in Solid Mechanics and Seismology" organised by Department of Mathematics, Kurukshetra University, Kurukshetra during October 26-28, 2021.
 2. Attended International workshop on career awareness organised by S.U.S. Govt. College, Matak Majri, Karnal during January 18-22, 2022.
 3. Presented a paper in International Conference on "Integrated Approaches in Science and Technology for Sustainable Future" organised by J.C. Bose University of Science and technology, YMCA, Faridabad during 28 Feb.-1 March, 2022.
 4. Attended one day National webinar on "Empowering Women through Financial Independence" organised by Women Development Centre of the college in association with Board of Industry-Academia Partnerships on March 8, 2022.
 5. Presented a paper in "International conference on Advances in Science and Technology" in 21st century organised by Markanda National College, Shahabad Markanda during 26-27 Feb., 2022.

- Presented a paper in 2nd International Conference on "Recent Advances in Computational Mathematics and Engineering" organised by Department of Applied Sciences and Humanities, B.K. Birla Institute of Engineering and Technology, Pilani, Rajasthan during May 30-31, 2022.

Mr. Dinesh Kumar (Dept. of English)

- Edited a book titled *English Language as Mediator of Human-Machine Communication* by Natalia Lazebna, Associate Professor, Zaporizhzhia Polytechnic National University, Ukraine in the month of July, 2022, ISBN NO. 978-81-948672-1-0.
- Presented a Research Paper titled "Re-defining Womanhood: A Critical Analysis of Anita Desai's Maya in *Cry, The Peacock*, and R.K. Narayan's Sushila in *The English Teacher*" at One Day D.G.H.E Sponsored National Virtual Conference on the topic "Gender and Identity: An Eco-Feminist Perspective to Indian Literature" organized by Department of English, K.V.A.D.A.V College for Women, Karnal on July 3, 2021.
- Presented a Research Paper titled **Double Marginalisation of Females in Arundhati Roy's "The God of Small Things"** at One Day D.G.H.E Sponsored National Virtual Conference on the topic "Writings from the Marginalised: Nature and Scope" organized by Department of English, Government College, Narayangarh on July 14, 2021
- Published a Book Chapter titled "Theme of Courtship and Matrimony in William Congreve's *The Way of the World*", in the month of November, 2021 in the book entitled **Multidisciplinary Approaches in Research** with ISBN number 978-93-91479-24-4.
- Published a Book Chapter titled "Feministic Perspectives in Shashi Deshpande's Fictional Works: A Postcolonial Study" in the book "Gender, Resistance and Subalternity: Musings from Indian Writings" in the month of August, 2021 with ISBN number 97-89354-463-50-1.
- Published a Book as a sole author titled "Feministic Ethos in Pre-Independence and Post-Independence Indian Literature: A Comprehensive Study", in the month of September with ISBN number 978-620-3-921908 from Lambert Publication (Germany) in 2021.
- Presented a Research Paper on the Topic "Dalit Consciousness in Indian Novel: A Critical Appraisal" at Two Day UGC Sponsored International Virtual Conference on the Topic 'Contemporary Trends in World Literatures, Language and Cultural Studies in English' organized by Departments of English of Bhopal School of Social Sciences(BSSS) and Christ College(Autonomous) on September, 29- 30, 2021.
- Published a Review of the book (ISBN NO. 978-81-948672-1-0) titled, *English Language as Mediator of Human-Machine Communication* in the month of September, 2021 by Natalia Lazebna, Associate Professor, Zaporizhzhia Polytechnic University, Ukraine in the Zaporizhzhia National University Philology Journal, Visnyk, Ukraine with ISSN NO. 2414-9594 NO.1, 2021.
- Appointed as a Member, Editorial Board, INTERNATIONAL ENGINEERING JOURNAL FOR RESEARCH AND DEVELOPMENT, E-ISSN NO. 2349-0721, SJIF 7.169, DOI 10.17605.
- Appointed as an Associate Editor, Editorial Board, ISSRA JOURNAL OF Education, Linguistics and Literature, IJELL.
- Delivered an extension lecture on the topic Feministic Aspects in Post-Independence Indian literature: A Critical Survey on 10th September, 2021, Session VI in an International Virtual Seminar on Language, Literature Linguistics and Cultural Study on 10-10-2021.
- Appointed a Member, Editorial Board for the Journal The Knowledge Hive of Creative Writing (English) Honey Publication in the month of September, 2022.
- Presented a Research Paper on the Topic "Humanism in Mulk Raj Anand's Novel, *Untouchable: A Critical Evaluation*" at Two Day Virtual Conference on the Topic International Conference on Humanities through Literature, Film and Media, Organised by Department of English, School of Social Sciences and Languages, Vellore Institute of Technology, Chennai, on October, 19-20, 2021.
- Published a Book Chapter titled "Role of Women in the History of English Literature: A Comprehensive Study" in the month of October, 2021 in the book entitled "Existential and Cultural Concerns of Women in the Contemporary Society" in the month of October, 2021 with ISBN number 978-93-91467-25-8.
- Delivered an extension lecture on the topic 'Postcolonialism in Kamala Markandaya's Fictional

- Works: A Critical Study' on 31th September, 2021, Session IX in an International Virtual Seminar on Language, Literature, Linguistics and Cultural Study.
16. Published a Book Chapter titled "Feministic Concerns in Pre-Independence Indian Literature: A Critical Study" in the month of November, 2021 in the book "Contemporary Indian Writing and Education" in the month of November, 2021 with ISBN number 978-1684-878499.
 17. Delivered an extension lecture on the topic "Indian English Drama: A Pre-Independence and Post-Independence Analysis" on 7th November, 2021, Session X in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study.
 18. Chaired a Technical Session at Two Day International Virtual Conference CROSSROADS: An International Approach to English Language and Literature, organised by Vel Tech, School of Science and Humanities, The Department of English on 17th and 18th November, 2021.
 19. Presented a Research Paper on the Topic "The Voice of Dalits and Tribals in the Fourth World Literature: A Critical Perspective" at Three Day International Virtual Conference on the Topic "Fourth World Literature: Voices of the Marginalised with Special Reference to Northeast India organised by Department of English, TETSO College, Nagaland in collaboration with Indian Council of Social Science Research (ICSSR) on November, 22-24, 2021.
 20. Chaired a Technical Session on 26-11-2021 at Three Day International Virtual Conference on Postcolonial Studies organised by Department of English, Annai Velankanni College, Tholayavattam, Kanyakumari Tamilnadu (India) from 25-27, November, 2021 from 2:45 P.M. to 3:45P.M.
 21. Chaired a technical session in a Round Table Discussion on the Topic English for Specific Purpose (ESP) organised by Foreign Language Department of ZS Medical University, Ukraine on 30-11-2021.
 22. Delivered an extension lecture on the topic "Depiction of Middle Class Society in George Orwell's Fiction: A Comprehensive Study" on 5th December, 2021 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA.
 23. Presented a Research Paper titled "Diasporic Trajectories: The Concept of Belonging and Homelessness" in Amitav Ghosh's Fiction" at Three Day International Virtual Conference on the Topic "Belonging and Homelessness organised by Department of English, B.R. Ambedkar College, Nadia, West Bengal (India) on December 17-19, 2021.
 24. Published a Book Chapter titled "Role of English Language during Pre-Independence and Post-Independence India: A Critical Appraisal" in the book "Nova Spatium Sapientiae: Fresh Sensibilities in Art and Culture Contemporary Indian Writing and Education" in the month of December, 2021 with ISBN number 979-88854-665-85.
 25. Attended Two Day Faculty Development Programme on English Languages and its Necessity for Society organized by VEL TECH MULTI TECH Dr. Rangarajan Dr. Sakuntala Engineering College (An Autonomous Institution Approved by AICTE, Affiliated to Anna University, Chennai from December 27- 28, 2021.
 26. Presented a Research Paper Titled "English as Second Language in India and its Role: A Critical Evaluation" at Two Day International E-Conference on the Topic "Emerging Trends in English Language, Literature and Linguistic organised by Department of English, KL University, Andhra Pradesh on December, 29-30, 2021.
 27. Published a Book Chapter titled "Growth and Evolution of Indian Drama: A Pre-Independence Aspect" in the book "Drama and Theatre: Nuances of Art and Performance" with ISBN Number 978-93-92189-18-0 in the month of December, 2021.
 28. Published a Book Chapter titled "Search for Identity in Dalit Autobiographies: A Critical Assessment" in the book titled "DALIT VOICES" ISSN NO 978-93-5529-239-1 published by Author Press in the month of December, 2021.
 29. Published a Research Paper titled "A Critical Appraisal of T.S. Eliot's Tradition and Individual Talent" in the month of December, 2021 in a quarterly online multidisciplinary peer reviewed journal, Shod Sankalp Education and Research ISSN NO. 2582-9033.
 30. Published a Book Chapter titled "Position of Women during the Pre-Independence Era: A Critical Evaluation" in the book titled "Gender in 21st Century: Multidisciplinary Reflection on Struggles and Progress" published by Orange Books Publication in the month of January, 2022 With ISBN Number 978-93-92878-45-9.
 31. Delivered an extension lecture on the topic A Critical Study of Postcolonial Indian Authors in Indian Writing

- in English on 17th January, 2022 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA.
32. Published a Book Chapter titled "Trauma of Partition in Attia Hosain's *Sunlight on a Broken Column*" in the book, titled, War, Violence and Trauma Narratives in Literature published Perception Publishing House, New Delhi in the month of February, 2022 With ISBN Number 978-93-92189-11-1.
 33. Participated in One Day International Virtual Conference on Research Methodologies in Contemporary Times; exploring English Language, Literature and Teaching organized by SRR and CVR Government Degree College (AUTONOMOUS) Vijayawada Krishna District, Andhra Pradesh, India on 05-02-2022.
 34. Published a Book Chapter titled "Concept of Eco-criticism in the Indian Novels: A Critical Assessment" in the book titled "Environmental Issues and Viable Participation Through Literary Perspective Published by Author Press Publication in the month of January, 2022 With ISBN Number 978-93-91314-29-3.
 35. Delivered an extension lecture on the topic Raja Rao's Kanthapura: A Gandhian Epic on 6th February, 2022 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA.
 36. Published a Research Paper Titled Technique of Magic Realism in Isabel Allende's *The House of the Spirits* in the month of February, 2022 in half yearly Ulrichweb™ Listed International Double Blind Peer Reviewed Multidisciplinary Refereed Journal for Research Technology and Seminar ISSN NO. 2347-6117.
 37. Published a Research Paper Titled Man-Woman Relationships in R.K. Narayan's *The Guide* in the month of February, 2022 in Literary Horizon, An International Peer-Reviewed English Journal, Vol. 2, Issue 1, February, 2022, ISSN: 2583-0201 Impact Factor: 4.399
 38. Delivered an extension lecture on the topic "A Critical Study of Individual's Search for Freedom and Self-Realisation in Nayantara Sehgal's Fiction" on 1st May, 2022 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA.
 39. Presented a Research Paper on the titled "Concept of Homelessness" in Amitav Ghosh's Novel, *The Shadow Lines: A Critical Study* at Two Day International E-Conference on the Topic Post-Truth: Actual Verses Alternate Reality organised by Department of English, Kanoria PG Mahila Mahavidyalaya, Jaipur from 25th February to 26th February, 2022.
 40. Presented a Research Paper titled "Portrayal of Traditional Image of Females in Indian Cinema: A Critical Study" at Three Day International Webinar on the topic 'Exploring the Intersection of Literary Studies, Film Studies and Gender Studies' Organised by Department of English, Shivaji University, Kohlapur from 28th February to 2nd March, 2022.
 41. Delivered an extension lecture on the topic "A Critical Study of Traditional Image of Indian Women in Kamala Markandaya's Fiction" on 13th April, 2022 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA.
 42. Published a Book Chapter titled "Delineation of Pandemic Crisis in Literature: A Comprehensive Study" in the book titled "Humanitarian Celebrations and Pandemic in India Published by Yaking Book Publishers in the month of March, 2022 With ISBN Number 978-93-92240-20-1.
 43. Chaired a Technical Session on 18-03-2022 at Two Day International Virtual Conference on Commonwealth Literature: Comprehensive and Critical Perspectives Postcolonial Studies Organised by Department of English, Sri Ramakrishnan College of Arts and Science for Women Coimbatore, Tamilnadu (India) from 18-19, March, 2021
 44. Presented a Research Paper titled "Concept of Slavery in Toni Morrison's Novel, *Beloved: A Critical Study*" at One Day online International Conference on the topic "Race, Ethnicity and Migration in Postcolonial Literature" Organised by Department of English, Aligarh Muslim University, Centre Murshidabad, WB on March, 23, 2022.
 45. Attended and Participated in One Day National Level Virtual Workshop on Communication Enhancement for Skill Development organized by the Department of English in collaboration with Innovation Cell, supported by RUSA on March, 28, 2022.
 46. Delivered an Inaugural Address as a Resource Person on the topic "Concept of Indianness in Nissim Ezekiel's Poetry: A Critical Evaluation" at One Day National Level Virtual Conference on Indian Sensibility in Indian Writing in English organized by Department of English, Dr. Gopalrao Khedkar

- Mahavidyalaya Gadegaon (Telhara) Distt. Akola in Collaboration with Commerce College, Warvat Bakal, Distt. Buldana on 29th March, 2022.
47. Published a Book Chapter titled "Concept of Romantic Melancholy in Romantic Literature: A Critical Appraisal" in the book titled "Musing on World Poetry" Published by Unity College Publication, Kerala in the month of April, 2022 With ISBN Number 978-93-5457-798-7.
 48. Presented a Research Paper titled "Ecological Concerns in Kamala Markandaya's Nectar in a Sieve: A Critical Appraisal" in the National E-Conference online International Conference on the Topic Ecological Concerns in English Literature Organised by School of Language Studies and Research Centre KBC NMU, Jalgaon, on April, 5, 2022.
 49. Presented a Research Paper titled "Humanitarian Perspectives in Guru Nanak Dev's Writings: A Critical Study" in one day Multidisciplinary National Seminar on Guru Nanak Dev Ji Da Baani Sansar Organised by Department of Punjabi, Dyal Singh College, Karnal in collaboration with Haryana Punjabi Sahitya Academy, Panchkula on April, 16, 2022.
 50. Delivered an extension lecture on the topic "Element of Subjectivity in R.K. Narayan's Short Stories: A Critical Appraisal" on 17th April, 2022 in an International Virtual Seminar on Language, Literature Linguistic and Cultural Study organised by WELLTTA
 51. Presented a Research Paper titled "Mapping Transformation for Emotionally Deprived self: A Study of Kamala Das' My Story" at One Day International Virtual Conference on Emerging Trends and Challenges in English Literature, Art and Culture on 22-04-2022 Organised by Department of English, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, Distt. Rupanagar, Punjab.
 52. Chaired a Technical Session at One Day International Virtual Conference on Emerging Trends and Challenges in English Literature, Art and Culture on 22-04-2022 Organised by Department of English, Sri Guru Teg Bahadur Khalsa College, Sri Anandpur Sahib, Distt. Rupanagar, Punjab.
 53. Published a Research Paper titled "The Way of the World as an Anti-Sentimental Comedy: A Critical Assessment" in the month of April, 2022 in an Open Access international journal European Journal of Social Sciences Novus, Italy {01(01),010005EINSS} e-ISSN 2783-5236.
 54. Presented a Research Paper titled "Dalit Poetry: A Mirror of Dr. Ambedkar's Idea of Marginality" at One Day National Conference on Emerging Trends in Contemporary Literature on 30-04-2022 organised by Department of English, Sh. L.N. Hindu College, Rohtak.
 55. Chaired a Technical Session at One Day National Conference on "Emerging Trends in Contemporary Literature" on 30-04-2022 Organised by Department of English, Sh. L.N. Hindu College, Rohtak.
 56. Published a Research Paper titled "Indian Sensibility in Nissim Ezekiel's Poetry: A Critical Evaluation" in the month of May, 2022 in Multilingual International Referred Journal IJIF ISSN NO. 2313-9318, Impact Factor: 8.14.
 57. Published a Research Paper titled "Intricacies of Human Relationships in Jayant Mahapatra's Poetry: A Critical Survey" in the month of June, 2022 in an Annual Blind Peer-reviewed Referred Journal Epitome of Education, ISSN No. 2581-4680, Vol-4, Number 2.
 58. Delivered an extension lecture on the topic "Role and Scope of Communication Skills in Present Scenario" on 27th May, 2022 at Maharana Pratap Horticulture University, Karnal.
 59. Delivered an online extension lecture on the topic One Act Plays, Five Act Plays, and The Elements of Conflict in Shakespeare's Play, The Merchant of Venice on 30th May, 2022 at Arya Kanya Mahavidyalaya, Shahbad Markanda, Distt. Kurukshetra.

Mr. Sandeep Kumar (Dept. of Chemistry)

1. Participated in One Week Online Faculty Development Programme on "Applied Chemistry: A Catalyst for Scientific Transformation" from 23-08-2021 to 28-08-2021 organized by the Department of Chemistry, Faculty of Science, SGT University, Gurugram (Haryana).
2. Participated in Three Day Online National Faculty Development Programme on "Recent Trends in Science and Technology" from 28-02-2022 to 02-03-2022 organised by Guru Nanak Khalsa College, Yamuna Nagar (Haryana) in collaboration with DAV College, Karnal and BAR Janta College, Kaul, Haryana.
3. Participated in National One Week Online Faculty Development Programme on "ICT Tools for Effective Teaching and Learning" from 23-05-2022

to 28-05-2022 organized by the Kamla Nehru Mahavidyalaya, Nagpur (Maharashtra).

4. Participated in the National Workshop on 'Good Laboratory Practices in Biological and Chemical Sciences' organized by the Biological & Chemical Waste Management Committee, Bhaskaracharya College of Applied Sciences and Mehr Chand Mahajan DAV College for Women, Chandigarh and AFSTI, Delhi Chapter under the aegis of IQAC and DBT Star College Scheme on March 10, 2022 (online mode).
5. Participated in Two day online International Conference on the topic "New Trends in Chemical Research" organized by Department of Chemistry, SUS Government College, Matak Majri, Karnal on April 29-30, 2022.

Dr. Anita Aggarwal (Dept. of Political Science)

1. Participated in one-week FDP on "INNOVATIVE APPROACHES IN MANAGEMENT TEACHING", organised by PIET, from March 22-26, 2022.
2. Participated in one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
3. Completed an Online Certificate Course Cum Workshop of 10 days (32 hours) on "Mastering Excel: Tour from Beginners to Advance" organized by Department of Computer Science & Applications in Collaboration with Career Guidance Cell, Sanatan Dharma College, Ambala Cantt, K U, Kurukshetra from January 21-30, 2022.

Ms. Aastha Bhatia (Dept. of English)

1. Participated in one day national workshop on "INFLIBNET: Sources, Services and Open Educational Resources" organised by the College Library on 28.1.2022.
2. Participated in One-Day National E-Workshop on "ICT in Teaching-Learning Process" organised by IQAC of CISKMV-Pundri(Kaithal) on 29.1.2022.
3. Participated in the National Conference on Human Relationships in Literature and Society: The Pre and Post Pandemic Perspectives organised by Poojya Same Guruji Vidya Prasarak Mandal's S.I. Patil Arts, G.B.Patel Sciences and S.T.K.V.S. Commerce College, Shahada, Distt. Nandurbar, Maharashtra

in association with English Language Teachers' Association of India on 11.2.2022.

4. Participated in one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
5. Attended one-week online FDP on "Beyond Language Learning and Acquisition: Teachers' Practical Approach in Higher Education" organised by Guru Angad Dev Teaching Learning Center of MHRD from 10.3.2022. to 17.3.2022 and obtained A+ Grade.
6. Participated and presented a paper titled "Social Relevance of Guru Nanak Dev's Teachings" in One day Multidisciplinary National Seminar on "Guru Nanak Dev Ji Da Baani Sansar" organised by the College in association with Haryana Punjabi Sahitya Academy, Panchkula on 16.4.2022.
7. Attended the Impact Lectures (Online Mode)- Session 1 on Intellectual Property Rights(IPR) (under MIC-Impact Lectures Scheme) on 8.6.2022 organised by IPR Cell of Institution Innovation Council of the College.

Dr. Pooja Malhotra (Dept. of Commerce)

1. Research Papers (Published): Malhotra, P. Pandey, D. Pandey, B.K. and Patra, P.M. 2021. Managing agricultural supply chains in COVID-19 lockdown, International Journal of Quality and Innovation, Vol 5, No. 02.
2. Paper Presentation:
 - i. Paper titled, "Digital Financial Services in India- Opportunities and Challenges", presented at National Online Conference on "Paradigm Shifts in Business Environment" organised by I.B. College, Panipat on 26th August, 2021
 - ii. Paper titled. "Management Lessons from BhagwadGita: The Verse of God" presented at 6th International Seminar on Vishwa Guru Bharat: Lessons From Bhagavad Gita organised by Kurukshetra University, Kurukshetra from 9-11 Dec 2021.
 - iii. Paper titled "Green Marketing: Opportunities and Challenges" presented at DGHE, Haryana approved two days E-Conference on "Contemporary Trends and Challenges in Global

Business Environment" organized by Markanda National College, Shahabad Markanda, Haryana on 8th-9th April 2022.

3. FDPs/Webinars/Workshops Attended:

- i. Webinar on "Sharing Experiences of NAAC Accreditation Process: Affiliated Colleges with grade A+/A++ in NAAC RAF" organized by SD College, Ambala on July 24, 2021.
 - ii. Five Days FDP on "Tax Computation, Planning & Filing of ITR" organised by Faculty of Commerce and Management, SGT University, from July 19-23, 2021.
 - iii. Five Days FDP on "Investing in Capital Markets" organised by Faculty of Commerce and Management, SGT University, from July 26-30, 2021.
 - iv. Two Days Workshop on "Business Case Writing" organised by Faculty of Commerce and Management, SGT University, from August 05-06, 2021.
 - v. AICTE Training and Learning (ATAL) Academy Online Elementary FDP on "Information and Communication Technology in Education" from August 9-13, 2021 organised by Dr. B R Ambedkar National Institute of Technology.
 - vi. Orientation Programme cum Life Skills seminar by Dept of Commerce, KUK on January 31, 2022.
4. Coordinator, National Webinar on "Customize Your Career through Soft Skills" organised by Career Guidance and Placement Cell of the college on July 10, 2021.
 5. Resource Person in National Seminar on "Emerging Issues in Commerce and Management" organised by Dept of Commerce, D.A.V. (P.G.) College, Karnal on March 25, 2022.
 6. Coordinator, National Level Online Essay Writing Competition, organised by the Commerce Association, of the college.

Dr. Dimple Khosla (Dept. of Commerce)

1. Participated in one day National Webinar on "The Importance of Data Visualisation" organised by Guru Angad Dev Teaching Learning Centre, SGTB Khalsa College, University of Delhi under the PMMMMNMTT of MOE on August 21, 2021.

2. Attended One Day orientation programme organized by NSS, Kurukshetra University, Kurukshetra on 2nd September 2021.
3. Participated in one day State Level Workshop on "ITR For Individual and Institute" organised by Government College, Narnaund (Hisar) on December 18, 2021.
4. Participated in Panel discussion on "Decoding Budget-2022 For a Progressive India" organised by University School of Business- Chandigarh University on February 5, 2022.
5. Participated in National Webinar on "Deciphering Union Budget 2022: Implication for Common Man" organised by Haryana Commerce and Management Association on February 9, 2022.
6. Article titled "Online Teaching: The Strategic paradigm" published in a book titled "Managing Education: Post Covid Challenges and Opportunities" published by Haryana State Higher Education Council. Hon'ble Governor Shri Bandaru Dattatreya launched the book in Haryana Niwas on June 10, 2022.
7. Presented a Research paper titled "Pattern and Severity of Road Accidents in Haryana: A Spatial-Temporal Analysis" in DGHE sponsored One day National Seminar on "Road Safety Awareness in India" organized by NSS and YRC S.D. College, Ambala on March 5, 2022.
8. Participated in National webinar on "Empowering Women Through Financial Independence" organized by Board of Industry Academia Partnerships in Association with Dyal Singh College, Karnal on March 08, 2022.
9. Invited as Resource person in One Day DGHE Sponsored National Seminar organized by DAV (PG) College, Karnal on the topic "Emerging Issues in Commerce and Management" on March 25th, 2022.
10. Presented a Research paper titled "Student's Perception regarding Technology Adoption in teaching and learning during Covid-19 in Haryana" in two-day International Conference on 'Online Learning and Innovation in teaching pedagogy' organized by Centre for Distance and Online Education, Aligarh Muslim University, Aligarh on March 30-31, 2022.
11. Appointed as a member of NSS Screening Committee of Kurukshetra University, Kurukshetra.

Dr. Parveen Kumar (Dept. of History)

1. Attended a webinar on "Gandhian Chintan avem Azadi ke vividh Aayam" organised by GMN College, Ambala Cantt. on October 2, 2021.
2. As a convener organised National Level Essay Writing Competition in December 2021.
3. Presented a research paper entitled 'Sir Chhotu Ram: A Reformer Par Excellence' in sixth virtual session of two days National Conference of Haryana History Congress on December 11-12, 2021.
4. Presented a research paper entitled "Non-Cooperation Movement and Haryana Region: An Overview" in National E-Conference organised by I.B.College, Panipat on January 22, 2022.
5. Attended One Week Short Term Course organised by UGC – HRDC, BPSKMV Khanpur Kalan (Sonipat) from February 22-28, 2022.
6. Presented a research paper entitled "Relevance of Mahatma Gandhi's Social Ideology in Present Context" in National Seminar organised by Department of History, KUK on April 29, 2022.
7. Organised educational trip to Rakhi Garhi (Hisar), Harappan Site (excavated by A.S.I.) on May 21, 2022.

Dr. Vandana Sabherwal (Dept. of Commerce)

1. Presented a paper entitled "Digital Financial Services in India: Opportunities and Challenges" in National Online Conference On Paradigm Shifts in Business Environment, Organised by I.B. (PG) College, Panipat on 26th August 2021.
2. Participated in 2 week Online Refresher Course in Business Studies on the theme "Redesigning Business and Education in Post Pandemic Era" from 31-8-21 to 13-9-21 organised by UGC, HRDC Kurukshetra University, Kurukshetra (Haryana).
3. Presented a paper entitled "Online Retailing- Issues and Challenges" in National Conference on Road to Recovery: New Dimensions and Challenges for Indian Economy, sponsored by Higher Education Department, Haryana, Organised by S.D. (PG) College, Panipat on October 30-31, 2021.
4. Co-coordinator, one-day webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in

association with Women Development Centre of the college.

5. Presented a paper entitled "Status and Condition of Women in the past and present scenario: A Literature Review" in National Seminar Sponsored by DGHE organised by KAV, DAV College for Women, Karnal on 7th May, 2022.

Dr. Usha Rani (Dept. of English)

1. Successfully completed online Subject Refresher Course in English from 23rd September 2021 to 08th October 2021 organized by UGC-HRDC, Aligarh Muslim University, Aligarh and obtained Grade 'A'.
2. Attended One Day National Workshop on "INFLIBNET: Sources, Services and Open Education Resources" organized by the College Library on January 28, 2022.
3. Presented a research paper entitled "Matrix of Relatability in William Shakespeare's Plays" in International Seminar on "Communication Skills in Shakespeare" organised by Hindu Girls College, Jagadhari on March 04, 2022.
4. Attended one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
5. Successfully completed One Week Online Faculty Development Programme on "Beyond Language Learning and Acquisition: Teachers Practical Approach in Higher Education" from March 10-17, 2022 organized under PMMMNM and obtained Grade 'A+'.
6. Attended impact lectures on "Intellectual Property Rights (IPR)" organised by Institution's Innovation Council of the College on 8th June, 2022.

Dr. Yashwanti Devi (Dept. of Hindi)

1. 3 एफडीपी, 1 कार्यशाला, 11 राष्ट्रीय वेबीनार, 2 अंतरराष्ट्रीय वेबीनार, 1 पांच दिवसीय ई- कार्यशाला में भाग लिया और 3 सर्टिफिकेट कोर्स किए।
2. रामानुजन कॉलेज, शिक्षण अध्ययन केंद्र (दिल्ली विश्वविद्यालय) द्वारा आयोजित एक सप्ताह का संकाय विकास कार्यक्रम- 'अकादमिक लेखन' (17-23 अगस्त 2021) में भाग लिया और ए+ ग्रेड प्राप्त किया।

3. पंडित जवाहरलाल नेहरू स्नातकोत्तर महाविद्यालय फरीदाबाद द्वारा आयोजित एक दिवसीय राष्ट्रीय संगोष्ठी (26 अगस्त 2021) में पेपर प्रस्तुत किया जिसका विषय था- 'वैश्विक पटल पर हिंदी भाषा और साहित्य'
4. आई० बी० स्नातकोत्तर महाविद्यालय पानीपत द्वारा आयोजित एक दिवसीय अंतरराष्ट्रीय ई-सम्मेलन (उच्चतर शिक्षा निदेशालय, पंचकूला द्वारा अनुमोदित) 8 सितंबर 2021, में पेपर प्रस्तुत किया जिसका विषय था- 'विश्व में हिंदी के बढ़ते चरण'
5. डॉ. भीमराव अंबेडकर राजकीय महाविद्यालय जगदीशपुरा, कैथल, हरियाणा हिंदी विभाग के द्वारा उच्चतर शिक्षा विभाग, पंचकूला, हरियाणा के तत्वावधान में एक दिवसीय अंतरराष्ट्रीय ई-संगोष्ठी आयोजित की गई (13 सितंबर 2021) जिसमें शोध पत्र प्रस्तुत किया जिसका विषय था- 'वैश्विक स्तर पर हिंदी भाषा: दशा व दिशा'
6. रामानुजन कॉलेज, शिक्षण अध्ययन केंद्र (दिल्ली विश्वविद्यालय), हिंदी विभाग, सरस्वती संगीत कला महाविद्यालय, लातूर महाराष्ट्र, गंगामाई एजुकेशन ट्रस्ट का कला, वाणिज्य एवं विज्ञान महाविद्यालय, नगाव, धुले, महाराष्ट्र, श्रीमती सी. आर. गार्डी, आर्ट्स कॉलेज मुनपुर, गुजरात और हिंदी विभाग कॉटन विश्वविद्यालय, गुवाहाटी, असम, के संयुक्त तत्वावधान में 6 नवंबर से 20 नवंबर, 2021 तक द्वि साप्ताहिक संवर्धन कार्यक्रम में भाग लिया और शोध पत्र प्रस्तुत किया जिसका विषय था- 'मीडिया की हिंदी और हिंदी का मीडिया 'तथा ए+ ग्रेड प्राप्त किया।
7. दयाल सिंह कॉलेज, करनाल में 20 दिसंबर, 2021 में हिंदी साहित्य परिषद द्वारा आयोजित निबंध लेखन, नारा लेखन, कहानी लेखन, कविता लेखन प्रतियोगिताओं में उपाध्यक्ष।
8. 8वीं ऑनलाइन एक महीना फैकेल्टी इंडक्शन प्रोग्राम में भाग लिया और 'ए' ग्रेड प्राप्त किया। इसका आयोजन यूजीसी-एचआरडीसी जामिया मिलिया इस्लामिया, न्यू दिल्ली द्वारा 15 फरवरी से 16 मार्च 2022 तक किया गया।
9. हिंदी विभाग, रामानुजन महाविद्यालय, दिल्ली विश्वविद्यालय और विश्वविद्यालय अनुदान आयोग, भारत सरकार के संयुक्त तत्वावधान में 'वैश्विक साहित्य में राम' विषय पर आयोजित दो दिवसीय राष्ट्रीय संगोष्ठी (28-29 मार्च 2022) में 'तुलसी साहित्य में राम' विषय पर पेपर प्रस्तुत किया।
10. पुस्तक अध्याय, 'अनुवाद: स्वरूप और क्षेत्र', 'प्रयोजनमूलक हिंदी: विविध आयाम' (डॉ. पोपट बिरारी) ग्रन्थ में प्रकाशित हुआ। प्रकाशक अकेडमिक बुक पब्लिकेशन्स, जलगांवा संस्करण: प्रथम, जनवरी 2022
11. पुस्तक अध्याय, 'अज्ञेय के साहित्य में संवेदनशीलता', पुस्तक: 'मानवीय सरोकारों के शब्द शिल्पी: अज्ञेय' स्वराज प्रकाशन, नई दिल्ली, प्रथम संस्करण: 2022 में प्रकाशित हुआ।
12. हिन्दी साहित्य परिषद, दयाल सिंह कॉलेज, करनाल द्वारा 17.02.2022 को आयोजित राष्ट्रीय साहित्यिक प्रश्नोत्तरी प्रतियोगिता में उपाध्यक्ष।
13. हिंदी साहित्य परिषद, दयाल सिंह कॉलेज, करनाल द्वारा 18.02.2022 को आयोजित डॉ. रतन चंद्र शर्मा स्मृति राज्य स्तरीय ऑनलाइन कविता- पाठ प्रतियोगिता में उपाध्यक्ष।
14. महिला विकास प्रकोष्ठ, दयाल सिंह कॉलेज, करनाल द्वारा 7 जनवरी 2022 को आयोजित ऑनलाइन पोस्टर मेकिंग और स्लोगन राइटिंग प्रतियोगिता में कोऑर्डिनेटर।
15. दयाल सिंह महाविद्यालय करनाल में आयोजित एक दिवसीय राष्ट्रीय संस्कृत संगोष्ठी (हरियाणा- संस्कृत- अकादमी, पंचकूला एवं दयाल सिंह महाविद्यालय, करनाल के संयुक्त तत्वावधान) में दिनांक 30 अप्रैल 2022, को "हिंदी भाषा और संस्कृति के संवर्धन का आधार : राष्ट्रीय शिक्षा नीति 2020" विषय पर शोध पत्र प्रस्तुत किया।
16. आयोजक समिति, महिला विकास प्रकोष्ठ और भारत विकास परिषद के संयुक्त तत्वावधान में 18 मई, 2022 को आयोजित पोस्टर मेकिंग तथा स्लोगन राइटिंग प्रतियोगिताएं।

Dr. Aman Preet Kaur Kalsi (Dept. of Zoology)

1. Published Research Paper: Kumar H, Halder A, Sharma M, Jain M, Kalsi AK. Dihydrotestosterone – A Potential Biomarker of Hyperandrogenaemia in Polycystic Ovary Syndrome: A Case-control Study from North India. JCDR. 2022 Feb; 16(2):QC09-QC14. DOI: 10.7860/JCDR/2022/51169.15962. IF – 0.3 (SJR)
2. Delivered Invited Lecture: Kalsi AK, Halder A, Jain M. Epigenetics in Etiopathology of Hyperprolactinemia. ISGE, Gynecological Endocrinology, The 20th World Congress, 11-14 May 2022, Florence, Italy (Oral Presentation along with Scholarship exempting 2 year Congress Registration Fee).
3. Successfully completed Online Course on "Introduction to Systematic Review and Meta-analysis" by John Hopkins University from Sept. 06 to Oct. 18, 2022.
4. Participated in one-day National webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.

Dr. Aditi Shreeya Bali (Dept. of Botany)

1. Published 2 Chapters in Books:
 - i. Cadmium uptake, toxicity and tolerance in plants. In: Heavy metal toxicity in plants: Physiological and Molecular adaptations, 193. CRC Press. Bali, A. S., & Sidhu, G. P. S. (2021).
 - ii. Plant responses to drought stress: role of brassinosteroids. In: Brassinosteroids in Plant Developmental Biology and Stress Tolerance (pp. 201-216). Academic Press. Sidhu, G.P.S. & Bali, A.S. (2022).
2. Participated in an online workshop on "Careers and Opportunities for Women in STEM" organized by WIS forum of Kurukshetra University Kurukshetra in staggered manner from August 14th, 2021 to October 16th, 2021.
3. Participated in International Conference on "Integrated Approaches in Science & Technology for Sustainable Future" from 28.2.2022-1.3.2022 at J.C. Bose University of Science & Technology, YMCA, Faridabad and presented a poster (online) on "Role of Environment friendly allelopathic compounds from *Callistemon viminalis* in management of weeds".
4. Participated in Two-week Refresher Course in Biomedical Content Writing from 10.2.2022-24.2.2022 conducted by TLC, Ramanujan College, University of Delhi.

Dr. Kapil (Dept. of Chemistry)

1. Research Papers (Published)
 - i. Effect of agar and walnut (*Juglans regia* L.) shell fibre addition on thermal stability, water barrier, biodegradability and mechanical properties of corn starch composites in Journal of Indian Chemical Engineer, ISSN: 0975-007X. Published: August 22, 2021. <http://dx.doi.org/10.1080/00194506.2021.1967205>
 - ii. Preparation, Characterization and Properties of some Acrylic Base Latex: (A-Review) in ORIENTAL JOURNAL OF CHEMISTRY, ISSN: 0970-020 X, Vol. 37 (5): 1002-1016, Accepted: 15th October, 2021. <http://dx.doi.org/10.13005/ojc/370501>
 - iii. Poly (Vinyl Alcohol)/ Carboxymethyl Cellulose Sodium Salt/ Carrot Fiber-Containing Composite Thin Films: Thermomechanical And Biodegradation Study in Rasayan Journal of Chemistry, ISSN: 0974-1496, Vol. 14(4): 2224-2235. Accepted: December, 2021. <http://doi.org/10.31788/RJC.2021.1446445>
 - iv. A sustainable approach to the development of highly degradable packaging films of pectin/guar gum/polyvinylpyrrolidone: Thermal, biodegradation, and mechanical studies with statistical optimization; 16 January, 2022. Journal of Applied Polymer Science, ISSN: 1097-4628. <https://doi.org/10.1002/app.52232>
 - v. Thermal, flammability and iso-conversional multiple heating rate kinetic studies of impregnated poplar wood veneers; May 12, 2022. Journal of Indian Academy of Wood Sciences, ISSN: 0972-172X. <https://doi.org/10.1007/s13196-022-00289->
2. Presented a Research paper in International Virtual Conference on "Chemical Research for Sustainable Development (ICCRSD-2021)" organized by SRM Institute of Science and Technology Ramapuram Campus, Chennai, Department of Chemistry on 24-25th September, 2021.
3. Awarded with the Degree of "Doctor of Philosophy" in Chemistry from Kurukshetra University, Kurukshetra on 18th October, 2021.
4. Attended a Three Day Virtual Faculty Development Programme on "Emerging Trends in Chemistry" organised by the Department of Chemistry, Kongu Engineering College, Perundurai, Erode from 13-15th December, 2021.
5. Delivered an Extension Lecture on the topic "Plastic Waste Management: Turning Challenges into Opportunities" in Rajiv Gandhi Government College, Saha (Ambala) on February 9, 2022.
6. Presented a research paper in International Conference on "Integrated Approaches in Science & Technology for Sustainable Future" organised by J.C. Bose University of Science & Technology, YMCA, Faridabad held on 28 Feb-1 March, 2022.
7. Member of the organising committee of Award Ceremony of Goyal Prizes, Kurukshetra University, Kurukshetra (organised on April 8, 2022) and presented with certificate of appreciation by Vice-Chancellor, Kurukshetra University, Kurukshetra.

8. Delivered an extension lecture on the topic "Plastic Waste Management" in National Service Scheme (NSS) Camp of Dyal Singh College, Karnal on April 29, 2022.
9. Working on the project entitled "Eco-friendly disposal of organic waste by vermi-composting" approved by the college management.
9. Participated in National Webinar on "How to Create Wealth through Personal Financial Management" organised by Haryana Commerce & Management Association (HCMA) in collaboration with Association of Mutual Funds in India (AMFI) on September 23, 2021.

Ms. Nikita Arya (Dept. of Commerce)

1. Successfully completed ARPIT Refresher Course in Commerce with Grade "A" in the proctored examination held on August 21, 2021.
2. Co-coordinator of National level Online Essay Writing Competition organized by the Commerce Association of the college.
3. Co-coordinator of Intra College Poster Making and Slogan Writing Competition organized by Women Development Centre of the college in collaboration with Bharat Vikas Parishad on May 18, 2022.
4. Presented a Research Paper titled "Status and Condition of Women in Past and Present: A Literature Review" in DGHE Approved one day online National Seminar on "Women Empowerment and Gender Sensitization: Patriarchy and the Status of Women in Society" organized by KVA DAV College for Women, Karnal on May 7, 2022.
5. Participated in National Webinar on "Deciphering Union Budget 2022: Implications for Common Man" organized by Haryana Commerce & Management Association (HCMA) on February 09, 2022.
6. Participated in Orientation Programme cum Life Skills Workshop on the topic "Time Management and Self Growth" organised by Department of Commerce, Kurukshetra University, Kurukshetra on January 31, 2022.
7. Participated in one-day webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
8. Participated in one day National level Workshop (online) on "How to write a Research Proposal" organized by Guru Nanak College, Killianwali (Sri Muktsar Sahib) Punjab on 8th February, 2022.

Ms. Arpita Sawhney (Dept. of English)

1. Attended a Seven Day International online FDP on "Literary Studies in the New Millennium" organized by Pondicherry University from October 18-24, 2021.
2. Attended one-day webinar on the topic "Empowering Women through Financial Independence" held on 8th March, 2022 organized by Board of Industry-Academia Partnerships in association with Women Development Centre of the college.
3. Attended national E-conference on "Human Relationships in Literature and Society: The Pre and Post-Pandemic Perspectives" organized by ELTA on 11th Feb, 2022.

Mr. Anil (Librarian)

1. Participated in 9 webinars through virtual mode.
2. Published a research paper in "International Journal of Multidisciplinary Research and Development" Vol.9 (1), 2022 ISSN:: 2349-5979 on the title "Digital Library Environment in the Changing Scenario"
3. Published a research paper in "International Journal of Multidisciplinary Research and Development" Vol.11 (4), 2022 ISSN:: 2249-894X on the title "Use of Facebook by the PG Students: A Case Study of Kurukshetra University, Kurukshetra"
4. Participated in One Week Online National Workshop on "E-Content Development & Intellectual Property Rights" from April 23-29, 2022.
5. Organizing Secretary in online National workshop on "INFLIBNET: Sources, Services and Open Educational Resources" organized by the Library.
6. Participated in the Refresher course on "Digital Transformation of Library Science Education and Services" from Hari Singh Gour University, Sagar, M.P. from May 26-June 08, 2022.

TRIBUTES

We pay our tributes to all those related to Dyal Singh Family, who left for their heavenly abode and express our deep sense of sorrow to the bereaved families.

- Smt. Parveshwari Devi revered Mother of Sh. Rohtash Singh (Chowkidar) on 14.12.2021.
- Smt. Chameli Devi revered Mother of Dr. Pawan Sharma, Assistant Professor, Department of Pol. Sc. on 17.12.2021.
- Sh. Dinesh Kumar revered Brother of Smt. Rajni, Assistant Professor, Department of Chemistry on 08.02.2022.
- Sh. Shamsher Singh revered Father in Law of Dr. Subhash Saini, Associate Professor, Department of Hindi on 14.02.2022.
- Sh. Jagram, Retd. DPE on 21.02.2022.
- Smt. Patasho Devi revered Mother in Law of Sh. Mahavir Singh, Assistant Professor, Department of English on 05.03.2022.
- Smt. Sunita Sharma W/o Late Sh. K.N. Sharma, Associate Professor (Retd.), Department of English on 07.06.2022.
- Professor Shyam Kumar, Professor and Head (Retd.), Department of Physics, KUK, an alumnus of our College on 20.06.2022.
- Smt. Nirmala Devi revered Mother in Law of Dr. Pawan Sharma, Assistant Professor, Department of Pol. Sc. on 26.07.2022.
- Sh. Pardeep revered Brother in Law of Sh. Meva Singh (Chowkidar) on 27.07.2022.
- Sh. Subhash Chand revered Father of Sh. Ankur (Peon) on 27.07.2022.
- Smt. Sudha Malhotra revered Mother of Dr. Pooja Malhotra, Assistant Professor, Department of Commerce on 30.07.2022.

INSTITUTION'S INNOVATION COUNCIL



ANNUAL ATHLETIC MEET



ANNUAL ATHLETIC MEET



INTERNATIONAL YOGA DAY





Harmony

COMMERCE SECTION

Staff Editor : Dr. Pooja Malhotra
Student Editor : Ms. Shivani Goyal



Entrepreneurship is all about being able to face failure, manage failure, and succeed after failing.

- KIRAN MAZUMDAR SHAW

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EDITORIAL

Commerce Changes the Fate and Genius of Nations"

Commerce is said to be the stream of scopes. You can opt for Bachelors in Commerce; go for banking, MBA, CA, CS, CMA, Actuary and many more. You get a cut in Business sense (money making) and Tax seems at your fingers.

When properly managed, commerce can quickly enhance the standard of living in a nation and increase its standing in the world. The idea of commerce has expanded to include electronic commerce in the 21st century. E-commerce has changed how economies conduct commerce. Now, with the rise of the Internet and Commerce, small business owners have a choice to market their products to international customers. The expansion of e-commerce market or contemporary issues arising in finance, marketing or management - everything falls in the arena of study of a commerce student.

In the words of Mahatma Gandhi, "The future depends on what we do in the present," also, in the words of Charles Dickens, "My advice is, never do tomorrow what you can do today. Procrastination is the thief of time. Collar him." "Life is not divided into semesters, You don't get summer off and very few employers are interested in helping you, so find yourself. Do that on your own time." – Bill Gates

The college magazine 'Harmony' aims to highlight some of the important current issues and to motivate the students to write and read much more by providing them a platform to express their creative, innovative and productive ideas and thoughts.

I express my gratitude to the college administration and all the teachers for their continuous and invaluable guidance, advice and motivation. I express my gratitude to all the students for their valuable and overwhelming contribution. The editorial board has put in all their sincere efforts to bring forward the best to the readers. I hope you will enjoy reading this edition.

Shivani Goyal
M.Com 4th Sem
Roll No. 220204168014

CRYPTO CURRENCY: THE WAY FORWARD?

“The best way to destroy the capitalist system is to debauch the currency” – Vladimir Lenin

Few things have revolutionized the field of trade, commerce and economics as currency has done. With the increasing permeation of technology in our lives, it's hardly a surprise that technology has changed the way we transact and trade. The latest in the run is CRYPTO CURRENCY, known popularly by its eponym, Bitcoin.

A Currency is durable, divisible, transferrable and non-counterfeitable. The DOLLARS and RUPEES we use, typically, fulfill all of these characteristics and in addition, are controlled by a Central Bank. Similarly, crypto currency (hereafter referred to as coins) is a digital form of currency. It is termed 'crypto currency' as it uses cryptographic techniques (like Hashing, Game Theory etc.) for security.

CONTROL

Unlike traditional currency, it is not controlled by a central bank or a government, that is, it is open-source in nature. It's not controlled or governed by one particular institution or group of individuals, but rather it works on a principle of a distributed public ledger.

This distributed public ledger is known as **BLOCK CHAIN**. A Block chain essentially ensures that there's no duplicity of coins and that every transaction that happens between any two users is recorded and maintained. The block chain makes sure that no one makes a duplicate of his or her own coin and uses that to transact.

CRYPTO CURRENCY IN INDIA

Until the 2022 **UNION BUDGET** announcement, the fate of crypto currency in India was largely undecided. In the budget, the **INDIAN FINANCE MINISTER'S** announcement on levying **30% tax** on gains on the transfer of virtual digital assets, which includes crypto currencies, was essentially seen as an endorsement of cryptocurrencies. It sets off the debate on whether or not the tax on cryptocurrency indicates that the government has recognized it as a legitimate form of currency.

However, this is not true and there have also been speculations that a ban on cryptocurrencies would follow the launch of the RBI's own official digital currency. Something to this effect was openly stated by RBI Deputy Governor T. Rabi Sankar in February 2022, when he said it was advisable for India to ban cryptocurrency. Will this turn out to be similar to the Government's ban on cryptocurrency in 2018 (which was overturned by India's Supreme Court in 2020), remains to be seen.

TYPES OF CRYPTOCURRENCIES

There are tens of thousands of cryptocurrencies available today with the figure pegged at 10,000 in 2022. Major cryptocurrencies include the following:

1. BITCOIN

Bitcoin is the world's first widely accepted form of cryptocurrency. Bitcoin is so popular, there was a time when its name was synonymous with cryptocurrency. But potential investors need to know that bitcoins have become very expensive. In 2021, the cost of one Bitcoin was \$ 68000. But the good news is, you don't have to buy an entire coin, you can buy fractions of it.

2. ALTCOIN

Altcoin is the term used for any alternative digital currency to bitcoin. The most popular bitcoin in the ecosystem is Ethereum- one of the fastest growing cryptocurrencies in the market. There is also a range of other altcoins in the market today such as Luckyblock, Shibu and Terra .

3. CRYPTO TOKENS

The concept of crypto coins vs tokens can be confusing to many. At first glance, coins and tokens appear the same. However the two have many differences. But the two major differences are:

- (a) Coins can be mined, but tokens cannot be mined.
- (b) Coins are linked to blockchains, tokens are not.

CONCLUSION

The cryptocurrency is a hot topic in the global financial system. There is a great volatility of cryptocurrency exchange rates. With this, there is a high risk of trading these cryptocurrencies. Their growth has been able to gain the attention of many speculators. They are easily portable. If the cryptocurrencies fail to gain the trust, then their boom might decrease.

Despite the flaws, bitcoins are still considered **tour-de-force** in the digital currency. It has provided an alternative currency for the less developed countries and has opened the doors of economic transformation.

The cryptocurrencies are seen to be entering the financial stage and are going to change the global financial landscape forever.

Shivani Goyal

M.Com 4th Sem

Roll No. 220204168014

CORPORATE SOCIAL RESPONSIBILITY

Corporate Social Responsibility (CSR) is a type of business approach that contributes a sustainable development by delivering economic, social and environmental benefits for all the stakeholders. CSR plays a crucial role in a company's brand perception, attractiveness to consumers, employees, and investors, talent retention and overall business success. On 1st April 2014 India became the first country to legally mandate corporate social responsibility (Companies Act 2013, Section 135).

The practice of CSR as a model for firms and businesses to follow has evolved from early days as a slogan that was considered trendy by some firms following to the present days' realities of 21st century where it is not just fashionable but a necessary business requirement. CSR promotes a vision of accountability to a wide range of stakeholders besides shareholders and investors. This evolution has been necessary both due to the mass problems that we as a race face which has changed the environment under which the firms operate as well as realization among businesses that the profit is no longer a sole reason for their survival and can no longer hold good.

The reason why a company must look beyond the profits is that it is the society who can create or destroy the business. So, CSR allow organizations to do their bit for the society, environment, and customers or for those matter stake holders. The term corporate social responsibility gives a chance to all the employees of an organization to contribute towards the society, environment, country and so on. In 21st century all human

beings live for their living but living for others and doing something for them is a different feeling altogether. Bringing the smile to millions of faces just because one's organization has pledged to educate poor children of a particular village not only gives a sense of inner satisfaction but also gives pride. One should never forget the society and environment in one's life. Hence, CSR gives an opportunity to organization to work towards the betterment of the society and makes a better place to live.

By contributing yourself towards the social responsibility helps in creating a positive word of mouth for the organization on the whole. Doing something for society, stakeholders, customers, would not only take the business to higher level but also ensure long term growth and success. It helps in making the brand popular not only among the media but also among the competitor at global level and also helps in converting their potential customers into direct consumers.

Consumers start taking a positive feeling for the brand which takes the initiative of educating poor children, planting more trees and so on. A CSR activity can't be undertaken only to gain publicity, if one is not connected to the cause nothing can be possible. Many big companies are engaged in corporate social responsibility and one of the topmost companies like Infosys has set benchmarks for other companies not only in India but all over the world in the way corporate governance and social responsibility are handled and projected to the outside world. The point here is that companies not only need

to walk the talk for CSR but also broadcast their achievements to the world at large.

Hence the primary purpose of CSR is to provide legality to the power of businesses. As wealth inequality is perceived to be on the rise, it has become increasingly necessary for businesses to justify their position of power.

In conclusion, CSR as a business imperative must not be accepted unwillingly or half-heartedly. Instead, it must be practiced with full zeal and straight from the heart and this certainly helps the company in the long run. After all, business is not all about the next quarter only.

Tarishi

B.Com (Hons.) 6th Sem

Roll No. 3149620003

E-WAY BILL

A just and viable tax regime is vital for the sustainable economic growth and fiscal consolidation of any economy in the world. This assumes a greater importance in a developing economy like India to benefit the social and economic growth of the country. In order to become a more economically developed nation, we need a transparent, just, equitable and fair taxation system that is easy to administer. Hence, Goods and Services Tax (GST) was introduced in India in 2017.

Goods and Services Tax (GST) is a single tax on the supply of goods and services, right from the manufacturer to the consumer. The essential rationale behind GST is that the taxation system should be responsible and non-discriminatory in respect to the indirect taxes payable by corporations and industries. So as to make them more tax-compliant and bring the larger populace in the taxation net in turn, to aid the government in taking development projects.

To facilitate the implementation of GST, the concept of an electronic way bill or 'e-way bill' has been introduced. An electronic way bill or 'e-waybill' system offers the technological framework to track intra – state as well as interstate movements of goods of value exceeding Rs. 50,000, for sale beyond 10 kms in the new Goods and Services Tax (GST) regime. Under the e-way bill system, there will be a signal bill running throughout the entire country, and hence, no need of separate transit for each state.

Generation of E-Way Bill

Any transporter or supplier or the wholesaler or the manufacturer can generate an e-way

bill system. If the goods are handed over to a transporter for transportation by roads, e-way bill is to be generated by the transporter. Further, if the goods are sent by a principal located in one state to a job worker located in other state, the e-way bill shall be generated by the principal irrespective of the value of the consignment. Also, where handicraft goods are transported from one state to another by a person who has been exempted from the requirement of obtaining registration, the e-way bill shall be generated by the said person irrespective of the value of the consignment.

Purpose of E-Way Bill

E-way bill is a mechanism to ensure that goods being transported are in lieu with the GST law and is an effective tool to track movement of the goods and best for checking the tax evasion.

Validity of E-Way Bill

Below is a table with the proposed validity of E-Way Bill for different distance:

Distance	Valid for
Less than 100 kms	1 day
100 kms to 300 kms	3 days
300 kms to 500 kms	5 days
500 kms to 1000 kms	10 days
1000 kms or more	15 days

Cancellation of E-Way Bill

Where an e-way bill has been generated under this rule, but, the goods are either not transported or if there is a wrong delivery of the

goods as per the detail furnished in the e-way bill, the bill may be cancelled electronically on the common portal, either directly or through a facilitation center notified by the commissioner within 24 hours of generation of the e-way bill. However, an e-way bill cannot be cancelled if it has been verified in transit in accordance with the provisions of Rule 138-B of the CGST Rules, 2017.

Conclusion

The e-way bill provision aims to remove the weaknesses of the e-way bill system prevailing under VAT in different states, which was a major contributor to the bottlenecks at the check posts. Moreover, different e-way bill rules which made the compliance difficult, the provision under GST will bring in a uniform e-way bill rule which will be applicable throughout the country.

Abhishek Jain

B.Com (Hons.) 6th Sem

Roll No. 3149610006

AFFILIATE MARKETING

Nowadays, Affiliate Marketing is in trend and this is very popular. It is one of the easiest ways of online marketing. Most of the population does online marketing as for Affiliate Marketing, there is need of smart phones and skills. It is a marketing strategy where a merchant or a business house pays an affiliate for making a sale of their products or service. In this we redirect a customer to a product or service that an affiliate marketer recommends with the intention of converting him into a client.

Basically, there are number of affiliate network vendors, including Trade Doubles, DGM, Commission Junction, Affiliate Window etc. We have an example of "BIZGURUKUL," through this platform, we have to develop ourselves by learning new courses or skills and develop ourselves. Through this we have to connect with people or students and make them aware about this. So, the field of Affiliate Marketing is probably the quickest way to make money. There is no compulsion to work for 8 to 9 hours,

or anytime, we just have to work for 1-2 hours in a day which means 'learning with earning' in a short time from anywhere. It allows companies to effectively market a product with a low budget, low effort, and time and at a well contained risk level while guaranteeing a high return on one's investment, increase in brand awareness and business growth. Moreover, it provides employment to many people.

Just like other marketing strategy in email marketing and website creation, affiliate marketing can be tracked. This perhaps is its greatest benefit. Therefore, it is very useful platform for learning and earning.

One can either get lucky by making good sales or one may not make any progress as well. If success is still elusive, it is time to review the product and the company and do not hesitate to look for other products.

Lavisha

B.Com (Hons.) 4th Sem

120204076019

SHARE MARKET

Share market was, is and will be the most interesting topic of all times. It is the market of "ups and downs." Share market is the hub of buying and selling of securities. Share market provides traders the opportunity to earn wealth followed by risk which investors can't ignore.

When planned accurately, share market is not that bad. It is the safest market to trade. It allows

company to raise money by offering securities like shares and further achieve their goals whereas on the other hand it allows investors to become owner of the company by buying securities offered by it and then earn money through dividends and capital gains and also bear losses if any. Now the question arises, how the share market prices go up and down. It is basically the demand

and supply, when demand increases the buyer bids up the price of stocks to boost sale where as if there are more sellers than buyers, the prices go down to the level that will catch buyers.

Some other factors that affect the share market are political climate, natural calamities, exchange rates, interest rates and some other company related factors and all these could lead to positive growth or negative fall of the share market. For a fresh example, The Russia-Ukraine War has affected share market badly and the stock

market investors have lost more than ₹ 6 lakh Crore in early trade and also Sensex fell and Nifty 50 was down.

Hence, to conclude we can say that share market has a very wide scope. One has to be very careful while investing in this market as due to unpredictability this market carries a huge risk but it can be profitable too.

Mansaran Kaur

B.Com (Gen) 4th Sem

Roll No. 120204003145

CAREER OPTIONS FOR COMMERCE STUDENTS

Commerce is arguably the most popular academic choice in India and is one of the three central academic streams; the other two being humanities and science. While pursuing course in commerce field, one acquires knowledge related to corporate finance, stock markets and the inner financial functioning of various profit and non-profit institutions and the economy, on the whole. The concept of trade and commerce consists of a wide range of inter disciplinary branches such as Accountancy, Business Administration, E-commerce, Economics and Taxation Laws etc. Since the Indian economy is one of the fastest growing economies in the world, the need for gifted specialists, who can add to the economic growth of the country, is also snowballing. To serve this surging demand innumerable commerce colleges around the country are now offering quality education and training, to millions of students in this field. Some of the emerging career options for a commerce student are:

CERTIFIED MANAGEMENT ACCOUNTANT (C.M.A.)

The Institute of Cost and Management Accountants of India (ICMAI) offers the C.M.A course. C.M.A stands for Certified Management Accountant. The C.M.A course, Chartered Accountant (C.A.) and Company Secretary (C.S.) course have few common elements present in them. C.M.A course has three levels: foundation, intermediate and final. 12th standard pass students may take the first step foundation level and start C.M.A course.

LAW

Earlier, only graduates were allowed to pursue L.L.B. but now, it is also possible for 12th pass commerce students to pursue law course from law schools after selection. But to do so, they will have to select an integrated law course. Such integrated course is of 5 years duration. These integrated courses are combination of a Degree course and traditional L.L.B course. For example, B.Com with L.L.B.

CHARTERED ACCOUNTANT (C.A.)

C.A stands for Chartered Accountant. Job of a C.A is to see to it that financial affairs of business and companies are in accordance with the laws set by Government Authorities. Their tasks include looking into tax affairs and financial transactions through auditing, creating necessary reports etc. To become a C.A., one has to successfully complete Chartered Accountant Course and become a member of ICAI (Institute of Chartered Accountants of India). The 12th Commerce pass students may start off by applying for CPT(Common Proficiency Test). This test is being managed by ICAI.

BACHELOR OF BUSINESS ADMINISTRATION (B.B.A.)

B.B.A stands for Bachelor of Business Administration. It is 3 years long degree course. After Completion, one may also follow it up with an M.B.A (Master of Business Administration) degree too.

BACHELOR OF ECONOMICS (ECO.)

Commerce stream students will find it relatively easier to deal with B.Ec. After completing this course (which lasts 4 years), one may find jobs in private as well as government sector.

COMPANY SECRETARY (C.S.)

For any company to function properly, a company secretary is needed. To become a C.S., one has to appear for Company Secretary Course from ICSI and clear the exam associated with course. In case of 12th commerce pass students, to get selected for the C.S course offered by ICSI, they must go through 3 stages. The stages are- Foundation, Executive and Professional Programme.

BACHELOR OF HOSPITAL MANAGEMENT (B.H.M)

It is an undergraduate Hospital and Health Care Management Course. Hospital Management is a field related to leadership management and administration of hospital, hospital network and health care system.

BACHELOR OF STATISTICS (B.STAT.)

This program is suitable for those who are interested in mathematics and love playing around with data and numbers. Indian Statistical Institute (ISI) is the place where you may pursue Bachelor of Statistics Programme. It is a very reputed institute. Commerce students are eligible to pursue this course from ISI.

FINANCIAL ANALYSIS

It is sought after in IT, manufacturing, banking, consulting, BPO and KPO sectors. The job includes managing accounting transactions and system interface in general ledger and providing analytic support to business activities.

BACHELOR OF FINANCIAL MARKETS (B.F.M.)

A degree in commerce or economics is suitable for entry into this profession. Brokers and all stock market traders have to be certified. The certifying authority is the National Stock Exchange of India.

Abhishek

B.Com (Gen) 4th Sem
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DECENTRALIZED FINANCE

'Decentralized Finance' is neither a legal nor a technical term. It is nonetheless increasingly used in the context of discussions about the future evolution of finance and its regulation. Common usage incorporates one or more elements of the following: (i) decentralization; (ii) distributed ledger technology and block chain; (iii) smart contracts; (iv) disintermediation; and (v) open banking. While decentralized systems such as Bitcoin rely on distributed ledger technology (DLT) and block chain to underpin token based ecosystems, the combination of DLT and block chain is not the only way to achieve decentralization. Further, many distributed ledgers (and most distributed ledgers operated by large financial intermediaries) operate today with a hierarchical, centralized governance model, limiting access to permissioned participants only. In turn, 'decentralized' does not necessarily mean

distributed. In a similar way, disintermediation is not a prerequisite for decentralization; rather, disintermediation may be one (side) effect of decentralization, given that the establishment costs of centralized infrastructure will be difficult to recoup in a world where services can be provided on a distributed or decentralized basis.

We analyse the roots and tools of this decentralization of financial services and focus on how financial regulation will need to respond to it. In particular, we place DeFi in the context of the traditional financial economy, connect DeFi to open banking and 'regulatory technology', and end with some policy considerations. Many find the promise of decentralization and its potential to displace the regulatory state with technology as a seductive ideal. We take a different approach here: rather than arguing the potential benefits of DeFi, we seek to identify what is actually taking

place and the sorts of regulatory implications this may have. We analyse DeFi, not as a desired goal, but as a real-world phenomenon, and seek to understand the growing challenges. This trend poses for financial regulation. Challenges to traditional modes of governance and regulation are one aspect. Hence, in this article we understand DeFi to comprise, at its core, what its simple name suggests: the decentralized provision of financial services through a mix of

infrastructure, markets, technology, methods and applications. Decentralized provision of financial services means, in turn, provision by the multiple participants, intermediaries, and end users spread over multiple jurisdictions, with interactions facilitated, and often, in fact, enabled in the first place, by technology.

Khushi Narang

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E – COMMERCE IN INDIA

Electronic commerce, also known as E-commerce, has developed rapidly in last few years. E-commerce consists of so many things. Most of the people think that E-commerce is just about buying and selling things over the Internet but it is a broad term which describes the electronic exchange of business data between two or more organizations. Companies who want to grow and exciting ways on internet to expand their business opportunities to the average web server, E-commerce is the answer to their question.

Nowadays every type of work can easily be done with the help of E-commerce. E-commerce is similar to the traditional business having physical transaction with a small substitution of virtual transaction i.e., transaction done with the help of computer and internet with E-commerce. It is very easy to do transaction as it requires just a few clicks on the computer and transaction is done. Continuous growth of E-commerce is expected to have deep impact on structure and functioning of economies at various levels and an overall impact on the Indian economy. E-commerce provides a new place for connecting with the consumers and conducting transactions. Virtual stores operate 24 hours a day a week. E-commerce is playing a pivotal role in the social and economic development of India.

Government of India has taken various steps to promote E-commerce like 'Digital India,' 'Startup India'. Recent action of demonetization taken by the government of India is also promoting the use of E-commerce. So, nowadays E-commerce plays a very important role in our life. Everyone wants to get his/her work done easily and conveniently

through E-commerce. The E-commerce market in India is estimated to grow from US \$ 38.5 billion in 2017 to US \$ 200 billion by 2026. It is also estimated that E-commerce market is about 57 % from small town and the balance from the largest metro. The most popular use of E-commerce is on travel website which is done by about 70% of E-commerce consumers in India.

The most preferable alternative is by implementing electronic commerce as part of their business activities. With the introduction of radio and television came the first Mass-market advertising. Now the internet has radically changed business that the rules for corporate strategy that held for the last 50 years have begun to fall apart. In the conventional world of commerce that can be a physical store. In the world of E-commerce the place to do business is the web sites.

At last, E-commerce experiences of development organizations selling goods and services online with the support of Pan Asia networking has shown encouraging result. Development organizations do not function in the same manner as private businesses do, it appears important for these organizations to adopt strategies to maximize the potential resource expansion available with E-commerce because of high entry cost and technical barriers. It is important to provide support to the organizations wishing to sell their goods and services online.

Simran

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A WAVE OF STARTUPS IN INDIA

Startups are companies or ventures that are focused on a single product or service that the founders want to bring to market. These companies typically don't have a fully developed business model and, more crucially, lack adequate capital to move onto the next phase of business. Here we need to understand, what is the difference between a startup and a company? A startup is a temporary organization designed to look for a business model that is repeatable and scalable. While a company is a permanent organization designed to execute a business model that is repeatable and scalable. Therefore, the difference is that startup look for an attractive business model, while companies already have such a business model and are focused on successfully executing it.

Startups are becoming very popular in India. The startup India initiative of Indian government aims to empower startups to achieve growth through innovation and technology. To promote growth and help Indian economy, many benefits are being given to entrepreneurs establishing startups. Under this initiative, eligible companies get recognised as startups by Department for Promotion of Industry and Internal Trade (DPIIT), in order to access a host of tax benefits, easier compliance, IPR fast-tracking and many more. The startup should be incorporated as a private limited company or registered as a partnership firm or a limited liability partnership. Turnover should be less than ₹100 crores in any of the previous financial years. An entity shall be considered as a startup up to 10 years from the date of its incorporation.

The data from Centre for Monitoring Indian Economy (CMIE) showed that India's unemployment rate hit its highest rate of 7.8 per cent in June 2022 as compared to 7 per cent in November 2021. Eleven per cent of adult population in India is engaged in "early-stage entrepreneurial activities", and only five per cent of the country's people go on to establish their own business. Promoting entrepreneurship means encouraging people to be self-reliant in taking economic decisions and creating wealth and employment. To promote growth and help Indian economy, many benefits are being given to entrepreneurs establishing startup. The startups recognised through the startup India initiative are

provided sufficient benefits for starting their own business in India, such as, the government of India has launched a mobile app and a website for easy registration for a startup. The entire process is completely online, the government also provides lists of facilitators of patents and trademarks. They will provide high-quality Intellectual Property Right Services including fast examination of patents at lower fees. The government will bear all facilitator fees and the startup will bear only the statutory fees. They will enjoy 80 per cent reduction in the cost of filing patents. They will be exempted from income tax for 3 years provided they get a certification from Inter-Ministerial Board (IMB). People investing their capital gains in the venture funds setup by the government will get exemption from capital gains. This will help startup to attract more investors. There are various compliances which have been simplified for a startup to save time and money. Startup shall be allowed to self-certify compliance (through the Startup mobile app) with 9 labour and environmental laws. Startup can apply for government tenders. They are exempted from the "prior experience/turnover" criteria applicable for normal companies answering to government tenders, there is also an easy exit as a startup can close its business within 90 days from the date of application of winding up. The government has proposed to hold 2 startup fests annually both nationally and internationally to enable the various stakeholders of a startup to meet. This will provide huge networking opportunities.

The COVID-19 pandemic has posed unprecedented challenges for the startup ecosystem of India. The Government of India has joined hands with various stakeholders to offer support to startups. They are conducting webinars to offer strategic mentorship to startups. They are helping incubators to go virtual.

Here we can conclude that there is a tremendous change in the Startup India programme and in the thinking of people who switch from the employment to Startup business in India especially in the Covid period due to the above mentioned benefits of STARTUP INDIA.

Rahul Pahwa

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IMPACT OF ADVERTISING ON CHILDREN

People have different views on advertisements according to their perceptions and educational backgrounds. While some of them assert that advertising has many advantages such as providing useful information about the product, others see advertising as having ill-effects on society, particularly on children. Before studying the impacts of advertising on children, it is very important to understand what advertising means.

"Advertising is defined as any paid form of non-personal communication about an organization, product, service or idea by an identified sponsor."

CHILDREN AND ADVERTISING

Advertising to children has been a long successful way to build a solid consumer base that will win the minds of children in order to secure a lifetime of consumer purchasing.

CHILDREN'S BEHAVIOUR TOWARDS ADVERTISING

Many studies and reports support the idea that children are easily responsive and influenced TV watchers. Experts also believe that there is an inverse relationship between age and the credibility of advertising. What is more, advertisements have a major impact on the purchasing decisions of children. Purchasing decisions of children at this age largely depend on what they see as exciting and interesting in commercials.

For example, 73% of children are taking the decision to purchase clothes based on clothing ads.

PSYCHOLOGICAL EFFECTS

Psychologists warn of the dangers of advertising on children's behaviour because they can influence children in many ways. Firstly, ads tend to focus on emotions of children such as happiness and how it relates to popularity. Also ads often insinuate that a product can give children unique talents just as Nike would show top basketball players wearing their latest style shoes while playing a winning game.

CONCLUSION

Advertising is a major component of the current economic system. It employs different tactics to target specific groups such as children to market their products and services. Ads affect children in a variety of forms, most notable of which are health and psychological effects. Unfortunately, there is no way of avoiding exposure of children to advertisements. But there are certain ways by which their negative effects may be mitigated and limited. Experts also recommend coaching children on how to properly deal with the messages they receive from advertising. Studies reveal that media education is useful to avoid the negative impacts of ads on children.

Gagandeep

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FINTECH SECTOR IN INDIA

FinTech is a term used to describe emerging digital technology that aims to improve and automate the delivery and usage of financial services. The term FinTech was first coined in the 21st century to describe the technology used in the back-end systems of established financial organizations. Today, FinTech spans various sectors and industries, including education, retail banking, non-profit fund raising, investment management, and much more. FinTech has also come to include the development and use of

cryptocurrencies like Bitcoin in today's times. India is at the forefront of this FinTech revolution and is changing the face of the banking industry, as several banks are now switching to digitization as well as paperless and cashless processes. The Indian banking industry is changing its way.

FinTech industry in India

A closer look at India's payments infrastructure has seen substantial improvements with the introduction of new payment mechanisms and

interfaces such as Immediate Payments Service (IMPS), Unified Payments Interface (UPI), Bharat Interface for Money (BHIM), and others. The Reserve Bank of India (RBI) has also pushed the growing use of electronic payments to establish a cashless society in recent years. Government actions such as the implementation of demonetization and GST have also created a substantial growth opportunity for fintech projects all over the country. The government's "Make in India" and "Digital India" projects also played a significant role in accelerating the adoption of Fintech. 67 percent of more than 2100 FinTechs in India today were founded in the last five years.

The Rise of FinTech in India

Over the last two years, there has been a massive adoption of digital payment systems in India. India is well-positioned to achieve a FinTech sector valuation of USD 150-160 billion by 2025, according to a report by Boston Consulting Group and FICCI. This implies a USD 100 billion in incremental value creation potential. India's FinTech ecosystem has been aided by the

growing availability of smartphones, increased internet access, and high-speed connectivity, among other factors.

The Future of FinTech in India

A huge portion of India remains underbanked, underserved and subject to a changing regulatory environment. Fintech enters the equation, with its ability and power to alter and transform India's financial and banking services sector. FinTech companies' growing partnerships with traditional banking, insurance, and retail sectors, where they are catering to evolving customer needs, will further speed up FinTech's expansion in India. All these factors indicate a positive shift towards FinTech and present a huge growth potential for the industry, with the country gearing towards massive adoption of FinTech. The country's young population with the median age in the 20s, and government-led attempts promote the FinTech industry.

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TIME MANAGEMENT

Time management skills are crucial, especially for business owners. We all have the same number of hours available to us in a day, but some people are able to accomplish more in 24 hours than everyone else. The key seems to be in controlling that time instead of letting it control you.

What is time management?

Time management is a technique for using your time more effectively. Organize your professional and personal tasks based on how urgent and important they are, and take care of the most urgent and important first, followed by activities that are not urgent but still important. By prioritizing your workload, you can focus your time and energy where they matter most.

Are you good at time management?

Being good at time management involves conscious planning and thoughtful decision making. It also involves staying focused and

sticking to your prioritized tasks rather than getting derailed by unimportant distractions.

If you want to know whether you are good at time management, start by asking yourself these questions:

- Do I know how to effectively prioritize my tasks based on importance and urgency?
- Do I know how much time I spend on each of my various tasks?
- Do I have to take work home to get it done?

Once you've evaluated your current skills, make a plan to improve. It's not easy, but like any skills you work on, you can get better at time management. Successful entrepreneurs utilize a variety of time management skills to boost productivity and effectiveness in their personal and professional lives.

Time management examples

- Planning
- To-do lists and checklists
- Prioritizing
- Evaluating urgent tasks
- Goal setting
- Auditing and improving workflows
- Filtering notifications
- Setting thoughtful deadlines
- Delegation
- Record keeping
- Staff scheduling
- Documentation and project management
- Setting short and long-term goals
- Stress management
- Using data
- Automation
- Consolidating your technology

Common pitfalls of time management

It's easy to get off track when you're trying to manage your time. To improve, you should try to avoid these common time management pitfalls:

- **Pitfall 1:** Not making a to-do list. If you don't know what needs to be done, you can't effectively prioritize your workload.
- **Pitfall 2:** Multitasking. Contrary to popular belief, multitasking is actually less productive than focusing on one task and then moving on to the next. That's because our brains aren't equipped to perform two tasks requiring high-level brain functions at the same time.

- **Pitfall 3:** Not knowing how much time a task requires. Can you write the report in an hour or will it take three days? If you don't know how long a task takes, you can't effectively manage your time or prioritize your activities.

Time management techniques to be more productive:

It's been proven that productivity leads to profitability and good time management skills can go straight to your bottom line, so to help you work more efficiently, there are some of the guidelines that drive successful people.

- Start your day early.
- Set priorities and goals when planning your day.
- Focus on one task at a time.
- Say no more often and master the art of short meetings

CONCLUSION

In conclusion, time management is a very important skill to be learned and to be mastered in order to have a better lifestyle. By managing well time, you will no longer suffer from stress and your works/tasks will be done on time and with great quality. Remember that it is important to have the attitude to change your schedules and to change procrastination.

Vanshit Chawla

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BUDGET 2022-23

Union Minister for Finance & Corporate Affairs, Smt. Nirmala Sitharaman tabled the Union Budget 2022-23 in Parliament on February 01, 2022.

The Budget 2022-23 focused on 'digital and technology' and sectors like infrastructure, health, education and provision of e-services to the masses. This Union Budget laid a foundation and blueprint of the economy over 'Amrit Kal' of the next 25 years – from India at 75 to India at 100.

India posted a 9.2% GDP growth, the highest among all economies. We are amid the Omicron wave, the speed of our vaccination campaign has helped dramatically. The Finance Minister stated that 'Sabka Prayaas' will continue with strong growth. Budget 2022-23 has provided a sharp increase in public investment and capital expenditure provision. Strategic transfer of ownership of Air India has been completed.

A new provision is introduced to allow taxpayers to update the past return and include omitted

income by additional tax payment. The updated return can be filed within two years from the end of the relevant assessment year. Tax incentive period extended by one year for startups. Eligible Startups will now get tax benefits until Mar 31, 2023.

Corporate surcharge is to be reduced from 12% to 7%. Income from transfer of digital assets such as crypto is to be taxed at 30%. No deductions will be allowed except the cost of acquisition of digital assets. Loss on sale of digital assets cannot be set off against any other income. Gifting of digital assets will also be taxable in the hands of the receiver.

To bring parity between Central and State government employees, the Finance Ministry proposed to increase the threshold of employers' contribution to the National Pension Scheme (NPS) Tier-I account from 10% to 14%. Any surcharge and cess levied on income are not allowed as business expenditure.

Customs duty on imitation jewellery was raised to discourage their imports. Customs duty on cut and polished diamonds, gems to be reduced to 5%. Custom duty exemption on steel scrap is being extended by a year to help MSMEs. Customs duty on methanol is to be reduced.

2 lakh Anganwadis are to be upgraded for improving child health. Two years of education regression for school going children means we need to double-up efforts and spending to bridge education gaps. NEP had advocated a 6% of GDP to be directed towards education.

Digital university to set up for online education focusing on ICT using a hub and spoke model. Select ITIs in all states that will offer skilling courses.

Startups will be promoted to facilitate 'drone shakti' to promote drone usage. Government to promote funds for blended finance for sunrise opportunities such as climate action, agri-tech, etc. Funds to be facilitated through NABARD to finance startups for agriculture and rural enterprise, relevant for farm produce value chain. Startups will support FPOs and provide tech to farmers.

Use of Kisan Drones is to be promoted for crop assessment, digitisation of land records, spraying of insecticides and nutrients. Delivery of hi-tech services for farmers are to be launched. MSP for farmers is to be transferred directly into bank accounts. Chemical-free natural farming will be promoted in India. RBI is going to introduce the digital rupee using blockchain technology starting 2022-23. An online bill system will be launched to reduce the delay in payment. All central ministries will use it.

The Union Budget 2022-23, while continuing with the declared policy of stable and predictable tax regime, intends to bring more reforms that will take ahead the vision to establish a trustworthy tax regime. Smt Nirmala Sitharaman said that proposals relating to taxes and duties will further simplify the tax system, promote voluntary compliance by taxpayers, and reduce litigation.

Tanisha Goyal

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SOCIAL MEDIA MARKETING

Social media marketing sounds as an interesting phenomenon. As the name suggests, it refers to marketing via target social channels which broaden the customer base. Social media platforms and websites aid in promotion of all sorts of products - goods, services, events and even tourist spots. Various networking websites are used in such a way that they allow the potential customers and business houses to interact and foster relationships,

thereby building online communication. In this process, an enterprise joins these social channels so that the consumers can interact with them directly through the acts of 'e-word' of mouth. It is the miracle of technology or to be more precise, the powerful internet that has to communicate with billions across the globe with a few sets of devices. This has provided online word of mouth a powerful voice and far reach.

Nowadays, the business-to-consumer interaction is more personal rather than traditional methods of out bound marketing and advertising. Companies now keep in touch with every individual follower and instill a feeling of loyalty into followers and potential customers. It focuses on eliminating middlemen from the procedure, and also saves customer's time and cost on travelling, negotiating and communicating.

The revolutionary advancements in telecommunication sector have given the ease of accessing anything. Mobile phone usage has grown at a rapid pace, fundamentally altering the path- to- purchase process by allowing consumers to easily obtain pricing and product information in real time. This allows firms to constantly remind and update their customers. In addition, the real- time bidding innovation in the mobile advertising industry is high and with the advent of time, is rising because of its value for on-the-web browsing.

Blogs, content communities, and forums provide a platform where the individuals are provided with the opportunity to share their reviews. Business houses in return are able to analyze customers' feedback generated in social media. This makes social media an inexpensive

source of market intelligence and aids the marketers and managers to track and respond to consumer identified problems and detect market opportunities.

Social media is employed in marketing as a communication tool which makes the company accessible to the interested customers. Besides creating buzz and learning from target customers, it is also the only form of marketing that can figure out consumers at each and every stage of consumer decision journey. Marketers too make strategies and target influential people on social media especially those who are recognized as being opinion leaders and opinion formers to send message to their target audiences and amplify the impact of their message.

We can simply say that the platform of social media is another channel or site that various businesses and brands should seek to influence marketing. And for this purpose, business houses must build the relationship of trust with its consumers. Also, social media itself can be termed as the catch-all term for sites that provide radically different social actions.

Jagriti

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THE INDIAN EDUCATION SYSTEM

"One Child, One Teacher, One Book, One Pen can change the world," - Malala Yousafzai.

Today India has over 1000 higher educational institutions, including over 150 of national importance. Over the years it has also become a hub of scientific research. It has shown a consistent growth in both quantity and quality of research in the past decade.

India currently ranks third globally in terms of total research output accounting for 5.31% of total research publications but lacks on the innovation front.

Ministry of education made several changes through new education policy

- ◆ From 10+2 to 5+3+3+4
- ◆ Flexibility to choose subjects across the streams

- ◆ 3 languages policy including local one

Issues with Indian Education System

- ◆ According to all India survey on HEIS, the gross enrolment ratio is quite low as only 27.1%
- ◆ Quality education is the foremost challenge in India today. Large number of universities are unable to meet minimum requirements laid down by the UGC (University Grant Commission).
- ◆ Poor infrastructure and facilities and faculty shortages and inability of state educational system to attract and retain well qualified teachers.
- ◆ Inadequate research facilities and limited number of quality faculty to advise students

- ◆ Poor governance structure, lack of accountability, transparency and professionalism.

Suggestions

- ◆ India is moving forward digital education it would help in developing the innovative minds of students and it will bring the transformation in Indian education system.
- ◆ Quality of education should be provided to root level that would raise opportunities for all to grow.
- ◆ Affordability of education should reach to the down-trodden section of Society.

Schemes of Govt. to boost the Education System in India

- ◆ Sarva Shiksha Abhiyan (2001) aims to promote education to all to strengthening the infrastructure of schools
- ◆ National Programme for education of girls at elementary level: It focuses at intervention of government of India to reach the "hardest to reach" girls especially those not in school.
- ◆ Pradhan Mantri Poshan Shakti Nirman Scheme (Mid-Day Meal Scheme): It is one meal that is provided to all children enrolled in government schools. This fulfills the nutrients and proteins requirement of students that help them to grow.
- ◆ Beti Bachao Beti Padhao: this scheme to

promote girl child education in India.

As per finance minister this year union budget allocation on school education has been increased by 22 percentage, now the amount is 63,449 cr.

Prospects of Education System

- ◆ Scaling up the existing HEIs with goal of increasing the gross enrollment ratio from 27% to 50% by 2035.
- ◆ Funding for HEIs: NEP is expected to bring insignificant funding. The government promises a budget allocation for education as fixed percentage of GDP at 6%
- ◆ Multi-disciplinary universities: to unleash the technology development potential of HEIs, our institutions need to not only become multi-disciplinary in their scope and offering, but also collaborate among themselves.

As per Dr. APJ Abdul Kalam "Indian education framework needs to change completely."

So this new education policy is good policy as it aims at making education system holistic, flexible and multidisciplinary aligned to needs of 21st century. But this policy should actually be applicable it should not be merely paper work.

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PILLARS OF ENTREPRENEURSHIP

Commerce in a nutshell is- **trade** i.e. exchange of either goods or services or both between business entities.

Commerce is the foundation of any business.

Business can either be short term or long term or maybe created or started by a team or an individual called "ENTREPRENEUR".

ENTREPRENEUR: - is a person who set up a business from a scrap, taking all kind of financial risks in the hope of earning profits and this entire process is known as "ENTREPRENEURSHIP".

ENTREPRENEURSHIP

Entrepreneurship is not a fashion rather it's a lifetime commitment. It is something one builds, the passion one has to bring or create a change in the working of a society or market.

- ◆ Being an entrepreneur, his/her risk taking ability must be significantly high.
- ◆ Entrepreneurship is like- give one's all in, taking up the risk as far as one can. Because nobody knows when it turns the table and become a hit.
- ◆ Once we entered in the market- that's the point where "**SCALING**" - **come into picture!**

At this point, an entrepreneur raises the scale by increasing company's valuation via raising rounds of funds (equity, debt, loans). Because:-



HOW TO RAISE FUNDS?

As investment is a backbone of any business to survive in such a competitive world. Its like- "**survival of the fittest**" i.e. do it quickly- grab the opportunity otherwise you will be kicked out from the market.

HOW CAN WE RAISE FUNDS OR INVESTMENT?

Investors are looking for "**EXCEPTIONALISM**", that one thing which you have on which they can bet on you because nobody is going to invest such a lump-sum amount of money on something which has no future.

As they have multiple options to invest so, out of so many options why they will invest in your proposal depends on your EXCEPTIONALISM

Along with EXCEPTIONALISM, an entrepreneur must be either *able to sell something* or *able to build something* i.e. *Exceptionalism, a seller or a builder*- these are the three factors which will decide- you will get an investment or not.

And you must be passionate or desperate enough to make the investors confident enough to invest in your business.

NOW SUCCESS OF AN ENTREPRENEURSHIP DEPENDS ON T'S MODEL:-

- TAM
- TEAM
- TIMING
- TRACTION
- TECHNOLOGY

1. TAM (Total Addressability Market)-

TAM refers to- *what is the potential addressability?*

LARGER TAM is *forgivable*, because in a big space mistakes can be a part of your growth. It can be a good call to explore.

SMALLER TAM is *risky*, because you and your market both are growing simultaneously so, one mistake can destroy the entire market in a single blink of an eye.

That's why potential TAM is very important to survive market competition.

So, **how to identify potential TAM??**

Let's take an example-

- ◆ Suppose we deal in- "SNEAKERS"
- ◆ Its USP (unique selling proposition)- "WEATHER PROOF"

So, **what is our TAM??**

FOR THIS WE CHECK-

- What is our target market?
- How many of them wear sneakers?
- How much they spend on sneakers annually?
- Then out of them- how many prefer to wear or to buy weather proof sneakers?

TO GET AN ANSWER OF ALL SUCH QUESTIONS

- We need to talk with consumers (*communication is the key*).
- Create prototypes.
- Then test the market.

SO THE OVERALL RESPONSE OF MARKET TELLS US THAT- WHAT OUR TAM IS.

After analysing TAM, we look for SAM (service addressability market i.e. which section of the market is our target market to which we will provide our services) and SOM (service obtainability market i.e. how much share we can derive from it).

IN ABOVE EXAMPLE

TAM- Who wears sneakers?

SAM- who prefers weather proof sneakers?

SOM- Who is actually purchasing it?

This is how, potential TAM helps in getting the right opportunity to grow.

2. TEAM

One of the key points of success of an entrepreneur is to have a good and well-coordinated team who have the desperation to achieve something big.

Because the *biggest misconception* people have that *they can do everything by their self*, **which is impossible- because it's not a one man Show.**

No matter how stronger, smarter or rich which type of a person you are- you can never do everything by yourself.

SO, GREAT COMBINATION OF TEAM IS VERY IMPORTANT.

IN A TEAM THERE MUST BE A COMBINATION OF

1. A Co-Founder
2. One who is good at selling and marketing
3. One who is a builder and knows technical know-how.

Team is important to speed up the scale and take the company to another level.

TWO MUST AND VITAL FEATURES OF A TEAM-

TEAM MARKET FIT

Because every market has their own rules to play. If team is unable to fit in the market- then how it will function?

TEAM CHEMISTRY

- ◆ Chemistry between co-founders and their word views must be matched. It will prevent the company from liquidation.

So if a team has both- then no one can stop them to grow and achieve their goals.

3. TIMING:

- ◆ Only right timing helps the business to scale up or to go to another level.
- ◆ *Let's take an example to understand-*
- ◆ CURRENTLY- the market is suitable for *E-Commerce*

Why??

- ◆ Because due to covid-19 and due to entry of Jio in the market. Use of internet get started intensively by the consumers or public.
- ◆ Before that, only few people had internet connection so, d2c (direct to consumer) market was never possible.

- ◆ CURRENTLY, almost every single person in India has internet connection, so, it's the right time for the "d2c market" because of right timing d2c market is working- which could have never been initiated if it started 5 years ago.

All those d2c market in 2012 or 2013 either **lost their market** or **brands name because of wrong timing**, *no matter how good the product was!*

SO TIMING PLAYS A CRUCIAL ROLE IN THE SUCCESS OF AN ENTREPRENEUR.

4. TRACTION

It's the progress and momentum of a startup company. It depends on the company's stage i.e. when the product starts getting recognition in the market, where sales are started and people start demanding for it.

After that recognition stage, we will look for traction i.e. -

What is the margin for profits?

How much sales are increasing month after month?

Traction generates "*Red flag*" i.e. if sales are flat for the past few months. With the help of which reasons are allocated and problems get addressed.

TRACTION HELPS IN INCREASING AND MAINTAINING THE EFFICIENCY OF THE COMPANY.

5. TECHNOLOGY

The last and the most important T stands for technology. In today's changing world- there is no future of any business that lacks this factor. Technology boosts development which helps the business to innovate and to capture large market share.

IN COMING TIME ONLY TWO TYPES OF BUSINESS WILL SURVIVE-

TECHNOLOGY BASED

Who specifically deals on the basis of technology. For example: - makan.com, amazon etc. **i.e.** no raw material, no production.

TECHNOLOGY ENABLED

These companies use technology to make their business better. **For example:** - how to manage inventory?

How to understand their users better?

How to use technology for warehousing or stocking right amount of goods? Etc.

BASICALLY, TECHNOLOGY CREATES EXCEPTIONALISM BY INCREASING EFFICIENCY (MORE RETURNS AT LOWER COST).

So in end we can conclude that-

Entrepreneurship means to build something big, create the change of living with full passion and desperation and with efficient mind set by taking all the key framework of 5'Ts in mind. Because;

"These 5'Ts are the pillars for the foundation and to build the house- Exceptionalism and passion is must".

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OTT AND E-COMMERCE

OTT and E-Commerce are two things that have majorly impacted our lives for the past two years. While they played a significant role in our lives during the pre-covid times as well, their importance or our reliance on them increased manifold with the coming of COVID. To make things simpler, let's start with what these two terms means and how they are interrelated.

OTT stands for 'Over the Top', which implies that the provider is going beyond all the already existing services to provide content exclusively, or to provide exclusive content through the means of the Internet. Some examples include Netflix, Amazon Prime etc. These platforms cater to the needs of all age groups, making them the dominant entertainment providers. Not only are they now a huge part of our social lives but they also provide topics for endless debates.

The term E-Commerce is self-explanatory. It means Electronic Commerce or the meeting of buyers and sellers over the Internet. The e-commerce business can be business to business (B2B), business to consumer (B2C), consumer to consumer (C2C), consumer to business (C2B).

Now that we know what the term OTT and E-Commerce mean individually. Let's look into how they are interrelated. OTT platforms have algorithms and tricks to target audience in ways the traditional cinema or television never could. It can use a wide range of marketing methods, from traditional marketing to digital marketing,

from word of mouth to algorithm – based technology, to target consumers with extreme precision.

Following the trends of search history and analysing interests, even commercials on these OTT platforms can be directed to consumers who have shown some interest in the product at hand. Imagine this, while watching a show or a movie, they put links to selected clothing which the cast is wearing, that directly takes you to the site where you can purchase the same for yourselves. People would go crazy over this and the products would sell out like hotcakes!

This just proves that the possibilities are endless. There is endless scope for growth in this industry. OTT platforms have become a perfect distribution channel for a huge variety of videos, ranging from educational to sports, from exercise and what not.

Often, we tend to scold children on watching too much television or not going out of the house but it also happens with us when we're too addicted to some new series. The fact that we tend to lose all sense of time or mess our sleeping schedules for just "one more episode". With this, it can be concluded by saying that just like everything else, OTT platforms can be called a mixed blessing, which are good only if used upto a certain extent.

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FUTURE OF CRYPTOCURRENCY IN INDIA

A cryptocurrency is a digital currency that is created and managed through the use of advanced encryption techniques known as cryptography. Cryptocurrency made the leap from being an academic concept to (virtual) reality with the creation of Bitcoin in 2009. While Bitcoin attracted growth in subsequent years, it captured significant investor and media attention in April 2013 when it peaked at a record \$266 per bitcoin after surging 10-fold in the preceding two months.

Bitcoin sported a market value of over \$2 billion at its peak, but a 50% plunge shortly thereafter sparked a raging debate about the future of cryptocurrencies in general and Bitcoin in particular. So, will these alternative currencies eventually supplant conventional currencies and become as ubiquitous as dollars and euros someday? Or are cryptocurrencies a passing fad that will flame out before long? The answer lies with Bitcoin.

FUTURE OF CRYPTOCURRENCY

Some economic analysts predict that a big change in crypto is forth coming as institutional money enters the market. Moreover, there is the possibility that crypto will be floated on the NASDAQ, which would further add credibility to blockchain and its uses as an alternative to conventional currencies. Some predict that all that crypto needs is a verified exchange traded fund (ETF). An ETF would definitely make it easier for people to invest in Bitcoin, but there still needs to be the demand to want to invest in crypto, which might not automatically be generated with a fund.

BITCOIN FUTURE OUTLOOK

The future outlook for bitcoin is the subject of much debate. While the financial media is proliferated by so-called crypto-evangelists, Harvard University Professor of Economics and Public Policy Kenneth Rogoff suggests that the "overwhelming sentiment" among crypto advocates is that the total market capitalisation of cryptocurrencies could explode over the next five years, rising to \$5-10 trillion.

"The historic volatility of the asset class is "no reason to panic" he says. Still, he tempered his optimism and that of the "crypto evangelist" view of Bitcoin as digital gold, calling it "nutty," stating its long-term value is "more likely to be \$100 than \$100,000."

CONCLUSION

The emergence of Bitcoin has sparked a debate about its future and that of other cryptocurrencies. Despite Bitcoin's recent issues, its success since its 2009 launch has inspired the creation of alternative cryptocurrencies such as Ethereum, Litecoin, and Ripple. A cryptocurrency that aspires to become part of the mainstream financial system would have to satisfy very divergent criteria. While that possibility looks remote, there is little doubt that Bitcoin's success or failure in dealing with the challenges it faces may determine the fortunes of other cryptocurrencies in the years ahead.

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STRESS MANAGEMENT

*When I feel the stress building, I go to my happy place.
I close my eyes, lean back, and imagine the sun on my face.
I listen the birds sweetly chirping in the trees.
To relax myself even more, I imagine a gentle breeze.
Once I feel the awful tension begin to slip away.
I open my eyes and stretch, am ready to restart my day.*

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Harmony

ਪੰਜਾਬੀ ਭਾਗ

ਪ੍ਰਾਅਧਿਆਪਕ ਸੰਪਾਦਕ : ਡਾ ਬਲਜਿੰਦਰ ਸਿੰਘ
ਵਿਦਿਆਰਥੀ ਸੰਪਾਦਕ : ਅਰਵਿੰਦ ਕੁਮਾਰ



ਤਿਲਕ ਜੰਝੂ ਰਾਖਾ ਪ੍ਰਭ ਤਾਕਾ॥
ਕੀਨੋ ਬਡੋ ਕਲੁ ਮਹਿ ਸਾਕਾ॥
ਸਾਧਨ ਹੇਤਿ ਇਤੀ ਜਿਨਿ ਕਰੀ॥
ਸੀਸੁ ਦੀਆ ਪਰ ਸੀ ਨ ਉਚਰੀ॥
ਜਉ ਸੁਖ ਕਉ ਚਾਹੈ ਸਦਾ ਸਰਨਿ ਰਾਮ ਕਿ ਲੇਹ॥
ਕਹੁ ਨਾਨਕ ਸੁਨਿ ਰੇ ਮਨਾ ਦੁਰਲਭ ਮਾਨੁਖ ਦੇਹ॥27॥
- ਗੁਰੂ ਤੇਗ ਬਹਾਦਰ ਜੀ

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ਸੰਪਾਦਕੀ

ਨਤਮਸਤਕ ਹਾਂ ਸਤਿਕਾਰਯੋਗ ਪੰਜਾਬੀ ਬੋਲੀ ਨੂੰ ਜਿਸ ਨੇ ਸਾਨੂੰ ਪੰਜਾਬੀ ਮਾਂ ਬੋਲੀ ਦੇ ਰੂਪ ਵਿਚ ਗੁੜ੍ਹਤੀ ਪ੍ਰਦਾਨ ਕੀਤੀ ਹੈ। ਪੰਜਾਬੀ ਬੋਲੀ ਉੱਤਰੀ ਭਾਰਤ ਦੀਆਂ ਉਨ੍ਹਾਂ ਆਧੁਨਿਕ ਬੋਲੀਆਂ ਵਿਚੋਂ ਇਕ ਹੈ ਜਿਸ ਨੂੰ ਸਾਡੇ ਦੇਸ਼ ਦੀ ਬਾਈਵੀਂ ਰਾਜ ਭਾਸ਼ਾ ਹੋਣ ਦਾ ਮਾਣ ਪ੍ਰਾਪਤ ਹੈ। ਜਿਸ ਦਾ ਨਵੀਨ ਸਰੂਪ 8ਵੀਂ 9ਵੀਂ ਸਦੀ ਵਿਚ ਹੀ ਸਪਸ਼ਟ ਹੋ ਕੇ ਉਭਰਨਾ ਸ਼ੁਰੂ ਹੋ ਗਿਆ ਸੀ। ਇਹ ਸਮਾਂ ਭਾਵੇਂ ਨਾਥਾਂ ਜੋਗੀਆਂ ਦਾ ਸੀ। ਪੰਜਾਬੀ ਵਿਚ ਪਹਿਲੀ ਪ੍ਰਮਾਣਿਕ ਰਚਨਾਂ ਸ਼ੇਖ ਫਰੀਦ (1173-1266ਈ) ਦੀ ਮਿਲਦੀ ਹੈ। ਇਹ ਪਹਿਲਾ ਪੁਰਾਤਨ ਪ੍ਰਮਾਣ ਹੈ ਜੋ 'ਸ੍ਰੀ ਗੁਰੂ ਗ੍ਰੰਥ ਸਾਹਿਬੋ ਵਿਚ ਦਰਜ ਸ਼ਲੋਕ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਦੀ ਇਸ ਗੱਲੋਂ ਪੁਖਤਗੀ ਕਰਦੇ ਹਨ। ਇਸ ਹੱਥਲੇ ਰਸਾਲੇ ਦਾ ਪ੍ਰਵਾਹ ਕਿਸੇ ਦਰਿਆ ਵਾਂਗ ਹੀ ਵਹਿ ਰਿਹਾ ਹੈ। ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਲਿਖਣ ਤੇ ਪੜ੍ਹਨ ਦਾ ਕਾਰਜ ਸਾਡੇ ਗੁਰੂ ਸਾਹਿਬਾਨ ਦੇ ਸਮੇਂ ਤੋਂ ਚੱਲਦਾ ਆ ਰਿਹਾ ਹੈ। ਜਿਸ ਲਈ ਉਨ੍ਹਾਂ ਕੱਚੀ ਤੇ ਪੱਕੀ ਬਾਣੀ ਦਾ ਨਿਰਣਾ ਕਰਨ ਲਈ ਭਾਈ ਗੁਰਦਾਸ ਨੂੰ ਇਸ ਬਾਣੀ ਨੂੰ ਇਕੱਤਰ ਕਰਨ ਦੀ ਜ਼ਿੰਮੇਵਾਰੀ ਲਾਈ ਤੇ ਇਹ ਇਸ ਪ੍ਰਕਾਰ ਦਾ ਯਤਨ ਰਿਹਾ ਹੈ ਜਿਵੇਂ ਦੀਵਾ ਹਨੇਰੇ ਨੂੰ ਰੁਸ਼ਨਾ ਰਿਹਾ ਹੈ। ਅੱਜ ਇਸ ਚਾਨਣ ਦੀ ਭਾਲ ਸਿਰਫ ਉਹ ਸੁਜਾਖੇ ਮਨੁੱਖ ਕਰ ਸਕਦੇ ਹਨ। ਜੋ ਪੰਜਾਬੀ ਨੂੰ ਪਿਆਰ ਕਰਦੇ ਹਨ। ਇਸ ਰਸਾਲੇ ਦੀ ਲੜੀ ਵਿਚ ਇਹ ਇਕ ਚੰਗਾ ਉਪਰਾਲਾ ਹੈ। ਜਿਸ ਨਾਲ ਵਿਦਿਆਰਥੀਆਂ ਦਾ ਯਕੀਨੀ ਤੌਰ ਤੇ ਸਾਹਿਤ ਵੱਲ ਝੁਕਾਅ ਵੱਧੇ ਗਾ। ਜਿਸ ਤਰ੍ਹਾਂ ਜ਼ਿੰਦਗੀ ਦੀ ਸਭ ਤੋਂ ਲੰਮੀ ਘੜੀ ਉਡੀਕ ਦੀ ਹੁੰਦੀ ਹੈ। ਠੀਕ ਓਸੇ ਤਰ੍ਹਾਂ ਜ਼ਿੰਦਗੀ ਦੀ ਸਭ ਤੋਂ ਨਿੱਕੀ ਤੋਂ ਨਿੱਕੀ ਤੋਂ ਵੀ ਨਿੱਕੀ ਘੜੀ ਗਿਆਨ ਦੀ ਹੁੰਦੀ ਹੈ। ਭਾਵ ਇਸ ਰਸਾਲੇ ਵਿਚ ਦਰਜ ਸਾਹਿਤ ਦੀਆਂ ਨਿੱਕੀਆਂ-ਨਿੱਕੀਆਂ ਵਿਧਾਵਾਂ ਜਿਵੇਂ ਕਵਿਤਾ, ਰੁਬਾਈ, ਗਜ਼ਲ, ਦੋਹਰੇ, ਛੰਦ, ਸ਼ਲੋਕ, ਨਿੱਕੀ ਕਹਾਣੀ ਅਤੇ ਲੇਖ, ਨਿਬੰਧ ਆਦਿ ਆਪਣੇ ਆਪ ਵਿਚ ਵੱਖ-ਵੱਖ ਵਿਸ਼ੇਆਂ ਉੱਤੇ ਰਚਨਾਕਾਰਾਂ ਦੀ ਰਚਨਾਂ ਦ੍ਰਿਸ਼ਟੀ ਉੱਪਰ ਝਾਤ ਪਵਾਉਂਦੇ ਹਨ। ਜਿੱਥੇ ਇਨ੍ਹਾਂ ਵਿਚ ਨਿਰੰਕਾਰ ਦੀ

ਭਗਤੀ ਅਤੇ ਉਸੇ ਦੀ ਮਹਾਨਤਾ ਨੂੰ ਵਡਿਆਉਣ ਤੇ ਦਰਸਾਉਣ ਵਾਲੇ ਗੰਭੀਰ ਵਿਸ਼ੇ ਲਏ ਗਏ ਹਨ।

ਸ਼ਾਹ ਹੁਸੈਨ, ਗੁਲਾਮ ਫਰੀਦ, ਅਲੀ ਹੈਦਰ, ਪੀਲੂ, ਕਾਨਹਾ, ਛੱਜੂ, ਵਰਗੇ ਕਵੀਆਂ ਨੇ ਤਾਂ ਸੂਫੀ ਕਵਿਤਾ ਰਾਹੀਂ ਜੋ ਅਧਿਆਤਮਕ ਰੰਗ ਬੰਨਿਆ ਹੈ। ਉਹ ਪੰਜਾਬੀ ਸੂਫੀ ਕਵਿਤਾ ਦੇ ਵਿਚ ਇਕ ਯੋਗ ਵਾਧਾ ਕਿਹਾ ਜਾ ਸਕਦਾ ਹੈ। ਅਧਿਆਤਮਕ ਕਿੱਸੇ ਲਿਖਕੇ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਅਰਸ਼ਾਂ ਤੇ ਪਹੁੰਚਾਉਣ ਦਾ ਜੋ ਕੰਮ ਕੀਤਾ ਹੈ।

ਇਸੇ ਤਰ੍ਹਾਂ ਸਾਡੇ ਕੋਲ ਪੰਜਾਬੀ ਕਿੱਸਾ-ਕਾਵਿ ਦਾ ਮੋਢੀ ਕਵੀ ਦਮੋਦਰ ਹੈ। ਦਮੋਦਰ ਤੋਂ ਇਲਾਵਾ ਅਹਿਮਦ ਗੁੱਜਰ, ਵਾਰਿਸ਼ ਸ਼ਾਹ ਵਰਗੇ ਕਵੀਆਂ ਨੇ ਤੇ ਆਧੁਨਿਕ ਕਵੀਆਂ ਵਿਚੋਂ ਭਾਈ ਵੀਰ ਸਿੰਘ, ਪ੍ਰੋ. ਮੋਹਨ ਸਿੰਘ, ਨੰਦ ਲਾਲ ਨੂਰ ਪੁਰੀ, ਧਨੀ ਰਾਮ ਚਾੜ੍ਹਕ, ਪ੍ਰੋ. ਪੂਰਨ ਸਿੰਘ, ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ, ਸ਼ਿਵ ਕੁਮਾਰ ਬਟਾਲਵੀ, ਅਵਤਾਰ ਸਿੰਘ ਪਾਸ਼, ਕਰਤਾਰ ਸਿੰਘ ਸੁਮੇਰ, ਰਬਿੰਦਰ ਸਿੰਘ ਮਸਰੂਰ, ਸੁਰਜੀਤ ਪਾਤਰ, ਸੁਖਵਿੰਦਰ ਅੰਮ੍ਰਿਤ, ਜਗਵਿੰਦਰ ਜੋਧਾ, ਦਰਸ਼ਨ ਬੁੱਟਰ, ਹਰਜਿੰਦਰ ਸਿੰਘ ਲਾਡਵਾ, ਆਧੁਨਿਕ ਕਵਿਤਾ ਰਾਹੀਂ ਪੰਜਾਬੀ ਕਵਿਤਾ ਨੇ ਜੋ ਮੁਕਾਮ ਹਾਸਲ ਕੀਤਾ ਉਸੇ ਦੀ ਮਿਸਾਲ ਹੈ। ਇਹ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਹਰਿਆਣਾ ਪ੍ਰਾਂਤ ਵਿਚ ਦੂਜੇ ਤੋਂ ਪਲੇਠੇ ਦਰਜੇ ਵੱਲ ਲਿਜਾਣ ਵਾਲਾ ਯਤਨ ਹੈ। ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿਚ ਅਜਿਹੀ ਮਿੱਠਾਸ ਹੈ ਕਿ ਅੱਜ ਦੇ ਤਕਨੀਕੀ ਯੁੱਗ ਵਿਚ ਜੋ ਮਜਬੂਤ ਪਕੜ ਬਣਾਈ ਹੈ ਉਹ ਪ੍ਰਸੰਸਾਯੋਗ ਹੈ ਤੇ ਸਲਾਹੁਣ ਦੇ ਕਾਬੀਲੇ ਤਰੀਫ ਹੈ। ਜਿਸ ਦਾ ਅਨੋਖਾ ਰੰਗ ਉਸ ਦੀਆਂ ਕਾਵਿਕ ਝਲਕਾਂ ਵਿਚੋਂ ਝਲਕਦਾ ਹੈ।

**ਬੁੱਲ੍ਹਾਂ ਅਧ-ਖੁਲਿਆਂ ਨੂੰ ਹਾਇ!
ਮੇਰੇ ਬੁੱਲ੍ਹਾਂ ਅਧ-ਮੀਟੀਆਂ ਨੂੰ,
ਛੁਹ ਗਿਆ ਨੀ, ਲਗ ਗਿਆ ਨੀ-
ਕੋਣ, ਕੁੱਝ ਲਾ ਗਿਆ?**

ਅੱਜ ਦੇ ਸਮੇਂ ਵਿੱਚ ਸਮਾਜ ਜਿਹੜੇ ਹਾਲਾਤਾਂ ਵਿਚੋਂ ਲੰਘ ਰਿਹਾ ਹੈ, ਉਸ ਦਾ ਪਰਛਾਵਾਂ ਸਾਹਿਤ ਵਿਚੋਂ ਵੀ ਝਲਕ ਰਿਹਾ ਹੈ। ਅਜਿਹਾ ਇਸ ਲਈ

ਵੀ ਨਜ਼ਰ ਆ ਰਿਹਾ ਹੈ ਕਿਉਂਕਿ ਅੱਜ ਸਾਡਾ ਵਿਦਿਆਰਥੀ ਤੱਬਕਾ ਆਪਣੇ ਰਾਹਾਂ ਤੋਂ ਭਟਕ ਗਿਆ ਹੈ। ਉਸ ਨੂੰ ਹੀ ਸਿੱਧੇ ਰਾਹ ਪਾਉਣ ਦਾ ਇਹ ਹਾਰਮੋਨੀ ਰਾਹੀਂ ਨਿਮਾਣਾ ਜਿਹਾ ਯਤਨ ਹੈ।

ਪਹਿਲੀ ਮਾਤਾ ਲਛਮੀ ਦੇਵੀ,
ਜਿਸ ਨੇ ਜਣ ਕੇ ਅਕਲ ਸਿਖਾਈ।
ਦੂਜੀ ਅੰਮਾਂ ਭਾਰਤ ਮਾਤਾ,
ਜਿਸ ਦੀ ਮਿੱਟੀ ਮੈਨੂੰ ਜਣਿਆ॥
ਤੀਜੀ ਮਾਂ ਪੰਜਾਬੀ ਬੋਲੀ,
ਬਚਪਨ ਵਿਚ ਮਾਂ ਪਾਸੋਂ ਸਿੱਖੀ।
ਇਹੋ ਜਿਹੀ ਮਨੋਹਰ ਮਿੱਠੀ,
ਹੋਰ ਕੋਈ ਨਹੀਂ ਡਿੱਠੀ॥

ਅੰਤ ਵਿਚ ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਧੰਨਵਾਦੀ ਹਾਂ ਸਰਦਾਰ ਦਿਆਲ ਸਿੰਘ ਮਜੀਠੀਆ ਜੀ ਦਾ ਜਿਨ੍ਹਾਂ ਦੀ ਮਹਾਨ ਸੋਚ ਵਿਚ ਇਹ ਫੁਰਨਾਂ ਫੁਰਿਆ ਤੇ ਉਹਨਾਂ ਨੇ ਇਸ ਥਾਂ ਤੇ ਕਾਲਜ ਬਣਾ ਕੇ ਆਉਣ ਵਾਲੀਆਂ

ਪੀੜ੍ਹੀਆਂ ਨੂੰ ਕਾਲਜ ਦੀ ਸੌਗਤ ਰਾਹੀਂ ਇੱਕ ਨਵੀਂ ਰੂਹ ਦਾ ਪ੍ਰਕਾਸ਼ ਕੀਤਾ। ਜਿਸ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਹਾਰਮੋਨੀ ਦੇ ਸੰਪਾਦਨ ਰਾਹੀਂ ਆਪਣੇ ਵਿਚਾਰਾਂ ਦੀ ਲੜੀ ਨੂੰ ਪਰੋਣ ਦਾ ਮੌਕਾ ਦਿੱਤਾ। ਇਸ ਤੋਂ ਬਾਅਦ ਦੂਜਾ ਧੰਨਵਾਦ ਮੈਂ ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੇ ਮੁਖੀ ਡਾ. ਬਲਜਿੰਦਰ ਸਿੰਘ ਦਾ ਕਰਨਾ ਚਾਹੁੰਦਾ ਹਾਂ। ਜਿਨ੍ਹਾਂ ਸਾਹਿਤ ਲਿਖਣ ਦੀ ਇਸ ਲੜੀ ਨੂੰ ਸ਼ੁਰੂ ਕਰਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਪ੍ਰੇਰਿਤ ਕੀਤਾ ਹੈ। ਅਤੇ ਇਸ ਵਿਚ ਮੈਨੂੰ ਸੰਪਾਦਕੀ ਲਿਖਣ ਦਾ ਮੌਕਾ ਦਿੱਤਾ ਹੈ। ਮੈਂ ਕਾਲਜ ਤੇ ਪੰਜਾਬੀ ਵਿਭਾਗ ਦੋਹਾਂ ਦਾ ਹੀ ਧੰਨਵਾਦੀ ਹਾਂ। ਮੈਂ ਸੰਪਾਦਕੀ ਰਾਹੀਂ ਜੋ ਮੇਰੇ ਮਨ ਵਿਚ ਸ਼ਬਦ ਅਚਨਚੇਤ ਉੱਸਲ-ਵੱਟੇ ਲੈ ਰਹੇ ਸਨ। ਆਪਣੇ ਉਹ ਭਾਵ ਵਿਅਕਤ ਕੀਤੇ ਹਨ। ਇਹ ਕਾਲਜ ਦੀ ਪ੍ਰਬੰਧਨ ਕਮੇਟੀ ਦੀ ਉੱਚੀ ਸੋਚ ਦਾ ਨਤੀਜਾ ਹੈ! ਜੋ ਵਿਦਿਆਰਥੀਆਂ ਵਿੱਚ ਕਵੀ ਬਣਨ ਦੀ ਲੋਚਾ ਨੂੰ ਪੂਰਾ ਕਰ ਰਿਹਾ ਹੈ।

ਅਰਵਿੰਦ ਕੁਮਾਰ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਦੂਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204002245

ਯਾਰੀਆਂ ਦਿਲਦਾਰੀਆਂ

ਜਿੰਨਾਂ ਮਰਜੀ ਬੰਦਾ ਚਾਹੇ ਯਾਰੀਆਂ ਟੁੱਟ ਜਾਂਦੀਆਂ ਨੇ।
ਭਾਵੇਂ ਇਕ ਦੀ ਗਲਤੀ ਹੋਵੇ ਨਾ ਹੋਵੇ ਦਰਾਰਾਂ ਪੈ ਹੀ ਜਾਂਦੀਆ ਨੇ॥
ਸੰਭਾਲਣਾ ਚਾਹਵੇ ਤਾਂ ਗੱਲਾਂ ਸੰਭਲ ਵੀ ਜਾਂਦੀਆਂ ਨੇ।
ਪਰ ਦਿਲ ਵਿੱਚ ਗੱਲਾਂ ਜੋ ਆ ਜਾਵਣ ਓ ਫਿਕ ਹੀ ਪਾਂਦੀਆਂ ਨੇ॥
ਯਾਰੀ ਵਿੱਚ ਵੀ ਧੋਖੇ ਮਿਲਦੇ ਸੁਣਦੇ ਹੁੰਦੇ ਸੀ।
ਅੱਜ ਓਹਨੂੰ ਮਿਲਕੇ ਸੱਟ ਬੜੀ ਡੂੰਘੀ ਵੱਜੀ ਏ॥
ਮਾੜਾ ਕਦੇ ਨਾ ਚਾਹਿਆ ਸੀ ਨਾ ਹੀ ਅੱਜ ਵੀ ਚਾਹਵਾਂਗੇ।
ਪੀੜ੍ਹ ਜਦੋਂ ਓਹਨੂੰ ਲੱਗੂਗੀ, ਹਾਰ ਓਹਨੇ ਆਪ ਹੀ ਜਾਣਾ ਵੇ॥
ਨਵੇਂ ਲੋਕਾਂ ਦੇ ਆਉਣ ਨਾਲ ਭਾਵੇਂ ਭੁੱਲ ਗਈ ਏ ਸਾਨੂੰ।
ਇਕ ਦਿਨ ਯਾਦ ਕਰ ਗੱਲਾਂ ਓਹਨੂੰ ਚੇਤੇ ਆਉਗੀ॥
ਅਸਾਂ ਨਾ ਕੱਲਾ ਛੱਡਿਆ ਸੀ ਨਾ ਹੀ ਅੱਜ ਵੀ ਕੱਲਾ ਛੱਡਾਂਗੇ।
ਓਹਨੇ ਧੋਖਾ ਦੇਣਾ ਭਾਵੇਂ ਸਿੱਖ ਲਿਆ ਪਰ ਅਸੀਂ ਨਾ ਸਿੱਖਿਆ ਏ॥
ਮਾੜੇ ਟੈਮ ਵੀ ਓਹਦੇ ਨਾਲ ਖਲੋਤੇ ਦਿਸਾਂਗੇ।
ਓਹ ਭਾਵੇਂ ਭੁੱਲ ਗਈ ਏ ਯਾਰੀ ਸਾਡੀ ਨੂੰ॥
ਪਰ ਅਸੀਂ ਦਿਲੋਂ ਕੀਤੀ ਸੀ ਤਾਂ ਹੀ ਨਿਭਾਉਣੀ ਆਉਂਦੀ ਏ ਸਾਨੂੰ।
ਪਰ ਅਸੀਂ ਕੀਤੀ ਸੀ ਦਿਲੋਂ ਤਾਂ ਹੀ ਨਿਭਾਉਣੀ ਆਉਂਦੀ ਏ ਸਾਨੂੰ॥

ਸੇਜਲ ਕੌਰ

ਜਮਾਤ: ਬੀ.ਕੌਮ. ਸਾਲ-ਦੂਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 1212042003022

ਵੱਧ ਰਹੀਆਂ ਕੀਮਤਾਂ

ਪਿੱਛਲੇ ਛੇ ਕੁ ਦਹਾਕਿਆਂ ਤੋਂ ਮਹਿੰਗਾਈ ਦੀ ਸਮੱਸਿਆ ਦੀ ਗੰਭੀਰਤਾ ਨੇ ਸੰਸਾਰ ਭਰ ਵਿੱਚ ਪਿੱਛਲੇ ਸਾਰੇ ਰਿਕਾਰਡ ਨੇ ਸੰਸਾਰ ਵਿੱਚ ਬੀਤੇ ਸਮੇਂ ਵਿੱਚ ਚੀਜ਼ਾਂ ਦੀਆਂ ਕੀਮਤਾਂ ਦੇ ਵਾਧੇ ਦੀ ਰਫਤਾਰ ਤਾਂ ਇਕ ਗੰਭੀਰ ਰੂਪ ਧਾਰ ਗਈ ਹੈ। ਅੱਜਕੱਲ ਤਾਂ ਚੀਜ਼ਾਂ ਦੇ ਭਾਅ ਸਵੇਰੇ ਨੂੰ ਕੁੱਝ ਹੋਰ ਹੁੰਦੇ ਹਨ ਤੇ ਦੁਪਹਿਰ ਵੇਲੇ ਕੁੱਝ ਹੋਰ ਹੁੰਦੇ ਹਨ। ਜਿਸ ਤਰ੍ਹਾਂ ਖਾਧ ਪਦਾਰਥਾਂ ਤੇ ਲੋਹਾ, ਸੀਮੈਂਟ, ਪੈਟਰੋਲ, ਡੀਜਲ ਤੇ ਰਸੋਈ ਗੈਸ, ਆਦਿ ਦੀਆਂ ਕੀਮਤਾਂ ਵਿੱਚ ਭਿਆਨਕ ਵਾਧਾ ਹੋਇਆ ਹੈ ਤੇ ਮੁਦਰਾ ਸਫਿਤੀ ਦੀ ਦਰ ਵੀ ਜਿਆਦਾ ਮਾਤਰਾ ਵਿੱਚ ਵੱਧ ਗਈ ਹੈ। ਸਫਰ ਦੇ ਕਿਰਾਏ ਵਿੱਚ ਵਾਧਾ, ਡਾਕਤਾਰ ਤੇ ਸੰਚਾਰ ਸਾਧਨਾਂ ਦੇ ਨਾਲ ਹੀ ਬਿਜਲੀ ਖਪਤ ਦੀਆਂ ਦਰਾਂ ਵਿੱਚ ਵੀ ਵਾਧਾ ਕੀਤਾ ਗਿਆ ਜਿਹੜਾ ਸਾਰੇ ਹੱਦਾਂ ਬੰਨੇ ਟੱਪ ਗਿਆ ਹੈ। ਮਹਿੰਗਾਈ ਦੇ ਵਧਣ ਕਰਕੇ ਆਮ ਲੋਕਾਂ ਨੂੰ ਬੜੀਆਂ ਭਾਰੀਆਂ ਮੁਸ਼ੀਬਤਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ ਪੈ ਰਿਹਾ ਹੈ। ਜੇ ਕਿ ਆਉਣ ਵਾਲੇ ਸਮੇਂ ਵਿੱਚ ਲੋਕਾਂ ਲਈ ਮਾਰੂ ਹਥਿਆਰ ਵਾਂਗ ਨੁਕਸਾਨਦਾਇਕ ਸਿੱਧ ਹੋਵੇ ਗੀ। ਜਿਸ ਨਾਲ ਸਮਾਜ ਦੀ ਅਰਥ-ਵਿਵਸਥਾ ਚਰਮਰਾ ਜਾਵੇਗੀ ਤੇ ਸਾਡਾ ਸਮਾਜ ਦਿਨ ਦੁਨੀ ਰਾਤ ਚੋਗੁਣੀ ਤਰੱਕੀ ਕਰਨ ਦੀ ਥਾਂ ਪਿਛਾਂਹ ਨੂੰ ਜਾਵੇਗਾ।

ਹਰਸ਼

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਤੀਜਾ ਭਾਗ-ਛੇਵਾਂ
ਰੋਲ ਨੰਬਰ: 3149210223

ਜੇਕਰ ਮੈਂ ਪ੍ਰਧਾਨ ਮੰਤਰੀ ਹੋਵਾਂ

ਮੈਂ ਆਪਣੇ ਸੱਚੇ ਦਿਲੋਂ ਕਹਿੰਦਾ ਹਾਂ ਕਿ ਜੇ ਕਦੇ ਮੈਨੂੰ ਭਾਰਤ ਦੇ ਪ੍ਰਧਾਨ ਮੰਤਰੀ ਬਣਨ ਦਾ ਮੌਕਾ ਮਿਲ ਜਾਏ ਤਾਂ ਮੈਂ ਇਸ ਦੇਸ਼ ਨੂੰ ਸੱਚਮੁੱਚ ਦਾ ਸਵਰਗ ਬਣਾ ਦਿਆਂਗਾ। ਇਹ ਗੱਲ ਮੈਂ ਆਪਣੀ ਵਡਿਆਈ ਕਰਨ ਲਈ ਨਹੀਂ, ਸਗੋਂ ਆਪਣੇ ਦਿਲ ਵਿੱਚ ਲੁਕੇ ਹੋਏ ਦੇਸ਼ ਪਿਆਰ ਨੂੰ ਹਵਾ ਲਵਾਉਣ ਲਈ ਕਹਿ ਰਿਹਾ ਹਾਂ। ਮੈਂ ਭਾਰਤ ਦਾ ਪ੍ਰਧਾਨ ਮੰਤਰੀ ਬਣ ਕੇ ਸਭ ਤੋਂ ਪਹਿਲਾਂ ਦੇਸ਼ ਵਿੱਚੋਂ ਬੇਰੋਜਗਾਰੀ ਦੂਰ ਕਰ ਦਿਆਂਗਾ। ਦੇਸ਼ ਵਿੱਚ ਹਰ ਨੌਜਵਾਨ ਨੂੰ ਆਪਣਾ ਹੁਨਰ ਅਤੇ ਆਪਣੀ ਕਾਬਲਿਅਤ ਵਿਖਾਉਣ ਦਾ ਮੌਕਾ ਦਿਆਂਗਾ। ਦੇਸ਼ ਭਰ ਵਿੱਚ ਹੋਣ ਵਾਲੇ ਗਲਤ ਕੰਮਾਂ ਨੂੰ ਜੜ੍ਹ ਤੋਂ ਖਤਮ ਕਰ ਦਿਆਂਗਾ। ਦੇਸ਼ ਦਾ ਭਲਾ ਕਰਨ ਦੇ ਨਾਲ-ਨਾਲ ਮੈਂ ਆਪਣੇ ਵੀ ਸੁਪਨੇ ਪੂਰੇ ਕਰਾਂਗਾ। ਮੈਂ ਦੇਸ਼ ਦੀ ਹਰ ਇਕ ਥਾਂ ਤੇ ਜਾਵਾਂਗਾ ਦੇਸ਼ ਨੂੰ ਦੁਨਿਆ ਦੇ ਨਕਸ਼ੇ ਤੇ ਮਸ਼ਹੂਰ ਕਰਾਂਗਾ। ਮੈਂ ਆਪਣੇ ਦੇਸ਼ ਵਿੱਚੋਂ ਗਰੀਬੀ ਖਤਮ ਕਰਨ ਦਾ ਪੂਰਾ ਜਤਨ ਕਰਾਂਗਾ। ਅਖੀਰ ਵਿੱਚ ਮੈਂ ਸਿਰਫ ਇਹ ਹੀ ਕਹਿਣਾ ਚਾਹੁੰਦਾ ਹਾਂ ਕਿ ਮੈਨੂੰ ਇਕ ਵਾਰ ਪ੍ਰਧਾਨ ਮੰਤਰੀ ਬਣਨ ਦਾ ਮੌਕਾ ਜ਼ਰੂਰ ਦਿਓ।

ਮਨਪ੍ਰੀਤ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਤੀਜਾ ਭਾਗ-ਛੇਵਾਂ
ਰੋਲ ਨੰਬਰ: 3149210277

ਬਚੱਤ

ਮਨੁੱਖ ਇਕ ਸਮਾਜਿਕ ਪ੍ਰਾਣੀ ਹੈ। ਇਸ ਲਈ ਉਸ ਨੂੰ ਜੀਵਨ ਵਿੱਚ ਬਚੱਤ ਦੀ ਬਹੁਤ ਜਿਆਦਾ ਜ਼ਰੂਰਤ ਹੈ। ਇਸ ਬਚੱਤ ਦਾ ਨਿਜੀ ਫਾਇਦਾ ਤਾਂ ਹੁੰਦਾ ਹੀ ਹੈ ਸਗੋਂ ਸਮੁੱਚੇ ਦੇਸ਼ ਲਈ ਵੀ ਲਾਭ ਵੰਦ ਸਾਬਿਤ ਹੁੰਦੀ ਹੈ। ਭਾਰਤ ਸਰਕਾਰ ਨੇ ਇਸ ਨਿਧੀ ਤੇ ਤਹਿਤ ਛੋਟੀਆਂ-ਛੋਟੀਆਂ ਸਕੀਮਾਂ ਵੀ ਚਲਾਇਆਂ ਹੋਈਆਂ ਹਨ। ਜਿਨ੍ਹਾਂ ਨਾਲ ਆਮ ਆਦਮੀ ਬਚੱਤ ਕਰ ਸਕਦਾ ਹੈ। ਸਾਡੇ ਦੇਸ਼ ਵਿੱਚ ਗਰੀਬ ਲੋਕਾਂ ਦੀ ਗਿਣਤੀ ਬਹੁਤ ਜਿਆਦਾ ਹੈ। ਉਹਨਾਂ ਲਈ ਪਰਿਵਾਰ ਦੀਆਂ ਲੋੜਾਂ ਪੂਰੀਆ ਕਰਨੀਆ ਵੀ ਔਖੀਆਂ ਹੋ ਜਾਂਦੀਆਂ ਹਨ। ਹਮੇਸ਼ਾ ਇਹ ਕਿਹਾ ਜਾਂਦਾ ਹੈ ਕਿ ਬੁੰਦ-ਬੁੰਦ ਨਾਲ ਸਰੋਵਰ ਭਰ ਜਾਂਦਾ ਹੈ। ਜੇਕਰ ਉਹ ਬਚੱਤ ਦੀ ਆਦਤ ਬਣਾ ਲਵੇ ਤਾਂ ਉਹ ਕੁੱਝ ਪੈਸੇ ਜੋੜ ਸਕਦਾ ਹੈ। ਅੱਜ ਝੁੱਗੀਆਂ, ਝੌਂਪੜੀਆਂ ਵਿੱਚ ਰਹਿਣ ਵਾਲੇ ਕਈ ਵਾਰ ਰੋਟੀ ਖਾ ਨਹੀਂ ਸਕਦੇ। ਪਰ ਬੀੜੀਆਂ ਤੇ ਸ਼ਰਾਬ ਛੱਡ ਨਹੀਂ ਸਕਦੇ। ਜੇ ਉਹ ਰੋਜ ਪੀਣ ਵਾਲੀ ਬੀੜੀ ਤੇ ਖਰਚਿਆ ਜਾਣ ਵਾਲਾ ਪੈਸਾ ਜੋੜਨਾ ਸ਼ੁਰੂ ਕਰ ਦੇਣ ਤਾਂ ਉਹ ਵੀ ਕੁੱਝ ਪੂੰਜੀ ਜੋੜ ਸਕਦੇ ਹਨ। ਜੇਕਰ ਅਸੀਂ ਬਿਜਲੀ-ਪਾਣੀ ਸਾਵਧਾਨੀ ਨਾਲ ਵਰਤੀਏ ਤਾਂ ਵੀ ਬਹੁਤ ਵੱਡੀ ਬਚੱਤ ਹੋ ਜਾਂਦੀ ਹੈ। ਕਈ ਲੋਕ ਫਾਲਤੂ ਰਸਮਾਂ-ਰਿਵਾਜਾਂ ਤੇ ਦਿਖਾਵੇ ਲਈ ਖਰਚ ਕਰਦੇ ਹਨ। ਉਸ ਤੇ ਕਾਬੂ ਪਾ ਕੇ ਵੀ ਬਚੱਤ ਕੀਤੀ ਜਾ ਸਕਦੀ ਹੈ। ਅੱਜ ਕੱਲ ਤਾਂ ਨੌਕਰੀ ਪੇਸ਼ਾ ਲੋਕਾਂ ਦੀਆਂ ਤਨਖਾਹਾਂ ਸਿੱਧੇ ਬੈਂਕਾਂ ਵਿੱਚ ਜਮਾਂ ਹੁੰਦੀਆ ਹਨ। ਜੇ ਉਹ ਸਾਰਾ ਵੇਤਨ ਨਾ ਲੈਣ ਤਾਂ ਤੇ ਸਿਰਫ 500 ਰੁਪਈਏ ਮਹੀਨੇ ਦੇ ਬੈਂਕ ਵਿੱਚ ਛੱਡ ਦੇਣ ਤਾਂ ਵੀ ਉਸੇ ਪੈਸੇ ਨੂੰ ਜਦੋਂ ਬਿਆਜ ਲਗੇਗਾ ਤਾਂ ਪੈਸਾ ਵੱਧੇਗਾ ਬਚੱਤ ਕਰਨ ਨਾਲ ਅਸੀਂ ਭਵਿੱਖ ਦੇ ਖਰਚਿਆਂ ਦੀ ਚਿੰਤਾ ਤੋਂ ਮੁਕਤ ਹੋ ਜਾਂਦੇ ਹਾਂ।

ਰਵੀ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਤੀਜਾ ਭਾਗ-ਛੇਵਾਂ
ਰੋਲ ਨੰਬਰ: 3149210224

ਜੀਵਨ

ਜੇਕਰ ਪਾਣੀ ਦਾ ਤੁਸੀਂ ਘਾਣ ਕਰੋਗੇ।
ਜੀਵਨ ਦਾ ਨੁਕਸਾਨ ਕਰੋਗੇ।
ਪਾਣੀ ਬਚਾਓ ਜੀਵਨ ਬਚਾਓ।
ਵਾਤਾਵਰਣ ਨੂੰ ਸੁਦ ਬਣਾਓ।
ਵਾਤਾਵਰਣ ਹੈ ਤਾਂ ਜੀਵਨ ਹੈ।
ਬਿਨ ਪਾਣੀ ਬਿਨ੍ਹਾਂ ਜੀਵਨ ਅਸੰਭਵ।
ਹਰਿਆਲੀ ਲਗਾਓ ਜੀਵਨ ਬਚਾਓ।
ਹਰਿਆਲੀ ਦੇਂਦੀ ਸਾਡੇ ਜੀਵਨ ਨੂੰ ਖੁਸ਼ਹਾਲੀ।
ਪਰ ਅੱਜ ਸਿਰਫ ਸਾਂਭਦਾ ਹੈ ਜਾਂ ਕੋਈ ਸੌਂਕੀ ਜਾਂ ਫੇਰ ਮਾਲੀ।
ਇਹਨੂੰ ਕੇਵਲ ਸਿਰਫ ਤੇ ਸਿਰਫ ਇਕ ਮਾਲੀ।

ਟਵਿੰਕਲ

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ਰੋਲ-ਨੰਬਰ: 120204002400

ਦੋ ਰੁਪਈਆਂ ਦੀ ਮੱਕੀ

ਦੇਸਰਾਜ ਦਾ ਪਿਤਾ ਇਕ ਜਿਮੀਦਾਰ ਸੀ। ਛੋਟੇ ਹੁੰਦਿਆਂ ਦੇਸਰਾਜ ਆਪਣੇ ਪਿਤਾ ਨਾਲ ਜਿਮੀਦਾਰੇ ਦੇ ਕੰਮ ਵਿੱਚ ਹੱਥ ਵਟਾਉਂਦਾ ਸੀ। ਉਸ ਸਮੇਂ ਮੱਕੀ ਦੀ ਫਸਲ ਲਾਈ ਹੋਈ ਸੀ। ਖੇਤੀ ਦੇ ਕੰਮਾਂ ਦੇ ਨਾਲ-ਨਾਲ ਦੇਸਰਾਜ ਨੂੰ ਮੱਝਾਂ ਚਾਰਨ ਦਾ ਬਹੁਤ ਸ਼ੌਂਕ ਸੀ। ਜਦੋਂ ਉਸ ਦੀਆਂ ਮੱਝਾਂ ਘਾਹ ਚੁਗਦੀਆਂ ਤਾਂ ਚਰਦੀਆਂ ਮੱਝਾਂ ਵੇਖ ਕਿ ਉਸ ਦੇ ਮਨ ਨੂੰ ਅੰਤਾਂ ਦੀ ਖੁਸ਼ੀ ਮਿਲਦੀ। ਉਸ ਦੀ ਮਾਤਾ-ਪਿਤਾ ਉਸ ਦੇ ਕੰਮਾਂ ਨੂੰ ਵੇਖ ਉਸ ਦੀ ਬੜੀ ਪ੍ਰਸ਼ੰਸਾ ਕਰਦੇ ਸਨ। ਉਹ ਚੁੱਗਦੀਆਂ ਮੱਝਾਂ ਦੇ ਨਾਲ-ਨਾਲ ਰਹਿੰਦਾ ਤੇ ਉਹਨਾਂ ਨੂੰ ਅੱਗੇ ਹੋਕੇ ਰੋਕ-ਰੋਕ ਕੇ ਚੁਗਾਂਦਾ ਜੇਕਰ ਕਦੇ ਉਹ ਆਪਣੀਆਂ ਮੱਝਾਂ ਤੋਂ ਦੂਰ ਹੋ ਜਾਂਦਾ ਤਾਂ ਉਸ ਦਾ ਸਾਰਾ ਸੁਆਦ ਗੁਆਚ ਜਾਂਦਾ ਸੀ।

ਮੱਝਾਂ ਚਾਰਨ ਦਾ ਚੇਟਕ ਉਸ ਨੂੰ ਵਿਰਸੇ ਵਿੱਚ ਮਿਲਿਆ ਸੀ। ਉਸ ਦਾ ਪਿਤਾ ਲਾਲਾ ਰਾਮ ਵੀ ਕਦੇ ਮੱਝਾਂ ਨੂੰ ਇਸੇ ਤਰ੍ਹਾਂ ਚਾਰਦਾ ਹੁੰਦਾ ਸੀ ਤੇ ਜਦੋਂ ਤੱਕ ਉਸ ਦੀਆਂ ਮੱਝਾਂ ਰੱਜ ਨਾ ਜਾਂਦੀਆਂ ਉਹਨਾਂ ਘੇਰ-ਘੇਰ ਕੇ ਚੁਗਾਂਦਾ ਤੇ ਇਕ ਦਿਨ ਉਸ ਦੀਆਂ ਮੱਝਾਂ ਭੁੱਖੀਆਂ ਰਹਿ ਗਈਆਂ ਉਸ ਦਿਨ ਬਹੁਤ ਜਿਆਦਾ ਮੀਂਹ ਆ ਰਿਹਾ ਸੀ। ਉਸ ਨੇ ਇਕ ਜੁਗਤ ਲੜਾਈ ਤੇ ਅੱਧੀ ਰਾਤ ਨੂੰ ਮੱਝਾਂ ਨਾਲ ਦੇ ਪਿੰਡ ਦੇ ਖੇਤ ਵਿੱਚਲੀ ਚਰੀ ਸੀ ਕਿ ਮੱਕੀ ਉਸ ਵਿੱਚ ਵਾੜ ਦਿੱਤੀਆਂ ਤੇ ਆਪ ਬਾਹਰ ਰਾਖੀ ਕਰਦਾ ਰਿਹਾ ਤੇ ਜਦੋਂ ਮੱਝਾਂ ਰੱਜ ਗਈਆਂ ਤਾਂ ਉਸ ਵੇਲੇ ਉਹਨਾਂ ਨੂੰ ਕੱਢ ਲਿਆਇਆ।

ਹੁਣ ਦੇਸਰਾਜ ਵੀ ਮੱਝਾਂ ਨੂੰ ਰਜਾਉਣ ਦੇ ਆਹਰ ਵਿੱਚ ਲੱਗਾ ਰਹਿੰਦਾ। ਜਦੋਂ ਵੀ ਕਦੇ ਉਸ ਦੇ ਆਪਣੇ ਖੇਤਾਂ ਵਿੱਚ ਘਾਹ ਮੁੱਕ ਜਾਂਦਾ ਤਾਂ ਉਹ ਹਰ ਆਉਣ ਜਾਣ ਵਾਲੇ ਨੂੰ ਘਾਹ ਦੀ ਦਸ ਪਾਉਣ ਲਈ ਕਹਿੰਦਾ ਰਹਿੰਦਾ ਸੀ। ਦੇਸਰਾਜ ਰੱਬ ਅੱਗੇ ਅਰਦਾਸਾਂ ਕਰਦਾ ਕੇ ਕਿਸਾਨਾਂ ਕੋਲੋਂ ਪੈਲੀ ਸਮੇਂ ਸਿਰ ਸਾਂਭੀ ਨਾ ਜਾਏ। ਤੇ ਬਾਅਦ ਵਿੱਚ ਉਹ ਮੌਜ ਨਾਲ ਉਥੇ ਮੱਝਾਂ ਚਾਰਿਆ ਕਰੇਗਾ। ਇਹ ਬੇਸ਼ਕ ਉਸ ਦੇ ਬਚਪਨ ਦੀਆਂ ਆਦਤਾਂ ਸਨ। ਅੱਜ ਭਾਵੇਂ ਉਹ ਸ਼ਹਿਰ ਵਿੱਚ ਇਕ ਕਾਰਖਾਨੇ ਵਿੱਚ ਨੌਕਰੀ ਕਰਨ ਲੱਗਿਆ ਸੀ। ਪਰ ਮੱਝਾਂ ਨੂੰ ਚਾਰਨ ਦਾ ਬਚਪਨ ਵਾਲਾ ਸ਼ੌਂਕ ਅੱਜ ਵੀ ਬਰਕਰਾਰ ਬੇਸ਼ਕ ਉਸ ਨੇ ਸ਼ਹਿਰ ਵਿੱਚ ਆ ਹੱਥ ਤੋੜਵੀਂ ਭਰਵੀਂ ਮੇਹਨਤ ਕੀਤੀ ਤੇ ਦੋ ਕਨਾਲਾ ਵਿੱਚ ਉਸ ਨੇ ਇਹ ਘਰ ਬਣਾਇਆ ਤੇ ਚੰਗਾਂ ਰੁਪਈਆ ਖਰਚ ਕੀਤਾ ਭਾਵ ਉਸ ਨੇ ਸ਼ਹਿਰ ਵਿੱਚ ਆ ਕੇ ਜੋ ਕਮਾਇਆ ਸੀ ਸ਼ਾਇਦ ਸਾਰਾ ਲਗਾ ਦਿੱਤਾ ਹੋਵੇ। ਅੱਜ ਉਸ ਦਾ ਰਸੂਖ ਚੰਗਾ ਬਣ ਗਿਆ ਸੀ। ਕਿਉਂਕਿ ਹੁਣ ਆਪਣੀ ਮੇਹਨਤ ਦੇ ਬਲ ਤੇ ਮੈਨੇਜਰ ਬਣ ਗਿਆ ਸੀ ਤੇ ਚੰਗੀ ਪੈਂਠ ਹੋਣ ਕਰਕੇ ਉਸ ਕੋਲ ਆਉਣ ਜਾਣ ਵਾਲਿਆਂ ਦੀ ਸਦਾ ਭੀੜ ਲੱਗੀ ਰਹਿੰਦੀ। ਲੋਕ ਕੋਟ-ਕਚਹਿਰੀ ਲਈ ਆਉਂਦੇ ਤਾਂ ਕਈ-ਕਈ ਦਿਨ ਉਸ ਦੇ ਘਰ ਰਹਿ ਜਾਂਦੇ ਪਰ ਉਹ ਕਦੇ ਪ੍ਰਵਾਹ ਨਾ ਕਰਦਾ। ਇਸ ਗੱਲ ਦਾ ਆਉਣ ਵਾਲਿਆਂ ਨੂੰ ਵੀ ਪਤਾ ਸੀ ਕਿ ਦੇਸਰਾਜ ਨੂੰ ਦੋ ਚੌਂਹ ਦਿਨਾਂ ਦੀ ਰੋਟੀ ਨਾਲ ਕੋਈ ਫਰਕ ਨਹੀਂ ਪੈਣ ਲੱਗਾ।

ਦੇਸਰਾਜ ਬੇਸ਼ਕ ਸ਼ਹਿਰ ਵਿੱਚ ਰਹਿੰਦਾ ਸੀ, ਹੁਣ ਵੀ ਉਹ ਮੱਝਾ ਰੱਖਦਾ ਸੀ। ਤੇ ਇਹੀ ਸੋਚ ਕੇ ਉਸ ਨੇ ਆਪਣੇ ਘਰ ਦੇ ਵਿੱਚ ਇਕ ਬਗੀਚਾ ਲਗਾਇਆ ਹੋਇਆ ਸੀ। ਜੇਕਰ ਕਦੇ ਕਿਸੇ ਦਾ

ਔਪਰਾ ਢੰਗਰ ਉਸ ਦੇ ਬਗੀਚੇ ਵਿੱਚ ਪ੍ਰਵੇਸ਼ ਕਰਦਾ ਤਾਂ ਉਸ ਕੋਲੋਂ ਕਦੇ ਬਰਦਾਸ਼ ਨਾਂ ਹੁੰਦਾ। ਇਕ ਵਾਰ ਦੇਸਰਾਜ ਨੇ ਆਪਣੇ ਦੋਸਤ ਸੇਵਾ ਰਾਮ ਦੀ ਮੱਝ ਨੂੰ ਬਾਗ ਵਿੱਚ ਚੁੱਗਦਿਆਂ ਵੇਖਿਆ ਤਾਂ ਉਸ ਨੇ ਤੁਰੰਤ ਨੌਕਰ ਨੂੰ ਕਹਿ ਕੇ ਬਾਹਰ ਕੱਢਵਾ ਦਿੱਤਾ ਸੀ। ਤੇ ਇਹ ਵੇਖ ਕੇ ਸੇਵਾ ਰਾਮ ਨੇ ਬਹੁਤ ਗੁੱਸਾ ਕੀਤਾ ਸੀ, ਪਰ ਕਿਹਾ ਕੁੱਝ ਨਾ। ਸੇਵਾ ਰਾਮ ਦੀ ਪਤਨੀ ਨੇ ਉਸ ਦੀ ਪਤਨੀ ਨੂੰ ਕਿਹਾ ਕਿ ਅੱਜ ਘਾਹ ਤੁਹਾਡੇ ਲਈ ਕੀਮਤੀ ਹੋ ਗਿਆ ਹੈ ਕਿ ਉਹ ਨੌਕਰਾਂ ਦੇ ਸਾਹਮਣੇ ਸਾਨੂੰ ਨੀਵਾਂ ਦਿਖਾਉਣਾ ਚਾਹੁੰਦਾ ਹੈ। ਜਦੋਂ ਉਸ ਨੂੰ ਇਸ ਗੱਲ ਦਾ ਪਤਾ ਲੱਗਾ ਤਾਂ ਦੇਸਰਾਜ ਨੂੰ ਬਹੁਤ ਦੁੱਖ ਆਇਆ।

ਕਿਉਂਕਿ ਇਕ ਪੁਰਾਣੀ ਲੰਮੀ ਸਾਂਝ ਸੀ ਜੋ ਇੰਨੀ ਜਲਦੀ ਨਹੀਂ ਸੀ ਟੁੱਟ ਸਕਦੀ। ਫਿਰ ਤਿੰਨ ਚਾਰ ਮਹੀਨੇ ਇਹ ਗੱਲ ਨੂੰ ਹੋਏ ਬੀਤ ਜਾਂਦੇ ਹਨ, ਦੇਸਰਾਜ ਤੇ ਆਪਣੇ ਪਲਾਟ ਵਿੱਚ ਆਪਣੇ ਖਾਣ ਲਈ ਮੱਕੀ ਬੀਜੀ ਹੋਈ ਸੀ। ਤੇ ਅੱਜ ਫਿਰ ਸੇਵਾ ਰਾਮ ਦੀ ਮੱਝ ਅੱਜ ਫਿਰ ਖੁੱਲ ਕੇ ਆ ਗਈ ਤੇ ਮੱਕੀ ਖਾਣ ਲੱਗੀ ਤੇ ਦੇਸਰਾਜ ਤੋਂ ਇਹ ਵੇਖਿਆ ਨਾ ਗਿਆ ਤੇ ਉਸ ਨੇ ਅੱਜ ਫੇਰ ਬਾਗ ਵਿੱਚੋਂ ਬਾਹਰ ਕੱਢ ਦਿੱਤਾ। ਸੇਵਾ ਰਾਮ ਇਹ ਸਭ ਕੁੱਝ ਵੇਖ ਰਿਹਾ ਸੀ। ਇਸ ਵਾਰ ਫਿਰ ਦੇਸਰਾਜ ਬਹੁਤ ਸ਼ਰਮਿੰਦਾ ਹੋਇਆ। ਦੇਸਰਾਜ ਸੋਚ ਰਿਹਾ ਸੀ ਸੇਵਾ ਰਾਮ ਦੀ ਮੱਝ ਵੱਧ ਤੋਂ ਵੱਧ ਦੋ ਰੁਪਏ ਦੀ ਮੱਕੀ ਖਾ ਜਾਂਦੀ। ਦੋ ਰੁਪਈਆ ਦੀ ਮੱਕੀ ਪਿੱਛੇ ਪਤਾ ਨਹੀਂ ਕਿੰਨਾਂ ਚਿਰ ਲੱਗੁਗਾ, ਪੁਰਾਣੀ ਸਾਂਝ ਬਰਕਰਾਰ ਕਰਨ ਲਈ।

ਅਰਵਿੰਦ ਕੁਮਾਰ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204002245

ਇਕ ਦਿਨ

ਇਕ ਦਿਨ ਮਾਂ ਨੂੰ ਸਾਡੀ ਬੁਖਾਰ ਹੋ ਗਿਆ।
ਰੋਟੀ ਵੱਲੋਂ ਸਾਰਾ ਟੱਬਰ ਭੁੱਖਾ ਸੋ ਗਿਆ॥
ਗੈਸ ਤੇ ਰੱਖ ਕੇ ਮੈਂ ਦੁੱਧ ਭੁੱਲ ਗਿਆ।
ਮਾਂ ਤੇਰੇ ਬਿਨਾਂ ਘਰ ਇਕ ਦਿਨ 'ਚ ਹੀ ਰੁੱਲ ਗਿਆ॥
ਸਾਰਾ ਦਿਨ ਭੱਜਭੱਜ ਕੰਮਾਂ ਵਿੱਚ ਬਤੀਤ ਹੋਇਆ ਸੀ।
ਮਾਂ ਸੱਚ ਦੱਸਾਂ ਮੈਂ ਲੁੱਕਲੁੱਕ ਕੇ ਬੜਾ ਰੋਇਆ ਸਾਂ॥
ਪਾਣੀ ਵਾਲੀ ਟੈਂਕੀ ਵੀ ਮੈਂ ਭਰਨੀ ਭੁੱਲ ਗਿਆ।
ਮਾਂ ਤੇਰੇ ਬਿਨਾਂ ਤੇਰਾ ਪੁੱਤ ਇਕ ਦਿਨ ਵਿੱਚ ਹੀ ਰੁੱਲ ਗਿਆ॥
ਤੈਨੂੰ ਦਵਾਈ ਦੇ ਕੇ ਸੀ ਜਦੋਂ ਬਹਿਣ ਲਗਿਆ।
ਰਸੋਈ ਦੀਆਂ ਕੰਧਾਂ ਜੂਠੇ ਭਾਂਡਿਆਂ ਨੂੰ ਸੀ ਕਹਿਣ ਲੱਗਿਆ॥
ਮਜਦੂਰੀ ਨਾਲੋਂ ਔਖੀ ਮੈਨੂੰ ਰਸੋਈ ਜਾਪੀ ਸੀ।
ਰਸੋਈ ਸ਼ਬਦ ਦੇ ਅਰਥਾਂ ਦੀ ਸਮਝ ਜੇ ਮੈਂ ਨਾਪੀ ਸੀ॥
ਖੇਰ: ਥੱਕ ਟੁੱਟ ਕੇ ਰਾਤ ਨੂੰ ਮੈਂ ਸੁਤਾ ਸੀ।
ਜਦੋਂ ਇਕ ਦਿਨ ਮਾਂ ਨੂੰ ਬੁਖਾਰ ਹੋਇਆ ਸੀ॥

ਸਵਾਤੀ

ਜਮਾਤ: ਐਮ. ਐਸ. ਸੀ. ਕੈਮਿਸਟਰੀ (ਪ੍ਰੀਵਿਅਸ)
ਸਾਲ-ਪਹਿਲਾ ਭਾਗ-ਦੁਜਾ ਰੋਲ ਨੰਬਰ: 22120417086

ਜਿੰਦੀਏ

ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਤੂੰ ਛੱਡ ਲੋਕਾਂ ਦੇ ਰੋਣੇ,
ਭਾਲਦੀ ਤੂੰ ਥੱਕ ਜਾਣਾ ਸਚੇ ਸੱਜਣ ਨਹੀਂ ਥਿਐਣੇ।
ਦਿਲ ਦੇ ਭਾਵੇਂ ਕਾਲੇ ਹੁੰਦੇ ਨੇ ਕਈ ਹੁੰਦੇ ਸ਼ਕਲੋਂ ਬਹੁਤ ਸੋਹਣੇ,
ਭਾਲਦੀ ਤੂੰ ਥੱਕ ਜਾਣਾ ਪਰ ਤੈਨੂੰ ਸੱਚੇ ਸੱਜਣ ਨਹੀਂ ਥਿਐਣੇ।
ਤੂੰ ਸੋਚੇ ਸਭ ਤੇਰੇ ਜਿਹੇ ਤੇਰੀ ਵੱਡੀ ਇਹ ਨਰਮਾਈ ਹੈ,
ਤੂੰ ਜਾਣੇ ਨਾ ਕਿੱਡੀ ਵੱਡੀ ਖੁਦਾ ਦੀ ਖੁਦਾਈ ਇਹ।
ਕਈ ਚੰਗੇ ਤੈਥੋਂ ਵੀ ਲੱਖ ਹੋਣੇ,
ਕਈਆਂ ਤਾਂ ਐਵੇਂ ਜਹਿਮਤ ਝੋਲੀ ਪਾਈ ਹੈ,
ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਚੰਗਿਆ ਨਾਲ ਹਮੇਸ਼ਾਂ ਮੰਦੀ ਹੁੰਦੀ ਏ।
ਜੇ ਜਾਪੇ ਤੈਨੂੰ ਚੀਜ ਅਕਸਰ ਚੰਗੀ ਓਹ ਮੰਦੀ ਅਕਸਰ ਹੁੰਦੀ ਏ,
ਤੂੰ ਦੇਖ ਜਿਨ੍ਹਾਂ ਨੂੰ ਭਟਕ ਜਾਵੇ ਫਿਰ ਆਖੇ ਮਾੜੀ ਕਿਸਮਤ ਏ।
ਖੁਦਾ ਨੇ ਨਾ ਦਿੱਤੀ ਇਹ ਤੇਰੇ ਕਰਮਾਂ ਦੀ ਹੀ ਬਿਸਮਤ ਏ,
ਤੇਰੇ ਫੈਸਲੇ ਚੰਗੇ ਮਾੜੇ ਕਈ ਤੂੰ ਉਲਟ ਖੁਦਾ ਤੋਂ ਕੀਤੇ ਸੀ।
ਸਚ ਜਾਣੀ ਇਹ ਅਜ਼ਾਬ ਖੁਦਾ ਨੇ ਐਵੇਂ ਨਾ ਤੈਨੂੰ ਦਿੱਤੇ ਸੀ,
ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਹੁਣ ਕਰਨੇ ਸ਼ਿਕਵੇ ਛੱਡ ਕੇ ਤੂੰ ਕਰ ਲਾ
ਕੇਰਾਂ ਸ਼ੁਕਰਾਨੇ।
ਘੱਟ ਹੀ ਮਿਲਦੇ ਖੁਦਾ ਦੇ ਓਹਦੀ ਖੁਦਾਈ ਵਿੱਚ ਦਿਵਾਨੇ,
ਤੂੰ ਮੰਨ ਖੁਦਾ ਨੂੰ ਸੱਜਣ ਆਪਣਾ ਫਿਰ ਵੇਖੀ ਕੀ ਹੁੰਦਾ ਕਮਾਲ ਏ।
ਤੈਨੂੰ ਲੈਣਾ ਤੇਰੇ ਸੱਜਣ ਨੇ ਫਿਰ ਡਿੱਗਦੀ ਨੂੰ ਸੰਭਾਲ ਏ,
ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਜਿੱਥੇ ਹੋਵੇ ਆਸ ਧੋਖੇ ਲਈ ਓਥੇ ਲਉਂਦੇ
ਨਹੀਂ ਯਰਾਨੇ।
ਕਰਨੇ ਸ਼ਿਕਵੇ ਛੱਢ ਕੇ ਕੇਰਾਂ ਕਰ ਲਾ ਸਾਹਿਬ ਆਪਣੇ ਦੇ ਸ਼ੁਕਰਾਨੇ,
ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਕਿ ਭਾਅ ਏ ਕੋਠੀਆਂ ਕਾਰਾਂ ਦਾ ਇਕ
ਦਿਨ ਸਬ ਮਿੱਟੀ ਹੋ ਜਾਣਾ।
ਜਿਹੜਾ ਨਾਮ ਬਣਾਉਂਦੀ ਫਿਰਦੀ ਏ ਇਕ ਦਿਨ ਇਸ ਜਗ ਚੋਂ ਖੋ ਜਾਣਾ,
ਸੋ ਜਾਣਾ ਤੂੰ ਸਦਾ ਲਈ ਹਰ ਆਪਣਾ ਵੀ ਬਿਗਾਨਾ ਹੋ ਜਾਣਾ।
ਜਿੰਦੀਏ ਨੀ ਜਿੰਦੀਏ ਤੇਰੇ ਰਹਿਣਾ ਨਾ ਕੁੱਝ ਪੱਲੇ ਬਸ ਨਾਮ
ਸਾਈਂ ਦਾ ਲਈ ਚਲ,
ਆਈ ਵੀ ਤੂੰ ਕੱਲੀ ਤੇ ਜਾਣਾ ਵੀ ਐਥੋਂ ਪੈਣਾ ਕੱਲੇ।

ਜਜਪ੍ਰੀਤ ਸਿੰਘ

ਜਮਾਤ: ਬੀ. ਐਸ. ਸੀ. ਨਾਨ-ਮੈਡੀਕਲ ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204015079

ਸਭਿਆਚਾਰ

ਦੁੱਖਸੁੱਖ ਵੰਡ ਕੇ ਜੀਨੇ ਹਾਂ, ਏ ਰਗਾਂ'ਚ ਗੱਲ ਸਮਾਈ।
ਮੋਡੇ ਨਾਲ ਮੋਡਾ ਲਾਣ ਦੀ, ਅਸਾਂ ਗੁੜਤੀ ਅੜੀਏ ਖਾਈ॥
ਦਿਲ ਦਰਿਆ ਸਮੁੰਦਰੋਂ ਡੂੰਗੇ, ਕਰ ਨੇਕੀ ਅਸਾਂ ਭੁਲਾਈ।
ਸੰਗਤ੍ਰਪੰਗਤ ਨਾਨਕ ਵਾਲੀ, ਇੱਕਜੁੱਟਤਾ ਜਿਸ ਬਣਾਈ॥
ਸੱਚ ਪੁੱਛੇ ਜੇ ਲੋਕੋ ਮੈਥੋਂ, ਸਭਿਆਚਾਰ ਦੀ ਵਡਿਆਈ।
ਧਨੀ ਅਸੀਂ ਸਮਸ਼ੀਰ ਦੇ ਹਾਂ, ਤੇ ਕਲਮ ਵੀ ਖੂਬ ਚਲਾਈ॥
ਹਾਰ ਭਰਾਵਾਂ ਹੱਥੋਂ ਖਾ ਕੇ, ਦਈਏ ਝੱਟ ਵਧਾਈ।
ਉਧਮ ਕ੍ਰਿਤ ਕਮਾਈ, ਰੱਬ ਨੇ ਸਾਡੇ ਖਾਤੇ ਪਾਈ॥
(ਕਵੀ ਭਾਰਤ ਭੂਸ਼ਣ ਦੀ ਕੰਧ ਤੋਂ)

ਆਕਾਸ਼

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਪਹਿਲਾ ਭਾਗ-ਦੁਜਾ
ਰੋਲ ਨੰਬਰ: 1212042002345

ਔ ਬਾਪੂ

ਔ ਬਾਪੂ ਟੈਂਸ਼ਨ ਨਾ ਲਿਆ ਕਰ,
ਮੌਜ ਨਾਲ ਆਪਣੀ ਜ਼ਿੰਦਗੀ ਜੀਆ ਕਰ...
ਭਾਵੇਂ ਸਿੱਕਾ ਤੇਰਾ ਖੌਟਾ, ਪਰ ਰੱਖਦਾ ਪੂਰਾ ਦਮ ਆ...
ਥੋੜਾ ਜਿਹਾ ਨਲਾਇਕ ਜ਼ਰੂਰ ਆ,
ਪਰ ਕਿਸੇ ਪਾਸਿਓ ਵੀ ਸਮਝੀ ਨਾ ਉਹਨੂੰ ਕਮਜੋਰ ਹੈ...
ਇਕ ਜਿੱਦ ਮੇਰੀ ਵੀ ਪੱਕੀ ਆ,
ਟਾਇਮ ਆਪਣਾ ਮੈਂ ਖੁਦ ਲੈਕੇ ਆਉਣਾ...
ਐਂ ਗੁਮਨਾਮ ਮੈਂ ਬਾਪੂ ਮਰਦਾ ਨਹੀਂ,
ਤੇਰਾ ਨਾਂ ਸੁਨਹਿਰੀ ਅੱਖਰਾਂ ਵਿੱਚ ਖਿਣਵੇਣਾ...
ਬਾਪੂ ਟੈਂਸ਼ਨ ਨਾ ਲਿਆ ਕਰ
ਤੇਰੇ ਪੁੱਤ ਨੇ ਇਕ ਦਿਨ ਤੇਰਾ ਨਾਂ ਚਮਕੋਣਾ ਏ...
ਦੁਨਿਆ ਕਰੂਗੀ ਸਿਫਤਾਂ
ਕੋਈ ਹੋਰ ਇਹੋ ਜਿਹਾ ਨਹੀਂ ਪੈਦਾ ਹੋਣਾ...

ਅਯੁਸ਼ ਸ਼ਰਮਾ

ਜਮਾਤ: ਬੀ. ਐਸ. ਸੀ. ਨਾਨ-ਮੈਡੀਕਲ ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204015079

ਜ਼ਿਬਰਾਨ ਖ਼ਲੀਲ

ਪੰਝੀ ਵਰ੍ਹੇ ਪਹਿਲਾਂ ਅੱਜ ਵਰਗੇ ਹੀ ਦਿਨ।
ਖਾਮੋਸ਼ੀ ਨੇ ਵਜੂਦ ਦੀ ਝੋਲੀ 'ਚ ਮੈਨੂੰ ਪਾਇਆ ਸੀ॥
ਉਸ ਸਮੇਂ ਚਾਰੇ ਪਾਸੇ ਸ਼ੋਰਸ਼ਰਾਬਾ ਸੀ।
ਅੱਜ ਮੇਰਾ ਅਤੀਤ ਮੇਰੇ ਸਾਹਮਣੇ॥
ਬਦਰੰਗ ਦਰਪਣ ਵਾਂਗ ਹੈ ਜਿਸ ਵਿੱਚ ਮੈਂ ਆਪਣਾ ਚਿਹਰਾ।
ਤੱਕਦਾ ਹਾਂ ਅਤੀਤ ਦੇ ਕੁੱਝ ਪੁੰਛੇ
ਪਰਛਾਵੇਂ ਵਿਖਾਈ ਦਿੰਦੇ ਹਨ॥
ਮੇਰੇ ਚਿਹਰੇ ਨਕਸ਼ਾ 'ਚ ਝੁਰੜੀਆਂ
ਸਨਮੇਰੇ ਅਪੁਰਨ ਸੁਪਨਿਆਂ ਦੀਆਂ।
ਮੈਂ ਕਦੇ ਅੱਖਾਂ ਬੰਦ ਕਰਦਾ ਹਾਂ ਤੇ
ਕਦੇ ਖੋਲਦਾ ਹਾਂ ਤੇ ਫੇਰ ਇਕ ਵੇਰਾਂ॥
ਆਪਣਾ ਚਿਹਰਾ ਦਰਪਣ 'ਚ ਵੇਖਦਾ ਹਾਂ,
ਆਪਣਾ ਅਕਸ਼ ਵੇਖ।
ਮੈਂ ਉਦਾਸ ਹੋ ਜਾਂਦਾ ਹਾਂ,
ਮੈਂ ਉਦਾਸੀ ਤੋਂ ਕੁੱਝ ਪੁੱਛਦਾ ਹਾਂ,
ਉਂਜ ਕੁੱਝ ਬੋਲਦੀ ਨਹੀਂ,
ਉਹ ਕੁੱਝ ਬੋਲ ਹੀ ਨਹੀਂ ਸਕਦੀ॥
ਕਾਸ਼ ਉਦਾਸੀ ਬੋਲ ਸਕਦੀ,
ਤਾਂ ਉਸ ਦੀ ਆਵਾਜ਼, 'ਖੁਸ਼ੀ' ਨਾਲੋਂ ਵੀ ਵਧੇਰੇ।
ਮਿੱਠੀ ਹੁੰਦੀ, ਇਨ੍ਹਾਂ ਤਸਵੀਰਾਂ ਵਿਚ
ਮੈਂ ਕੁੱਝ ਆਪਣੇ ਸੁਪਨੇ ਬੋਏ ਹਨ॥
ਧਰਤੀ 'ਚ ਬੀਜੇ ਦਾਣਿਆ ਨੂੰ
ਪੁਗੰਰਦਿਆਂ ਵੇਖ ਕਿਸਾਨ ਖੁਸ਼ ਹੁੰਦਾ ਹੈ।
ਕਾਗਜ਼ ਕੈਨਵਸ 'ਤੇ ਬੀਜੇ ਦਾਣਿਆ ਤੋਂ
ਕੋਈ ਆਸ ਨਹੀਂ ਪੁੰਗਰਦੀ ਹੁੰਦੀ॥

ਜਸਪ੍ਰੀਤ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਪਹਿਲਾ ਭਾਗ-ਦੁਜਾ
ਰੋਲ ਨੰਬਰ: 1212042002116

ਪ੍ਰੀਤ ਪਿਟਾਰਾ

ਕਿਸੇ ਲਈ ਮਿੱਠਾ, ਕਿਸੇ ਲਈ ਖਾਰਾ।
ਐਵੇਂ ਕਲਪੇ ਮਨ ਵੇ ਅੜਿਆ ॥
ਏ ਵੀ ਇਕ ਅੱਜਬ ਨਜ਼ਾਰਾ।
ਖੱਟਮਿੱਠਾ ਆਲੂ ਬਖਾਰਾ ॥
ਕਿਸੇ ਤਾਂ ਇਹ ਕੰਡਿਆਲੀ ਰਾਹ।
ਕਿਸੇ ਕਿਸੇ ਲਈ ਸਹਾਰਾ ॥
ਸੱਤਰੰਗੀ ਪੀਂਘ ਦਾ ਝੁਟਾ ।
ਸੱਧਰੰਗੀਝਾਂ ਬਣਨ ਹੁਲਾਰਾ ॥
ਅਰਸ਼ਾਂ ਨੂੰ ਏਹਦੀ ਗੁੱਡੀ ਛੁੱਏ।
ਕਹੇ ਆਸ਼ਿਕ ਦਾ ਬੁਲਾਰਾ ॥
ਕਦ ਬੇ ਹੋ ਕੇ ਡਿੱਗੀ ਥੱਲੇ।
ਤੇ ਆਸ਼ਿਕ ਤੱਕਦਾ ਰਿਹਾ ਵਿਚਾਰਾ ॥
ਕੱਚ ਦੇ ਵਾਗੂੰ ਭਰੀ ਨਾ ਜਾਵੇ।
ਇਕ ਵੇਰਾ ਜੇ ਪਈ ਦਰਾਰ ॥
(ਕਵੀ ਭਾਰਤ ਭੂਸ਼ਣ ਦੀ ਕੰਧ ਤੋਂ)

ਵਿਸ਼ਾਲ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਪਹਿਲਾ ਭਾਗ-ਦੁਜਾ
ਰੋਲ ਨੰਬਰ:1212042002129

ਸਾਡੇ ਨਿੱਕੇ ਵੱਡੇ ਰੱਬ

ਦੁਨੀਆ ਵਿੱਚ ਸਭ ਤੋਂ ਦਿਲਚਸਪ, ਰਹੱਸਮਈ ਤੇ ਗੌਰਵ ਵਾਲਾ ਪਾਤਰ ਰੱਬ ਏ, ਜੋ ਸ੍ਰਿਸ਼ਟੀ ਦੇ ਕਣਕਣ ਵਿੱਚ ਵੀ ਰਚਿਆ ਹੋਇਆ ਤੇ ਸਤਵੇਂ ਅਸਮਾਨ ਦੀ ਬਹਿਸ਼ਤ ਵਿੱਚ ਨਿਵੇਕਲਾ ਬਿਰਾਜਮਾਨ ਏ। ਲੋਕਚੇਤਨਾ ਨੇ ਖੁਦ ਹੀ ਰੱਬ ਨੂੰ ਸਿਰਜਿਆ ਹੈ। ਅਜੀਬ ਗੁਣਾ ਤੇ ਵਸਤਾਂ ਨਾਲ ਸਿੰਗਾਰ ਕੇ ਉਸ ਨੂੰ ਅਲੌਕਿਕ ਸਰੂਪ ਦਿੱਤਾ ਹੈ ਤੇ ਫਿਰ ਖੁਦ ਹੀ ਲੋਕੀਂ ਉਸ ਤੋਂ ਡਰਨ ਤੇ ਤਬਕਣ ਲੱਗੇ। ਜਿੰਨੀ ਤਰ੍ਹਾਂ ਦੇ ਲੋਕ ਉਨੀਂ ਤਰ੍ਹਾਂ ਦੇ ਵਿਚਾਰ ਤੇ ਉਨੇ ਹੀ ਰੱਬ। ਦੇਖਿਆ ਜਾਵੇ ਤਾਂ ਹਰੇਕ ਜਾਤ੍ਰਗੋਤ, ਕਬੀਲੇ ਤੇ ਪਿੰਡ ਦੇ ਲੋਕ ਆਪਣੀਆਂ ਸੋਚਾਂ, ਧਾਰਨਾਵਾਂ, ਭਾਵੁਕ ਤੇ ਬੌਧਿਕ ਪਸਾਰਾਂ ਅਨੁਸਾਰ ਕਈ ਤਰ੍ਹਾਂ ਦੇ ਨਿੱਕੇਵੱਡੇ ਰੱਬ ਸਿਰਜਦੇ ਤੇ ਉਹਨੂੰ ਪਤਿਆਉਂਦੇ। ਇਸੇ ਲਈ ਤਾਂ ਬਜ਼ਰਗ ਕਹਿੰਦੇ ਨੇ:

ਜਿਹੀ ਕੁਲ ਤਿਹਾ ਬੱਬ।
ਜਿਹੇ ਲੋਕ ਤਿਹਾ ਰੱਬ ॥

ਸਾਡੇ ਨਾਨਕੇ ਪਿੰਡ ਵਿੱਚ ਵੀ ਵੰਨ੍ਹਸੁਵੰਨੇ ਰੱਬ ਨੇ। ਕਿਸੇ ਸ਼ਖਸ ਨੂੰ ਪੱਥਰ ਦੀ ਮੂਰਤ ਵਿੱਚ ਰੱਬ ਦਿਖਾਈ ਦਿੰਦਾ। ਕੋਈ ਸ਼ਖਸ ਜਲ ਦੇਵਤੇ ਨੂੰ ਹੀ ਆਪਣਾ ਰਹਿਬਰ ਮੰਨਦਾ। ਕਿਸੇ ਦਾ ਦੇਵਤਾ ਪਿੱਪਲ ਦੇ ਪੱਤਿਆ ਵਿੱਚ ਵੱਸਦਾ ਫਿਰ ਆਪ ਹੀ ਉਹਦੇ ਵਿੱਚ ਉਲਝ ਜਾਂਦੇ।

ਸ਼ਿਵ ਚਰਨ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ:120204002099

ਲਹੌਰ ਸ਼ਹਿਰ

ਕੋਈ ਓ ਵੇਲਾ ਵੀ ਹੋਇਆ ਜਦੋਂ ਸੱਪ ਸ਼ੀਂਹ ਵਾਂਗੂੰ ਜੋਗੀ ਦੀ ਵੀ ਆਪਣੀ ਹੱਦ ਰਹੀ। ਜੇਹੜਾ ਟੱਪਾ ਲੋਹ (ਲੋਹ ਜੋਗੀ ਦਾ ਨਾਂ) ਜੋਗੀ ਦੀ ਜੂਹ, ਓਹ ਸੀ ਲੋਹਾਵਰ, ਸਾਕਾ ਦੇਸ਼ ਵਿੱਚ ਜੀਹਦੀ ਰਾਜਧਾਨੀ ਸਾਲਕੋਟ (ਸਲਵਾਹਨ ਦਾ ਕੋਟ) ਅਜੋਕਾ ਸਿਆਲਕੋਟ, ਜਿੱਥੋਂ ਪੂਰਨ ਦੀ ਅੰਬੜ (ਅੰਬੜੀ) ਇੱਛਰਾ, ਲੋਹਾਵਰ ਵਿੱਚ ਆ ਵਿਸ਼ਰਾਮ ਕੀਤਾ, ਓਸ ਥਾਂ ਦਾ ਨਾਂ (ਇਛਰਾਂਰਾ) ਪੈ ਗਿਆ। ਰਾਮ ਤੇ ਲਖਨ ਦੇਵੇਂ ਲੋਹ ਜੋਗੀ ਦੇ ਚੇਲੇ, ਜੀਹਨਾਂ ਦੇ ਭਗਤਾਂ ਅੱਗੋਂ ਪੰਜ ਦਰਿਆਈ ਵਿੱਚ ਥਾਂ ਡੇਰੇ ਲਾਏ।

ਲੋਹਾਵਰ, ਲੋਹੇ ਦਾ ਕੋਟ, ਅੰਦਰਲਿਆ ਦੀ ਰਾਖੀ ਲਈ ਉੱਚੀ ਵਲਗਣ ਵਿੱਚ ਵੜਿਆ ਭੀੜਵਾਂ ਪ੍ਰਬੰਧ ਹੀ ਨਹੀਂ ਏਹ ਬਾਹਰੋਂ ਲੋੜਵੰਦਾਂ ਨੂੰ ਜੀ ਆਇਆ ਆਖਦਾ ਖੁੱਲ੍ਹਾ ਵੇਹੜਾ ਸੀ ਜੀਹਦੇ ਮੱਥੇ ਤੇ ਕਿਸੇ ਧਰਮ ਦੀ ਤਖਤੀ ਨਾ ਲੱਗੀ ਹੋਈ। ਲੋਹਾਵਰ ਦੇ ਜਿਹੜੇ ਥਾਂ ਤੋਂ ਰਾਵੀ ਦਾ ਵੈਹਨ ਮਰੋੜਾ ਲੈਂਦਾ, ਓਥੇ ਪਾਣੀ ਨਾਲ ਧਰੀਕੀ ਮਿੱਟੀ ਚੜ੍ਹਦੀ ਰਹੀ ਤੇ ਘਾਟੀ ਬਣ ਗਈ। ਜਿੱਥੇ ਭੈਰੋਂ ਨਟਾਂ ਆ ਡੇਰੇ ਲਾਏ। ਨਾਲ ਹੀ ਏਥੇ ਜੈਨੀ ਭਾਬੜਿਆਂ ਨੇ ਹੱਟੀ ਖੋਲੀ। ਏਸ ਘਾਟੀ ਦੀ ਲਹਿੰਦੀ ਬਾਹੀ ਵਾਲੇ ਪਾਸੇ ਕਿੱਧਰੋਂ ਕਰੜੇ ਖੱਤਰੀ ਆਕੇ ਸ਼ਾਹੂਕਾਰ ਬਣ ਬੈਠੇ, ਓਹ ਹੀਰੇ ਮੋਤੀਆਂ ਦੇ ਵਪਾਰੀ, ਰਾਵੀ ਦੇ ਕੰਢੇ ਉਹਨਾਂ ਦਾ ਪੰਦਾ ਚੰਗਾ ਟੁਰਿਆ ਕਿਉਂ ਜੇ ਏਹ ਲਾਂਘਾ ਪਹਾੜ ਪਾਸਿਓ ਆ ਕੇ ਦੱਖਣ ਵੱਲ ਜਾਂਦੇ ਵਪਾਰੀਆਂ ਤੇ ਯਾਤਰੀਆਂ ਦਾ। ਕਿਸੇ ਢੱਠੇ ਮੰਦਰ ਦੇ ਖੋਲਿਆਂ ਵਿੱਚ ਭੱਦਰ ਕਾਲੀਏ ਮਿੱਟੀ ਖਾਣੇ ਵੱਸੇ ਤੇ ਮਗਰੋਂ ਉਹਨਾਂ ਕੋਲ ਵਾਲਮੀਕੀ ਆ ਘੁੱਸਰੇ। ਭਠਿਆਨੇ ਦੇ ਭੱਟਿਆਂ ਲੋਹਾਵਰ ਨੂੰ ਮੂੰਹ ਕੀਤਾ। ਭੱਟਿਆ ਲੋਹਾਵਰ ਪਹੁੰਚ ਕੇ ਭੈਰੋਂ ਨਟਾਂ ਲਾਗੇ ਘਾਟੀ ਉੱਤੇ ਮੱਲ ਮਾਰ ਲਈ, ਭੱਟਿਆਂ ਦੀ ਘਾਟੀ, ਭਾਟੀ ਹੋ ਗਈ। ਭੱਟਿਆ ਦੀ ਡਾਢ ਅੱਗੇ ਕੋਈ ਹਟਵਾਣੀਆਂ ਕੁਸਕੇ ਨਾ, ਚੱਟੀ ਭਰਕੇ ਵੀ ਰਾਜੀ, ਭੱਟੀ ਕਰੜੇ ਸਰਦਾਰ ਈ ਨਹੀਂ ਰਾਖੇ ਵੀ। ਬਾਹਰਲਿਆਂ ਲਈ ਉਹਨਾਂ ਹੋਕਾ ਫੇਰਿਆ ਕਿ ਏਹ ਜੇਹੜਾ ਜ਼ਰਵਾਲ ਏਥੋਂ ਲੰਘੇ, ਕੁੱਝ ਏਥੇ ਵੀ ਵਰਤਾਵੇ, ਨਹੀਂ ਤੇ ਲੁੱਟ ਮਾਰ ਵਾਲੇ ਬਹੁਤੇ।
(ਨੈਨ ਸੁਖ ਦੀ ਕੰਧ ਤੋਂ)

ਮਨਜੀਤ ਸਿੰਘ

ਜਮਾਤ: ਬੀ. ਐਸ. ਸੀ. ਨਾਨ-ਮੈਡੀਕਲ ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204015117

ਦੀਵਾ

ਜਿਹੀ ਕੁੱਲ ਤਿਹਾ ਬੱਬ ਜਿਹੇ ਲੋਕ ਤਿਹਾ ਰੱਬ।
ਆਈ ਸੰਝਕਾਰਨੀ, ਸਭੇ ਦੁੱਖ ਨਿਵਾਰਨੀ ॥
ਦੀਵਟ ਦੀਵੜਾ ਬਲੇ, ਸੱਤਰ ਸੌ ਬਲਾ ਟਲੇ।
ਦੀਵੜੇ ਵੱਟਖੈਰੀ ਆਉਣ ਖੱਟ ॥
ਦੀਵੜੇ ਤੋਲ-ਰੱਬਾ ਵਿਛੜੇ ਮੇਲ।
ਜਾਹ ਦੀਵਿਆ ਘਰ ਆਪਣੇ ॥
ਤੇਰੀ ਮਾਂ ਉਡੀਕੇ ਖੜੀ ਬਾਰ।
ਜਾਈਂ ਪਛੇਤੇ ਆਈ ਸਵੱਖਤੇ ॥
ਤੇਰੇ ਵੱਸਦੇ ਰਹਿਣ ਦੁਆਰ।
ਸੁੱਖ ਦਾ ਚੜ੍ਹੀ ਚੱਝ ਦਾ ਚੜ੍ਹੀ ॥
ਅੰਦਰ ਭਰੀ ਬਾਹਰ ਭਰੀ।

ਖੁਸ਼ੀ

ਜਮਾਤ: ਬੀ. ਐਸ. ਸੀ. ਕੰਪਿਊਟਰ ਸਾਇੰਸ ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 1212042015066



ਰੁੱਖ

ਇਕਦੂਜੇ ਦੇ ਪਾਸ ਖੜ੍ਹੇ ਨੇ।
ਪਰ ਸਭ ਰੁੱਖ ਉਦਾਸ ਖੜ੍ਹੇ ਨੇ॥
ਪੌਣ ਸਭ ਰੁਮਕਦੀ ਵਗਦੀ ਹੀ ਨਹੀਂ।
ਪੱਤੇ ਸਭ ਬਿਆਸ ਖੜ੍ਹੇ ਨੇ॥
ਲੰਘ ਜਾਵੇਗਾ ਇਹ ਮੌਸਮ ਵੀ।
ਸਾਰੀ ਉਮਰਾਂ ਦੂਰ ਰਹੇ ਜੋ॥
ਮਤਲਬ ਵੇਲੇ ਪਾਸ ਖੜ੍ਹੇ ਨੇ।
ਹੋਰਾਂ ਨੂੰ ਮੈਂ 'ਕੱਲਾ ਦਿਸਦਾ'॥
ਨਾਲ ਮੇਰੇ ਅਹਿਸਾਸ ਖੜ੍ਹੇ ਨੇ।
ਵੋਟਾਂ ਵੇਲੇ ਝੁੱਗੀਆਂ ਦੇ ਵਿੱਚ॥
ਸੁਪਨੇ ਵੇਚਣ 'ਖਾਸ' ਖੜ੍ਹੇ ਨੇ।
ਓਹਨਾਂ ਦੀ ਵੀ ਸੁਣ ਲੈ ਰੱਬਾ॥
ਜੋ ਲਾਚਾਰ ਨਿਰਾਸ਼ ਖੜ੍ਹੇ ਨੇ।

(ਗੁਰਚਰਨ ਸਿੰਘ 'ਜੋਗੀ' ਦੀ ਕੰਧ ਤੋਂ)

ਮਨਜੀਤ ਸਿੰਘ

ਜਮਾਤ: ਬੀ. ਐਸ. ਸੀ. ਨਾਨ-ਮੈਡੀਕਲ ਸਾਲ-ਦੁਜਾ ਭਾਗ-ਚੌਥਾ
ਰੋਲ ਨੰਬਰ: 120204015117

ਕੁੱਝ ਮਜ਼ਮੂਨ

ਔਰਤ ਕੁੱਖ ਵੀ ਹੈ ਤੇ ਪੰਝੂੜਾ ਵੀ, ਪਰ ਕਬਰ ਕਦੇ ਨਹੀਂ।
ਔਰਤ ਸਿਰਫ ਅਤੇ ਸਿਰਫ ਆਪਣੀ ਸੰਤਾਨ ਦੇ ਨਾਲ ਹੀ ਸੱਤ
ਜਨਮਾਂ ਦੀ ਯਾਤਰਾ ਕਰਦੀ ਹੈ, ਕਿਸੇ ਹੋਰ ਨਾਲ ਕਦੇ ਨਹੀਂ।
ਸੇਬ ਦੇ ਬੀਜਾਂ ਵਿੱਚ ਹੀ ਸੇਬਾਂ ਦਾ ਬਾਗ ਹੁੰਦਾ ਹੈ।
ਉਲੂਆਂ ਨੂੰ ਸਿਵਾਏ ਆਪਣੀ ਆਵਾਜ਼ ਤੋਂ ਕਿਸੇ ਹੋਰ ਦੀ ਆਵਾਜ਼
ਦੀ ਪਹਿਚਾਣ ਨਹੀਂ।
ਅਸੀਂ ਸ਼ਬਦਾਂ ਦੇ ਅਜਿਹੇ ਜਾਦੂਗਰਾਂ ਨੂੰ ਜਾਣਦੇ ਹਾਂ,
ਜੋ ਸਿਰਫ ਆਪਣੇ ਜਾਦੂਮਈ ਸ਼ਬਦਾਂ ਦੀ ਹੀ ਪ੍ਰਸੰਸਾ ਕਰ ਸਕਦੇ
ਹਨ। ਉਹ ਆਪਣੇ ਦਿਮਾਗ ਨੂੰ ਟੋਕਰੀ ਵਿੱਚ ਰੱਖ ਕੇ ਬਾਜ਼ਾਰ ਵੇ
ਚਣ ਜਾਂਦੇ ਹਨ ਤੇ ਜੋ ਪਹਿਲਾਂ ਖਰੀਦਦਾਰ ਉਨ੍ਹਾਂ ਨੂੰ ਮਿਲਦਾ ਹੈ,
ਉਸ ਨੂੰ ਹੀ ਆਪਣਾ ਦਿਮਾਗ ਵੇਚ ਦਿੰਦੇ ਹਨ।
ਅਸੀਂ ਸਮਝ ਹੀ ਸਕਦੇ ਹਾਂ ਕਿ ਰਾਹ ਦੀ ਕੰਡਿਆਲੀ ਥੋਹਰ
ਕਿਸੇ ਦੇਵਦਾਰ ਦੇ ਬਿਰਫ ਨੂੰ ਕੀ ਕਹਿੰਦੀ ਹੋਵੇਗੀ।
ਈਸਾ ਦੇ ਉਹ ਸ਼ਬਦ ਵੀ ਅਹਿਮ ਹਨ, ਜੋ ਉਹ ਜੁਡਾਜ਼ ਨੂੰ
ਕਹਿੰਦਾ ਹੈ, 'ਮੇਰਾ ਸਾਮਰਾਜ ਇਸ ਧਰਤੀ ਦਾ ਨਹੀਂ ਤੇ ਮੇਰਾ
ਸਿੰਘਾਸਨ ਤੁਹਾਡੇ ਪੁਰਖਿਆਂ ਦੀ ਤਰ੍ਹਾਂ ਲਾਸਾਂ 'ਤੇ ਤਾਮੀਰ ਨਹੀਂ
ਹੋਇਆਂ।
ਜੇਕਰ ਤੁਸੀਂ ਆਤਮਾ ਦੇ ਇਲਾਵਾ ਕਿਸੇ ਹੋਰ ਚੀਜ਼ ਦੀ ਇੱਛਾ
ਰੱਖਦੇ ਹੋ, ਤਾਂ ਮੈਨੂੰ ਇਕੱਲਾ ਛੱਡ ਦੇਵੋ ਤੇ ਉਥੇ ਜਾਵੋ, ਜਿਥੇ
ਤੁਹਾਡੇ ਪੁਰਖੇ ਦਫ਼ਨ ਹਨ।
ਕਬਰਾਂ ਦੇ ਹੇਠਾਂ ਹੀ ਤੁਹਾਡੀ ਜ਼ੈਜੈਕਾਰ ਹੋ ਸਕਦੀ ਹੈ।
ਬੀਤਿਆ ਹੋਇਆ ਕੱਲ੍ਹ, ਅੱਜ ਦੀ ਯਾਦ ਹੈ।
ਤੇ ਆਉਣ ਵਾਲਾ ਕੱਲ੍ਹ, ਅੱਜ ਦਾ ਸੁਪਨਾ ਹੈ।
ਵਾਸਨਾ ਦੇ ਪਲੰਘ 'ਤੇ ਪੈਰ ਧਰਦਿਆਂ ਹੀ ਪਿਆਰ ਖੁਦਕੁਸ਼ੀ ਕਰ
ਲੈਂਦਾ ਹੈ।

ਵਿਕਰਮ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲਤੀਜਾ ਭਾਗਛੇਵਾਂ
ਰੋਲ ਨੰਬਰ: 3149210310

ਮਨੁੱਖ ਮਨਸੂਬੇ ਘੜਦਾ ਹੈ

ਜ਼ਿਬਰਾਨ ਨੂੰ ਜਾਣਨ ਤੋਂ ਪਹਿਲਾਂ ਮੈਰੀ ਹੈਸਕਲ ਲਈ ਉਸ ਦਾ
ਸਕੂਲ ਹੀ ਸਭ ਕੁੱਝ ਸੀ। ਉਸ ਨੇ ਆਪਣਾ ਸਭ ਕੁੱਝ ਇਸ ਸਕੂਲ
ਤੋਂ ਬਾਹਰ ਛੱਡਿਆ ਸੀ। ਪਰ ਜ਼ਿਬਰਾਨ ਨੂੰ ਮਿਲਣ ਤੋਂ ਬਾਅਦ
ਅਤੇ ਉਸ ਨੂੰ ਆਪਣੇ ਖਰਚੇ 'ਤੇ ਪੈਰਿਸ ਭੇਜਣ ਉਪਰੰਤ, ਦਾ
ਵਜੂਦ ਸਕੂਲ ਅਤੇ ਜ਼ਿਬਰਾਨ ਵਿਚਕਾਰ ਵੰਡਿਆ ਗਿਆ। ਸਕੂਲ
ਵਿੱਚ ਬਣੇ ਬਣਾਏ ਢਾਂਚੇ ਅਤੇ ਸਾਲਾਨਾ ਪ੍ਰੀਖਿਆਵਾਂ, ਨਤੀਜੇ ਅਤੇ
ਸਰਟੀਫਿਕੇਟ ਜਦੋਂ ਤੋਂ ਸਕੂਲ ਚਾਲੂ ਹੋਇਆ, ਉਦੋਂ ਤੋਂ ਹੀ
ਸਿਲਸਿਲਾ ਤੁਰਦਾ ਆ ਰਿਹਾ ਹੈ, ਪਰ ਜ਼ਿਬਰਾਨ ਇਕ ਜਿਊਂਦਾ
ਜਾਗਦਾ ਇਨਸਾਨ ਸੀ, ਜੋ ਕਿਸੇ ਨਿਯਮ ਜਾਂ ਮਰਿਯਾਦਾ ਦੇ
ਅਧੀਨ ਨਹੀਂ ਸੀ। ਜਦੋਂ ਕਦੇ ਵੀ ਉਹ ਜ਼ਿਬਰਾਨ ਨਾਲ ਗੱਲਬਾਤ
ਕਰਦੀ ਤਾਂ ਜ਼ਿਬਰਾਨ ਦੀ ਕਲਪਨਾ ਦੇ ਖੰਭਾਂ 'ਤੇ ਸਵਾਰ ਹੋ ਕੇ
ਉਹ ਦੇਵਦਾਰ ਦੇ ਦਰੱਖਤਾਂ ਦੀ ਧਰਤੀ ਤੇ ਪਹੁੰਚ ਜਾਂਦੀ ਹੈ। ਜਿਥੋਂ
ਦੀ ਠੰਡੀ-ਠੰਡੀ ਹਵਾ ਉਸ ਦੀ ਰੂਹ ਨੂੰ ਤਸਕੀਨ ਦਿੰਦੀ ਹੈ। ਉਹ
ਜ਼ਿਬਰਾਨ ਦੇ ਇਕਲਾਪੇ, ਉਸ ਦੀ ਆਰਥਿਕ ਮੰਦਹਾਲੀ, ਉਸ
ਦੀ ਪ੍ਰਤਿਭਾ ਦੇ ਅਸੀਮ ਖਜ਼ਾਨੇ ਅਤੇ ਉਸ ਦੀਆਂ ਖ਼ਵਾਇਸ਼ਾਂ
ਦਾ ਸਤਿਕਾਰ ਕਰਦੀ ਸੀ। ਅਜਿਹੇ ਵਿਲੱਖਣ ਮਨੁੱਖ ਦੀ ਨੇੜਤਾ
ਦੇ ਅਹਿਸਾਸ ਨਾਲ, ਮੈਰੀ ਦਾ ਤਨ-ਮਨ ਅਤੇ ਰੂਹ ਪ੍ਰਫੁੱਲਤ ਹੋ
ਜਾਂਦੇ ਸਨ। ਕੀ ਇਹ ਪਿਆਰ ਸੀ ਕੀ ਇਹ ਪ੍ਰਸੰਸਾ ਸੀ ਕੀ
ਇਹ ਹਮਦਰਦੀ ਸੀ ਮੈਰੀ ਨੇ ਕਦੇ ਇਸ ਦਾ ਵਿਸ਼ਲੇਸ਼ਣ ਨਹੀਂ
ਸੀ ਕੀਤਾ। ਇਕ ਗੱਲ ਸਪੱਸ਼ਟ ਸੀ, ਉਸ ਦੇ ਓਦਰ ਜ਼ਿਬਰਾਨ
ਲਈ ਕੋਈ ਸ਼ਰੀਰਕ ਖਿੱਚ ਨਹੀਂ ਸੀ। ਜ਼ਿਬਰਾਨ ਦੇ ਪੈਰਿਸ
ਤੋਂ ਵਾਪਿਸ ਆਉਣ ਤੋਂ ਪਹਿਲਾਂ ਤੱਕ ਉਹ ਕਿਸੇ ਵੀ ਆਦਮੀ
ਵੱਲ ਆਕਰਸ਼ਿਤ ਨਹੀਂ ਸੀ ਹੋਈ। ਉਹ ਨਹੀਂ ਜਾਣਦੀ ਸੀ ਕਿ
ਮਰਦਾਂ ਲਈ ਇਕ ਸਹਿਜ ਆਕਰਸ਼ਣ ਦੀ ਅਣਹੋਂਦ ਉਸ ਲਈ
ਵਰ ਸੀ ਜਾਂ ਸਰਾਪੈ ਜ਼ਿਬਰਾਨ ਨਾਲ ਆਪਣੇ ਸੰਬੰਧਾਂ ਨੂੰ ਲੈ ਕੇ
ਮੈਰੀ ਇਕ ਗੱਲੋਂ ਬਹੁਤ ਪਰੇਸ਼ਾਨ ਸੀ 'ਤੇ ਉਹ ਸੀ ਜ਼ਿਬਰਾਨ
ਦੀ ਆਪਣੇ ਪ੍ਰਤਿ ਅਤਿ ਭਾਵੁਕਤਾ। ਉਹ ਜ਼ਿੰਦਗੀ ਭਰ ਲਈ
ਆਪਣੇ ਕਿਸੇ ਪੱਕੇ ਦੋਸਤ ਤੋਂ ਵੀ ਮੂੰਹ ਫੇਰ ਸਕਦਾ ਸੀ, ਜੇਕਰ
ਕਦੇ ਉਸ ਨੂੰ ਉਸ ਦੀ ਨਿੱਕੀ ਜਿਹੀ ਗੱਲ ਵੀ ਚੁੱਭ ਜਾਂਦੀ। ਉਹ
ਆਪਣੀ ਆਲੋਚਨਾ ਨਹੀਂ ਸੁਣ ਸਕਦਾ ਸੀ। ਉਸ ਦੇ ਕੰਨ ਹਮੇਸ਼ਾਂ
ਆਪਣੀ ਪ੍ਰਸੰਸਾ ਸੁਣਨ ਲਈ ਤਰਸਦੇ ਰਹਿੰਦੇ ਸਨ, ਕਿਉਂ ਜੋ
ਉਹ ਆਪਣੀ ਪ੍ਰਸੰਸਾ ਨੂੰ ਪਿਆਰ ਕਰਦਾ ਸੀ ਤੇ ਆਲੋਚਨਾ ਨਾਲ
ਨਫਰਤ। ਉਹ ਆਪਣੇ ਚਿੱਤਰਾਂ ਵਿੱਚ ਅਜਿਹੇ ਰੰਗ ਵਰਤਦਾ,
ਅਜਿਹੀਆਂ ਲਾਈਨਾਂ ਵਾਹੁੰਦਾ, ਜੋ ਭਿੰਨ-ਭਿੰਨ ਦਰਸ਼ਕਾਂ ਵਿੱਚ
ਅਹਿਸਾਸ ਪੈਦਾ ਕਰਦੀਆਂ।

ਅਭਿਸ਼ੇਕ

ਜਮਾਤ: ਬੀ.ਏ. ਸਾਲ-ਤੀਜਾ ਭਾਗ-ਛੇਵਾਂ
ਰੋਲ ਨੰਬਰ: 3149210308

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FORENSIC MEDICINE WITH LIVE DEMONSTRATION OF AUTOPSY



NATIONAL SEMINAR

PRESENT STATUS OF SANSKRIT LANGUAGE AND ITS REFLECTION IN NEW EDUCATION POLICY



NATIONAL SEMINAR GURU NANAK DEV JI DA BAANI SANSAR



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संस्कृत प्रखण्डः

प्राध्यापिका-सम्पादिका
छात्रा-सम्पादिका

सीमा रानी
रितु



कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि ॥

कर्म करने पर ही तुम्हारा अधिकार है, लेकिन कर्म के फलों में कभी नहीं, इसलिए कर्म को फल के लिए मत करो और न ही कर्म न करने में तुम्हारी आसक्ति हो।

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सम्पादकीयम्

संस्कृतभाषा अस्माकं देशस्य प्राचीनतमा सर्वोत्तमा भाषा चास्ति। इयमेव प्रायेण सर्वासां भाषाणां जननी अस्ति। प्राचीनकाले सर्वे भारतीयाः संस्कृतभाषायामेव व्यवहारं कुर्वन्ति स्म। इयं भाषा 'देववाणी' अपि कथ्यते। अस्माकं भूतं भविष्यं च सर्वमपि संस्कृतेन सम्बद्धं वर्तते।

विशालं हि अस्याः साहित्यम्। अस्माकं धर्मग्रन्थः दर्शनग्रन्थाश्च संस्कृतभाषायामेव सन्ति। निखिलमपि वैदिक वाङ्मय, रामायणं, महाभारतं, गीता, पुराणानि, दर्शनानि, स्मृतिग्रन्थाः, धर्मग्रन्थाश्च, नीतिग्रन्थादयः ग्रन्थाः संस्कृतस्य गौरवं वर्धयन्ति। न केवलमेतदेव व्याकरणं, गणितं, काव्यशास्त्रं, आचारशास्त्रं, छन्दशास्त्रं, आयुर्वेदः, धनुर्वेदश्च इत्यादि ग्रन्थाऽपि अस्मिन् भाषायामेव उपलभ्यन्ते। भारतीया-संस्कृतिरपि संस्कृतभाषायामेव सुरक्षिता अस्ति। संस्कृतं तु अस्माकं संस्कृतेः आत्मा अस्ति। संस्कृतभाषा भारत राष्ट्रस्य एकतायाः आधारः अस्ति। सर्वस्य मंगलकामनापि संस्कृतभाषायामेव निहिता।

यथा -

सर्वे भवन्तु सुखिनः, सर्वे सन्तु निरामयाः।

सर्वे भद्राणि पश्यन्तु, मा कश्चित् दुःखभागभवेत्॥

संस्कृतभाषायाः यत स्वरूपं अद्य प्राप्यते तदेव अद्यतः सहस्रवर्षपूर्वमेव आसीत्। संस्कृतभाषायाः स्वरूपं पूर्णरूपेण वैज्ञानिकम् अस्ति। अस्याः व्याकरणं पूर्णतः तर्कसम्मतं च वर्तते। आचार्य दण्डिना सम्यक् एव उक्तं।

“भाषासु मुख्या मधुरा दिव्या गीर्वाण वाणी भारती।”

स्वदेशस्य गौरवं ज्ञातुं एषा भाषा अवश्यमेव पठितव्या। इयं भाषा सरला, सरसा चास्ति। धार्मिक-सामाजिक-सांस्कृतिक दृष्ट्यापि संस्कृतस्य परमं महत्त्वमस्ति। इयमेव भारतस्य भावात्मकं ऐक्यं स्थापयितुम् समर्था।

अतः सर्वैरपि भारतीयैः संस्कृतभाषायाः अध्ययनमवश्यरूपेण एव करणीयम्।

रितु

स्नातक - द्वितीया - वर्षीयः
अनुक्रमांकः - 120204002198

वेदानां महात्म्यम्

वेदोऽखिलो धर्ममूलं स्मृतिशीले च तद्विदाम्।
आचारश्चैव साधूनां आत्मनस्तुष्टिरेव च।

वेदः खलु मानवमात्रस्य प्राचीनतमः शब्दमयो ज्ञानराशिः। वेदशब्दस्य अर्थः ज्ञानमेव। वेदेषु मन्त्राः सन्ति। तेषु मन्त्रेषु आध्यात्मिक जीवनस्य व्यावहारिक ज्ञानं सम्मिलितम्। यदि वयं कस्यचित् जनस्य समाजस्य वा कर्तव्यविषये धर्मविषये वा किञ्चित् ज्ञातुमिच्छामस्तदा तत् सर्वं वेदेषु एव उपलभ्यते। अतएव भगवता मनुना मनुस्मृतौ साधूक्तं “वेदोऽखिलो धर्ममूलम्।”

वेदेषु प्राचीनतमं काव्यं दृश्यते। “अस्य विश्वस्य सृष्टिः कदा केन साधनेन केन वा पुरुषेण कृता’ इत्यस्मिन् विषये वेदेषु विचारितम्! काः शक्तयः संसारे कथं कार्यं सम्पादयन्ति इति वेदयति वेदः। वेदेनोच्यते यत् सर्वमेतद् जगत् यज्ञमयं वर्तते, मनुष्यः मनसा कथं विचारयति, कथं परमेश्वरः सर्वेषां जीवानां सञ्चालनं करोति, कथं च सर्वज्ञः सः सर्वं जानाति इत्येतत् सर्वं वेदाः बोधयन्ति। राज्ञां व्यवहारविषये, अध्यापकानां महत्त्वविषये, व्यापारिणामाचरणविषये, सर्वेषां स्वास्थ्यविषये च महत् ज्ञानं वेदेषु लभ्यते।

वेदानुसारेण सर्वे जनाः परस्परं स्नेहभावेन मित्ररूपेण वर्तन्ताम् – “सर्वा आशा मम मित्रं भवन्तु।” मनुष्यः सत्यमेव मननशीलः परहितचिन्तकः स्यात्, अतः तत्र कथ्यते – “मनुर्भव” इति। वेदानामेव ज्ञानम् उपनिषत्सु, गीतायां, दर्शनग्रन्थेषु च विद्यते।

वेदाश्चत्वारः सन्ति-ऋग्वेदः, यजुर्वेदः, सामवेदः, अथर्ववेदश्चेति एकैकस्यापि संहिता, ब्राह्मणम्, आरण्यकम्, उपनिषदित्येवं विभागाः सन्ति। वेदाः उत्कृष्टाः साहित्यकृतयः भवन्ति। तानि च सूक्तानि प्रतिभावताऋषीणां योगदानानि भवन्ति। एकैकस्यापि सूक्तस्य ऋषिः, छन्दः, देवता इति त्रितयमस्ति। संस्कृतसाहित्ये वेदानां स्थानं सर्वोपरि वर्तते। वेदाः धर्मनिरूपणे स्वतन्त्रभावेन प्रमाणम्, स्मृत्यादयस्तु तन्मूलकतया। श्रुतिस्मृत्योर्विरोधे श्रुतिरेव गरीयसी।

भारतीयपरम्परा वेदान् सृष्टेरादौ परमेश्वरेण ऋषीणां हृदयेषु प्रकटितान् मन्यते। यः कश्चित्कस्यचिद्धर्मो मनुना परिकीर्तितः। स सर्वोऽभिहितो वेदे सर्वज्ञानमयो हि तत्। अस्माकं विवाहनामकरणचूडाकर्मादिषु संस्कारेषु समस्तभारतवर्षे वेदमन्त्राणामेवोच्चारणं क्रियते।

कमलः

विज्ञान - स्नातक - तृतीय - वर्षीयः
अनुक्रमांकः - 3150010035

कर्मयोगस्य फलम्

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्मफलहेतुर्भूर्मा ते सङ्गोऽस्त्वकर्मणि॥

कर्म करने पर ही तुम्हारा अधिकार है, लेकिन कर्म के फलों में कभी नहीं, इसलिए कर्म को फल के लिए मत करो और न ही कर्म न करने में तुम्हारी आसक्ति हो।

विहाय कामान् यः सर्वान्पुमांश्चरति निःस्पृहः।
निर्ममो निरहंकारः स शान्तिमधिगच्छति॥

अर्थात् जो मनुष्य सभी कामनाओं को त्याग कर, लालसा रहित, ममता रहित और अहंकार रहित होकर आचरण करता है, वही शान्ति प्राप्त करता है।

नियतं कुरु कर्म त्वं कर्म ज्यायो ह्यकर्मणः।
शरीरयात्रापि च ते न प्रसिद्ध्येदकर्मणः॥

अर्थात् तू शास्त्रों में बताए गए अपने धर्म के अनुसार कर्म कर, क्योंकि कर्म न करने की अपेक्षा कर्म करना श्रेष्ठ है तथा कर्म न करने से तेरा शरीर निर्वाह भी नहीं सिद्ध होगा।

न हि कश्चित्क्षणमपि जातु तिष्ठत्यकर्मकृत्।
कार्यते ह्यवशः कर्म सर्वः प्रकृतिजैर्गुणैः॥

अर्थात् कोई भी मनुष्य क्षण भर भी कर्म किए बिना नहीं रह सकता। सभी प्राणी प्रकृति के अधीन हैं और प्रकृति अपने अनुसार हर प्राणी से कर्म करवाती है और उसके परिणाम भी देती है।

दुरेण ह्यवरं कर्म बुद्धियोगाद्धनञ्जय।
बुद्धौ शरणमन्विच्छ कृपणाः फलहेतवः॥

भगवान् श्रीकृष्ण अर्जुन से कहते हैं कि हे पार्थ, अपनी बुद्धि, योग और चेतना से, निंदनीय कार्यों से दूर रहो और समभाव से भगवान् की शरण प्राप्त करो। जो व्यक्ति अपने कर्मों का फल भोगना चाहता है वह कृपण है।

योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनञ्जय।
सिद्ध्यसिद्ध्योः समो भूत्वा समत्वं योग उच्यते॥

श्रीकृष्ण कहते हैं कि हे अर्जुन ! जय और पराजय के मोह को त्याग कर, अपने कार्य को पूरे मन से समभाव से करो। समभाव की इस भावना को योग कहते हैं।

अनाश्रितः कर्मफलं कार्यं कर्म करोति यः।

स संन्यासी च योगी च न निरग्रिर्न चाक्रियः॥

श्रीभगवान् ने कहा - जो पुरुष कर्मफल पर आश्रित न होकर कर्तव्य कर्म करता है, वह संन्यासी और योगी है, न कि वह जिसने केवल अग्नि का और क्रियाओं का त्याग किया है।

संन्यासं कर्मणां कृष्ण पुनर्योगं च शंससि।

यच्छ्रेय एतयोरेकं तन्मे ब्रूहि सुनिश्चितम्॥

अर्जुन ने कहा - हे कृष्ण ! आप कर्मों के संन्यास की और फिर योग (कर्म के आचरण) की प्रशंसा करते हैं। इन दोनों में एक जो निश्चय पूर्वक श्रेयस्कर है, उसको मेरे लिए कहिये।

कर्मण्यकर्म यः पश्येदकर्मणि च कर्म यः।

स बुद्धिमान् मनुष्येषु स युक्तः कृत्स्नकर्मकृत्॥

जो पुरुष कर्म में अकर्म और अकर्म में कर्म देखता है, वह मनुष्यों में बुद्धिमान है, वह योगी सम्पूर्ण कर्मों को करने वाला है॥

अजोऽपि सन्नव्यायात्मा भूतानामीश्वरोऽपि सन्।

प्रकृतिं स्वामधिष्ठाय सम्भावमयातम्मायया॥

ईश्वर अजन्मा और अविनाशी स्वरूप होते हुए भी तथा संपूर्ण प्राणियों के भगवान होते हुए भी दूसरों के कल्याण के लिए अपनी प्रकृति को अधीन करके अपनी योगमाया से इस संसार में प्रकट होते हैं

चातुर्वर्ण्यं मया सृष्टं गुणकर्मविभागशः।

तस्य कर्तारमपि मां विद्ध्यकर्तारमव्ययम्॥

अर्थात् गुण और कर्मों के विभाग से चारों वर्ण मेरे द्वारा रचे गये हैं। यद्यपि मैं उसका कर्ता हूँ, तथापि तुम मुझे अकर्ता और अविनाशी जानो।

एवं ज्ञात्वा कृतं कर्म पूर्वैरपि मुमुक्षुभिः।

कुरु कर्मैव तस्मात्त्वं पूर्वैः पूर्वतरं कृतम्॥

पूर्व के मुमुक्षु पुरुषों द्वारा भी इस प्रकार जानकर ही कर्म किया गया है; इसलिये तुम भी पूर्वजों द्वारा सदा से किये हुए कर्मों को ही करो॥

किं कर्म किमकर्मेति कवयोऽप्यत्र मोहिताः।

तत्ते कर्म प्रवक्ष्यामि यज्ज्ञात्वा मोक्षयसेऽशुभात्॥

कर्म क्या है और अकर्म क्या है? इस विषय में बुद्धिमान पुरुष भी भ्रमित हो जाते हैं। इसलिये मैं तुम्हें कर्म कहूँगा, (अर्थात् कर्म और अकर्म का स्वरूप समझाऊँगा) जिसको जानकर तुम अशुभ (संसार बन्धन) से मुक्त हो जाओगे॥

कर्मणो ह्यपि बोद्धव्यं बोद्धव्यं च विकर्मणः।

अकर्मणश्च बोद्धव्यं गहना कर्मणो गतिः॥

कर्म का (स्वरूप) जानना चाहिये और विकर्म का (स्वरूप) भी जानना चाहिये; बोद्धव्यम् तथा अकर्म का भी (स्वरूप) जानना चाहिये (क्योंकि) कर्म की गति गहन है॥

यद्यदाचरति श्रेष्ठस्तत्तदेवेतरो जनः।

स यत्प्रमाणं कुरुते लोकस्तदनुवर्तते॥

अर्थात् श्रेष्ठ पुरुष जैसा आचरण करते हैं, सामान्य पुरुष भी वैसा ही आचरण करने लगते हैं। श्रेष्ठ पुरुष जिस कर्म को करता है, उसी को आदर्श मानकर लोग उसका अनुसरण करते हैं।

न बुद्धिभेदं जनयेदज्ञानां कर्म संगिनाम्।

जोषयेत्सर्वकर्माणि विद्वान्युक्तः समाचरन्॥

अर्थात् ज्ञानी पुरुष को चाहिए कि कर्मों में आसक्ति वाले अज्ञानियों की बुद्धि में भ्रम अर्थात् कर्मों में अश्रद्धा उत्पन्न न करे किंतु स्वयं परमात्मा के स्वरूप में स्थित हुआ और सब कर्मों को अच्छी प्रकार करता हुआ उनसे भी वैसे ही कर्म कराये।

विहाय कामान् यः सर्वान्पुमांश्चरति निस्पृहः।

निर्ममो निरहंकारः स शांतिमधिगच्छति॥

अर्थात् जो मनुष्य सभी इच्छाओं व कामनाओं को त्याग कर ममता रहित और अहंकार रहित होकर अपने कर्तव्यों का पालन करता है, उसे ही शांति प्राप्त होती है।

रोहितः

स्नातक - द्वितीय - वर्षीयः
अनुक्रमांकः - 1212042002031

चाणक्यनीतयः

चाणक्यः मौर्यवंशप्रथमराज्ञः चंद्रगुप्तस्य मन्त्रीसहायकः च आसीत्। सः कौटिल्यः वा विष्णुगुप्तः इति नामभ्याम् अपि प्रसिद्धः आसीत्। सः प्राचीन भारतस्य प्रसिद्धतमः कूटनीतिज्ञोऽभवत्। तस्य साहाय्येन एव चन्द्रगुप्तेन नन्दराज्यमवस्थापितम् मौर्यवंशं स्थापितम्। चाणक्यः अर्थशास्त्रम् इति पुस्तकस्य लेखको आसीत्। राजनीत्यां तस्य नीतिः चाणक्यनीतिः इति नाम्ना प्रसिद्धा अस्ति। चाणक्यस्य पिता चणकः कश्चनब्राह्मणः आसीत्। बाल्ये चाणक्यः सर्वान् वेदान् शास्त्राणि च अपठत्। परं सः नीतिशास्त्रम् एव इच्छति स्म। सः यौवने तक्षशीलायाम् अवसत्। एकदा सः मगधस्य राज्ञा धनानन्देन तिरस्कारितः। अतः चाणक्यः धनानन्दं प्रति प्रतीकारम् ऐच्छत्। चाणक्यः धीरेण चन्द्रगुप्तमौर्येण मिलित्वा तं सिंहासने स्थापयितुम् अचिन्तयत्। एका माता स्वपुत्राय अक्रुध्यत्। सा उवाच "पुत्र! त्वं किमर्थम् एतद् उष्णमपूपम् मध्यभागात् खादत्। अपूपम् तस्य कोणात् खाद" इति। तस्याः वचनानि श्रुत्वा चाणक्यः उपायम् अकरोत्। सः नन्दराज्यस्य सीमाः प्रथममजयत्। ततः सः चन्द्रगुप्तमौर्यं सिंहासने स्थापयित्वा तमरक्षत्। विशाखदत्तस्य नाटकं मुद्राराक्षसं चाणक्यस्य चरितं कथयति।

अधीत्येदं यथाशास्त्रं नरो जानाति सः उत्तमः।

धर्मोपदेशं विख्यातं कार्याऽकार्यं शुभाऽशुभम्॥

वृक्षैः मम जीवनम्

इत्युक्ते मनुष्यो यत्र निवसति, यत् खादति, यत् वस्त्रं धारयति, यज्जलं पिबति यस्य पवनस्य सेवनं करोति, तत्सर्वं पर्यावरणम् इति शब्देनभिधीयते। अधुना पर्यावरणस्य समस्या न केवलं भारतस्य अपितु समस्तविश्वस्य समस्या वर्तते। यज्जलं यश्च वायुः अद्य उपलभ्यते, तत्सर्वं मलिनं दूषितं च दृश्यते। अतः विश्वस्य कल्याणाय वृक्षारोपणं अवश्यमेव कर्तव्या।

वृक्षाणि मित्राणि अस्माकमित्थं विचार्य सदैव वृक्षाणां रक्षणं कर्तव्या।

तस्मात् तडागे सदृक्षा रोष्याः श्रेयोऽर्थिना सदा।

पुत्रवत् परिपाल्याश्च पुत्रास्ते धर्मतः स्मृताः॥

अतः श्रेयस का अर्थ है कल्याण की इच्छा रखने वाले व्यक्ति को तालाब के पास अच्छे पेड़ लगाने चाहिए और पुत्र की तरह उनकी देखभाल करनी चाहिए। वास्तव में

चाणक्य नीति के इस श्लोक का अर्थ है कि जो व्यक्ति शास्त्रों के नियमों का निरंतर अभ्यास करके शिक्षा प्राप्त करता है उसे सही, गलत और शुभ कार्यों का ज्ञान हो जाता है। ऐसे व्यक्ति के पास सर्वोत्तम ज्ञान होता है। यानि ऐसे लोग जीवन में अपार सफलता प्राप्त करते हैं।

यस्मिन् देशे न सम्मानो न वृत्तिर्न च बान्धवः।

न च विद्यागमऽप्यस्ति वासस्तत्र न कारयेत्॥

चाणक्य नीति का यह श्लोक यह बताने का प्रयास करता है कि उस देश में नहीं रहना चाहिए, जहां सम्मान न हो, रोजगार के साधन न हों। वहां पर भी मनुष्य को नहीं रहना चाहिए जहां आपका कोई मित्र न हो, उस स्थान का भी त्याग करना चाहिए जहां पर ज्ञान न हो।

जानीयात् प्रेषणे भृत्यान् बान्धवान् व्यसनागमे।

मित्रं चापत्तिकाले तु भार्या च विभवक्षये॥

चाणक्य नीति के इस श्लोक के अनुसार बाहर भेजने के समय सेवकों की परख करें, दुखों के आने पर बन्धुओं की, विपत्ति के अवसर पर मित्र की तथा पत्नी की तो धन-संपत्ति के समाप्त हो जाने पर परख करनी चाहिए।

पवनकुमारः

स्नातक - द्वितीय - वर्षीयः

अनुक्रमांकः - 120204002370

धर्मानुसार वृक्षों को ही पुत्र माना गया है।

चेष्टा वायुः खगाकाशमूष्माग्निः सलिलं द्रवः।

पृथिवी चात्र सङ्घातः शरीरं पञ्चभौतिकम्॥

महर्षि भृगु कहते हैं कि इन वृक्षों के शरीर में गति वायु का रूप है, खोखलापन आकाश का रूप है, ताप अग्नि का रूप है, तरल सलिल का रूप है, ठोसता पृथ्वी का रूप है। इस प्रकार इन वृक्षों का यह शरीर पांच तत्वों-वायु, आकाश, अग्नि, जल और पृथ्वी से बना है।

पुष्पिताः फलवन्तश्च तर्पयन्तीह मानवान्।

वृक्षदं पुत्रवत् वृक्षास्तारयन्ति परत्र च॥

फल-फूल वाले वृक्ष मनुष्य को तृप्त करते हैं। वृक्ष देने वाले अर्थात् समाज हित में वृक्ष लगाने वाले पुत्र के समान परलोक में भी वृक्षों की रक्षा करते हैं।



प्रकृत्यैव विभिद्यन्ते गुणा एकस्य वस्तुनः।
वृन्ताकः श्लेष्मदः कस्मै कस्मैचित् वातरोग कृत् ॥

प्रकृति ने एक ही वस्तु के अलग-अलग गुण दिए हैं।
जहां बैंगन एक व्यक्ति के लिए कफ का कारक है, वहीं
यह दूसरे के लिए वायु रोग का कारण बनता है।

छायामन्यस्य कुर्वन्ति तिष्ठन्ति स्वयमातपे।
फलान्यपि परार्थाय वृक्षाः सत्पुरुषा इव ॥

दूसरों को छाया देता है, वह स्वयं धूप में खड़ा होता
है, फल भी दूसरों के लिए होते हैं, वास्तव में वृक्ष संत के
समान होते हैं।

पश्यैतान् महाभागान् परावैकान्तजीवितान्।
वातवर्षातपहिमान् सहन्तरे वारयन्ति नः ॥

पेड़ इतने महान हैं कि वे केवल दान के लिए जीते
हैं। वे तूफान, बारिश और ठंड को अपने आप सहन
करते हैं।

पुष्प-पत्र-फलच्छाया. मूलवल्लकलदारुभिः।
धन्या महीरुहा येषां. विमुखा यान्ति नार्थिनः ॥

धन्य हैं वे वृक्ष, जिनसे फूल, पत्ते, फल, छाया, जड़,
छाल और लकड़ी का लाभ उठाकर भिखारी कभी निराश
नहीं लौटता।

नाप्सु मूत्रं पुरीषं वाष्ठीवनं वा समुत्सृजेत्।
अमेध्यमलिप्तमन्यद्वा लोहतं वा विषाणि वा ॥

मल, मूत्र, कूड़ा-कर्कट, रक्त और विष आदि को
जल में नहीं फेंकना चाहिए। इससे पानी जहरीला हो
जाता है और पर्यावरण पर इसका बुरा असर दिखाई देता
है। यह मनुष्यों और अन्य जीवित प्राणियों के स्वास्थ्य को
भी नुकसान पहुंचाता है।

विशालः

स्नातक - प्रथम - वर्षीयः
अनुक्रमांकः - 1212042002027

एकश्लोकैककथा

एकश्लोकीरामायण

आदौ राम तपोवनादि गमनं, हत्वा मृगं काञ्चनम्।
वैदीहीहरणं जटायुमरणं, सुग्रीवसम्भाषणम् ॥
बालीनिर्दलनं समुद्रतरणं, लंकापुरीदाहनम्।
पश्चाद् रावण कुम्भकर्ण हननम्, एतद्धि रामायणम् ॥

एक बार श्री राम वनवास में गए। वहां उन्होंने स्वर्ण
मृग का पीछा किया और उसका वध किया। इसी दौरान
उनकी पत्नी वैदेही यानि सीता जी का रावण द्वारा हरण
किया गया। उनकी रक्षा करते हुए पक्षिराज जटायु ने
अपने प्राण गवाएं। श्रीराम की मित्रता सुग्रीव से हुई।
उन्होंने उसके दुष्ट भाई बालि का वध किया। समुद्र पर
पुल बनाकर पार किया। लंकापुरी का दहन हुआ। इसके
पश्चात् रावण और कुम्भकरण का वध हुआ। यही पूरी
रामायण की संक्षिप्त कहानी है।

एकश्लोकी श्रीकृष्णलीला

आदौ देवकीदेवी गर्भजननं गोपीगृहे वर्द्धनम्।
मायापूतन जीविताप हरणम् गोवर्धनोद्धरणम् ॥

कंसच्छेदन कौरवादि हननं कुन्तीतनुजीवनम्।
एतद् भागवतम् पुराणकथनम् श्रीकृष्णलीलामृतम् ॥

कथा इस प्रकार है कि मथुरा में राजा कंस के
बन्दीगृह में भगवान विष्णु का भगवान श्रीकृष्ण के रूप
में माता देवकी के गर्भ से अवतार हुआ। देवलीला से
पिता वसुदेव ने उन्हें गोकुल पहुंचाया। कंस ने मृत्यु भय
से श्रीकृष्ण को मारने के लिए पूतना राक्षसी को भेजा।
भगवान श्रीकृष्ण ने उसका अंत कर दिया। यहीं भगवान
श्रीकृष्ण ने इंद्रदेव के दंभ को चूर कर गोवर्धन पर्वत को
अपनी ऊंगली पर उठाकर गोकुलवासियों की रक्षा की।
बाद में मथुरा आकर भगवान श्रीकृष्ण ने अत्याचारी कंस
का वध कर दिया। कुरुक्षेत्र के युद्ध में कौरव वंश का
नाश हुआ। पाण्डवों की रक्षा की। भगवान श्री कृष्ण ने
श्रीमद्भागवत गीता के माध्यम से कर्म का संदेश जगत
को दिया। अंत में प्रभास क्षेत्र में भगवान श्रीकृष्ण का
लीला संवरण हुआ।

अजयकुमारः

स्नातक - प्रथम - वर्षीयः
अनुक्रमांकः - 1212042002186

उत्सुकोऽहम्

संस्कृत भाषा अति प्राचीन भाषा है और इसका व्याकरण अत्यन्त परिमार्जित एवं वैज्ञानिक है। संस्कृत के श्लोको में इतनी गहराई होती है कि अगर आप श्लोकों को ध्यान से पढ़ेंगे तो आपको सभी श्लोक बेहतरीन लगेंगे उनमें से कुछ आपके समक्ष प्रस्तुत हैं।

संस्कृत भाषा में 33 व्यञ्जन हैं और इन समस्त वर्णों को एक श्लोक में भी पिरोया गया है। इस श्लोक में सभी व्यञ्जनों को अपने क्रमानुसार यथावत प्रयुक्त किया गया है। यह श्लोक एक अर्थपूर्ण प्रस्तुति भी कर रहा है-

**कः खगीघाङ्चिच्चौजाङ्गाङ्गोऽटौठीडढणः ।
तथोदधीन पफर्बाभीर्मयोऽरित्वाशिषां सह ॥**

इस श्लोक का अर्थ है -

पक्षियों के प्रति प्रेम, शुद्ध बुद्धि वाला, दूसरों के बल को हरने में निपुण, शत्रु-संहारकों में अग्रणी, मन से निश्चल, निडर और महासागर का सर्जक कौन है? जिसे शत्रुओं से भी आशीर्वाद मिले हैं। राजा मय जिसे शत्रुओं के भी आशीर्वाद मिले हैं। महाकवि माघ ने 'शिशुपालवध' महाकाव्य में केवल "भ" और "र" दो ही अक्षरों से एक श्लोक बनाया है-

**“भूरिभिर्भारिभिर्भीभीराभूभारैरभिरेभिरे ।
भेरीरेभिभिरभ्राभैरूभीरूभिरिभैरिभाः ॥”**

अर्थात् धरा को भी वजन लगे ऐसे वजनदार, वाद्य यंत्र जैसी आवाज निकालने वाले और मेघ जैसे काले निडर हाथी ने अपने दुश्मन हाथी पर हमला किया। महाकवि माघ के 'शिशुपालवध' महाकाव्य से एक ओर श्लोक-

**“दाददो दुद्दुद्दादि दादादो दुददीददोः ।
दुद्दादं दददे दुदे ददादददोऽददः ॥”**

अर्थात् दान देने वाले, खलों को उपताप देने वाले, शुद्धि देने वाले, दुष्टमर्दक भुजाओं वाले, दानी तथा अदानी दोनों को दान देने वाले, राक्षसों का खण्डन करने वाले ने शत्रु के विरुद्ध शस्त्र को उठाया।

महाकवि भारवि 'किरातार्जुनीयम्' महाकाव्य में केवल “न” व्यञ्जन से अद्भुत श्लोक बनाया है और गजब का कौशल्य प्रयोग करके भारवि नामक महाकवि ने थोड़े में बहुत कहा है:-

**“न नोननुन्नो नुन्नोनो नाना नाना नना ननु ।
नुन्नोऽनुन्नो ननुन्नेनो नानेना ननुननुनुत् ॥”**

अर्थात्- जो मनुष्य युद्ध में अपने से दुर्बल मनुष्य के हाथों घायल हुआ है वह सच्चा मनुष्य नहीं है। ऐसे ही अपने से दुर्बल को घायल करता है वो भी मनुष्य नहीं है। घायल मनुष्य का स्वामी

यदि घायल न हुआ हो तो ऐसे मनुष्य को घायल नहीं कहते और घायल मनुष्य को घायल करें वो भी मनुष्य नहीं है॥

रामरक्षास्त्रोत्र में प्रयुक्त निम्नांकित श्लोक में 'राम' शब्द के आठ रूप आये हैं जो क्रमशः आठ विभक्तियों (संबोधन सहित) के एकवचन के रूप हैं—

रामो राजमणिः सदा विजयते रामं रमेशं भजे ।

रामेण अभिहता निशाचरचमू रामाय तस्मै नमः ।

रामात् नास्ति परायणं परतरं रामस्य दासोऽस्म्यहम् ।

रामे चित्तलयः सदा भवतु मे भो राम ! मामुद्धर ॥

राजाओं में श्रेष्ठ श्रीराम सदा विजय को प्राप्त करते हैं। मैं लक्ष्मीपति भगवान् श्रीराम का भजन करता हूँ। सम्पूर्ण राक्षस सेना का नाश करने वाले श्रीराम को मैं नमस्कार करता हूँ। श्रीराम के समान अन्य कोई आश्रयदाता नहीं। मैं उन शरणागत वत्सल का दास हूँ। मैं हमेशा श्रीराम में ही लीन रहूँ। हे श्रीराम! आप मेरा (इस संसार रूपी सागर से) उद्धार करें।

खुशी

स्नातक - द्वितीया - वर्षीयः
अनुक्रमांकः - 120204002289

प्रहेलिकाः

**न तस्यादिः न तस्यान्तः मध्ये यः तस्य तिष्ठति ।
तवाप्यस्ति ममाप्यस्ति यदि जानासि तद्वद ॥”**

उत्तरम्- नयनं

मध्ये रेफः तकारान्ते, भादिः रामप्रियोऽभवत् ।

राज्यं प्राप्याप्यराज्यं हि, जीवनमनपद्धि कः ॥

उत्तरम् - भारतम्

चन्द्रान्तोऽस्मि निशा नास्मि, कृष्णोऽप्यहं न वापसः ।

पूजयन्ति जनाः नित्यम्, कोऽस्म्यहं भक्तवत्सलः ॥

उत्तरम् -कृष्णचन्द्रः

अधस्तु बलवानस्मि, उपरि तिष्ठामि दुर्बलः ।

त्रिरूपोऽहं को वर्णोऽस्मि, शीघ्रं-शीघ्रं निवेद्यताम् ॥

उत्तरम् -रेफः

शक्तिमन्तो वयं सर्वे, नेच्छमो हि सहायकम् ।

मात्रारूपाः स्वरूपाश्च, के स्मो वर्णाः निवेद्यताम् ।

उत्तरम् -स्वराः

अहं धेनुरहं वाणी, भूमिरप्यस्मि या धरा ।

स्त्रीलिंगे चैव पुल्लिंगे, शब्दस्य मम योजना ॥

उत्तरम् -गौः

यानस्याङ्क हरेः शस्त्रं चिह्नं भारतभूयते ।

चलति वर्तुलाकार यो जानाति सः पंडितः ॥

उत्तरम्- मयूरः



मेघश्यामोऽस्मिन् नो कृष्णः, महाकायो न पर्वतः।
बलिष्ठोऽस्मि भीमोऽस्मि कोऽस्म्यहं नासिकाकरः ॥

उत्तरम्- गजः

सुतोऽपि नेत्रे न निमीलयामि जलस्य मध्ये निवसामि नित्यम्।
स्वजातिजिमा मम भोजनानि, वदन्तु मान्यः मम नामधेयम् ॥

उत्तरम्- मत्स्यः

एकचक्षुरन काकोऽय बिलमिच्छं पन्नग।
क्षीयते वर्धते चैव, न समुद्रो न चन्द्रमा ॥

उत्तरम्- सूचीका

हर्षित - कुमार - नागपालः

विज्ञान - स्नातक - तृतीय - वर्षीयः
अनुक्रमांकः - 3149810032

हास्यं निषिद्धम्

अध्यापकः-भो छात्र ! का ते मातृभाषा ?

छात्रः - न कोऽपि।

अध्यापकः - कथमेतत् संभाव्यते ?

छात्रः - यतो हि मम माता मूकास्ति।

रामः - हे पितः ! देहि मह्यं पणमेकम्।

पिताः - किं त्वं पणं याचमाणो न लज्जसे ?

रामः - तदा रुप्यकमेव देहि तात।

रामः - (कृष्णं प्रति) किं दुग्धं पीतम् ?

कृष्णः - कथं दुग्धं पीतम् ? दुग्धं तु श्वेतवर्णम्

पत्नी - (शृंगार प्रसाधनं कुर्वाणा) नाद्याहं पक्ष्यामि भोजनम्।

पतिः - (सवेगम्) त्वं पक्तुमसमर्थाऽसि चेदहं हट्टं गत्वा भोजनं
खादिष्यामि। एषः गच्छाम्यहम्।

पत्नी - क्षणं तिष्ठतु भवान्।

पतिः - (सस्पृहम्) किं भोजनम् पक्ष्यसि ?

पत्नी - नहि अहमपि भवता सह भोजनार्थम् हट्टं गमिष्यामि।

प्रेरणा

विज्ञान - स्नातक - तृतीय - वर्षीयः
अनुक्रमांकः - 3150020006

सम्मेलनगीतम्

ध्येयपथसुदीपकाः संस्कृतप्रवर्तका। पुण्यमिदं मेलं
जनपदसम्मेलनम्। पुण्यमिदं मेलं जनपदसम्मेलनम् ॥
बालानां मोदन्य यूनां प्रतिबोधनाय संस्कृतेश्च रक्षणाय

जीवनस्य शोधनाय। कार्यकर्तृवर्धनाय दुष्टशक्तिमर्दनाय।
पुण्यमिदं मेलनं जनपदसम्मेलनम् ॥

भगवता विनिर्मिताः संस्कृतााराधकाः संस्कृताय भारताय
देहधनसमर्पकाः। संघशक्तिदर्शनाय शास्त्रमतिविवेचनाय
पुण्यमिदं मेलनं जनपदसम्मेलनम् ॥

भेदभाववारकश्च संस्कृतप्रचारकाः संस्कृतस्य वैभवाय नित्यशील
चिन्तका। मातृभाषासंस्कृताय जगतः सञ्चालनाय पुण्यमिदं
मेलनं जनपदसम्मेलनम् ॥

ओजस्वी

विज्ञान - स्नातक - द्वितीया - वर्षीयः
अनुक्रमांकः - 120204030006

सूक्तिमुक्तावली

संस्कृत वाङ्मय में सूक्तियों का विशाल कोष है। उनमें से कुछ
सूक्तिमुक्तावली आपके समक्ष प्रस्तुत हैं।

1- सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः।

सभी सुखी हों, सभी रोगमुक्त रहें।

2- स्वाध्यायान्मा प्रमदः।

स्वाध्याय में आलस्य मत करो।

3- अति सर्वत्र वर्जयेत्।

किसी भी प्रकार की अति का परित्याग कर देना चाहिए।

4- जननी जन्मभूमिश्च स्वर्गादपि गरीयसी।

जननी तथा जन्मभूमि स्वर्ग से भी महान होती हैं।

5- उदारचरितानां तु वसुधैव कुटुम्बकम्।

उदार चरित्रवालों के लिए संसार ही परिवार है।

6- उद्यमेन हि सिध्यन्ति कार्याणि न मनोरथैः।

कार्य परिश्रम करने से पूर्ण होता है, मनोरथ करने से नहीं।

7- यत्रे कृते यदि न सिध्यति कोऽत्र दोषः।

यदि प्रयत्न करने पर भी सफलता न मिले तो देखना चाहिए
कि दोष कहाँ है ?

8- सहसा विदधीत न क्रियां।

अचानक से बिना सोचे समझे कोई कार्य नहीं करना चाहिए।

9- आचार्य देवो भव। अतिथि देवो भव।

आचार्य और अतिथि देवताओं के रूप हैं।

10- विद्या ददाति विनयम्।

विद्या विनम्रता देती है

गीतांजली जैन

विज्ञान-स्नातक-तृतीय-वर्षीयः
अनुक्रमांकः - 120204030034



Harmony



SCIENCE SECTION

Staff Editor : **Dr. Vishakha Gupta**

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*My success will not depend on what A or B thinks
of me. My success will be what I make of my work*

- Homi Jehangir Bhabha

(30 October 1909-24 January 1966)

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EDITORIAL

NOTHING IS IMPOSSIBLE IF YOU BELIEVE IN YOURSELF

Self-efficacy is a person's belief in their ability to achieve their goals. If you believe in yourself, you can achieve your goals and fulfil your dreams. Believing in yourself is the most important characteristic in your evolving life and career.

There is a popular verse in **Bhagavad Gita** which states, "**You have a right to perform your prescribed duties, but you are not entitled to the fruit of your actions. Never consider yourself to be the cause of the results of your activities nor be attached to inaction.**" This reflects the deep understanding of the human psyche and nature by our ancestors. We must always perform tasks and efforts without expecting instant results. Sometimes the process itself is the result. Those who have understood and applied this principle in their lives have been able to master themselves and hence master the world.

Covid-19 has demonstrated to all of us the value of life and mental health and gave us a lot of time to invest in our goals and make them real. Self-belief also makes you a confident person and increases your capability. Always focus on your target and never deviate from it.

After going through the success stories of great people, one mantra has appealed to me the most - "I will either win, or I will have a learning experience". We must not look at life in a simplistic manner of winning and losing. Life is all about gaining the right type of experiences, and some of the best learning experiences of life come from failures. A ship is always going to be the safest when it is standing at the harbor, but hey, that is NOT what ships were built for. Ships were made to sail in the free seas and explore far off places. Just like that, we will always be the safest when we are in our comfort zones. If we want to grow, we must be willing to push ourselves outside our comfort zone. If we try something new, we also have a chance to fail. Why can't we all embrace failure and look at it as a learning experience instead of simply winning or losing?

Let us make a promise to ourselves and to our loved ones that we will always set high goals for ourselves and push ourselves outside our comfort zones. We will be willing to try something new, and if we fail we will look at that failure as a learning experience and then try again.

The college magazine 'Harmony' is a sincere effort to provide a platform to the students to share their views, innovative ideas and knowledge. I am very thankful to the students for contributing their articles, poems and stories for this magazine.

I am highly grateful to our honorable Principal, Dr Ashima Gakhar, Editorial board and worthy teachers for supporting and guiding me in my role as a student editor.

Tezal Sharma

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SCIENCE

Science is like a hidden treasure
 It's not much difficult to measure
 Science is full of logics,
 Sometimes it goes beyond Magic
 Science solves lots of Mysteries
 Which is made up of chemical histories.
 Science teaches us various Chemistries,
 Like branches on a banyan tree.
 Science is like Boon,
 It carries people to planets and to the moon.
 Science is symbol of silence.

It brings brilliance of Excellence.
 It teaches us the Rotation, Gradual moves of
 Earth's motion
 Science gives us Resources,
 With study of Gravitational Forces.
 When Science combines with Mathematics,
 It creates wonderful Statistics.
 Science has become Great,
 Constructed bridges of success and faith.

Yashika

M.Sc. (Chemistry), 2nd Sem.
 221204178015

SCIENCE VS CONSCIENCE

Impressed by the beautiful world I sat down to
 write, but
 I found two voices were against each other
 And their tussle distracted my mind.
 Being rational,
 I decided to judge
 But both with logical reasoning confused me
 more this time. I focused, studied & then
 announced
 Science made the worlds that part, where a
 person is totally without a heart.
 No feelings, no respect & no regards at all, how
 poor it is without any piece of art,
 Its greed is far beyond the count, as, for it, money
 is only paramount
 Conscience is against all this, It says not to
 indulge thyself in any vice

God will curse you if you are not nice. But in this
 world of inflation
 None values relation.
 Then who will feed my heart?? I decided to solve
 the conflict now I want money & good life as
 well, But not any sin in my account.
 Science said there is no God & Divine, If so,
 then why the terrorists terrorize, But conscience
 argued that's not right, Its not God that
 encourages them to fight.
 So now you decide
 I leave it to you
 THE ONE WHO CAN MANAGE EVERY THING,
 EVERY ONE, EVERY STEP, EVERY TIME is a real
 super HERO.

Ojasvi

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 120204030006

WE, THE STUDENTS OF SCIENCE, ATTEND THE CLASSES LIKE NOBLE GASES.

Inert, quiet but not so passive
 Although, the course is too massive.
 Bohr's Model and Newton's law.
 The scientist efforts and their flaws,

The derivations though we cram,
 Yet always we laud in jam.
 The chemical equations not so volatile,
 The constant see, to be too fragile.



A minus & a plus there
Just ask the teachers marks are where.
A line is extra, a line is missing.
A fault too big, the test unpleasing.
Physics is like an unsolved mystery,
Boring & dry, that is Chemistry.
The exam days are very near,
All of us are full of fear.
The intelligent students have started revision,

The books brings stars, before my vision.
The teachers are trying to complete the course,
Students are full of worries and woes.
No one wants to sit for examination,
At least I want to go out of station.
Alas! No chance to escape.
Better to say, ' Sour is the grape'.

Harshit Kumar Nagpal

B.Sc. (Non-Med), 6th Sem
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C.V. RAMAN - NOBEL PRIZE WINNER

Sir Chandrasekhara Venkata Raman, famously known as C.V. Raman (7th November 1888 – 21st November 1970) was an Indian physicist known for his work in the field of science. Raman received the Nobel Prize for discovery in the field of light scattering. He discovered that when light traverses a transparent material, the deflected light changes its wavelength and frequency. This phenomenon was termed as Raman effect or Raman scattering. He was the first Asian to win Nobel Prize in any branch of Science.

His first research paper was published in 1906 on diffraction of light. After he obtained his master's degree, he became acquainted with the

Indian Association for the Cultivation of Science (IACS), the first research institute in India, where he started his independent research and made his major contributions in acoustics and optics. He also founded the Indian Journal of Physics in 1926. He established the Raman Research Institute in 1948.

The Raman effect was discovered on 28th February 1928. The day is celebrated as National Science day by the Government of India as a tribute to C.V. Raman.

Tezal Sharma

M.Sc. Chemistry, 2nd Sem.
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BLACK HOLE

Black Hole is a place in space where gravity pulls so much that even light cannot go out. This can happen when a big star is dying. Our Sun will never turn into a black hole as it is not big enough. Because no light can get out, so they are invisible. In 2019, scientists got the first optical image of a black hole through **Event Horizon Telescope**. It has captured the immediate outside region of a black hole, located at a distance of 55 million light-years from Earth, at the center of a galaxy named Messier 87. The image shows

that a photon can orbit the black hole without falling in. Bending of light around a black hole is very significant because of its extremely large mass. Because of this bending of light around a black hole we can see light from material that is behind the black hole, which would not be seen if light were travelling in straight lines.

Riya

B.Sc. (Non-Med), 2nd Sem.
1212042015144

THE MAN WHO KNEW INFINITY

This story shows that legendary Mathematician S. Ramanujan's love for Mathematics had no boundaries. Despite leading a life of poverty, his

brilliance in number theory and pattern of the numbers brought the focus of the entire world towards India.



According to him,

"An equation means nothing to me unless it expresses a thought of God."

S. Ramanujan was a largely a self-taught pure Mathematician defeated by poverty and ill-health. His highly excellent work had enriched number theory. Ramanujan had no formal training in Mathematics. He used to write on a slate with chalk and when one of his friends asked him to write on paper. He replied:

"When food is the problem, how can I find money for paper? I may require four rims of paper every month. For him, education was not just a preparation of life, education was life itself.

It is said that numbers 1-1000 were his best friends. As of these numbers, he could easily tell their factors, divisors, cubes, squares, their powers etc. to produce interesting numbers or special series of numbers.

Once G.H Hardy (Professor of Mathematics at Cambridge University) visited Ramanujan who was ill. Hardy told him that he rode a taxi cab whose number was 1729. Hardy said to Ramanujan, "The number seems to me rather a dull one". Then Ramanujan replied, "No Sir, this is the smallest number expressible as the sum of two cubes in two different ways"

$$"1729 = 1^3 + 12^3 = 9^3 + 10^3"$$

1729 is thus known as RAMANUJAN NUMBER.

Ramanujan had discovered a lot within his short lifespan of 32 years (December 22, 1887- 26 April 1920) and left lots to discover for the coming generations. His birthday (December, 22) is celebrated as National Mathematics Day.

Parth

B.Sc. (Non-Med), 2nd Sem
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"MATHEMATICS OF LIFE"

...Add the opportunities...

...Subtract the errors...

...Multiply the Victories...

...Integrate your Caliber...

...Differentiate your weakness...

.....Inverse the destiny.....

...Simplify the struggles...

To

...Solve your life...

Ritika

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IMPORTANCE OF TECHNOLOGY IN OUR DAILY LIFE

Technology has provided everything we need in the contemporary setting. Its advancement, like the internet of things, will make our lives more enjoyable. Technology has impacted all aspects of our lives, and it is inevitable in our daily endeavors. Right now, we cannot imagine how we can do without technology. Technology will not stop at a single threshold, as we still hear daily discoveries and inventions by scientists. Technology has spread all over the world and people use it all the time. Modern technology has paved the way for multi-functional devices like smartwatch and smartphone. Computers are increasingly becoming faster, more portable,

and higher-powered than ever before. With all of these revolutions, technology has also made our lives easier, faster, better, and more fun. Various applications of technology are:-

Education

Modern communication models have greatly facilitated learning from home, i.e. online learning through easier teacher-student communication. Technology acts as a bridge between students and colleges.

Gone are the days when students had to run to the library to get information. It was the only

place where they could get books and learning materials for their projects. However, the available research materials were not readily accessible. Thanks to technology, this has changed. With the help of different search engines like Google, we get information readily. We can browse and get any information on any topic. Anyone can get anything from the internet when they are connected.

Communication

Communication is vital in all spheres, and technology has provided us the best platforms for that. We cannot imagine our life without a smartphone. Families are not worried about their members because they can communicate with and see them from wherever they are. Thanks to technology, we are relieved.

Internet

Globalization has been possible because of the internet. We can connect and work from different

parts of the world. Many businesses have survived the COVID-19 pandemic because of the internet. Because of the internet, establishments were able to work from home and still serve the needs of their clients. The internet is the engine behind all communication platforms.

Problem-Solving

Technology has contributed to solving various human problems, especially at the present time due to the rapid rate of change associated with the amount of information that exists. It has also facilitated communication between human beings and has helped to provide different means of transport and introduced new agricultural methods that are a reason for increasing food production.

Ritika

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5G: THE NEW TECHNOLOGY

In telecommunications, 5G stands for the fifth-generation technology standards for broadband cellular network, which cellular phone companies began deploying worldwide in 2019. It is the successor of 4G networks. Like its predecessor, 5G networks are also the cellular networks in which the service area is divided into small geographical areas called cells. 5G networks have greater band width than their predecessors, giving higher download speed eventually up to 10 gigabits per second.

The air interface defined by 3GPP for 5G is known as new radio (NR) and the specification is subdivided into two frequency bands, FR1 (below 6GHz) and FR2 (24-25 GHz) .

A report published by the European Commission and European agency for the cybersecurity details the security issues surrounding 5G. A team of researchers from the University of Lorraine and University of Dundee released a paper entitled "A Formal Analysis of 5G Authentication". It alerted that 5G Technology could open ground

for a new era of security threats. The spectrum that is used by 5G proposals, especially the n258 band centered at 26 GHz will be near that of passive Remote Sensing such as weather and Earth observation satellites.

Interference is expected to occur due to such proximity and its effect would be ineffective control. Interference to satellite operation impairs numerical weather prediction.

There is a long history of fear and anxiety surrounding wireless signals that predates 5G Technology. The fears about 5G are similar to those that have persisted throughout the 1990s and 2000s. The center on fringe claims that known ionizing radiation causes danger to human health. Unlike ionizing radiation, non-ionizing cannot remove electrons from atoms. The CDC says that an exposure to Intense direct amount of non-ionizing radiation may result in damage to tissue due to heat. This is not common and is mainly concerned with those who work on large

sources of known ionizing radiation devices and instruments.

5G Technology will connect 50 Billion connected IoT devices. Most will use less expensive Wi-Fi. Drones, transmitting via 4G or 5G will aid in disaster recovery efforts, providing real time data for emergency responders. Most cars will have a 4G or 5G cellular connection service. Autonomous cars do not require 5G as they

have to be able to operate where they do not have a network connection. However, most autonomous vehicles also feature teleoperations for mission accomplishment and these greatly benefit from 5G Technology.

Sourav

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EXCORTEX

An Excortex is a theoretical artificial external information processing system that would augment a brain's biological high-level cognitive processes. An individual's Excortex would be composed of external memory modules, processors, 10 devices and software systems that would interact with, and augment, a person's biological brain. Typically, this interaction is described as being conducted through a direct brain-computer interface, making these extensions functionally a part of the individual's mind.

While a cyborg includes artificial mechanical limbs, embedded chips and devices, another interesting concept is the Excortex, which is a brain-computer interface. In theory, the Excortex would be a computer-like processing system that would co-exist with and enhance the power of the human brain. The book *Neuromancer* has talked about such a scenario. If one widens

the definition of an Excortex, one can see that computational elements are already used as supporting elements of biological brains, and growing dependence on parts of the Internet that serve cognitive functions has brought what could be considered a Proto-Excortex into existence. Wikipedia itself is an example, as technological interfaces enable inter-brain cooperation on high-level cognitive tasks. The fulfillment of the initial vision of Licklider and Enelbart suggests that continued development along this path is very much likely. Currently, true excortices remain speculative. The main issue is that the required underlying technology is yet to be produced by the scientific research fields of neuroscience, computational and neural engineering.

Vanshika

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META – NAAM TOH SUNA HOGA

Everyone knows that Facebook changed its name to Meta but what does Metaverse actually mean? The term Metaverse is not new but a really old concept which came into light owing to Mark Zuckerberg's efforts. Well, let us know about its applications first to understand the very concept of Metaverse.

What is Metaverse?

Metaverse actually means to merge the Artificial Intelligence(AI) and Augmented Reality/Virtual Reality(VR/AR). In simple words, it's a digital

world with real people represented by digital objects. In some ways, Microsoft teams or Zoom is already a form of Metaverse.

The metaverse is the hypothesized next iteration of the internet, supporting decentralized, persistent online 3-D virtual environments. This virtual space will be accessible through virtual reality headsets, augmented reality glasses, smartphones, PCs, and game consoles.

India's first Metaverse Concert

Imagine a person in Canada attending a Harry Sandhu concert in India virtually with thousands of fans across the globe. We are not talking about online concerts but virtual concerts in Metaverse which are more immersive than listening to any live video.

Music concerts in Metaverse combines elements of virtual reality, NFTs & blockchain based decentralized worlds. Gumber's company organized India's first metaverse concert on Sommium Space VR with Sparsh Dangval performing a recorded show attended by 25-30 people. They will transport you to a beach, the moon or some fantasy world. All you need is a VR headset and when you are in, you will see a little cartoon avatar of yours there who can talk to other people attending the concert, dance and enjoy like you would in a real concert.

So, these virtual concerts are thereby more immersive and there is no physical limitation to the number of participants who can join the concert. Also, artists don't need to travel long distances to perform especially in the time of pandemic.

#Hyundai wants to bring Mars to Metaverse

Hyundai has showcased concepts of using Boston Dynamics Robots to help humans overcome the physical limitations of movement in time and space. An example of the same was given by Hyundai. A video showcased by them shows a father and daughter experiencing the red planet through a dynamic spot robot physically present there. It will scan the planet collecting real time data and imagery for your digital avatars to experience in metaverse. Hyundai also wants to let you experience how a dust storm feels with real time wind data collection and even touch rocks and other objects.

Microsoft v/s Facebook

Mark Zuckerberg explained and defined metaverse as a hybrid of today's online social experiences, sometimes expanded into three

dimensions or projected into the physical world. It will let users share immersive experiences with other people even when they cannot be together. However, Zuckerberg didn't really go into the practical details or explain the hows and whys of it.

Microsoft, on the other hand, has taken a more low-key approach and outlined how it will pull existing technologies into its vision of the metaverse. Microsoft launched, according to its own figure, around 90 new services and updates. From the technological perspective, the foundation aims for a digital workplace.

Microsoft Cloud will provide a comprehensive set of resources designed to power metaverses, with IoT capabilities that will enable customers to create "digital twins" of physical objects in the cloud.

It will also use Microsoft Mesh to build a shared sense of presence on devices and use AI-powered resources to create natural interactions through speech and vision machine learning models. Using Mesh, everyone in a meeting can be present without being physically present using personalized avatars and immersive spaces that can be accessed from any device, with no special equipment needed.

These are the two different visions from two major tech companies. For Facebook, it is an online social experience expanded into three dimensions. For Microsoft, it is connecting the digital and the physical world to enable shared experiences between both.

Microsoft is going with a **top-down strategy**, first integrating their metaverse concept into their enterprise offerings and connecting people in mixed reality through work, while Meta's (Facebook) recent announcements point towards a **bottom-up strategy**, bringing all consumers into a metaverse that can then grow into a place for both work and play.

Each of these strategies leans on the company's expertise; Microsoft knows enterprise and Meta knows social. It's hard to say which of these visions is more realistic because they are both very similar.

Now, any technological development would definitely have some implications....

It would not be too far-fetched to assume that metaverse will impact traditional jobs or activities pretty much standard fare today, its impact on society and how humans interact with each other will be profound. Metaverse can worsen existing problems like bullying, hate speech and misinformation on social media platforms which already wield an incredible influence on the users. Another problem is that there are no laws preventing the systems to use our shared data

for reasons unknown to us. Moreover, this will affect our social lives and people would rather like to interact in a virtual medium rather than real. With the oncoming of internet, most of the people loved to WhatsApp each other via simple message which was not the culture before. Also, health would also be compromised. The very nature would collapse and the only thing one would care about will be making the virtual world seem more real. Many other problems would be detected once the technology comes our way.

Aadya Shakti

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COMPUTER OUTPUT TO LASER DISC (COLD)

Computer Output to Laser Disc (COLD), now also called enterprise report management (ERM), are systems used to capture, archive, store and retrieve large-volume data such as accounting reports, loan records, Inventories, Shipping and receiving documents, customer bills, etc. These systems are typically implemented to replace paper creation and microfiche solutions. The term COLD has been superseded by the Enterprise Content Management Industry (AIM), ANSI, and ISO with the term "enterprise report management".

ERM (previously referred to as COLD) systems usually work by capturing data from print streams and storing it on hard drives, storage area networks, or optical media. The data is then retrieved via web browsers or Tat clients. ERM systems are part of enterprise content management.

Vanshika

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INTERNET OF THINGS – A CONCEPT TO LEARN

The very concept of IoT is very simple and widely used, but many of us don't know what the term actually means. We are tech users and more or less, everyone is using IoT devices such as fitness trackers like fit bit or Amazon Echo.

What is IoT?

The IoT or Internet of (Every)Thing is influencing life style from the way we react to the way we behave. IoT is a giant network with connected devices. These devices gather and share data about how they are used and the environment in which they are operated. It is all done using sensors which are embedded in every physical device. These sensors continuously emit data about the working state of the devices but

the most important question is how do they share this huge amount of data and how do we put this data to our benefit? IoT provides a common platform for all these devices to use their data and a common language for all the devices to communicate with each other. Data is emitted from various sensors and sent to IoT platform. The platform integrates the collected data from various sources, further analysis is performed on the data and valuable information is extracted as per requirement. Finally, the result is shared with other devices for better user experience.

Thus the simple definition of IOT is :

IoT is a network of connected devices that interact and exchange information with each

other. The technology allows connection of two or more devices that connect with each other and send and receive information through the internet.

How do IoT devices communicate?

IoT devices are connected through an IP network to the internet. The devices connect to the net either through Ethernet- wired or wireless or Bluetooth.

Why learn IoT?

IoT is considered as the next big technology revolution after the invention of internet. It is supposed to make tremendous impact on our life and may possibly lead to the betterment of millions of lives throughout the world. The IoT transformation is already underway, and businesses can't afford to ignore this, nor can they remain ignorant about challenges they will face as they adapt to IoT. But what about you as an individual? Should you be taking steps to prepare for this next Industrial Revolution? If you would like a career with a secure future and endless possibilities, then yes IoT offers plenty of jobs partly because IoT is not an industry or a specific technology, but a compendium of all. Therefore skilled professionals are needed in data and analytics, programming and ITIL, cloud computing and TOGAF, and programming and engineering.

Some uses of IOT

- **Smart supply chain management**

IoT applications can help in mitigating uncertainty risks in supply chain management. Supply chain managers can make use of smart supply chain

management programs for minimizing variance, reducing costs and improving profitability.

- **Smart bar code readers**

IoT based bar code readers feature cloud data connections to connect with other systems using the connected bar code reader. It eases the process of managing inventory.

- **Tracking & monitoring system**

A number of businesses are using IoT systems for asset tracking. The asset tracking devices use GPS or radio frequency to track and monitor properties. The smart devices can be used for long range identification and verification of assets.

Implications

- **Less privacy & security**
- **Device compatibility issues**
- **Increase in network complexity**
- **Technology dependent lives**
- **Unemployment in labor sector**

Conclusion

From monitoring sleep patterns and hearing aids, to tracking activity and progress during workouts, the devices we wear are becoming a lot more sophisticated. They can connect to our social media accounts and track data that can be used to analyze various behaviors and help us improve our lives. So, IoT has already become an inseparable part of our lives.

Aadya Shakti

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WEBB- THE TIME EXPLORER

As we all know that light travels at a speed of 3×10^8 m/s and it is the fastest known speed in the universe. All of us studied in our junior classes that light emitting from the sun reaches the earth after 8 minutes. So it is not wrong to say that if the sun stops emitting light, we will come

to know this after 8 minutes because the light emitted before 8 minutes of getting deployed will reach the earth after 8 minutes. Taking this principle under consideration NASA developed the legendary James Webb telescope which is superior to any telescope launched till date.

One of the goals of the telescope is to look back through time to when galaxies were young. The telescope would point on planets billions of light years away from the earth. One light year is the distance covered by light in one year. So when it points on an object 78 million light years away from the earth, it will get the light emitted by that object 78 million years ago and by this phenomenon it will come to know that how that particular planet or Galaxy looked like 78 million years ago.

All this stuff looks very easy but is really a very difficult task. Launching and manufacturing a telescope is not everyone's cup of tea as it requires a huge budget, money, team and most importantly dedication, hard work and consistency. That is why it took 30 years and 10 billion dollars to manufacture the Webb.

Jajpreet Singh

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ARTIFICIAL INTELLIGENCE

- ◆ Artificial Intelligence might just be the single largest technology revolution of our live times, with the potential to disrupt, almost all aspects of human existence. Its transformation impact has often been compared to that of electricity 100 years back.
- ◆ While, the revolutionary potential of Artificial Intelligence is well known and discussed, there is also need to debate over the adverse consequences of artificial intelligence especially ethical dimensions.
- ◆ The truly transformative nature of the technology, yet the nascent stage of its adoption worldwide, provides countries like India with an opportunity to define its own brand of AI leadership.
- ◆ #AI for all has been the brand proposed for India implying inclusive technology leadership, where the full potential of AI is realized in pursuance of the country's unique needs and aspirations.
- ◆ The strategy should strive to leverage AI for economic growth, social development and inclusive growth, and finally as a "Garage" for emerging and developing Economies.
- ◆ In the Budget 2018, the government has announced that NITI Aayog will spearhead a National programme on AI focusing on research. In 2017, a task Force on Artificial Intelligence for India's Economic Transformation was launched by the Commerce and Industry Department.
- ◆ In time, regulation will establish a framework to manage the ethical application of AI technology but for no companies' desire to press or with ambitious AI based plans places the onus on them to proactively identify and manage any potential ethical risks. As AI becomes more commonplace in routine business and social interactions, building trust is paramount.

Anubhuti Rana

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1212042015004

IMPACT OF COVID ON EDUCATION

Education is the process of facilitating learning, or the acquisition of knowledge, skills, values, morals, beliefs, habits, and personal development. Education is a transformative driver not just of success but of equality, of justice, of health and wellness. But now education has changed radically, it has nothing to do with morality any more. The race of life was going on. Suddenly,

corona virus emerged and changed everything. Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. It is called corona because of crown like spikes on the surface of virus. The novel virus was first identified in the Chinese city of Wuhan in December 2019 and has spread to all continents since then.

No one had ever thought that one day, something like corona virus would come and everything would change. Lockdown was imposed by the government all over the country. Restaurants, cinemas, gyms, workplaces, institutions were closed. Corona virus affected each and every sector but Education has been the worst affected one. Schools all over the world were shutdown due to Corona and according to UN reports it has affected 1.6 billion learners across 190 countries and all continents. The UNICEF-ITU report signals that this was the largest mass disruption in education in modern history and has affected children globally. School shutdown was the logical solution for social distancing, but prolonged closures tended to have a disproportionately negative impact on the most vulnerable students. Children who were dependent on school for mid-day meals were at the risk of going hungry due to school closure. Families whose livelihood was from daily earnings, because of their job loss, put their children to work rather than studies. Initially, it seemed that it was only a matter of a week or two. But when the cases and deaths started increasing, then it was realized that the destination of normalcy was far away. Around the world, policy makers called for a move to promote remote learning to combat the crisis. However, this led to an imbalanced landscape given the lack of Internet access for many. India has always had problems with education delivery due to issues of lack of access. This has been exacerbated by the lack of connectivity. And this led to the digital divide which led to destruction of dreams, hopes, and aspiration of many young Indians. The idiom "one size fits all" does not work here as needs of each student vary. The switchover to remote learning meant incurring additional costs for acquiring a smartphone and other gadgets. Families whose financial condition was not good, could not provide online class facility to their children. There were many private schools, and colleges which did not even take online classes. Online school has basically been ineffective. It is not because many of our children do not have sources of online education, but more because the education and teaching process of children is such that teachers and students need to be

close and interactive. Children underwent a lot of stress due to online classes. Exams like JEE and NEET were postponed, due to which the children had uncertainty about when the exam would be held. Many exams were cancelled. The children were worried about the grading system, that is on what basis marks would be given and whether it would be beneficial for them. Although online education cannot replace classroom education due to the personalized nature of attention and face to face interaction, it can be an effective supplement to the brick-and-mortar model of education. Internet-powered mobile technology changed the course of education delivery and made it more accessible, personalized, cost effective and shock-proof. Students and teachers stood to gain from this confluence. Schools redesigned their architecture to reflect this new reality, and academia revised curriculum and assessments in the changed educational environment. Technology has reshaped our collective ambition for universal quality education and has improved learning outcomes. Remote learning overcomes geographical barriers and ensures access to education. The one-nation-one platform facility through the PME-Vidya platform and a dedicated channel for students from Class 1 to Class 12 has liberalized distance and online learning regulatory framework. Emphasis on community radio, podcasts, and customized content for differently-abled has enabled more inclusivity into access to education. It has also facilitated convenient, quick, on -the- go and 24×7 access. Access to technology and Internet has become an urgent requirement and no longer a luxury. The move to remote learning has not only provided ways to teach and assess differently but has also encouraged self-learning. Not everyone believes that online education is an equal substitute for traditional learning, but a hybrid model may gain traction in the future. The blended learning format has redefined the traditional education paradigm and has positively impacted four basic equations in the process — teacher-student; student-student; parent-student, and parent-teacher. All four equations have regenerated, as a new collaborative model has developed. Challenges

are emerging, as we navigate the post-COVID 19 scene. The transition period will have to be managed through a combination of digital and physical approaches to teaching and learning. This blended pedagogy mechanism, called the phygital, is going to be the way of the future. Educational institutions must embrace this as

it allows flexible teaching and learning in the new world we are entering. Corona pandemic has proven to be a tipping point to change the education system.

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EFFECTS OF JUNK FOOD ON HUMAN HEALTH

Every time you eat or drink, you are either feeding disease or fighting it. **"Health is Wealth"**- we all are familiar with this proverb and must have heard or read it many times in our life. But do we really live up to it? According to the World Health Organization, "Health is a state of complete physical, mental and social well-being and not merely the absence of disease and infirmity". Being healthy means having a healthy lifestyle and for that one must exercise daily, get enough sleep, reduce the intake of alcohol and most importantly have a healthy diet. A healthy diet maintains or improves overall health and provides the body with essential nutrition like fluid, protein, vitamins, adequate fibre and food energy. But seeing a healthy plate has now become a centuries old thing. Now days, the practice of eating junk food is increasing day by day. "Junk food" often called "fast food" is essentially any food that is highly processed, high in calories and 'empty' in nutrients. It is usually high in added sugars, salt and saturated or trans fats. Some evidence points to junk foods as being as addictive as alcohol and drugs. But the current generation is completely fascinated by fast food culture. They want everything fast; fast mobile phones, fast cars, fast delivery and fast foods. However, they do not realize that anything that brings instant gratification may not be beneficial in the long run. Junk food looks and tastes as good as it is bad for our health. But what is the reason for this increase in the consumption of junk food? Easy availability, convenience, requiring little or no preparation, consumption on the go, usually comes as one of the few reasons for this. And this is just what a young person is looking for! Children, especially

over 12 years of age, tend to eat away from home much more than kids did 20 years ago. Fast food is often the default choice. Not only is it convenient and easy to grab, it's also tasty and cheap. And fast food joints also serve as great teenage hangout places. Imagine a plate of momos, freshly steamed and placed in front of you along with tomato ketchup and maybe a little mayonnaise. It may make your mouth water and may be even make you want to order in from your nearest restaurant or if you so wish, even make that extra effort of cooking them at home. Then there might also be a wish to add a can of coke, and definitely a cheesy burger to go with this delicious combination. It's all tasty and irresistible till you start counting the calories and give yourself a reality check about the food that you consume. It has been rightly said, "You are what you eat". But it's not just those fries or burgers to blame, as we are easily drawn to consuming junk or processed food because it might be effortless, probably tastier, and the type of food on which ingredient labels are a lost cause. Did you know that eating a poor quality diet, which includes processed or ultra processed food, is linked to a higher risk of obesity, lifestyle disorders, depression, digestive issues, heart ailments and in some cases, even an early death? A fast food diet can not only make you obese but also reduces your appetite for a normal, balanced diet. According to researchers, excessive consumption of junk food can change behavior, weaken self-control and lead to over-eating. A majority of health problems faced by young people today, including infertility and depression can be attributed to fast food. Studies have proved that the adolescents and

children who consume fast food have a lower IQ than those who don't. The craze of junk food was already there and TV ads and food delivery apps like Swiggy, Zomato, etc. gave it more rage. The ads tend to take advantage of the kids' gullibility towards the often exaggerated 'benefits' portrayed in the commercials promoting foodstuff. TV ads hide harmful ingredients of junk food and entice children by showing junk food in a delicious way. Recently, the World Health Organization had estimated that worldwide obesity has nearly tripled since 1975 and about one-tenth of the Indian population is obese. According to the estimates, around 27.8% of worldwide obesity would be attributed to the Indians by 2030. India is the third most obese country in the world. A recent study on diet-related death rate in the world places India (1,573,595) at second place, only after China (3,128,516), with the most number of deaths caused due to poor diet. In fact, India scores way higher than the United States in terms of poor food choices too. It is highly ironical that we are moving towards western culture and making junk food a part of our daily routine, while on the other hand people of other countries are adopting our culture and taking care of their health by practicing yoga. A strange paradox is to be seen in today's society where the trend of going to gyms is rapidly increasing among the youth, but at the same time, their consumption of junk food still remains the same. In order

to stay healthy and avoid junk food, one must plan a meal rich in protein, carbohydrate, fibre and good fat. Having a meal before going out will help control the urge to eat junk. A sudden shift from traditional foods to processed and semi-processed foods has revolutionized our eating habits. Restricting fat and oil intake will not just prevent obesity but will also keep heart diseases and cancer at bay. We will have to work right from the school level to create awareness against the harmful effects of junk food. Schools and Colleges can organize rallies, slogan writing and speech competitions to acquaint every one of the harmful effects of junk food. Government should limit junk food advertising, at the same time parents should control what their children eat and should ensure that they consume a healthy diet. No food is bad. But when food contributes more calories than nutrients, the problem of empty calories versus nutrition needs to be considered seriously. While junk food cannot be banned or excluded from one's diet, the quantity and frequency of consumption must be controlled. To conclude, we all should make a rule to junk the "junk food". Only then we can hope to live in a healthier and wiser society with a high potential for accomplishing great goals.

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MENTAL HEALTH: A PUBLIC HEALTH ISSUE

*"There is hope, even when your
Brain tells you there is not."*

There is no single 'Official' definition of mental health. Mental health refers to a person's psychological, emotional and social well-being. It influences what they feel and how they think, and behave. Mankind is generally more focused on keeping their physical body healthy. People tend to ignore the state of their minds. Both physical and mental health are equally important for better performance and results. Many emotional factors (like depression, aggression,

negative thinking, frustration, fear etc.) have a significant effect on our fitness level.

Many health experts have stated that mental, social and emotional health is an important part of overall fitness. We should not overreact to situations. We should not get upset or disturbed by setbacks, which are parts of life. There is no gym to set this right, but yoga, meditation and reading books, which tell us how to be emotionally strong and fit. To make people more aware of mental health, 10th October is observed as World Mental Health Day.' The object of this

day is to spread awareness about mental health issues around the world and make all efforts to improve it in every possible way.

Conclusion: Mind is the most powerful of all other organs. When our minds are unstable, they affect the whole functioning of our bodies. Being both physically and emotionally fit is the key to

success in all aspects of life. So, it is crucial for everyone to achieve a balance between mental and physical wellbeing and take necessary help when either of them falters.

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WASTE AGE

The opposition between 'nature' and 'culture' is problematic for many reasons, but this is the one that we rarely discuss. The 'nature vs culture' dualism leaves out an entire domain that properly belongs to neither: the world of waste. . Of all the products of human hands, it's the oeuvre that no one wants to own, discuss or preferably even see. Waste is precisely what dissolves the distinction between nature and culture. Nature and waste have fused at both planetary and microbiological scales. Similarly, waste is not merely a byproduct of culture: it *is* culture. We have produced a **culture of waste**. We live in a waste Age.

The Anthropogenic, or the age of human-driven planetary change, helps to evoke the **new geological layer** we are forming, a new planetary crust composed of our fossil-fuel residues, bottle tops and cigarette butts. We say that we live in a Waste Age to acknowledge both its geological and economic dimensions. It is to acknowledge that culture produces not just architecture and ingenious devices, but also a million plastic bags a minute. Only by recognizing the scale of the crisis can we reorient the society and the economy towards less polluting modes of producing, consuming and living' The modern idea of waste is only 250 years old. Wastefulness is not a natural human instinct – we had to be taught how to do it. In a process to do so, we have created huge heaps of waste without knowing how to properly treat them. **Disposability** was one of the great social innovations of post-war society in the United States. With the advent of supermarkets, and a help-yourself service culture, every product

now had to be individually packaged to survive on the shelves. And with the full bloom of convenience culture and take-away everything, disposability reached its apogee. That's how the plastics became widely used and the topmost waste material.

By 1950, the world was producing about 2 million tonnes of plastic each year. In 2019, it was 368 million tones, with more plastic produced in the past decade than ever before. Nearly half of all plastic waste (47 per cent) comes from packaging, while 13 per cent comes from textiles. It is likely that every single piece of plastic ever produced and not incinerated still exists somewhere in some form. It's believed there are more than 5 trillion pieces of plastic in the world's oceans. At present, from this huge quantity, at least 33 per cent is not managed in an environmentally safe manner. Depending on the financial position, on an average, a person generates anywhere between the range of 0.11 kg to 4.54 kg waste per day.

In fact, the production of waste has become central to our way of life. Waste production is something we can't stop altogether but we need to find ways to properly manage them.

Waste is a major driver of **climate change**. Plastic production is the second-largest source of industrial greenhouse gases, and methane generated in landfills is another significant contributor. According to an estimate, by 2080 the largest metal reserves will not be underground but in circulation as existing products. About 7 per cent of the world's gold supplies, for instance, are trapped inside

electronics. Suddenly 'above-ground mining' starts to make sense.

One of the solutions is **recycling** but that is pathetically inadequate. We do not have enough plants for the same and it will undoubtedly produce pollution. It is often said that the waste is being treated. Contrary to government claims, more than half of the plastic purportedly recycled in Britain had instead been shipped abroad to be dumped or incinerated. In 2020 alone, more than 200,000 tonnes of our 'recycled' plastic was dumped and burnt in Turkey. What a mockery of the consumer labour that went into sorting and rinsing yoghurt pots and milk bottles!

When it comes to **e-waste**, by far the greatest percentage has already been produced before a device is even purchased: the mining and manufacturing processes generate quantities of waste that no amount of recycling can come close to remediating. Since most of this waste happens 'upstream', before shoppers put their hands in their pockets, the onus is on governments to legislate. Interrogating these systems is vital for reducing waste and pollution at each stage of an object's life, from extraction to decomposition. If every product was evaluated in terms of how much waste it generated or how brief its lifespan was likely to be, it would transform the discipline, and consumer behavior along with it. Our aesthetic sensibilities might have to adapt. After nearly a century of appreciating the hard-

smooth-shiny perfection of plastics, we might need to embrace irregularity, imperfection, decay and decomposition. And that is the only possible way to treat waste.

Meaningful change requires enormous political will, ambitious investment, radical legislation, unprecedented co-operation, and the kind of long-term thinking that has so far been absent from the world stage. It remains to be seen whether beyond these creative innovations, we shall be collectively willing to make the lifestyle sacrifices that are needed to end the waste age, or whether the planet will become yet another thing we decide to throw away. There are several libraries around the globe that are now talking about material innovation and archive to change the landscape for makers. Taking an example, Amazon has reduced per-shipment packaging weight by 36% and eliminated more than a million tons of packaging, equivalent to more than 2 billion shipping boxes, over the past six years.

Just as the 20th century was a summer of plenty, when we could consume and discard with abandon, so the 21st century will be defined by an **autumnal scarcity**, in which we have to be more resourceful and sparing – keeping our eyes trained on the forest floor.

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VEDIC MATHS

*Vedic maths is so cool,
I wish I could learn that school.*

*Vedic maths is sometimes challenging,
but still so much fun learning!*

*There is so much stuff,
And it akes you huff and puff,*

*Lots of methods, strategies and
fun math games.*

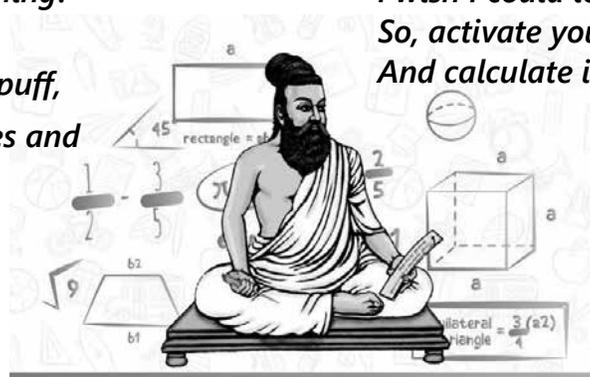
*And if you learn and solve them all,
You will get a plenty of fame!*

*Vedic maths is so cool,
I wish I could learn it at school.*

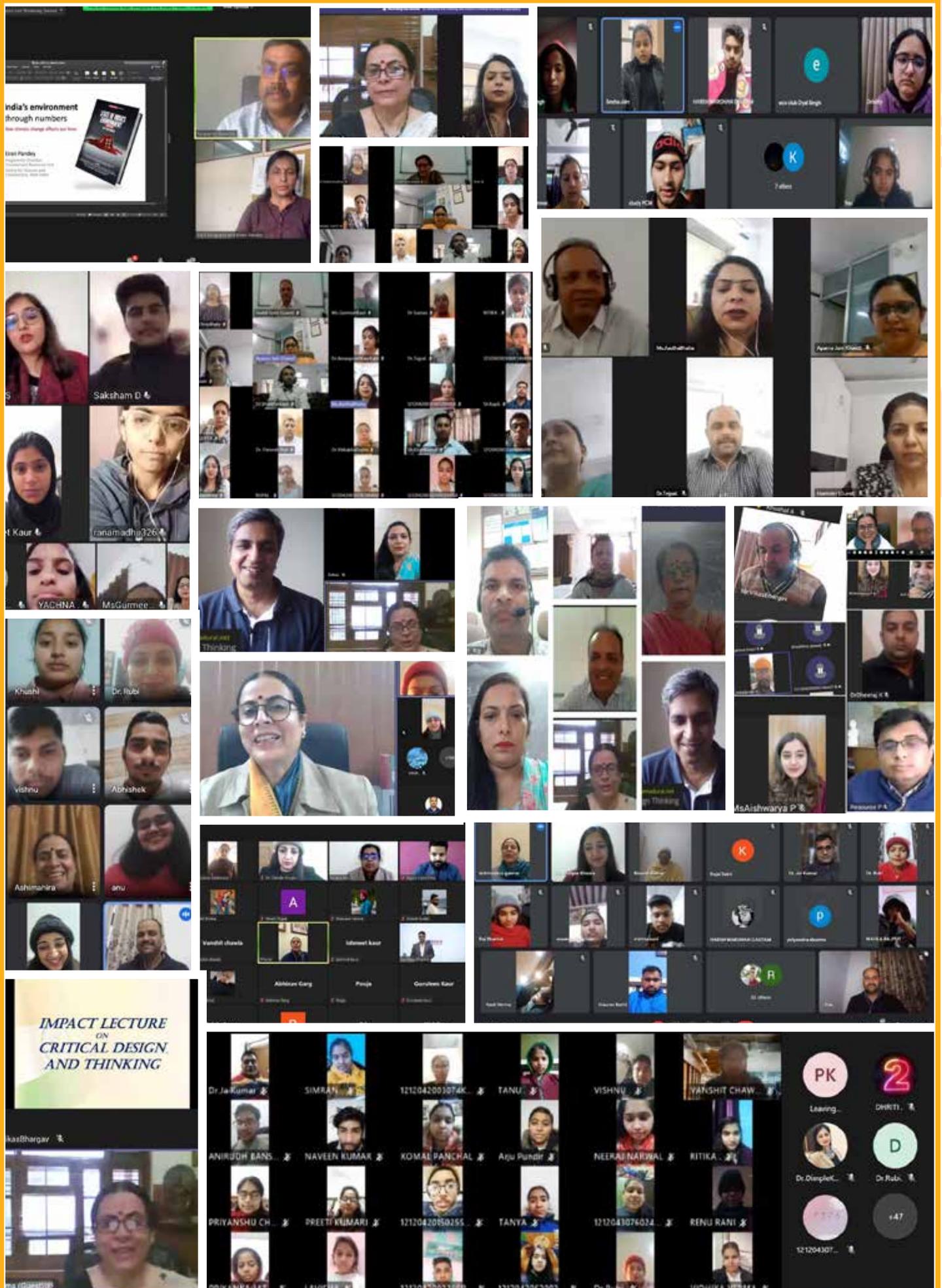
*So, activate your minds,
And calculate in no time!*

Rohit Kumar

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ACTIVITIES IN VIRTUAL MODE



GLORIOUS MOMENTS...



Hon'ble Chief Minister Sh. M.L. Khattar giving away First Prize to our students Devashish Binjola and Shikha of B.Sc.(NM) 3rd Year in State Level Science Exhibition organized by DGHE, Haryana at Pt. NRS Govt. College, Rohtak

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